

THE CITY OF SOUTH GATE PARKS AND RECREATION DEPARTMENT

# SOUTH GATE CONNECT



# SUMMER 2026



SGPARKSANDREC\_



SOUTHGATEPARKS&RECREATION



# SUMMER 2026

## SOUTH GATE CITY HALL

Monday-Thursday  
7:00 am - 5:30 pm  
8650 California Avenue  
South Gate, CA 90280

Administration  
(323) 563-9501  
City Council Office  
(323) 563-9543  
cityofsouthgate.org

## CITY COUNCIL

<b>Joshua Barron</b>	Mayor
<b>Al Rios</b>	Vice Mayor
<b>Maria del Pilar Avalos</b>	Council Member
<b>Gil Hurtado</b>	Council Member
<b>Maria Davila</b>	Council Member

## PARKS & RECREATION COMMISSION

<b>Alan Flores</b>	Chair
<b>Lizette Ruiz</b>	Vice Chair
<b>Cynthia Esquivel</b>	Secretary
<b>Edgar Pelayo</b>	Commissioner
<b>Eric Trujillo</b>	Commissioner

# Public Meeting Schedule

## CITY COUNCIL MEETINGS

The City Council is the policy making body for the City of South Gate. Residents and community members are highly encouraged to participate in the *Comments from the Audience* portion of the meetings. Here you can address any issue directly to the City Council and staff that is not listed on that meeting's Agenda. Meetings take place on the 2nd and 4th Tuesday of every month at 6:30 pm. **Council Meetings are held in person at the Council Chambers.**

## COMMISSION FOR SOUTH GATE YOUTH

The Commission for South Gate Youth seeks to empower the youth by promoting and supporting high quality programs and projects that address the needs of youth. Meetings take place on the 1st Tuesday of every month, at 6:00 pm located in the Civic Center Building.

## PARKS AND RECREATION COMMISSION

The Parks and Recreation Commission serves as an advisory panel to the City Council on matters related to the City's parks and recreation programs. Commission meetings are open to the public and members of the public are allowed to address the Commission on any parks and recreation related issue. Meetings take place on the 2nd Thursday of each month, at 7:00 pm at City Hall's Council Chambers.

## PLANNING COMMISSION

The Planning Commission reviews matters related to land use, planning law, environmental, and developmental issues. The Commission holds regularly scheduled public hearings to consider such land use matters as the general plan, specific plans, site plans, rezoning, use permits and subdivisions. Visit [www.cityofsouthgate.org](http://www.cityofsouthgate.org) for meeting dates.

 **YouTube** *We are now live streaming meetings on YouTube!*  
[youtube.com/@SouthGateCA90280](https://youtube.com/@SouthGateCA90280)

## City Services Directory

**CITY CLERK'S OFFICE** (323) 563-9510

### COMMUNITY DEVELOPMENT

Building Inspection/Permits (323) 563-9549  
Code Enforcement (323) 563-9558

### FINANCE

Business License (323) 563-9527  
Water Billing (323) 563-9586

### HUMAN RESOURCES

(323) 357-5835

### PARKS & RECREATION

(323) 563-5479

### POLICE DEPARTMENT

Non-Emergency Phone Line (323) 563-5436

### PUBLIC WORKS

Administration (323) 357-9657  
Engineering (323) 563-9567  
Graffiti Hotline (323) 563-5793

Illegal Dumping Hotline (323) 563-9575

Street Lights & Traffic Signals (323) 563-5773

Tree/Street/Pothole Repairs (323) 563-5785

### FIRE DEPARTMENT

4867 Southern Place, Station 54

General Business (323) 567-8580

5720 Gardendale Street, Station 57

General Business (323) 531-9700

### SOUTH GATE MUSEUM & ART GALLERY

(323) 357-5838

### ADDITIONAL CONTACT NUMBERS

A.Y.S.O (323) 270-0608

Boy Scouts (213) 413-4400

City Dump (562) 928-4616

Chamber of Commerce (323) 567-1203

Harbor Area Farmers Market (562) 308-7364

Girl Scouts of America (213) 213-0150

Hollydale Library (562) 634-0156

H.S.A. Program (562) 806-5400

J.A.A. Organization (323) 566-4700

Phone-A-Ride (866) 260-4600

Sofive Soccer Center (323) 923-4650

South Gate Aqua Coalition, Inc. (323) 972-6664

South Gate Art Association (323) 564-7541

South Gate Aztecs (323) 327-2412

Southern California Edison (800) 611-1911

Universal Waste Systems (323) 334-3660

Leland R. Weaver Library (323) 567-8853



# 5<sup>TH</sup> ANNUAL FUN RUN

SATURDAY,  
JULY 18, 2026

PARTY STARTS 10:00AM

AGES 5+

**\$10**

JOIN US FOR A  
WET & MESSY  
1 MILE RUN AT  
SOUTH GATE PARK!

