

City of South Gate

Celebrating 100 years!



South Gate Connect
SUMMER 2023



@cityofsouthgateca



CityofSouthGate



@SouthGateCAgov



SUMMER 2023



SOUTH GATE CITY HALL

Monday - Thursday
7:00am - 5:30pm

8650 California Avenue
South Gate, CA 90280

Administration
(323) 563-9501

City Council Office
(323) 563-9543

cityofsouthgate.org

CITY COUNCIL

Maria del Pilar Avalos
~Mayor

Gil Hurtado
~Vice Mayor

Al Rios
~Council Member

Joshua Barron
~Council Member

Maria Davila
~Council Member

PARKS & RECREATION COMMISSION

Alan Flores
~Chair

Lizette Ruiz
~Vice Chair

Jennifer Cypert
~Secretary

Edgar Pelayo
~Commissioner

Vacant
~Commissioner

Public Meeting Schedules

CITY COUNCIL MEETINGS

The City Council is the policy making body for the City of South Gate. Residents and community members are highly encouraged to participate in the Comments from the Audience portion of the meetings. Here you can address any issue directly to the City Council and staff that is not listed on that meeting's Agenda. Meetings take place on the 2nd and 4th Tuesday of every month at 6:30pm.

Council Meetings are being held in person at the Council Chambers and via teleconference. For the updated dial-in number, please visit www.cityofsouthgate.org/AgendaCenter or call (323) 563-9573.

COMMISSION FOR SOUTH GATE YOUTH

The Commission for South Gate Youth seeks to empower the youth by promoting and supporting high quality programs and projects that address the needs of youth. Meetings take place on the 1st Tuesday of every month, at 6:00pm at the Civic Center Building.

PARKS AND RECREATION COMMISSION

The Parks and Recreation Commission serves as an advisory panel to the City Council on matters related to the City's parks and its recreation programs. Commission meetings are open to the public and members of the public are allowed to address the Commission on any parks and recreation related issue. Meetings take place on the 2nd Thursday of each month, at 7:00pm at City Hall's Council Chambers.

PLANNING COMMISSION

The Planning Commission reviews matters related to land use, planning law, environmental, and developmental issues. The Commission holds regularly scheduled public hearings to consider such land use matters as the general plan, specific plans, site plans, rezoning, use permits and subdivisions. Meetings take place on the 1st and 3rd Tuesday of each month, at 7:00pm at City Hall's Council Chambers.

City Services Directory

CITY CLERK'S OFFICE.....(323) 563-9510

COMMUNITY DEVELOPMENT

Building Inspection/Permits.....(323) 563-9549

Code Enforcement.....(323) 563-9558

FINANCE.....(323) 563-9523

Business License.....(323) 563-9527

Water Billing.....(323) 563-9586

HUMAN RESOURCES.....(323) 357-5835

8680 California Ave

PARKS & RECREATION.....(323) 563-5479

4900 Southern Ave

Administration Office

POLICE DEPARTMENT

8620 California Ave

Non-Emergency Phone Line.....(323) 563-5436

PUBLIC WORKS

Administration.....(323) 357-9657

Engineering.....(323) 563-9567

Graffiti Hotline.....(323) 563-5793

Illegal Dumping Hotline.....(323) 563-9575

Street Lights & Traffic Signals.....(323) 563-5773

Tree/Street/Pothole Repairs.....(323) 563-5785

SOUTH GATE MUSEUM & ART GALLERY

.....(323) 357-5838

8620 California Ave

Additional Contact Numbers

SEAACA - ANIMAL CONTROL
9777 SEAACA St.

(562) 803-3301

FIRE DEPARTMENT

4867 Southern Place, Station 54
General Business

(323) 567-8580

5720 Gardendale Street, Station 57
General Business

(562) 531-9700

A.Y.S.O.	(323) 217-7077
BOY SCOUTS	(213) 413-4400 Ext. 333
CITY DUMP	(562) 928-4616
CHAMBER OF COMMERCE	(323) 567-1203
FARMERS MARKET	(562) 308-7364
GAS COMPANY	(800) 427-2200
GIRL SCOUTS OF AMERICA	(213) 213-0150
GOALS SOCCER CENTER	(323) 923-4650
HOLLYDALE LIBRARY	(562) 634-0156
H.S.A. PROGRAM	(562) 806-5400
J.A.A. ORGANIZATION	(323) 566-4700
PHONE-A-RIDE	(866) 260-4600
S.G. AQUATICS CLUB	(323) 236-6389
S.G. ART ASSOCIATION	(323) 564-7541
S.G. YOUTH FOOTBALL	(323) 327-2412
SO. CAL EDISON	(800) 611-1911
TWEEDY MILE ASSOCIATION	(323) 564-8233
WASTE MANAGEMENT	(800) 225-0175
WEAVER LIBRARY	(323) 567-8853

A NOTE FROM YOUR RISK MANAGER - PROTECT YOUR SELF AGAINST EXTREME HEAT

We at the City of South Gate are interested in maintaining a healthy and safe workforce. We are also concerned with the health and safety of the community we serve.

In recent years, our weather seems to be more severe and unpredictable.

As you plan your summer vacations, family reunions and cook outs you should also plan for EXTREME HEAT!

What is EXTREME HEAT?

Extreme heat is a long period of high heat combined with humidity and temperatures above 90 degrees Fahrenheit. Three or more days above 90 degrees constitutes a heat wave. Health and age play a significant role in how people react to extreme heat. Some common heat related injuries are:

- Heat Rash
- Heat Fainting
- Heat Cramps
- Heat Exhaustion
- Heat Stroke

If you see signs of any of these illnesses in any of your loved ones, or you just don't feel well, please see your medical professional for assistance.

During these upcoming summer months, please consider the following:

- If you don't have an air conditioner, go to a shopping mall or public building for a few hours.
- If you must be outdoors, wear lightweight clothing and sunscreen, avoid the hottest parts of the day, and avoid strenuous activities.
- Avoid drinks with caffeine (tea, coffee, and soda) and alcohol.
- Hydrate by drinking water.
- Check on friends, family, the elderly and your pets.
- Watch for signs of heat exhaustion or heat stroke.
- Find cooling centers in your area by contacting your county or calling your local health department, or City Department.

The City of South Gate provides a Cooling center at the Margaret Travis Senior Center located at 4855 Tweedy Boulevard. Call (323) 563-5479 for additional information.

Department of Human Resources/Risk Management
"Striving to keep our workforce and community safe."



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How to Pay Your Universal Waste System (UWS) Bill

As of January 1, 2023, City Hall will no longer be on-site to accept payments for trash service. Please submit payments to UWS. You can pay your Universal Waste Systems bill online, just visit epay.uwscompany.com. Other available payment options:

Pay by phone: (866) 410-3585
 Mail in payment: PO Box 3038- Whittier, CA 90280
 Pay in person: 10120 Miller Way, South Gate CA 90280

UWS Holiday Schedule

UWS observes these holidays, services will be delayed by 1 day when these holidays fall on a weekday.

- New Year's Day
- Memorial Day
- Independence Day
- Labor Day
- Thanksgiving Day
- Christmas Day

BULKY ITEM PICKUP

Did you know UWS, the City's trash hauler provides free bulky item pickups? Residential customers get 10 items picked up per month and Multi-family households get 10 items per month per unit. Call customer service at [562-334-3660](tel:562-334-3660), email SGCustomerService@uwscompany.com or submit request on UWS website (uwscompany.com/south-gate) to schedule a pick up. Customers must provide a list of the items when scheduling the pickup.

List of bulky items accepted:

- Household appliances
- Furniture – as long as it only takes two (2) people to lift
- Mattresses
- Rugs
- Bundled wood no longer than 4ft
- E-waste



Organics Recycling: What Goes Where?



As the City continues to implement its SB 1383 organics recycling program, you might be wondering: What's supposed to go in my new green cart?

Your green cart is a dedicated organic waste container—intended for items such as yard waste, small wood scraps/chips, fruit, bread, fish, meat (no bones), vegetables, dairy, food-soiled napkins and compostable bags.

To prevent contamination, it's important to avoid adding items such as glass, metal, styrofoam and pet waste to your green cart. Trash and recyclables should continue to only be disposed of in their dedicated black and blue carts. Using a plastic bag for organic waste collection is acceptable, but you should avoid loose bags or plastic containers.

When organic waste is separated appropriately, it can be repurposed into useful products such as mulch, compost, healthy soil and renewable energy, instead of emitting harmful greenhouse gasses while decomposing in landfills.

Thank you to all of our residents for helping to create a greener California; we're sure that we can make a tremendous impact while working together! Learn more about the city's organics recycling program: SortWasteSG.org.

Shop Local South Gate

The City of South Gate is proud to announce the new Shop SG Community Gift Card, a digital gift card that makes it fun and easy to spend local.

Purchase a Shop SG card to use at any of the participating shops in the neighborhood. With this card, you can write a personal message and send it to family, friends and colleagues via email, text, or physical copy.

Recipients can choose to spend it at one of 28 (and growing) participating merchants in South Gate - or mix it up and spend flexibly at multiple locations. The Shop SG Gift Card program is targeted at small independent businesses such as restaurants, retail, and hair and nail salons. To launch the program, the City of South Gate is sponsoring a "Buy One Get One" (BOGO) feature: for each gift card purchased, the City will provide another card of the same value, up to a limit of two cards.

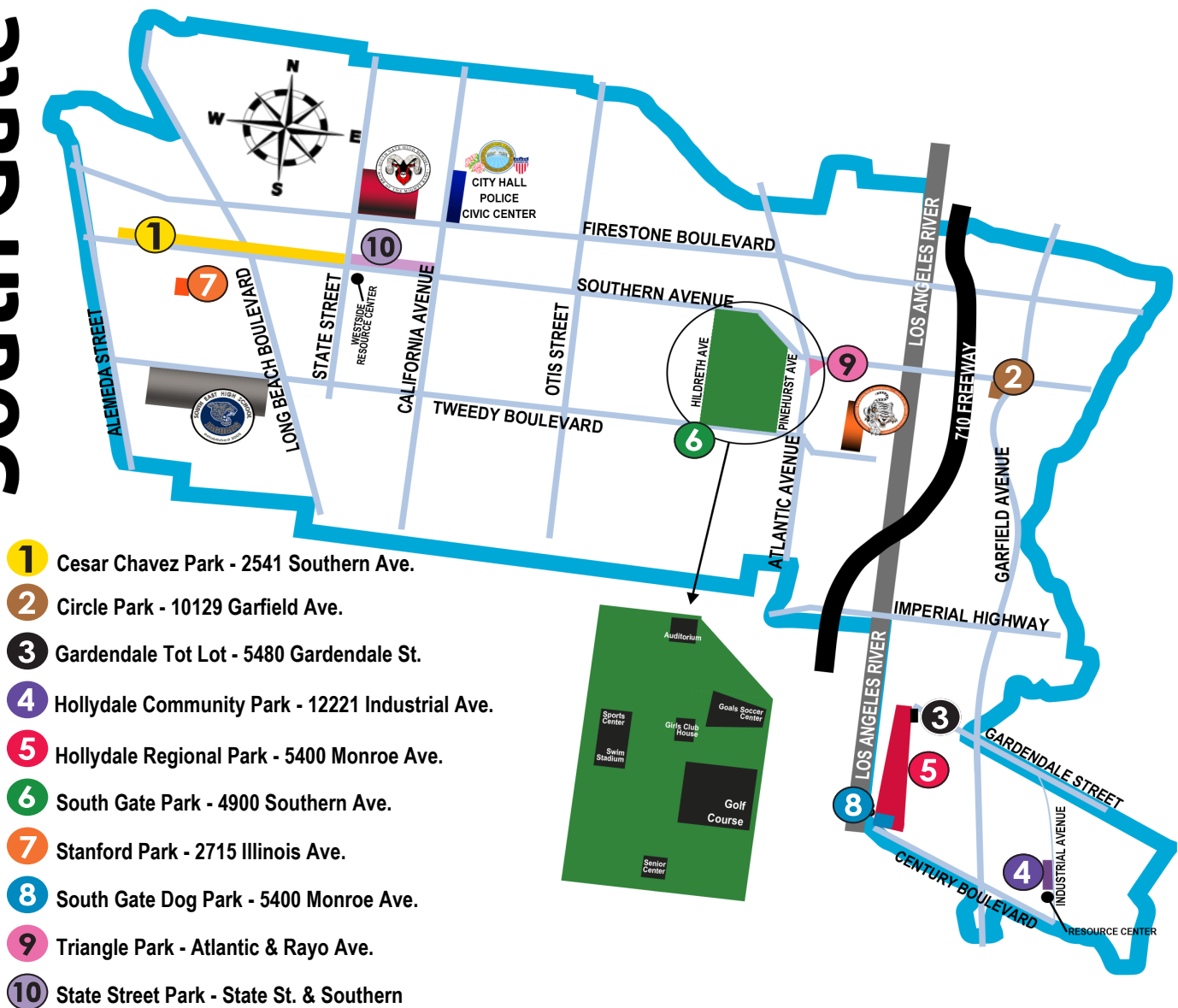
Visit cityofsouthgate.org to purchase a gift card.