RAFFLES,  
GIVEAWAYS  
& KIDS ZONE!



SCAN ME



FOR MORE INFO CONTACT THE SPORTS CENTER (323) 563-5445  
9520 HILDRETH AVE. SOUTH GATE, CA 90280

## TABLE OF CONTENTS

- 3 CITY NEWS
- 5 SPECIAL EVENTS
- 7 CITY PARKS LOCATIONS
- 8 PROGRAM  
REGISTRATION/ PARKS  
DEPARTMENT DIRECTORY
- 9 COMMUNITY ORGANIZATIONS
- 10 SPORTS/FITNESS  
CENTER INFORMATION
- 13 YOUTH SPORTS CLASSES
- 15 REMOTE PROGRAMMING
- 16 ADULT SPORTS
- 17 PATRICIA G. MITCHELL SWIM  
STADIUM
- 22 TRANSPORTATION SERVICES/  
GATE ROUTE
- 24 MARGARET TRAVIS SENIOR  
CENTER
- 25 COMMUNITY EXCURSIONS
- 26 SOUTH GATE GOLF COURSE
- 27 TEEN PROGRAMMING
- 28 GIRLS CLUB HOUSE
- 31 FACILITY RENTAL INFORMATION
- 32 PICNIC AREA RENTAL  
INFORMATION
- 33 PROGRAMAS DEL PARQUE



## Family Camp Night

SATURDAY, AUGUST 1

CHECK-IN  
BEGINS AT 10 AM

**SOUTH GATE PARK**  
LARGE BASEBALL QUAD

**\$50 PER FAMILY**  
7 MEMBERS MAX

CAMPING • FAMILY FUN • S'MORES  
WATER GAMES • FAMILY GLOW PARTY

ADD-ON PACKAGES  
DINNER - \$40  
BREAKFAST - \$10

BRING YOUR OWN TENT,  
CHAIRS & SLEEPING BAGS  
LEAVE THE REST UP TO US!

ADD-ON PACKAGES INCLUDE  
7 MEALS FOR THE ENTIRE FAMILY

FOR MORE INFORMATION CONTACT THE SPORTS CENTER (323) 563-5445  
9520 HILDRETH AVE. SOUTH GATE, CA 90280

**SUMMER PROGRAM SESSION**  
JUNE 22 - AUGUST 22

**SUMMER REGISTRATION OPENS**  
JUNE 8

**SUMMER EXCURSIONS**  
**REGISTRATION OPENS**  
JUNE 15





# South Gate CITY NEWS

## Celebrate Safely This Fourth of July

As we approach the 4th of July, the South Gate Police Department will be strictly enforcing state and local laws pertaining to illegal fireworks. Fines start at \$1,000. Help us keep our community and property safe by reporting violators to SGPD Dispatch at (323) 563-5436.

### KNOW THE RISKS

- The unsafe use of fireworks can cause severe burns, amputations, blindness, and even death.
- Parents are responsible for any property damage or injuries caused by all fireworks.

### KEEP IT LEGAL

- All legal fireworks in California are called Safe and Sane Fireworks and must bear the State Fire Marshal's seal.
- Celebrate with "safe and sane" fireworks purchased at licensed booths in South Gate sponsored by local nonprofit community organizations.
- Any firework that goes up in the air or explodes is illegal and dangerous.

### KEEP IT SAFE

- Always have a bucket of water to dispose of fireworks.
- Always have a hose connected to water available in case of fire.
- Do not use fireworks near dry grass or other flammable materials.



# New Visa Street Soccer Park

➔ The City of South Gate celebrated the grand opening of a new street soccer venue at Hollydale Regional Park on April 16, 2026, just ahead of the 2026 FIFA World Cup. Community members came out to celebrate the opening of the Visa Street Soccer Park, where kids enjoyed pickup games and explored the two new public street soccer fields.

➔ The project is a partnership between Street Soccer USA, Bank of America, and Visa, aimed at expanding access to recreation and youth development opportunities through sports.

As part of a broader initiative tied to the World Cup, South Gate is one of several communities selected to receive a street soccer park. The park is expected to host youth programs, community events, and mentorship opportunities led by Street Soccer USA.