Co-op with Code Enforcement

The Code Enforcement Division has launched a new pilot program-Co-Op with Code. They have completed 2 community cleanups since the start of the year. The last cleanup included assistance and volunteers from the Conservation Corps of Long Beach & UWS. The cleanup resulted in the collection of 1,820 pounds of trash/debris. If you would like to join Co-op with Code at future events, please email cdenforce@sogate.org

Parks in the City of South Gate

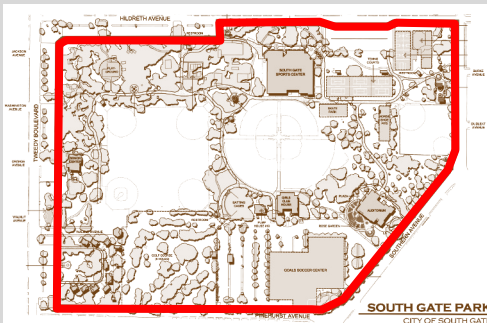


- 1 Cesar Chavez Park - 2541 Southern Ave.
- 2 Circle Park - 10129 Garfield Ave.
- 3 Gardendale Tot Lot - 5480 Gardendale St.
- 4 Hollydale Community Park - 12221 Industrial Ave.
- 5 Hollydale Regional Park - 5400 Monroe Ave.
- 6 South Gate Park - 4900 Southern Ave.
- 7 Stanford Park - 2715 Illinois Ave.
- 8 South Gate Dog Park - 5400 Monroe Ave.
- 9 Triangle Park - Atlantic & Rayo Ave.
- 10 State Street Park - State St. & Southern

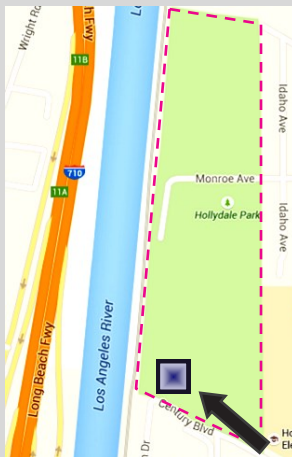
PET FRIENDLY SPACES AT OUR PARKS

The City of South Gate understands that we all want to bring our entire family, including our dogs, to the park; for exercise, to socialize or just to enjoy our beautiful parks. But a busy park is not always the best place for a dog. To ensure that our four footed friends can also enjoy our City Parks, please remember the following rules.

South Gate Park



1. Dogs are NOT ALLOWED inside South Gate Park except on the outside trail (sidewalks).
2. Dogs must be on leash and in the owners control at all times.
3. Please pick up after your dog.



Hollydale Regional Park
SOUTH GATE DOG PARK
 5400 Monroe Avenue
 South Gate, CA 90280

DOG PARK RULES

- 1) Park is open from dawn to dusk
- 2) Dogs must be leashed when entering or leaving the safety of the Dog Park
- 3) Owners are required to pick-up and dispose of their dog's feces both in and out of the Dog Park
- 4) Owners are solely responsible for their dog's behavior and will be liable for injuries or damage caused by their dogs
- 5) Owners use the park at their own risk. South Gate Parks & Recreation Department is not responsible for injury or illness to dogs or owners
- 6) South Gate Parks & Recreation Department reserves the right to close the Dog Park for inclement weather, maintenance, repairs, special events or when deemed necessary

For the full list of Dog Park Rules please visit www.cityofsouthgate.org



Parks & Recreation **GUIDE**



CONCERTS IN THE PARK

EVERY FRIDAY IN
JULY!

Free event!

6PM to 8PM @ Band Stand

No dogs allowed!

JULY 7- MARIACHI ESPECTACULAR

JULY 14- ALL THE VIBES BAND

JULY 21- HERE 4 NOW

JULY 28- MARIACHI DIVAS*

**FOOD TRUCKS AND BEER GARDEN*

ONSITE 7/28



Contact (323) 563-5447 for more
information



MOVIES IN THE PARK

**MOVIES EVERY FRIDAY IN AUGUST STARTING AT
8PM AT THE SOUTH GATE GOLF COURSE!**

August 4 - *Puss in Boots: The Last Wish*

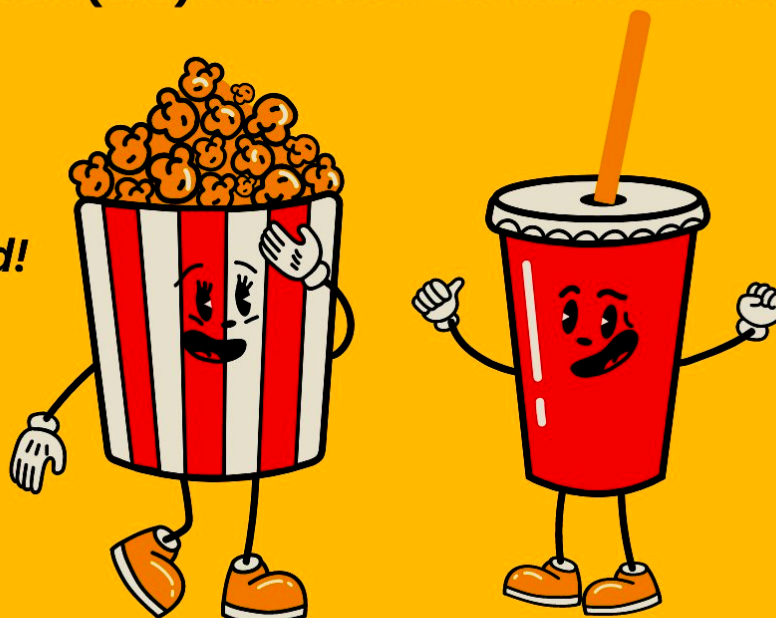
August 11 - *Turning Red*

August 18 - *Nacho Libre*

August 25 - *Minions: The Rise of Gru*

CONTACT (323) 563-5447 FOR MORE INFORMATION

***No dogs or
alcohol allowed!***



Free event!

SPECIAL EVENTS

SPECIAL EVENTS



**HAVE A
COOL
SKILL?**



**APPLY TO BE AN
INSTRUCTOR!**

**CONTACT THE
GIRLS CLUB HOUSE
FOR MORE
INFORMATION!**

CALL
(323) 563-5447
OR
EMAIL
ALGARCIA@SOGATE.ORG

Reds vs Dodgers

Teen Trip
(13-17 years old)
Register in person only!

\$40

Friday, July 28
5-11PM

For more information call:
(323) 563-5447

PARKS & RECREATION DEPARTMENT DIRECTORY

Administration Office (4900 Southern Ave.).....	(323) 563-5479
Girls Club House Office (4940 Southern Ave.).....	(323) 563-5447
Golf Course (9615 Pinehurst Ave.)	(323) 357-9658
Margaret Travis Senior Center (4855 Tweedy. Blvd).....	(323) 357-9662
Patricia G. Mitchell Swim Stadium (9520 Hildreth Ave.).....	(323) 563-5446
South Gate Museum and Art Gallery (8680 California Ave.).....	(323) 357-5838
Sports Center (9520 Hildreth Ave.).....	(323) 563-5445
Transit Services (9520 Hildreth Ave.).....	(323) 563-5754

South Gate Partner Organizations

AMERICAN YOUTH SOCCER ORGANIZATION FOR BOYS & GIRLS (A.Y.S.O.)

A.Y.S.O. is an organization in South Gate that offers recreational soccer to youth. All registrations take place at Hollydale Regional Park.

COST:	
Plus Fundraiser.....	\$120
No Fundraiser.....	\$150
VIP.....	\$75

Registrations:

For registration information or to register please visit:
www.southgateayso.org

SOUTH GATE ART ASSOCIATION

The South Gate Art Association is currently welcoming new members. The yearly membership fee is \$20. Soon, the Art Gallery will be open to Art Association activities which include art demonstrations by well-known local artists, weekly classes for adults and art exhibits. Once a year they hold a Family Art Night where community members of all ages can enjoy an evening of creating art together.

For more info call: Alicia Salazar (323) 271-2730 (Spanish),
Susan Janer (323) 564-7541 (English)

SOUTH GATE AZTECS

The South Gate Aztecs is a youth sports organization that provides the fundamental nurturing experiences for future success in sports and in life!

For football: (323) 327-2412 | For cheer: (323) 338-1911
Registration information is available www.southgateaztecs.com

PLAYER AGE GROUPS:

Flag Football.....	5 - 6 years old
Tackle Football.....	7 - 14 years old
Cheer.....	5 - 13 years old

JUNIOR ATHLETIC ASSOCIATION (J.A.A.)

For over 50 years the Junior Athletic Association has been dedicated to serving the youth of South Gate. It is an all volunteer organization that encourages parents to volunteer as coaches or as sports officials.

OFFICE HOURS:

Monday-Thursday.....	5:30 pm - 7:30 pm
Saturday.....	9:00 am - 12:00 pm

For more information please call our office at (323) 566-4700.

HARBOR AREA FARMERS MARKET

Harbor Area Farmers Market currently hosts a market at South Gate Park every Monday, 8:30 am - 1:30 pm, rain or shine! We are located in the parking lot on the corner of Pinehurst Ave. and Tweedy Blvd.

To obtain more information please email us via contact form on the website. We do not have a phone number for inquiries. Our website is GoodVeg.org, or call at (562) 308-7364.

You can also follow us on [@southgatefarmersmarket](https://www.instagram.com/southgatefarmersmarket)

SOUTH GATE AQUATICS CLUB

The South Gate Aquatics Club is the most advanced aquatics program at the Patricia G. Mitchell Swim Stadium for youth, where swim lesson participants can build upon what they have learned in previous programs. Members of SGAC also learn valuable life skills such as time management, good sportsmanship, goal setting and good nutrition, all while improving their abilities in the water.

For more information, please call (323) 972-6664 or email southgateaquaticsclub@gmail.com.

Practice Hours

Monday - Friday.....5:00 pm - 7:00 pm

Try-out's Schedule

Weekdays (Monday - Friday).....5:00 pm - 7:00 pm



Special Thanks to our annual sponsors for their generous donations to Friends of South Gate Parks

- South Gate Women's Club.....Gold Sponsor
- Walmart.....Gold Sponsor

City of South Gate

Search for a service or a page **Search**

HOW TO REGISTER

- Online Payments
- Permits
- Jobs
- Agendas & Minutes
- Register Online**
- Yard Sales
- Police Services
- Waste Services

<https://secure.rec1.com/CA/city-of-south-gate-parks-recreation-ca/catalog>

Program Registration Begins: June 5, 2023
Programs Begin Week of: June 26, 2023

GENERAL REFUND POLICY

A program may be canceled in the event minimum registration is not met by the specified deadline or 48 hours prior to the program. A full refund will be issued only in the event that a program is canceled by the Parks and Recreation Department. Refunds requested prior to the first day of class will be subject to a \$15 processing fee.

No refunds will be issued after the first day of class. Refunds will be issued by check and will be mailed within 4-6 weeks.

No cash refunds.

FEES

Course fees vary and must be paid in full at the time of registration.

ONE CHECK MAY BE WRITTEN FOR MULTIPLE CLASS REGISTRATIONS.

Make checks payable to: City of South Gate. No post-dated checks will be accepted. **Please Note:** Cash, personal checks, and credit cards are excepted at all registration sites.

ELIGIBILITY

Registration is open to all residents of the community and surrounding areas. South Gate residents are encouraged to enroll early since some programs have maximum quotas.

COMMUNITY EXCURSION INFORMATION

Trip registration can be done at the Margaret Travis Senior Center, Monday - Thursday, from 8am-4pm or at the Girls Club House; Monday-Thursday from 8:30am to 5:30pm. Fees must be paid when you register. Registrations can also be done on-line, see page 37 for more information. All departures leave from the Girls Club House. Please arrive 15 minutes before scheduled departure and check-in with the trip escort at the office. There is no grace period. Buses will depart and return from Girls Club House on time and as scheduled (traffic / weather permitting).

COMMUNITY EXCURSION REFUND POLICY

All cancellations must be made during our office business hours and there will be a \$15 administration fee charged per person. Refunds are only granted if spaces can be re-sold.

NEW Online Registration Website

Please note that we have a new registration website. This means that if you previously had an online account, you will have to create a new account on the CIVICREC website in order to log in and register for any of our programs.

Scan here to go to our new registration site.

**BASEBALL FUNDAMENTALS****Boys & Girls Ages: 3-12 years****Fee: \$56****9 week session****Location: Baseball Diamond #2**

In this nine-week class participants will be taught the fundamentals of the sport. Participants will catch, throw, swing the bat, run the bases, and participate in basic fielding exercises. Drills utilized in this class are intended to increase participant knowledge while preparing them for potential league play.

Age 3 - 4 years.....Wednesday.....5:00 - 5:45 pm**Age 5 - 6 years.....Wednesday.....6:00 - 6:45 pm****Age 7 - 12 years.....Wednesday.....7:00- 7:45 pm**



BASKETBALL FUNDAMENTALS

Boys & Girls Ages 5-12 years **Fee: \$56**
9 week session
Location: Sports Center Gym Court 2

In this nine-week class participants will be taught the fundamentals of the sport. Participants will shoot, pass, dribble, and rebound while also learning the basics of defense. Drills utilized in this class are intended to increase participant agility and assist with establishing their confidence on the court.

Age 5 - 6 years.....Monday.....5:00 - 5:45 pm
Age 7 - 8 years.....Monday.....6:00 - 6:45 pm
Age 9 - 12 years.....Monday.....7:00 - 7:45 pm

FOOTBALL FUNDAMENTALS

Boys & Girls Ages 5-12 years **Fee: \$56**
9 week session **Location: Baseball Diamond #9**

In this nine week class participants will be taught the fundamentals of the sport. Participants will throw, catch, kick, block, and run while learning the basics of football. Drills utilized in this class are intended to increase participants knowledge while preparing them for potential league play.

Age 5 - 6 years.....Tuesday.....6:00 - 6:45 pm
Age 7 - 12 years.....Tuesday.....7:00 - 7:45 pm

MULTI-SPORT: SHOOT, KICK & HIT

Boys & Girls Ages 3-12 years **Fee: \$56**
9 week session **Location: TBD**

In this nine-week class, participants will be taught the basic fundamentals of basketball, soccer and baseball. Drills utilized in this class are intended to increase participant knowledge of the three sports and assist with increasing participant comfortability in all sports.

Age 3 - 4 years.....Thursday.....5:00 - 5:45 pm
Age 5 - 6 years.....Thursday.....6:00 - 6:45 pm
Age 7 - 12 years.....Thursday.....7:00 - 7:45 pm

SOCCER FUNDAMENTALS

Boys & Girls Ages 3-12 years **Fee: \$56**
9 week session **Location: Sofive Soccer Center**

In this nine-week class participants will be taught the fundamentals of the sport. Participants will pass, dribble, and score while also learning the basic of defense. Drills utilized in this class are intended to increase participant agility and assist with establishing their confidence on the field.

Age 3 - 4 years.....Wednesday.....5:00 - 5:45 pm
Age 5 - 6 years.....Wednesday.....6:00 - 6:45 pm
Age 7 - 12 years.....Wednesday.....7:00 - 7:45 pm

Age 3 - 4 years.....Thursday.....5:00 - 5:45 pm
Age 5 - 6 years.....Thursday.....6:00 - 6:45 pm
Age 7 - 12 year.....Thursday.....7:00 - 7:45 pm

TENNIS LESSONS

Boys & Girls Ages 6+ years **Fee: \$65**
9 week session **Location: Tennis Courts**

Please bring your tennis racquet, and a can of tennis balls to class. Instructor for this class is Lazaro Gutierrez.

Tuesdays 5 - 6pm.....Kids Grades 1st-4th
Tuesdays 6 - 7pm.....Youth Grades 5th-8th
Thursdays 5 - 6pm.....High School Students Grades 9th-12th
Thursdays 6 - 7pm.....Adults Class (Ages 19+)

GRIND • HUSTLE • EXECUTE

**OLYMPIC WEIGHT LIFTING****Boys & Girls Ages 6- 17 years****Fee: \$52****6 week session****Location: Sports Center**

This class focuses on learning the proper technique, progression, and execution of the snatch, power clean, and clean, and jerk. Benefits of enrolling in this class are: Increased strength, power, improved muscular development, body composition, injury prevention, and learning a new way to train.

Monday/Friday.....6:00 - 6:45 pm**KARATE LESSONS****Boys & Girls Ages 7-17 years****Fee: \$60****Monthly Session****Location: Senior Center**

Karate offers the ability to develop confidence, physical fitness, self defense, discipline, competition and tournament skills.

Registration information: You must register on a monthly basis, on the first Monday or Wednesday of the month.

Class Days.....Mondays/Wednesdays**Beginners.....5:15 - 6:15 pm****Youth Color.....6:30 - 7:30 pm****Juniors & Adults.....7:45 - 9:00 pm****VOLLEYBALL FUNDAMENTALS****Boys & Girls Ages 10+ years****Fee: \$56****9 week session****Location: Sports Center Gym Court 2**

In this nine-week class participants will be taught the basic fundamentals of the sport. Participants will serve, pass, set, hit, and learn the basic positions on the volleyball court. Drills utilized in this class are intended to increase knowledge and prepare participants for competitive play.

Fundamentals Class.....Tuesday.....5:00 - 5:45 pm**YOUTH PERFORMANCE TRAINING: BASKETBALL****Boys & Girls Ages 10+ years****Fee: \$52****6 week session****Location: Sports Center**

Lebron, Steph, and Giannis all know what it takes to be the best. Our Personal Trainers will instill the fundamentals needed to train like the pros. Become quicker, faster, and stronger than the competition! This class focuses on the strength and conditioning aspect of basketball and is not intended for beginners.

Intermediate / Advanced Class ONLY**Monday/Friday.....5:00 - 5:45 pm**



ADULT BASEBALL LEAGUE

Adult Baseball Leagues are held throughout the year on Saturday afternoons and evenings and on Sunday afternoons. The City offers both wood bat and aluminum bat options. For more information please call the South Gate Sports Center at (323) 563-5445.

League Rate\$600.00

ADULT SOFTBALL LEAGUE

Calling all softball teams both Men's and Co-ed, our current leagues are taking registration for the upcoming season. Men's league is held on Thursday evenings while Co-ed will be held on Fridays. For additional information on our upcoming season, please call the Sports Center (323)563-5445.

Teams.....\$569.00
 Refundable forfeit fee.....\$82.00
 Umpire fee per game.....\$20.00

ADULT BASKETBALL LEAGUE

Gather your starting 5 and join our Adult Basketball Leagues. We currently offer a Men's & Women's League, both offered on Friday evenings. For additional information on the upcoming season, please contact the Sports Center at 323-563-5445.

Team Fee:.....\$430.00
 Refundable Forfeit Fee:.....\$82.00
 Referee Fee per game:.....\$35.00

ADULT VOLLEYBALL LEAGUE

Join our NEW Adult Volleyball League being held every Tuesday night this Summer! This is a Co-ed League with game times between 6:00-9:00pm. For additional information on the upcoming season, please contact the Sports Center at 323-563-5445.

Teams.....\$353.00
 Refundable forfeit fee.....\$34.00
 Umpire fee per game.....\$35.00

SOCCER OPEN PLAY

Fee: Free

Location: Sofive Soccer Center

Days: Monday, Wednesday, Friday

Time: 5:30 - 8:00 pm

The Parks & Recreation Department will be offering FREE Open Playing soccer for adults at Goals Soccer Center. As part of the City's agreement with Goals, the Department is able to provide RESIDENTS ONLY with this great opportunity to play soccer in the premier 5 vs. 5 facility in the country. Residents will be required to check in at the Goals Soccer Center and show proof that they live in South Gate. Open play will be on two of the soccer complex's fields for an hour and a half each day. Residents will be able to register to play up to 30 minutes before the start of each play period. Daily registration will be limited to the first 30 adults.

ART CLASS

Boys & Girls Ages 7-17 years **Fee: \$75**
5 week session **Location: Girls Club House-RM. C**

This class teaches students drawing fundamentals, including contour drawing perspectives, shading, proportion and still rendering. The instructor for this class will be Claudia Hindu. **Please Note:** A payment of \$10 will be collected by the instructor at the first class meeting for the supplies that will be needed for this class. **No class on July 4, 2023.**

Tuesday.....4:00 - 5:00 pm

BABY BOOGIE

Boys & Girls Ages 3-5 years **Fee: \$60**
9 week session **Location: Girls Club House**

This class will incorporate hip hop dancing along with classical moves. The instructor will inform you on the first day of class as to what the attire will be for this class. Instructor for this class will be Crystal Betancourt. **No class on July 4, 2023.**

Tuesday.....5:00 - 5:30 pm

BABY MEXICAN FOLK

Boys & Girls Ages 3-5 years **Fee: \$60**
9 week session **Location: Banquet Room**

Your little ones will enjoy learning a traditional dance from all the regions of Mexico. A dance costume will be required for the recital at the end of the nine week session. Instructor for this class will be Vanessa Diaz.

No class on July 4, 2023, this class begins July 11, 2023.

Ages 3-4 years.....Tuesday.....4:00 - 4:30 pm

Ages 4-5 years.....Tuesday.....4:40 - 5:10 pm

BALLET LESSONS

Boys and Girls **Fee: \$60**
9 week session **Location: Girls Club House**

This class will teach them the steps and proper ballet techniques through a designed routine that will be performed at the end of the nine weeks. **Ballet shoes are required.** Instructor for this class will be Crystal Betancourt. **No class on July 4, 2023.**

Ages 3-4 years.....Tuesday.....5:30 - 6:00 pm

Ages 4-5 years.....Tuesday.....6:00 - 6:30 pm

Ages 6-8 years.....Tuesday.....6:30 - 7:15 pm

Ages 9+ years.....Tuesday.....7:15 - 8:00 pm

CHEERLEADING

Ages 8-17 years **Fee: \$60**
9 week session **Location: Banquet Room**

This class will incorporate the basics of cheerleading, where they will learn how to work together as a group to learn a cheerleading routine. Bring a friend, the instructor will inform you what attire will be needed on the first day of class. Class instructor will be Ashley Lopez.

Ages 8-11 years.....Thursday.....5:00 - 5:45 pm

Ages 12+ years.....Thursday.....6:00 - 6:45 pm



Boys & Girls Ages 7 - 17 years **Fee: \$150**

Location: Girls Club House - Main Hall

July 10 - 14, 2023 (Monday - Friday)

9:00 am - 12:00 pm

This will be an intensive Dance Class: bring water and a small towel to every class. This exciting & energetic camp will focus on training in Jazz, Salsa, and Hip Hop. The class will include proper warm-ups and conditioning for the dancer. Plan to bring your energy!! There will be a small presentation for family and friends at the end of the week.

DOG OBEDIENCE CLASSES

Ages 18+ years **Fee: \$70**
9 week session **Location: Hollydale Dog Park**

Good manners at an early age makes a new puppy a more enjoyable family member. Instructor for this class will be Gunther A Ramos.

Level I

Saturday.....9:00 - 10:00 am

Level II

Dog must have been in Dog I and has learned commands: sit, come, down, stay. Will also learn some agility skills.

Saturday.....10:30 - 11:30 am

FASHION SKETCHING

Boys & Girls Ages 8+ years **Fee: \$75 + \$10 supplies**
5 week session **Location: Girls Club House-Rm. C**

This class teaches students to develop their own style of fashion illustration with pencil and markers. Students will learn to draw women, men and children's fashion models used as a basic for drawing idealized proportions. Instructor for this class will be Claudia Hindu. **No class on July 4, 2023.**

Tuesday.....5:00 - 6:00 pm

HIP HOP DANCE LESSONS

Boys & Girls **Fee: \$60**
9 week session **Location: Girls Club House**

Learn fun and energetic routines to the hip music of today. You'll learn a new and technical dance routine during the nine week session. Instructor for this class will be Crystal Betancourt.

Ages 6-8 years.....Thursday.....5:00 - 5:45 pm

Ages 9-12 years.....Thursday.....6:00 - 6:45 pm

HIP HOP DANCE TEAM Advanced

Ages 13-17 years.....Thursday.....7:00 - 7:45 pm

H.O.W. COMPULSIVE EATERS – SPANISH

Ages 18+ years **Fee: FREE**
On-Going session **Location: Girls Club House-Rm. A**

This class is conducted in Spanish. The program uses the principles of the 12 step program used in AA.

Monday.....9:00 - 11:00 am

LIL CHEFS COOKING CLASS



Ages 6-10 years

Fee: \$60

5 week session

Location: Senior Center Conf. Rm

IT'S BACK!! Participants will make a different recipe each week. All items needed for the class will be supplied. **This class begins July 11, 2023.**

Tuesday.....4:00 - 5:00 pm

MEXICAN FOLK DANCE FOR YOUTHS

Boys & Girls

Fee: \$60

9 week session

Location: Girls Club House

Learn all types of traditional dances from all the different regions of Mexico. A dance routine will be learned during the nine week session and costume attire will be required for the recital. Instructor for these classes will be Mary Lastra.