➔ Street soccer is a fast-paced, small-sided version of the game that emphasizes creativity, teamwork, and accessibility. With its compact fields and open design, the new facility at Hollydale Regional Park makes it easy for beginners and experienced players to jump in and play.



## Bulky Item Pickup

Did you know the City of South Gate partners with Universal Waste Systems to coordinate bulky item pickup? Our Bulky Item Pickup service ensures safe and responsible disposal of large items such as furniture, appliances, and electronics. Residents and multifamily tenants can schedule up to ten free bulky item pickups per month.

For additional safety tips and rules, visit [cityofsouthgate.org](http://cityofsouthgate.org).

## 4th Annual MEN'S HEALTH AWARENESS COMMUNITY AND FAMILY FUNDAY



**SAVE THE DATE** FREE To All

### Join Us For:

Mental Health Resources • Health Screenings • Food • Live Entertainment Games • Haircuts • Guest Speakers • Fun Family Activities • Much More!

**South Gate Park**  
4855 Tweedy Blvd.  
South Gate, CA 90280

**Saturday, June 13th, 2026**  
**10AM - 3PM**

For more information, Call: **(323) 567-1203**



# SUMMER kick-off

**JUNE 3  
3PM-7PM**

**SOUTH GATE BANDSTAND  
PARKS & RECREATION INFORMATIONAL BOOTHS  
JUMPERS, GAMES, AND FOOD!**



SPONSORED BY UWS



FOR MORE INFORMATION CONTACT THE GIRLS CLUB HOUSE AT 323.563.5447

## Zine Fiesta 5 Saturday, June 27 1pm-5pm

SOUTH GATE MUSEUM & ART GALLERY  
8680 CALIFORNIA AVENUE



zine activities

zine history

shop zines

trade zines



SO MANY EMOTIONS



**What is a Zine?** (Pronounced ZEEN)  
Long before the Internet, zines allowed people to create networks, share ideas and collaborate on writing and artwork! It's a self-published, independently made, usually photocopied noncommercial publication. Themes are usually personal, artistic, and/or visual. Over the years zines have served as a great way for underrepresented black, indigenous, queer, and people of color voices and work to be seen.



**SAVE  
The DATE**



Connect with us on instagram! @southgatemuseum

For more info call (323) 357-5838 or email jmejia@sogate.org

Parks  
Make  
Life  
Better!

# Concert IN THE PARK

**Thursday July 30**

**Live Performance 6-8 PM**

**Free! DJ After Party 8-9 PM**

Featuring



**LOS DEL  
MOMENTO**

Located at the  
**South Gate Park Bandstand  
9520 Hildreth Ave.**

FOR MORE INFORMATION CALL THE GIRLS CLUB HOUSE AT 323.563.5447



Parks  
Make  
Life  
Better!

# MOVIE IN THE PARK

**Friday,  
August 28  
8 PM ♦ Free!**

Join us for a cinematic  
night with a viewing of  
**Zootopia 2!**



Located at  
**Hollydale Community Park  
12221 Industrial Ave.**

FOR MORE INFORMATION CALL THE  
GIRLS CLUB HOUSE AT 323.563.5447



**ZOOTOPIA  
2**

# SOFIVE SOUTH GATE SOCCER YOUTH PROGRAMS

9599 PINEHURST AVE, SOUTH GATE, CA 90280  
323-923-4650

Lil' Kickers | SOFIVE

FOR KIDS AGED 1.5 TO 5YO



SO FIVE

FOR KIDS AGED 6 TO 12YO

NEW SEASON

SIGN UP



## Affordable Pet Vaccine Clinic



**South Gate Park**

4855 Tweedy Blvd. South Gate

**Saturdays 9:00am-11:00am**

### 2026 DATES

February 07	May 02 & 30	August 22	November 14
March 07	June 27	September 19	December 12
April 04	July 25	October 17	

Dog and cat vaccinations, fecal exams, de-worming, physical exams, micro chipping, prescription flea control, diagnostic testing and more!