Ages 6-8 years.....Wednesday / 5:00 - 5:45 pm

Ages 8-11 years.....Wednesday / 5:45 - 6:30 pm

(8 yrs must have prior experience)

Ages 12 + years.....Wednesday / 6:30 - 7:15 pm

Ages 12+ years Advanced.....Wednesday/ 7:15 - 8:00 pm

TINY TUMBLERS

Boys & Girls Ages 3-5 years

Fee: \$60

9 week session

Location: Girls Club House

Your little one will learn how to do many tumbling movements. Your child will become more flexible and stronger with each class. Instructor for this class will be Crystal Betancourt.

Monday.....5:00 - 5:30 pm

TUMBLING CLASS

Boys & Girls Ages 6-12 years

Fee: \$60

9 week session

Location: Girls Club House

Your child will learn the basics of gymnastics. This class is designed to improve your child's coordination and introduce them to flexible movements. Instructor for this class is Crystal Betancourt.

Beginners Tumbling

Monday.....5:30 - 6:15 pm

Advanced Tumbling II

Child must have taken Tumbling I class in order to register for this class.

Monday.....6:15 - 7:00 pm

YOUNG CHAMPIONS OF AMERICA SELF DEFENSE LESSONS

REGISTER ON SITE

Summer Session: June 21 - September 6, 2023

12 week session

Fee: \$10 per week

Wednesday

5:00 - 8:00 pm

Age 5+ years

Location: Auditorium

Builds confidence, self-discipline and teaches valuable safety tips. A one time registration fee is due at the time of registration.

For more information call (714) 478-3793 / (714) 425-4708.

Preschool PROGRAMS



Registration Information: Onsite registration only. Must have birth certificate if this is the first time registering for the program. Child must be mature enough to remain in class by themselves.

TINY TWO'S CLASSES

Boys & Girls 2 years old

Fee: \$90

9 weeks session

Location: Girls Club House Rm B

It's never too early to introduce your child to a school-like environment. This nine week session will encourage your 2 year old how to group socialization and participation in story telling, games, action songs, music, and crafts.

Parent involvement is required during class time.

One adult per child allowed in class. Birth certificate for each child you register is required.

On site registration only.

No class on Tuesday, July 4, 2023.

Mon. / Wed. and Tues./Thurs.....9:00 am - 10:30 am

Mon. / Wed. and Tues./Thurs.....11:30 am - 1:00 pm

TOT TIME CLASSES

Boys & Girls Ages 3-5 years

Fee: \$100

9 week session

Location: Girls Club House

Children will learn primary numbers, colors, shapes and the alphabet. Children will also learn to follow directions and socialize with other children through games, songs, puzzles and crafts. **NO DIAPERS/PULL UPS ALLOWED IN CLASS. CHILD MUST BE POTTY TRAINED.**

SPACE IS LIMITED IN EACH CLASS.

No class on Tuesday, July 4, 2023.

Monday / Wednesday.....9:00 - 11:00 am

Monday / Wednesday.....12:00 - 2:00 pm

Tuesday / Thursday.....10:00 am - 12:00 pm



ART CLUB (YOUTH)**FEE:\$40****AGES: 8-11 YRS****4 WEEK CLASS****LOCATION: SG MUSEUM & ART GALLERY**

Let's learn about different types of art mediums! Weekly we will dive into a different medium and see what tools you enjoy working with. Our goal is to make sure students experiment and have fun creating art. **No class on July 4.**

Class Dates:.....June 27, July 11, 18, 25

Class Day & Time:.....Tuesdays / 4:30pm-6:00pm

ART CLUB (TEEN)**FEE:\$40****AGES: 12-17 YRS****4 WEEK CLASS****LOCATION: SG MUSEUM & ART GALLERY**

Let's learn about different types of art mediums! Weekly we will dive into a different medium and see what tools you enjoy working with. Our goal is to make sure students experiment and have fun creating art.

Class Dates:.....June 29, July 6, 13, 20

Class Day & Time:.....Thursdays / 4:30pm-6:00pm

DRAWING + COMICS**FEE:\$65****AGES: 7-17 YRS****8 WEEK CLASS****LOCATION: SG MUSEUM & ART GALLERY**

Dive into the art of drawing and comics! Instructor will guide comic book creation that encourages creative wellness, critical thinking, and a safe supportive community-oriented environment for new and experienced creatives. Instructor for class: Dustin Garcia. Supplies: \$20 bring to first day of class for instructor.

Class Dates:.....June 28, July 5, 12, 19, 26, August 2, 9, 16

Class Day & Time:.....Wednesdays / 6:00pm-7:30pm

JOURNALING CLUB**FEE:\$65****AGES: 16+ YRS****4 WEEK CLASS****LOCATION: SG MUSEUM & ART GALLERY**

This program will guide folks to journal, reflect, meditate, and allow participants to be able to flow in a creative way. Materials for their journals and a different prompt every time they meet will be provided. Class instructor: Xitlalic Guijosa-Osuna.

Class Dates:June 26, July 3, July 10, July 17

Class Day & Time:.....Monday / 6:00pm-8:00pm

PAINTING WITH WATERCOLOR (YOUTH)**FEE:\$75****AGES: 7-14 YRS****5 WEEK CLASS****LOCATION: SG MUSEUM & ART GALLERY**

Develop your natural artistic skills as you learn basic watercolor theory and techniques. This class covers color mixing, color application, and composition through fun and exciting exercises. Students will need to bring their own materials. Class instructor will be Art Made Izzy.

Class Dates:.....June 26, July 3, July 10, July 17, July 24

Class Day & Time:.....Mondays / 4:00pm-5:30pm

PAINTING WITH WATERCOLOR (ADULTS)**FEE:\$90****AGES: 18+ YRS****5 WEEK CLASS****LOCATION: SG MUSEUM & ART GALLERY**

Develop your natural artistic skills as you learn basic watercolor theory and techniques. This class covers color mixing, color application, and composition through fun and exciting exercises. Students will need to bring their own materials. Class instructor will be Art Made Izzy.

Class Dates:.....June 26, July 3, July 10, July 17, July 24

Class Day & Time:.....Mondays / 6:00pm-8:00pm

ZINE FIESTA 2

SATURDAY, AUGUST 12 | 1PM-5PM



Activities, History, Shop & Trade Zines!



**SOUTH GATE MUSEUM & ART GALLERY
8680 CALIFORNIA AVENUE**



OPENING RECEPTION OF:

**PROCESS
PROCESS**



Deadline to submit: Sunday, June 4, 2023 11:59PM

FOR MORE INFO CALL (323) 563-5478 OR EMAIL [JMEJIA@SOGATE.ORG](mailto:jmejia@sogate.org)

CITY OF SOUTH GATE

ART WALK

SATURDAY, OCTOBER 14

**ARTIST & VENDOR APPLICATION
OPENS MONDAY AUGUST 28**

SOUTH GATE PAR 3 GOLF COURSE

SOUTH GATE GOLF COURSE

9615 PINEHURST AVE. • (323) 357-9658

The South Gate 9 - Hole Par 3 Golf Course is located 1 block west of Atlantic Boulevard, on Pinehurst Avenue, between Southern Avenue & Tweedy Boulevard.

HOURS OF OPERATION

Monday - Sunday.....8:00 am - 5:00 pm
(Last Tee Time is 5:00pm)

GREEN FEES	WEEKDAY	WEEKEND
YOUTH	\$9	\$10
ADULT	\$10	\$12
SENIOR/DISABLED	\$9	\$10
MILITARY	\$9	\$10

Double Play Tuesdays

Buy one round of golf and get the second round for FREE!

DISC GOLF

Come play Disc Golf with family & friends, Open play available seven days a week, excluding some holidays.

CLUBHOUSE AMENITIES

The Golf Course has a snack bar. Come relax with a round or two!

SENIOR DISCOUNTS

All seniors can play for \$4.50 every Thursday and Friday.

YOUTH , MILITARY, SENIOR, & ADULT DISC GOLF CARD

This card gives you access to 10 rounds of golf during the week.

Youth/Military - \$35
Seniors - \$35
Adult - \$75



9520 HILDRETH AVE. • (323) 563-5446

POOL SCHEDULE

JUNE 5 - SEPTEMBER 3, 2023

Organized programs have priority over the use of the pool. We apologize for any inconvenience.

Pool Closure Dates:

- June 24, 2023 / 9am-1pmSwim Meet
- July 3, 2023.....July 4th Holiday
- August 5 & 6 / 9am-1pmSwim Meet
- September 4, 2023.....Labor Day Holiday

FAMILY SWIM HOURS

Monday - Sunday.....1:00pm - 2:30pm
3:00pm - 4:30pm
 Monday - Friday.....7:30pm - 9:00pm
 *Subject to pre-sale 30 minutes before the start of Family Swim hours. Please call for more information.

ADULT SWIM HOURS

Monday - Thursday.....11:30am - 1:00pm
9:00pm - 9:45pm
 Saturday - Sunday.....12:00 pm - 1:00 pm

LAP SWIM HOURS

Lap swimming is available in a designated area during all open swim sessions for Adults Only unless given permission by supervising staff. Please make inquiries in pool office.

Monday - Thursday.....6:00am - 7:30am
 Monday - Thursday.....8:00am - 11:00am
 Monday - Friday.....5:00pm - 7:00pm
 Saturday - Sunday.....9:00 am - 12:00 pm

Acceptable payment types: cash, check, and credit or debit card (\$20 minimum when paying with credit card). We do not accept Apple Pay.

DAILY RATES

4 YRS & UNDER	FREE
5 - 17 YRS	\$4
18 YRS +	\$5
SENIORS (62 YRS+)	\$4
DISABLED	\$4
MILITARY	\$4

PUNCH CARD FEES

YOUTH/TEEN/SENIOR/DISABLED/ MILITARY	\$40	10 VISITS
ADULTS 18+	\$50	10 VISITS

POOL REGULATIONS

- The Supervising Lifeguard on duty has the final say in all Health & Safety matters.
- One child under 8 years of age and 48" tall per adult 18+ in the water at a time.
- All swimmers must wear a proper swim suit. **NO BASKETBALL SHORTS or EXERCISE CLOTHES ALLOWED.**
- The staff is not responsible for lost or stolen personal items, so if in doubt, **PLEASE DO NOT BRING THEM.**
- Water diapers for infants are **REQUIRED.**
- Children 6 years old or older **MAY NOT** walk through the opposite gender's locker room. Please ask staff for assis-



Save time & create your online account, before registration begins!
 Scan the QR code to go to our registration page.



POOL RENTAL INFORMATION

Pool rentals are fun for any occasion. We rent out the pool for baptisms, business parties, swim meets, water polo tournaments and more. The Patricia G. Mitchell Swim Stadium is an indoor, Olympic-size heated swimming pool with an enclosed large patio for dining, music and extra seating. Rentals are taken on a first-come, first-paid basis and can't be made less than 14 days before the event.

Non-profit basic rate (private party): \$157 an hour for 150 guests (Includes: whole pool, 3 life-guards and use of the patio). Please call for pricing on commercial use. There is a cancellation fee for all rentals.



**The
World's Largest
Swimming Lesson™**

**Free Event
June 22, 2023**

**All Ages Welcome! Registration begins June 1, 2023.
Check-in begins at 10:00am. Event begins at 11:00am sharp!**

Become a world record holder! Join thousands of people at aquatic facilities around the globe for the World's Largest Swimming Lesson on Thursday, June 22, 2023. We're making a huge splash to spread the word that swimming lessons save lives! Don't miss your chance to participate in the twelfth annual WLSL event to help prevent drowning- the second leading cause of injury-related death of children ages 1-14.

SWIM LESSON SKILLS

Parent & Child - Baby Beluga

- Introduces basic skills to parents and children. Parents are taught how to safely work with their child in the water. This includes: appropriate supporting/holding their child in the water, preparing and encouraging their child to participate fully in each skill. Children are introduced to basic skills that lay a foundation to help them learn to swim.

Tiny Tot 1 - Starfish

- Introduces the most elementary aquatic skills, which participants continue to build on as they progress through the Preschool Aquatics and Learn-to-Swim levels. At this first level, children are encouraged to develop good attitudes and safe practices around the water.

Tiny Tot 2 - Jellyfish

- Most skills in this level are performed with assistance. This level marks the beginning of independent aquatic locomotion skills. Participants continue to explore using simultaneous and alternating arm and leg actions on the front and back to gain more proficiency for future strokes.

Tiny Tot 3 - Sea Otter

- Skills in this level are performed independently. Participants learn to improve coordination of combined simultaneous arm and leg actions; and alternating arm and leg action.

Tiny Tot 4 - Seahorse

- This level builds on the skills taught in level 3 and introduces more advanced skills based on the child's ability.

Level 1 - Crab Introduction to Water Skills

- Participants will be taught the basic personal water safety information and skills, to help participants feel comfortable in the water and to enjoy the water safely.

Level 2 - Octopus Fundamental Aquatic Skills

- Participants are taught to float without support and to recover to a vertical position. This level marks the beginning of true locomotion skills. Participants further develop simultaneous arm and leg actions; and alternating arm and leg action on the front and back that lay the foundation for future strokes.