1-800-988-8387



www.vetcarepetclinic.com



@vetcarepetclinic



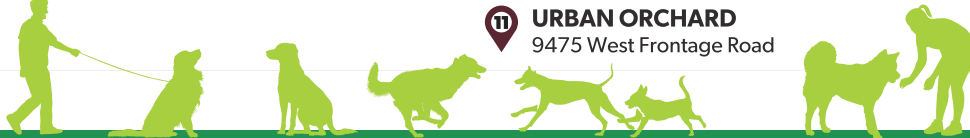
Vet Care Pet Clinic



# South Gate PARKS



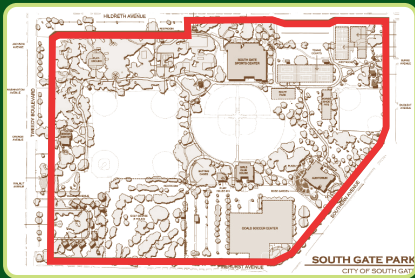
- 1 CESAR CHAVEZ PARK**  
2541 Southern Ave.
- 2 CIRCLE PARK**  
10129 Garfield Ave.
- 3 GARDENDALE TOT LOT**  
5480 Gardendale St.
- 4 HOLLYDALE COMMUNITY PARK**  
12221 Industrial Ave.
- 5 HOLLYDALE REGIONAL PARK**  
5400 Monroe Ave.
- 6 SOUTH GATE PARK**  
4900 Southern Ave.
- 7 STANFORD PARK**  
2715 Illinois Ave.
- 8 SOUTH GATE DOG PARK**  
5400 Monroe Ave.
- 9 TRIANGLE PARK**  
Atlantic and Rayo Ave.
- 10 STATE STREET PARK**  
State St. and Southern Ave.
- 11 URBAN ORCHARD**  
9475 West Frontage Road



## PET FRIENDLY SPACES IN SOUTH GATE PARKS

The City of South Gate understands that we all want to bring our entire family, including our dogs to the park. A busy park is not always the best place for a dog. To ensure that our four footed friends can also enjoy our City Parks, please remember the following rules.

### SOUTH GATE PARK



1. Dogs are **NOT ALLOWED** inside South Gate Park except on the outside trail (sidewalks).
2. Dogs must be on leash and in the owners control at all times.
3. Please pick up after your dog.

### HOLLYDALE REGIONAL PARK SOUTH GATE DOG PARK

5400 Monroe Avenue  
South Gate, CA 90280



### DOG PARK RULES

1. Park is open from dawn to dusk
2. Dogs must be leashed when entering or leaving the Dog Park
3. Owners are required to pick-up and dispose of their dog's feces both in and out of the Dog Park
4. Owners are solely responsible for their dog's behavior and will be liable for injuries or damage caused by their dogs
5. Owners use the park at their own risk. South Gate Parks & Recreation Department is not responsible for injury or illness to dogs or owners
6. South Gate Parks & Recreation Department reserves the right to close the Dog Park for inclement weather, maintenance, repairs, special events or when deemed necessary

For the full list of Dog Park Rules please visit  
[www.cityofsouthgate.org](http://www.cityofsouthgate.org)



# REGISTRATION

PROGRAM REGISTRATION BEGINS JUNE 8, 2026

Visit us on Civic Rec to enroll online for current programs and events

REGISTER ONLINE AT

<https://secure.rec1.com/CA/city-of-south-gate-parks-recreation-ca/catalog>



SCAN THE QR CODE  
TO REGISTER WITH  
CIVICREC



## PARKS & RECREATION DEPARTMENT DIRECTORY

### PARKS ADMINISTRATION OFFICE

4900 Southern Avenue  
South Gate, CA, 90280  
(323) 563-5479

### GIRLS CLUB HOUSE

4940 Southern Avenue  
(323) 563-5447

### GOLF COURSE

9615 Pinehurst Avenue  
(323) 357-9658

### MARGARET TRAVIS

**SENIOR CENTER**  
4855 Tweedy Boulevard  
(323) 357-9662

### PATRICIA G. MITCHELL

**SWIM STADIUM**  
9520 Hildreth Avenue  
(323) 563-5446

### SOUTH GATE MUSEUM

**AND ART GALLERY**  
8680 California Avenue  
(323) 357-5838

### SPORTS CENTER

9520 Hildreth Avenue  
(323) 563-5445

### TRANSIT SERVICES

9520 Hildreth Avenue  
(323) 563-5754

### FEES

Course fees vary and must be paid in full at the time of registration.

**Please Note:** Cash, Credit Cards, Contactless Payments, and Personal Checks are accepted at registration sites.

### ELIGIBILITY

Registration is open to all residents of the community and surrounding areas. South Gate residents are encouraged to enroll early as spaces are limited.