Level 3 - Sea Turtle Stroke Development

- Participants are taught to swim the front crawl, elementary backstroke, scissor kick, dolphin kick, and how to tread water. Participants will also be taught the rules to entering the water headfirst in 9 feet deep of water.

Level 4 - Dolphin Stroke Improvement

- Participants are taught how to improve their skills and increase their endurance by swimming already learned strokes for greater distances. Participants are also taught how to back crawl, breaststroke, butterfly and the basics of turning at a wall.

Level 5 - Sting Ray Stroke Refinement

- Participants are taught how to refine their performance of all the strokes (Front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke) and increase their distance. Students are also taught the proper way to change directions while swimming.

Level 6 - Shark Swimming & Skill Proficiency

- Participants continue to refine their strokes as they are taught to swim with more ease, efficiency, power, smoothness and over greater distances. They will be introduced to other aquatic activities in the areas of Personal Water Safety, Fundamentals of Diving, and Fitness Swimming. These activities should prepare them for more advanced water related programs like lifeguarding, competitive swimming, water polo, diving, and synchronized swimming.

LEARN-TO-SWIM PROGRAMS

Learning how to swim can save your life and the lives of your friends and loved ones. That is why our Aquatic Staff is eager to teach you and your little ones how to swim and be safe around the water.

Swim lessons are progressive in nature, so the new classes available during registration change per session, based on the successful completion of the students in the previous session. Pre-test is available upon request. Please bring child and swim suit with you before registration during open hours.

Please Note: Registration is available online and in-person. It is first-come, first-served and begins at 9am. Due to new software system, everyone registering in-person must bring their child's birth certificate, and their Driver's License or ID. Save some time and create your own account online by scanning the QR code on page 22. For more information, please call us at (323) 563-5446.

GROUP SWIM LESSONS

Boys & Girls	Ages 6 months - 17 years
4 week sessions	approx. 25 minute classes
Monday/Wednesday	5:00 pm - 7:00 pm
Tuesday/Thursday	5:00 pm - 7:00 pm

Group lessons have between 6-8 students in a class (depending on level). Each session of classes and times offered are based on the number of students who pass to the next level in the previous session and the amount of instructors available to teach.

Registration Dates.....	May 27, July 1, July 29
Classes Begin.....	June 5, July 4, July 31
Parent & Child(6 months-2yrs old).....	\$59.00
Tiny Tots (3-5 yrs. old).....	\$59.00
Youth (6-17 yrs. old).....	\$59.00

PRIVATE SWIM LESSONS

Ages 3-100 years	4 week sessions
Friday	5:00 pm - 7:30 pm
Saturday & Sunday	9:00 am - 1:00 pm

Private swim lessons are taught one-on-one. All private swim lesson participants will be granted free entry into our Family Swim sessions that take place Monday - Friday from 3:00 - 4:30 p.m. for additional practice time in the water.

Registration Dates.....	May 28, July 2, July 30
Classes Begin.....	June 9, July 7, August 4
Tiny Tots (3-5 yrs. old).....	\$115.00
Youth (6-17 yrs. old).....	\$115.00
Adults (18+ yrs. old).....	\$115.00

SEMI-PRIVATE SWIM LESSONS

Ages 3-100 years	4 week sessions
Friday	5:00 pm - 7:30 pm
Saturday & Sunday	9:00 am - 1:00 pm

Semi-private swim lessons are taught in a group of 2 - 3 students of like-skill. All semi-private swim lesson participants will be granted free entry into our Family Swim sessions that take place Monday - Friday from 3 - 4:30 p.m. for additional practice time in the water.

Registration Dates.....	May 28, July 2, July 30
Classes Begin.....	June 9, July 7, August 4
Tiny Tots (3-5 yrs. old).....	\$75.00
Youth (6-17 yrs. old).....	\$75.00
Adults (18+ yrs. old).....	\$75.00

FREE COMMUNITY SWIM DAYS

Join us for FREE Community Swim Days this summer! Come learn how to stay safe in and around the water, and tips on other ways to beat the summer heat. Featuring lawn games, music, and prizes, plus the first 250 people get free entry into the pool.

Summer Kick-Off Splash!.....Saturday, June 17 from 5-7pm

4th of July Splash!.....Saturday, July 1 from 5-7pm

Back-to-School Splash!.....Saturday, August 12 from 5-7pm

GATOR SWIM ACADEMY

8 week sessions

Fee \$120

Boys & Girls

Ages 6-17 years

Monday - Thursday

The Gators Swim Academy is a summer novice program designed for kids with advanced swimming skills to further their training in a fun and supportive environment. This pre-competitive swim program aims to improve technique in all four strokes, starts and turns, plus build strength, endurance, and speed. Kids will get an opportunity to compete in a mock swim meet against local swim teams at the end of the summer. Participation in this program will help swimmers transition to a local community swim team, club swim team, high school team and more. **Please note: This class takes place in the deep end, ability to swim two laps of freestyle and backstroke required.**

Registration date (in-person or online).....May 27

Beginners Group.....9:00 am

Advanced Group.....10:00 am

Academy Dates.....June 12 - August 3

JUNIOR LIFEGUARD

Monday - Thursday

Fee: \$200

8:00 am - 12:00 pm

Open to children ages 9 through 17, the mission of the City of South Gate Junior Lifeguard Program is to educate youth in our community in pool, ocean and beach safety, physical conditioning, basic first-aid, and environmental awareness, while developing the next generation of future lifeguards and leaders. **Please note: Participants must be able to successfully pass a 100-yard swim test.**

Registration date (in-person or online)....May 27 at 9:00 am

Program Dates.....June 12 - July 20

JUNIOR WATER POLO

4 week sessions

Fee \$32

Boys & Girls

Ages 6 - 12 years

Fridays

6:40 pm - 7:25 pm

This introductory class is designed to give kids ages 6-12 the opportunity to learn the fundamentals of water polo in a fun, supportive environment that emphasizes skill development, teamwork, and physical fitness. Although the sport of water polo is known for its toughness and endurance, Junio Water Polo harnesses all the fun, dynamic aspects of the game in a safe, easy-to-learn aquatic experience that will motivate kids to swim and stay fit.

Registration Dates.....May 27, July 1, July 29

Classes Begin.....June 9 July 7, August 4

LOS ANGELES 84 FOUNDATION (LA 84) SCHOLARSHIP PROGRAMS

Thanks to a grant generously awarded by the LA84 Foundation, the City of South Gate's Patricia G. Mitchell Swim Stadium will be offering FREE swimming lessons for kids ages 7-17 this summer. Classes are scheduled to begin in June. Sessions are 2 weeks long and run Monday-Thursday between 9-11am; one session allowed per participant, and each class is approximately 25-min long. A scholarship form must be filled out, turned in, and approved before participating. Scholarship application forms will be available at the Swim Stadium starting May 15, 2023. Please call (323) 563-5446 for more information or stop by the Swim Stadium to apply today!



SPLASH INTO SUMMER: SWIM CAMP FOR KIDS

1 week camp

Fee \$70

Monday - Thursday

11:00 am - 2:00 pm

Learn the fundamentals of how to swim, play water polo, dive, perform basic first aid and more at Splash into Summer Camp.

Registration date (in-person /online)...May 27 at 9:00 am

Session 1.....June 19 - 22

Session 2.....June 26 - 29

Session 3.....July 10 - 13

Session 4.....July 17 - 20

Session 5.....July 24 - 27

SURF CAMP FOR TEENS

The Surf Camp for Teens program is dedicated to teaching basic skills of surfing such as how to stand-up, paddle, and turn on a surfboard. The program will also promote safe surfing by educating its participants on the different conditions to look out for when surfing. Participants must be at least 12 years old and must complete two laps of freestyle and backstroke. **This program starts in June. Please call (323) 563-5446 for more information.**

SURFING 101

4 week sessions

Fee \$50

Boys & Girls

Ages 13+ years

Saturdays

9:00 am - 9:45 am

There's nothing quite like the thrill of riding a wave! If you've always dreamed of learning how to surf but are not a very strong swimmer, our instructors will help get you closer to making that dream a reality. This beginner-level class is designed to help improve your swimming technique, endurance, and stamina, plus introduce basic surf skills such as the pop-up, paddling, turning your board, and standing up in a controlled environment before hitting the waves. Please note: this class takes place in the deep end, ability to swim two laps of freestyle required.

Registration Dates.....May 27, July 1, July 9

Classes Begin.....June 11, July 9, August 6

ADULT GROUP SWIM LESSONS PROGRAM

Ages 18 years & over

Fee: \$70

Class takes place twice a week for four weeks. **Please bring your Driver's License or ID to enroll.**

Adult swim lessons are divided into three basic categories:

1. **Beginners** - Introduction to water skills
2. **Intermediates** - Fundamental aquatic skills
3. **Advanced** - Stroke development, improvement and refinement.

Registration Dates.....May 28, July 2, July 30

Classes BeginJune 5, July 4, July 31

Class day.....Mon/Wed or Tues/Thurs

Class time.....9:00 pm - 9:45pm

ADULT AND PEDIATRIC CPR/FIRST AID /AED TRAINING



The Adult and Pediatric CPR/AED course incorporates the latest science and teaches students how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult and Pediatric CPR/AED valid for two years.

This is a blended learning class and requires proof of online content completion to attend the in-class portion. You will do the Skills Demonstration and Skills test in class AFTER doing the online portion.

Please call the Patricia G. Mitchell Swim Stadium for more information at (323) 563-5446.

AQUA AEROBICS

Ages 18+ yrs.

Fee: \$6 per class

Ladies, gently shed a few dress sizes without having to feel the sweat run down your shirt. Gentleman, lose a few pounds, tone and lean out your muscles at the same time without the injury causing impact that you would normally experience during a land workout. This class is not included with the Splash Membership, and is a separate fee.

Tuesdays & Thursdays.....9:00 pm - 9:45 pm

MASTER SWIM

Ages: 18+ yrs.

Fee: \$6 per class

Whether you're a triathlete, open water swimmer or just want to maintain fitness or brush up on stroke technique, we got you covered! Masters Swimming is designed for adults, 18 years and over. Ability to swim 100 yards of free and backstroke as well as knowledge of breaststroke and butterfly is suggested. This class is not included with the Splash Membership, and is a separate fee.

Monday/Wednesday9:00 pm - 9:45 pm

SENIORCISE

Ages: 55+ yrs.

Fee: \$4 per class

Our Senior Water Exercise program offers a stress-free time to swim, improve health and fitness, and socialize with others while enjoying the benefits of our heated indoor pool. This shallow water, low-impact class is paced for seniors and designed to promote joint flexibility, range of motion, and agility while building cardiovascular Fitness and muscle strength. **This class is not included with the Splash Membership, and is a separate fee.**

Monday/Wednesday.....11:30 am - 12:15 pm

WATER POLO OPEN PLAY

Ages: 18+ yrs.

Fee \$6 per class

Monday & Wednesday

9:00 pm - 9:45 pm

Water polo is so much fun! Whether you're a retired collegiate water polo player, or an amateur with heart, this open play time is an opportunity to hone your skills and enjoy a good clean pickup game of water polo.

Program Begins.....June 5

SWIM STADIUM MEMBERSHIPS

All memberships must be paid with a credit or debit card unless 6 months or 1 year are paid in advanced. For more information, please call the Patricia G. Mitchell Swim Stadium at (323) 563-5446.

SPLASH

Public Swim/Lap Swim/Adult Swim>Showers

Family - **\$30 per month**

Adults - **\$15 per month**

Youth/Teens/Seniors/Military/Disabled - **\$10 per month**

SPORTS & SPLASH

Everything included with Sports membership and Access Pool for Public, Adult & Lap Swim

Family - **\$40 per month**

Adults - **\$20 per month**

Youth/Teens/Seniors/Military/Disabled - **\$15 per month**

PREMIER

Everything included with Fitness, Sports & Splash

Family - **\$70 per month**

Adults - **\$30 per month**

Youth/Teens/Seniors/Military/Disabled - **\$25 per month**

SPORTS/FITNESS CENTER

SPORTS/FITNESS CENTER



9520 HILDRETH AVE. • (323) 563-5445

The premier destination for health and fitness in the City of South Gate

HOURS OF OPERATION

Monday - Friday.....8:00 am - 8:45 pm
Saturday.....9:00 am - 4:45pm
Sunday.....CLOSED

SKATE PARK

The South Gate Skate Park welcomes skateboards, and bikes. It features a gnarly street section with big rails, stairs and drops. At the back of the park is a fun bowl with hips and mounds. While using the skate park, participants are required by City ordinance to wear proper protective equipment.

Skate Park Hours :

(June 2 - September 2, 2023)

Monday - Friday.....10:00 am - 7:00 pm
Saturday.....10:00 am - 4:00 pm
Sunday.....Closed

DAILY RATES

***ALL DAILY PASSES ARE CASH ONLY**

ADULTS (18+)	\$5
TEENS (13 - 17)	\$4
SENIORS (62+)	\$4
MILITARY	\$4
DISABLED	\$4
YOUTH (5 - 12)	\$4
FITNESS - ADULT (18+)	\$7
FITNESS - TEENS (15 - 17), SENIORS, MILITARY, DISABLED	\$6

MONTHLY MEMBERSHIP PLANS

PREMIER Everything included with Fitness, Sports & Splash	FITNESS (SPLASH add-on option) Basketball, Volleyball, Racquetball, Weight Rooms & Group Exercise	SPORTS & SPLASH Everything included with Sports membership and Access Pool for Public, Adult & Lap Swim	SPORTS (SPLASH add-on option) Basketball, Volleyball & Showers
Family: 2 adults & 3 kids \$70 per month	Family: 2 adults & 3 kids \$50 per month	Family: 2 adults & 3 kids \$40 per month	Family: 2 adults & 3 kids \$30 per month
Adults: 18 years & over \$30 per month	Adults: 18 years & over \$25 per month	Adults: 18 years & over \$20 per month	Adults: 18 years & over \$15 per month
Teens/Seniors/Military/ Disabled: \$25 per month	Teens/Seniors/Military/ Disabled: \$20 per month	Teens/Seniors/Military/ Disabled: \$15 per month	Teens/Seniors/Military/ Disabled: \$10 per month

Disclaimer: Membership does not provide priority access to the Sports Center facilities. Facilities could be subject to closure due to Holidays, Special Events, and Health/Safety concerns. Non-compliance of facility rules and regulations could result in forfeiture of membership.

Membership Payment Policy:

In order to sign-up for a monthly membership a credit or debit card must be on file. Dues will automatically be deducted from your account on a month to month basis with no contract. All major credit/debit cards are accepted (Visa, MasterCard and Discover). If paying with cash, 6 months in advance is required. No month to month cash option.

****SPLASH ADD-ON OPTION - \$5 extra per month.****

Can only be added to individual monthly memberships. Pool Access To: Public Swim, Adult Swim and Lap Swim.

For more information please contact the Sports Center at (323) 563-5445.

It's time to get fit and in shape! Choose from our Semi-Private Training and train with a friend, or select Private Training for a more personal approach. Training sessions are 45 minutes in duration and will consist of any combination of functional movements, cardiovascular exercises, resistance training and aquatic exercises.

PRIVATE SESSIONS:

(1 on 1)
Receive undivided attention from one of our Certified Personal Trainers. Prices listed below are per person.

1 SESSION	\$30
4 SESSIONS	\$116
8 SESSIONS	\$216
12 SESSIONS	\$282



SEMI-PRIVATE SESSIONS

(2-3 people)
Don't ditch your gym partner! Choose personal training sessions with friends. Prices listed below are per person.

4 SESSION	\$73
8 SESSIONS	\$136
12 SESSIONS	\$175
16 SESSIONS	\$194

**YOU CAN HAVE RESULTS, OR YOU CAN HAVE EXCUSES.
YOU CAN'T HAVE BOTH!**

(Must have a Fitness or Premier Membership to participate)



FITNESS SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BEGINNER YOGA INDOOR 8:15 AM - 9:00 AM BOOT CAMP 8:15 AM - 9:00 AM YOGA OUTDOOR 9:15 AM - 10:00 AM OVER EASY *Ages 55+ 10:00 AM - 11:00 AM BOOT CAMP 5:00 PM - 5:50 PM YOUNG & FIT *Ages 7-12 5:00 PM - 5:50 PM ZUMBA 6:00 PM - 6:50 PM	SENIORCISE *Ages 55+ 10:00 AM - 11:00 AM ZUMBA 11:15 AM - 12:00PM STEP AEROBICS 6:00 PM - 7:00 PM TONE IT UP 7:00 PM - 8:00 PM	BEGINNER YOGA INDOOR 8:15 AM - 9:00 AM BOOT CAMP 8:15 AM - 9:00 AM YOGA OUTDOOR 9:15 AM - 10:00 AM OVER EASY *Ages 55+ 10:00 AM - 11:00 AM BOOT CAMP 5:00 PM - 5:50 PM YOUNG & FIT *Ages 7-12 5:00 PM - 5:50 PM ZUMBA 6:00 PM - 6:50 PM	SENIORCISE *Ages 55+ 10:00 AM - 11:00 AM ZUMBA 11:15 AM - 12:00PM YOGA INDOOR 5:45 PM - 6:45 PM TONE IT UP 7:00 PM - 8:00 PM MUAY THAI CONDITIONING 8:00 PM - 8:45 PM	ZUMBA 9:30 AM - 10:20 AM BOOT CAMP 10:30 AM - 11:20 AM ZUMBA 11:15 AM - 12:00PM BOOT CAMP 6:00 PM - 6:50 PM MUAY THAI CONDITIONING 7:00 PM - 8:00 PM	ZUMBA 9:30 AM - 10:20 AM BOOT CAMP 10:30 AM - 11:20 AM

LOCATION | 9520 HILDRETH AVENUE

INCLUDED WITH FITNESS AND PREMIER MEMBERSHIP

- FIRST COME, FIRST SERVE
- MINIMUM AGE OF 15yrs FOR ALL CLASSES , UNLESS NOTED
- NO ENTRY AFTER 10 MINUTES OF CLASS START TIME

DAILY RATES: \$7 - ADULTS; \$6 - TEEN, SENIOR, MILITARY, DISABLED



SOUTH GATE PARKS & RECREATION



@SGPARKSANDREC_

#SOGATE

#SGREC

CLASS DESCRIPTIONS:

BOOT CAMP

This group exercise class combines body weight and resistance training exercises for short periods of time with minimal to no rest. Burn calories, fat, and tone your body while performing a variety of exercises. The high intensity interval training will help maximize your effort at blasting all the calories away. Challenge yourself!!

MUAY THAI

Burn calories while learning a new skill set. Develop the proper technique to punch and kick in an aerobic setting.

OVER EASY EXERCISES

This class has been especially designed for those who suffer from many ailments that attack the body. No registration needed. Instructor for this class is Beatriz Rodriguez.

SENIORCISE

Our newest senior fitness class is designed to help those suffering from arthritis, osteoporosis, and other health ailments. We incorporate light resistance training while focusing on activities of daily living. It's a great class for seniors of ALL fitness levels.

STEP AEROBICS

Step up, down, and around to rhythmic Latin beats! This class will work the legs, core, and build your aerobic endurance.

TONE IT UP

This class mixes in resistance training and upbeat music. The class incorporates light weights with an up-tempo twist.

YOGA

Do you want to develop a strong core, more flexibility, and improve your coordination and balance? Then yoga is just for you. Yoga is a conditioning routine that will strengthen your abdominals, hips, and lower back. It will also help you build muscular endurance in your legs. The blueprint for a stronger core and more flexibility is here in yoga.

YOUNG & FIT

It's never too early to teach children about Fitness. Join our fun and active environment, as we introduce unique and fun ways to exercise. It is conveniently scheduled at the same time as our Boot Camp, so parents can workout at the same time.

ZUMBA

A mix of low and high intensity moves set to Latin rhythms that are designed to help you dance the calories away!

FOR MORE INFO. CALL 323.563.5445

City of South Gate Parks & Recreation Department
presents



Rec on the Run

AGES
Kids 5 - 17

**DROP-IN MOBILE REC
PROGRAM**

**SPORTS, GAMES, ARTS &
CRAFTS**

**LIGHT REFRESHMENTS
PROVIDED**

**JUNE
15, 29**

**JULY
13, 27**

**AUGUST
10, 24**

FREE

No registration
needed



Cesar Chavez Park
(2541 Southern Ave.)
6/15, 7/13, 8/10

Hollydale Regional Park
(5400 Monroe Ave.)
6/29, 7/27, 8/24



THURSDAYS

3:00 - 7:00PM

For more information contact the Sports Center at 323-563-5445

**LEAGUE
STARTS:**

JULY 14TH

WOMEN'S BASKETBALL LEAGUE



TEAM FEE: \$430

+

FORFEIT FEE: \$80

FRIDAY NIGHTS

**7:00, 8:00, 9:00PM
GAME TIMES**

**Parks
Make
Life
Better!**

@SGPARKSANDREC_



SOUTH GATE PARKS & RECREATION

FOR MORE INFORMATION CONTACT THE SPORTS CENTER AT 323-563-5445



FUN 2023 RUN

ONLY \$10
\$20 AFTER 7/1

JOIN US FOR A WET AND MESSY 1 MILE RUN
SATURDAY, JULY 15, 2023
12:00 PM



AGES 5+

EACH RUNNER WILL RECEIVE SUNGLASSES AND COOLING TOWEL
WHILE SUPPLIES LAST

FOR MORE INFO CONTACT THE SPORTS CENTER (323) 563-5445



EXCLUSIVELY FOR
MEMBERS

AGES 7+

EXCLUSIVELY FOR
MEMBERS

Fitness staff will track your weight and body fat weekly. All participants will have access to sample meal recommendations along with exclusive access to group workouts and resistance training sessions.

Begins July 17, 2023

ONLY \$50 FOR 12 WEEKS!

Bring the Kids!

tone up

lose weight

make friends

weekly prizes



REGISTER AT THE SPORTS CENTER
323.563.5445





OFFICE HOURS:

Monday - Thursday.....8:00 am - 5:00 pm
 Friday.....8:00 am - 3:00 pm
 Saturday - Sunday.....Closed

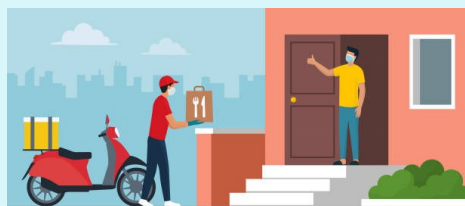
SENIOR CENTER MEAL PROGRAMS

H.S.A. SENIOR LUNCH PROGRAM

In-person Meal Schedule

Come in and enjoy a hot meal with some of your friends or neighbors. Everyone must make a reservation in order to receive the onsite meals. For reservations please call (562) 806-5400 extension 217.

Donation per day.....\$2.25
 Day.....Monday - Friday
 Stat time.....11:30 am



**MEALS
ON
WHEELS
FOOD
SERVICES**

For information on how to receive meals delivered to your home, please contact the Meals on Wheels organization at (562) 806-5400 ext. 261.

SENIOR CENTER ACTIVITIES

BINGO

Day.....Wednesday
 Time.....12:00 pm - 3:00 pm
 Location.....Senior Center Main Hall

BLUE JAYS

Join our senior dance group! You don't need experience, come and learn some dance routines, all are welcome!

Day.....Tuesday, Wednesday, Thursday
 Time:.....1:00 pm - 3:00 pm

CRAFTS

Day.....Wednesday
 Time.....9:00 am - 11:00 am
 Location.....Senior Center Conference Room

THAI CHI

Day.....Tuesday & Thursday
 1st class time.....10:00 am - 11:00 am
 2nd class time.....11:00 am - 12:00 pm
 Location.....Senior Center Conference Room



COMMUNITY EXCURSIONS

On-site & Online Trip Registration Begin: June 12, 2023

Registration is held at the Girls Club House office, Monday - Thursday from 8:30 am to 5:00 pm

ALL FEES ARE DUE AT THE TIME OF REGISTRATION

Please Note: All cancellations must be during our office business hours and there will be a \$15 administration fee per person. Refunds are only granted if spaces can be re-sold. All trips go, rain or shine, unless otherwise notified. Please arrive 10-15 minutes before scheduled departure and check-in at the office with trip escort. There is no grace period.

**ALL DEPARTURES LEAVE FROM THE GIRLS CLUB HOUSE AS SCHEDULED (TRAFFIC/WEATHER PERMITTING).
UPON RETURN FROM TRIP DESTINATIONS, CHECK IN WITH ESCORT AT DESIGNATED TIME OF DEPARTURE. BUS WILL DEPART AT DESIGNATED TIME ANNOUNCED BY ESCORT.**

NO REFUNDS FOR CANCELLATIONS OR "NO-SHOWS" THE DAY OF THE TRIP.

FOR MORE INFORMATION PLEASE CONTACT THE MARGARET TRAVIS SENIOR CENTER AT (323) 357-9662 OR THE GIRLS CLUB HOUSE AT (323) 563-5447.