### REFUND POLICY

A program may be canceled in the event minimum registration is not met by the specified deadline or 48 hours prior to the program. A full refund will be issued only in the event that a program is canceled by the Parks and Recreation Department. Refunds requested prior to the first day of class will be subject to a \$15 processing fee. **No refunds will be issued after the first day of class. Refunds will be issued by check and will be mailed within 4-6 weeks. No cash refunds.**

### COMMUNITY EXCURSION INFORMATION

Registrations can be made online or in-person is held at the Senior Center (8:00 am - 5:00 pm), Girls Club House (8:00 am - 5:30 pm) and Sports Center (8:00 am - 8:00 pm). All fees are due at the time of registration. Please arrive 15 minutes before scheduled departure and check-in with the trip escort at the office as all trips depart on time. Buses will depart and return from the Girls Club House.

### COMMUNITY EXCURSION REFUND POLICY

All cancellations must be made during our business hours and there will be a \$15 administration fee charged per person.

### SUMMER PROGRAM REGISTRATION

JUNE 8, 2026

### SUMMER PROGRAM SESSION

JUNE 22 - AUGUST 22, 2026

### COMMUNITY EXCURSION REGISTRATION

JUNE 15, 2026



# COMMUNITY ORGANIZATIONS

## ART SOUTH GATE ART ASSOCIATION

The South Gate Art Association is currently welcoming new members. The yearly membership fee is \$20. Art Association activities include art demonstrations by well-known local artists, weekly classes for adults and art exhibits.

**For more information contact**  
**Alicia Salazar (323) 271-2730 (Spanish)**  
**Susan Janer (323) 717-4243 (English)**

## FARMERS MARKET HARBOR AREA FARMERS MARKET

Harbor Area Farmers Market currently hosts a market at South Gate Park every Monday, 8:30 am-1:30 pm, rain or shine! We are located in the parking lot on the corner of Pinehurst Ave. and Tweedy Blvd. To obtain more information please email us via contact form on the website. Our website is **GoodVeg.org** or call **(562) 308-7364**.  
**You can also follow us on Instagram**  
**@southgatefarmersmarket.**

## YOUTH SPORTS ORGANIZATIONS AMERICAN YOUTH SOCCER ORGANIZATION FOR BOYS & GIRLS (A.Y.S.O.)

A.Y.S.O. provides South Gate youth with recreational soccer opportunities while competing in a fun and safe environment. Program consists of practices, games, and post-season play.

**For registration information or to register please visit:**  
**www.ayso.bluesombrero.com**  
**or call (323) 270-0608 • (562) 331-2584**

## JUNIOR ATHLETIC ASSOCIATION (J.A.A.)

For over 75 years the Junior Athletic Association has been dedicated to serving the youth of South Gate. It is an all volunteer organization that encourages parents to volunteer as coaches or sports officials. They offer recreational sports leagues for baseball, softball & basketball.

OFFICE HOURS	TIME
Monday - Thursday	5:30 PM - 7:30 PM
Saturday	9:00 AM - 12:00 PM

**For more information, please call (323) 566-4700**

## SOUTH GATE AZTECS

The South Gate Aztecs is a youth sports organization that provides the fundamental nurturing experiences for future success in sports and in life.

PLAYER GROUP	AGE
Cheer	5 - 13 years old

**For cheer: (323) 338-1911**  
**Registration information is available**  
**www.southgateaztecs.com**

## SOUTH GATE AQUA COALITION, INC.

The South Gate Aqua Coalition, Inc. is the most advanced aquatics program at the Patricia G. Mitchell Swim Stadium for youth, where swim lesson participants can build upon what they have learned in previous programs. Members of SGAC also learn valuable life skills such as time management, good sportsmanship, goal setting and good nutrition, all while improving their abilities in the water.

PRACTICE & TRY-OUTS	TIME
Monday - Friday	5:00 PM - 7:00 PM

**For more information, please call (323) 972-6664 or email**  
**swimteam@southgateaquacoalition.com.**



**SOUTH GATE SPORTS CENTER**  
9520

# SPORTS CENTER

9520 Hildreth Avenue • (323) 563-5445

### HOURS OF OPERATION

Monday - Friday 8:00 am - 8:45 pm  
 Saturday 8:30 am - 4:45 pm  
 Sunday Closed

## COMMIT TO A BETTER YOU!

## DAILY ADMISSION

TEENS SENIORS MILITARY DISABLED	• BASKETBALL GYM • SHOWERS	\$4
ADULTS (18 & OVER)	• BASKETBALL GYM • SHOWERS	\$5
TEENS SENIORS MILITARY DISABLED	• FITNESS • CENTER • BASKETBALL • GYM • SHOWERS	\$6
ADULTS (18 & OVER)	• FITNESS • CENTER • BASKETBALL • GYM • SHOWERS	\$7