HARRAH CASINO - FUNNER

MUST BE 21 YEARS OF AGE OR OLDER. LUNCH IS ON YOUR OWN.
Thursday, July 6Fee: \$20.00
Departure: 7:00 am.....Return: 7:00 pm

LAKE ARROWHEAD / VILLAGE - LAKE ARROWHEAD

BOAT RIDE INCLUDED. LUNCH IS ON YOUR OWN.
Wednesday, July 12Fee: \$30.00
Departure: 9:00 am.....Return: 7:00 pm

ORANGE COUNTY FAIR - COSTA MESA

LUNCH IS ON YOUR OWN.
Friday, July 21Fee: \$20.00
Departure: 10:30 amReturn: 6:30 pm

THE AMERICANA AT BRAND MALL - GLENDALE

LUNCH ON YOUR OWN.
Thursday, July 27Fee: \$10.00
Departure: 10:00 am.....Return: 5:00 pm

CATALINA ISLAND - LONG BEACH

LUNCH ON YOUR OWN.
Saturday, August 5Fee: \$80.00
Departure: 8:00 am.....Return: 8:00 pm

AGUA CALIENTE CASINO - RANCHO MIRAGE

MUST BE 21 YEARS OF AGE OR OLDER. LUNCH IS ON YOUR OWN.
Thursday, August 10Fee: \$20.00
Departure: 7:00 am.....Return: 7:00 pm

BALBOA FUN ZONE - NEWPORT

LUNCH IS ON YOUR OWN.
Friday, August 25Fee: \$10.00
Departure: 10:00 amReturn: 5:00 pm

SAWDUST FESTIVAL - LAGUNA BEACH

LUNCH ON YOUR OWN.
Friday, September 1Fee: \$10.00
Departure: 10:00 amReturn: 5:00 pm

VALLEY VIEW CASINO - VALLEY CENTER

MUST BE 21 YEARS OF AGE OR OLDER. LUNCH IS ON YOUR OWN.
Thursday, September 7Fee: \$20.00
Departure: 7:00 am.....Return: 7:00 pm

DANISH DAY - SOLVANG

LUNCH ON YOUR OWN.
Saturday, September 16Fee: \$20.00
Departure: 7:00 am.....Return: 7:00 pm



For more information on these programs, call (323) 563-5447



PARKS & RECREATION ADMINISTRATION OFFICE HOURS

Monday - Thursday.....7:30 am - 5:00 pm

Friday - Sunday.....Closed

The City of South Gate Parks and Recreation Department has two facilities available for special occasions or business trainings. All reservations are on a first come, first serve basis.

Alcohol is now permitted, with certain restrictions, for reservations in the Auditorium or Girls Clubhouse. You must contract security guards and purchase liability insurance at least 30 business days before your event.

For information contact the Parks Administration office at (323) 563-5479 or visit our page at www.cityofsouthgate.org.

BANQUET ROOM RATES

This room is used for meetings only.

This facility has a maximum capacity of 120 people for conferences only.

Hourly Rate.....\$50.00

Kitchen Fee.....\$80.00

Refundable Damage Deposit...\$165.00

*Call for Commercial Rates

GIRLS CLUB HOUSE RATES

This facility has a maximum capacity of 150 people for a dinner receptions, and 325 for conferences.

Hourly Rate.....\$120.00

Kitchen Fee.....\$64.00

Refundable Damage Deposit...\$319.00

*Call for Commercial Rates

MUNICIPAL AUDITORIUM RATES

This facility has a maximum capacity of 500 people for dinner receptions, and up to 600 people for a conference event.

Hourly Rate.....\$200.00

Kitchen Fee.....\$80.00

Refundable Damage Deposit...\$495.00

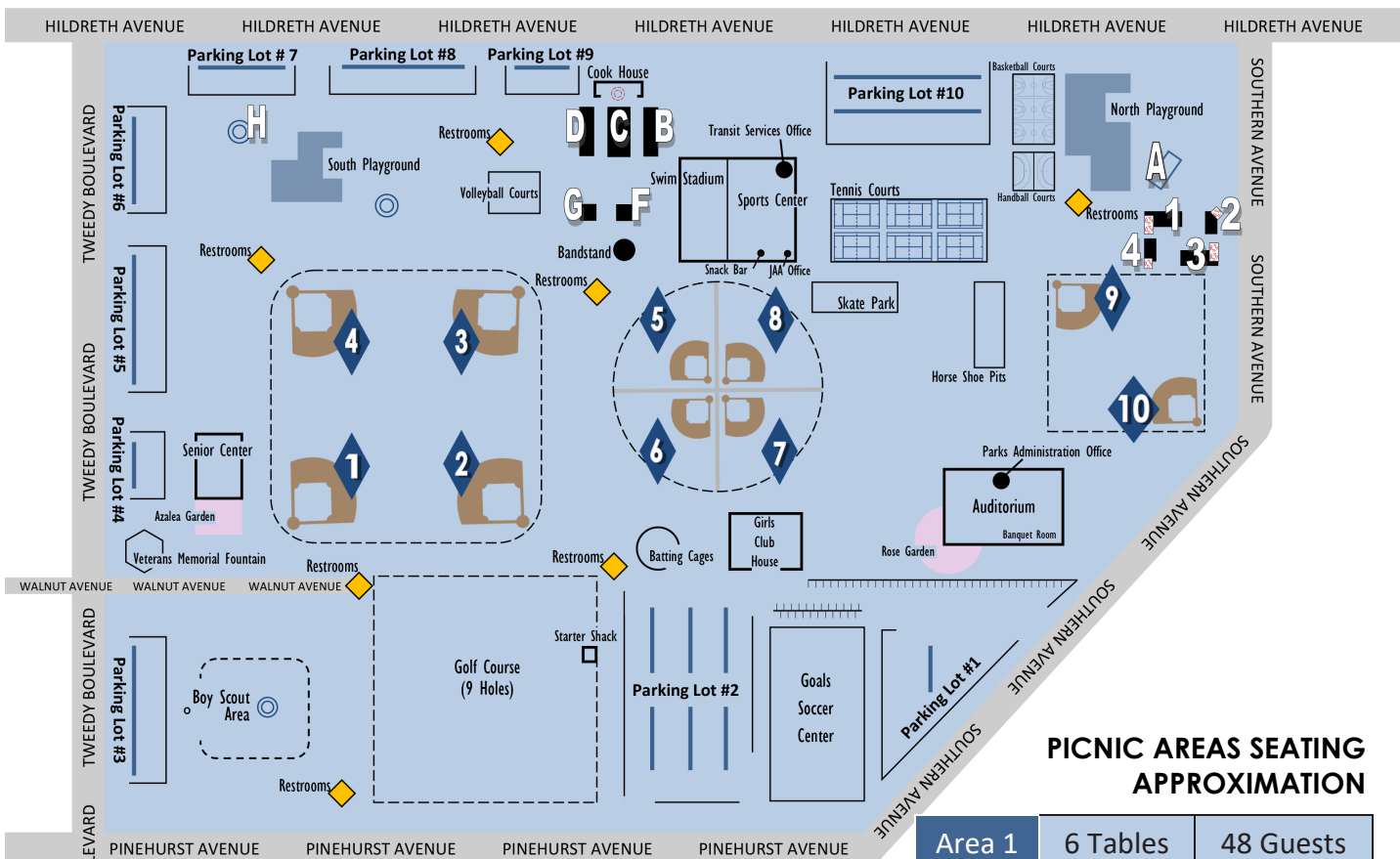
*Call for Commercial Rates



ROSE ARBOR RATES

This area can seat up to 110 guests for ceremonies. Set up for rose arbor is Chairs Only.

Fee.....\$179.00



PICNIC AREAS SEATING APPROXIMATION

Area 1	6 Tables	48 Guests
Area 2	4 Tables	32 Guests
Area 3	6 Tables	48 Guests
Area 4	4 Tables	32 Guests
Area A	4 Tables	32 Guests
Area B	15 Tables	120 Guests
Area C	25 Tables	200 Guests
Area D	18 Tables	144 Guests
Area F	16 Tables	128 Guests
Area G	12 Tables	96 Guests
Area H	6 Tables	48 Guests

PICNIC AREA RESERVATION RATES

There are a total of ten picnic areas located throughout South Gate Park and one at Hollydale Regional Park available to the public to reserve. All reservations are on a first come first serve basis. Please contact our Parks Administration Office at (323) 563-5479 to check availability. All bookings must be made at least one week in advanced. Reservation fees are based on the amount of guests you will have in attendance. See group rates below. Contact the Administration Office for Commercial Rate information.

Non-Profit Group Permit Fees
(please contact our office for Commercial Rates):

Group of 1-50.....	\$87.00
Group of 51-100.....	\$173.00
Group of 101-200.....	\$277.00
Group of 201-500.....	\$416.00
Group of 501+.....	\$831.00

BANDSTAND RATES

This fee will be based on your group size, see fees listed above.

Refundable damage deposit..... \$165.00

COOK HOUSE RATE

Fee.....\$82.00

**All fees are subject to change without notice.
*Call for Commercial Rates.**



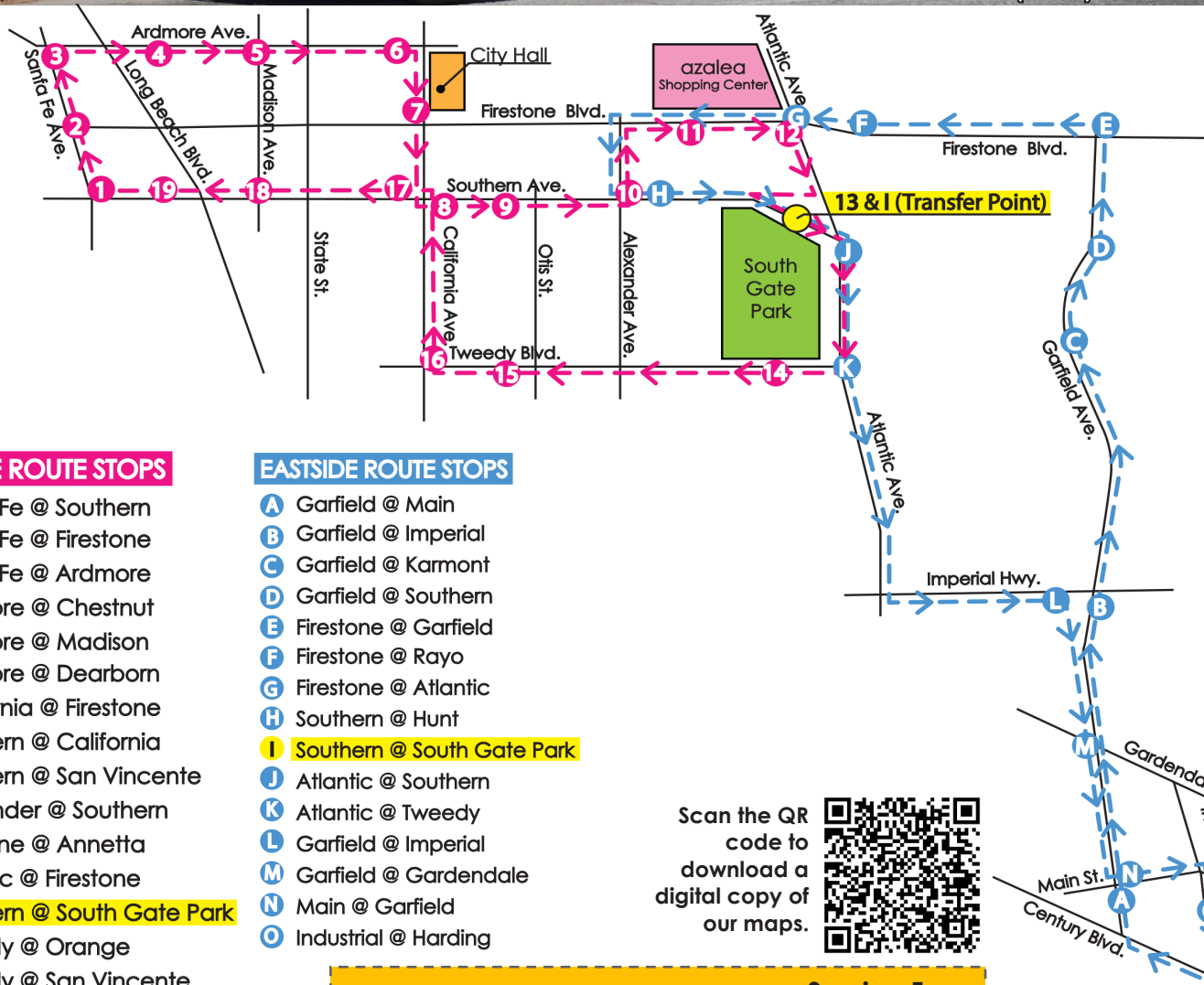
For Park Facility & Picnic Area Rentals contact the Park Administration Office at (323) 563-5479

Baseball Field Rentals contact the Sports Center at (323) 563-5445

Pool Rental information call the Patricia G. Mitchell Swim Stadium at (323) 563-5446

Batting Cage usage information contact Sofive Soccer Center at(323) 923-4650

THE GATE



WESTSIDE ROUTE STOPS

- 1 Santa Fe @ Southern
- 2 Santa Fe @ Firestone
- 3 Santa Fe @ Ardmore
- 4 Ardmore @ Chestnut
- 5 Ardmore @ Madison
- 6 Ardmore @ Dearborn
- 7 California @ Firestone
- 8 Southern @ California
- 9 Southern @ San Vincente
- 10 Alexander @ Southern
- 11 Firestone @ Annetta
- 12 Atlantic @ Firestone
- 13 Southern @ South Gate Park
- 14 Tweedy @ Orange
- 15 Tweedy @ San Vincente
- 16 California @ Tweedy
- 17 Southern @ California
- 18 Southern @ Madison
- 19 Southern @ Stanford

EASTSIDE ROUTE STOPS

- A Garfield @ Main
- B Garfield @ Imperial
- C Garfield @ Karmont
- D Garfield @ Southern
- E Firestone @ Garfield
- F Firestone @ Rayo
- G Firestone @ Atlantic
- H Southern @ Hunt
- I Southern @ South Gate Park
- J Atlantic @ Southern
- K Atlantic @ Tweedy
- L Garfield @ Imperial
- M Garfield @ Gardendale
- N Main @ Garfield
- O Industrial @ Harding

Scan the QR code to download a digital copy of our maps.



Service Fees:

50¢ per ride. Children 4 and under ride free. Transfers are available. Participants of our Phone-a-Ride program ride for free!

Service Provider is Global Paratransit, Inc.
For route information, contact us at (323) 563-5754 or call them at (310) 715-7582.

Ride The GATE to work! Show your Employee I.D. and you ride for FREE!

TRANSPORTATION SERVICES

transit@sogate.org • 9520 Hildreth Avenue • (323) 563-5754

The City of South Gate offers an additional discount on TAP fares (Monthly Metro bus pass) to South Gate residents with Reduced Fare TAP cards.

Sales Hours

Monday - Friday.....12 - 6 PM
Saturday - Sunday.....Closed

Senior/
Disabled Tap
\$16

K-12
Tap
\$17

College/
Vocational Tap
\$32

South Gate residents must provide proof of residency at time of purchase (Utility bill, correspondence, report card, etc).

For more information contact Transit office at transit@sogate.org or call (323) 563-5754



Phone A Ride Service / Servicio de Phone A Ride

The City of South Gate offers its residents 62 years of age and older or who are permanently disabled a service that allows them to obtain transportation around the city for a minimal fee (there are exceptions to certain medical facilities outside the city). **THIS SERVICE IS NOT PROVIDED FOR THOSE CAPABLE OF TRANSPORTING THEMSELVES OR FOR TRIPS TO AND FROM THEIR PLACE OF EMPLOYMENT OR SCHOOL.**

Registration Information:

Registrant must present a valid I.D. and proof of residency (utility bill or mailed correspondence)

Monday - Friday, 12 pm - 6:00 pm

*No hand written documents accepted

La ciudad de South Gate ofrece a sus residentes de 62 años de edad o más o que están incapacitados, un servicio especial que los ayuda a obtener transportación dentro de la ciudad a un precio reducido. **ESTE SERVICIO NO ESTA DISEÑADO PARA LOS QUE PUEDEN MOVILIZARSE POR SI MISMO, NI PARA VIAJAR A LUGAR DE EMPLEO O A LA ESCUELA.**

Como Inscribirse: Individuos registrándose deben presentar su I.D. vigente, y comprobante de domicilio (recibo de gas, luz, o agua)

Lunes a Viernes de 12 pm a 6:00 pm

*No aceptamos documentos escritos a mano.

Registration Fee.....\$10 per year
Each trip.....\$1

Cuota de Inscripción.....\$10 por año
Cada viaje.....\$1

PROGRAMAS DEPORTIVOS

9520 Hildreth Avenue • (323) 563-5445

CLASES DE BALONCESTO PARA PEQUEÑOS

\$56

5 - 12 años de edad

9 semanas

Estas clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre si para poner en practica lo aprendido.

5-6 años.....Lunes.....5:00 pm - 5:45 pm
7-8 años.....Lunes.....6:00 pm - 6:45 pm
9-12 años.....Lunes.....7:00 pm - 7:45 pm

CLASES DE BEISBOL PARA PEQUEÑOS

\$56

3 - 17 años de edad

9 semanas

Estas clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre si para poner en practica lo aprendido.

3 - 4 años.....Miércoles.....5:00 pm - 5:45 pm
5 - 6 años.....Miércoles.....6:00 pm - 6:45 pm
7+ años.....Miércoles.....7:00 pm - 7:45 pm

CLASES DE FUTBOL AMERICANO

\$56

5-12 años de edad

9 semanas

Esta clases les enseñara como jugar este deporte divertido. Traigan sus amigos y aprendan juntos!

5 - 6 años.....Martes.....6:00 pm - 6:45 pm
7 - 12 años.....Martes.....7:00 pm - 7:45 pm

CLASES DE MULTI-DEPORTES PARA PEQUEÑOS

\$56

3 - 12 años de edad

9 semanas

Este programa de nueve semanas les enseñara a sus pequeños un deporte diferente cada tres semanas. Los deportes que se enseñaran serán baloncesto, futbol, y beisbol. Esta clase es paca niñas/niños que tiene poco conocimiento de deportes.

3-4 años.....Jueves.....5:00 pm - 5:45 pm
5-6 años.....Jueves.....6:00 pm - 6:45 pm
7-12 años.....Jueves.....7:00 pm - 7:45 pm

LEVANTAMIENTO DE PESAS

\$56

6-17 años de edad

9 semanas

Esta clase se enfoca en aprender la técnica adecuada, la progresión y la ejecución del arranque, cargada de potencia, cargada y enviñón.

Lunes / Viernes.....6:00 pm - 6:45 pm

ENTRENAMIENTO DE RENDIMIENTO

\$56

6-12 años de edad

9 semanas

Esta clase se enfoca en aprender la técnica adecuada, la progresión y la ejecución del arranque, cargada de potencia, cargada y enviñón.

Lunes / Viernes.....5:00 pm - 5:45 pm

CLASES DE KARATE

\$60

7-17 años de edad

4 semanas

El karate ofrece la capacidad de desarrollar la confianza, la aptitud física, la defensa personal, la disciplina, la competencia y la habilidad de torneo. **Debe registrarse al principio de cada mes.**

Lunes / Miércoles

Clase para principiantes.....5:15 pm - 6:15 pm
Clase para intermediarios.....6:30 pm - 7:30 pm
Clase para Juniors y Adultos.....7:45 pm - 9:00 pm

CLASES DE SOCCER PARA PEQUEÑOS

\$56

3 - 12 años de edad

9 semanas

Estas clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre si para poner en practica lo aprendido.

3-4 años.....Miércoles.....5:00 pm - 5:45 pm
5-6 años.....Miércoles.....6:00 pm - 6:45 pm
7-12 años.....Miércoles.....7:00 pm - 7:45 pm

3-4 años.....Jueves.....5:00 pm - 5:45 pm
5-6 años.....Jueves.....6:00 pm - 6:45 pm
7-12 años.....Jueves.....7:00 pm - 7:45 pm



CLASES DE VOLEIBOL

\$56

10+ años de edad

9 semanas

Esta clases les enseñara como jugar este deporte divertido. Traigan sus amigos y aprendan juntos!

Clase para Principiante.....Martes.....5:00 pm - 5:45 pm

PROGRAMAS RECREATIVOS

4940 Southern Avenue • (323) 563-5447

PROGRAMAS RECREATIVOS

CLASES DE ARTE

\$75

Niños y Niñas (7-17 años)

5 semanas

Esta clase enseñara los fundamentos de dibujar, el sombreado y proporcionado. Habrá un cobro de \$10 en la primera clase para los materiales que se necesitaran para esta clase.

Martes.....4:00 pm - 5:00 pm

CLASES DE BAILE

\$60

Niños y Niñas

9 semanas

Se ofrecen una variedad de clases de baile, para niños y niñas que desean aprender a bailar.

Baby Boogie (3-5 años)

Martes.....5:00 pm - 5:30 pm

Ballet (3-9 años)

3-4 años.....Martes.....5:30 pm - 6:00 pm

4-5 años.....Martes.....6:00 pm - 6:30 pm

6-8 años.....Martes.....6:30 pm - 7:15 pm

9+ años.....Martes.....7:15 pm - 8:30 pm

Baby Mexican Folk (3-5 años)

3-4 años.....Martes.....4:00 pm - 4:30 pm

4-5 años.....Martes.....4:40 pm - 5:10 pm

Cheerleading (8 - 17 años)

8-11 años.....Martes.....5:00 pm - 5:45 pm

12+ años.....Martes.....6:00 pm - 6:45 pm

Folklorico (6 - 17 años)

6-8 años.....Miércoles.....5:00 pm - 5:45 pm

8-11 años.....Miércoles.....5:45 pm - 6:30 pm

12+ años.....Miércoles.....6:30 pm - 7:15 pm

Folklorico - Clase avanzada (12+ años)

Miércoles.....7:15 pm - 8:00 pm

Hip Hop (6-8 años)

Jueves.....5:00 pm - 5:45 pm

Hip Hop (9-12 años)

Jueves.....6:00 pm - 6:45 pm

Hip Hop (13-17 años)

Jueves.....7:00 pm - 7:45 pm

Hip Hop - Clase Avanzada (13-17 años)

Lunes.....6:30 pm - 7:15 pm

CLASES DE GIMNASIA

\$60

Niños y Niñas

9 semanas

Su hijo aprenderá los conceptos básicos de gimnasia. Esta clase está diseñada para mejorar la coordinación de su hijo y enseñarle movimientos flexibles.

Clase para Principiantes

3-5 años.....Lunes.....5:00 pm - 5:30 pm

6-12 años.....Lunes.....5:30 pm - 6:15 pm

Clase Avanzada

Lunes.....6:15 pm - 7:00 pm

CLASES DE ENTRENAMIENTO PARA PERROS

\$70

9 semanas



Los buenos modales a una edad temprana hacen que un nuevo cachorro sea un miembro más agradable de la familia. La clase incluirá órdenes básicas de obediencia y socialización. El instructor de esta clase será Gunther A Ramos.

Clase para principiante

Sábado.....9:00 am - 10:00 am

Clase Avanzada

Para poder tomar esta clase su perro ya ha aprendido órdenes: siéntate, ven, baja, quédate. También aprenderá algunas habilidades de agilidad.

Sábado.....10:30 am - 11:30 am

FASHION SKETCHING

\$75+\$10 artículos de arte

Niños y Niñas

5 semanas

Esta clase enseñara como desarrollar y ilustrar su propio estilo de moda usando el lápiz y marcadores. Habrá un cobro de \$10 en la primera clase para los materiales que se necesitaran para esta clase.

7-17 años.....Martes.....5:00 pm - 6:00 pm

H.O.W. COMEDORES COMPULSIVOS

GRATIS

El programa de comedores compulsivos utiliza los principios del programa de doce pasos utilizado por A.A. Para mas información sobre este programa por favor llame al Girls Club House al (323) 563-5447.

18+ años.....Lunes.....9:00 am - 11:00 am

CLASES DE COCINAR - LIL CHEFS

\$60

5 semanas

Lugar: Senior Center

Los estudiantes aprenderán una nueva receta cada semana. Todos los ingredientes será provistos para cada clase.

6-10 años.....Martes.....4:00 pm - 5:00 pm

TINY TWO'S

\$90

9 semanas

Lugar: Girls Club House Rm. B

Esta clase de nueve semanas ayudaran a su bebe de 2 anos a socializar en grupo y participar en la narración de cuentos, juegos, canciones de acción, música y manualidades. **Para mas información llame al Girls Club House (323) 563-5447.**

TOT TIME

\$100

9 semanas

Lugar: Girls Club House Rm. C

En esta clase niños aprenderán los números primarios, los colores, las formas y el alfabeto. Los niños también aprenderán a seguir instrucciones y socializar con otros niños a través de juegos, canciones, rompecabezas y manualidades. **Para mas información llame al Girls Club House (323) 563-5447.**

SOUTH GATE

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Fourth of July

Independence Day Celebration!

**Dazzling Fireworks Display at
South Gate Park
July 4th
at 9:00 pm - Ball Diamond #1**

Come to the Carnival!

(Off of Tweedy Boulevard & Walnut Avenue)

Enjoy the thrill rides, try your luck on the midway games!
There'll be candy apples, popcorn, cotton candy & other goodies!
\$2 admissions fee, kids under 12 are free.



Saturday, July 1	2:00 pm - 10:00 pm
Sunday, July 2	2:00 pm - 10:00 pm
Monday, July 3	5:00 pm - 10:00 pm
Tuesday, July 4	1:00 pm - 11:00 pm

Times subject to change without notice.

For more information please call 323.563.5479
JAA All-Star Baseball Games on Diamonds 5-10 at 9:00 am



AFFORDABLE PET CLINIC

Saturday, June 3, 2023 & July 1, 2023 ~ 8:00 -11:00 am
South Gate Park Senior Center ~ 4855 Tweedy Blvd.
www.vetcarepetclinic.com 1-800-988-8387