## MONTHLY MEMBERSHIP PLANS

\*CREDIT CARD REQUIRED FOR ALL MONTHLY MEMBERSHIPS,  
UNLESS 3 MONTHS ARE PAID IN ADVANCE\*

<b>PREMIER</b>	EVERYTHING INCLUDED WITH FITNESS, SPORTS, & SPLASH	Teens/Seniors/ Military/Disabled <b>\$2</b> PER MONTH	Adults (18 & over) <b>\$30</b> PER MONTH	Family (2 Adults/3 Kids) <b>\$70</b> PER MONTH
<b>FITNESS</b>	• BASKETBALL • VOLLEYBALL • RACQUETBALL • GROUP EXERCISES	Teens/Seniors/ Military/Disabled <b>\$2</b> PER MONTH	Adults (18 & over) <b>\$25</b> PER MONTH	Family (2 Adults/3 Kids) <b>\$5</b> PER MONTH
<b>SPORTS</b>	• BASKETBALL • VOLLEYBALL • SHOWERS	Teens/Seniors/ Military/Disabled <b>\$1</b> PER MONTH	Adults (18 & over) <b>\$15</b> PER MONTH	Family (2 Adults/3 Kids) <b>\$3</b> PER MONTH
<b>SPORTS &amp; SPLASH</b>	EVERYTHING INCLUDED WITH SPORTS & ACCESS TO PUBLIC/ADULT/LAP SWIM	Teens/Seniors/ Military/Disabled <b>\$1</b> PER MONTH	Adults (18 & over) <b>\$20</b> PER MONTH	Family (2 Adults/3 Kids) <b>\$4</b> PER MONTH

**SPLASH ADD-ON OPTION \$6 EXTRA PER MONTH** CAN ONLY BE ADDED TO INDIVIDUAL MONTHLY MEMBERSHIPS.

# FITNESS CLASSES SCHEDULE

9520 Hildreth Avenue • (323) 563-5445



## BOOT CAMP

This group exercise class combines body weight and resistance training exercises for short periods of time with minimal to no rest. Burn calories, fat, and tone your body while performing a variety of exercises. The high intensity interval training will help maximize your effort at blasting all the calories away. Challenge yourself!!

## MUAY THAI CONDITIONING

Burn calories while learning a new skill set. Develop the proper technique to punch and kick in an aerobic setting.

## OVER EASY EXERCISES

This class is a low-impact fitness session designed specifically for older adults. It focuses on gentle exercises that improve flexibility, balance, and overall mobility with an emphasis on safety and comfort.

## SENIORCISE

Our newest senior fitness class is designed to help those suffering from arthritis, osteoporosis, and other health ailments. We incorporate light resistance training while focusing on activities of daily living. It's a great class for seniors of ALL fitness levels.

## STEP AEROBICS

Step up, down, and around to rhythmic Latin beats! This class will work the legs, core, and build your aerobic endurance.

## TONE IT UP

This class mixes in resistance training and upbeat music. The class incorporates light weights with an up tempo twist.

## YOGA

Do you want to develop a strong core, more flexibility, and improve your coordination and balance? Then yoga is just for you. Yoga is a conditioning routine that will strengthen your abdominals, hips, and lower back. It will also help you build muscular endurance in your legs. The blueprint for a stronger core and more flexibility is here in yoga.

## YOUNG & FIT

It's never too early to teach children about Fitness. Join our fun and active environment, as we introduce unique and fun ways to exercise. It is conveniently scheduled at the same time as our Boot Camp, so parents can workout at the same time.

## ZUMBA

A mix of low and high intensity moves set to Latin rhythms that are designed to help you dance the calories away!

## COMBO BOXING

Dance-like sequences would incorporate boxing punches, in combination with footwork that mimics dance steps.

## HIIT

High-Intensity Interval Training is a form of exercise that involves alternating short bursts of intense exercise with periods of rest or low-intensity activity.

## MONDAY

CLASS	TIME
BEGINNER YOGA INDOOR	8:15 - 9:00 AM
BOOT CAMP	8:15 - 9:00 AM
YOGA OUTDOOR	9:15 - 10:00 AM
OVER EASY *AGES   55+	10:00 - 11:00 AM
COMBO BOXING	11:15 - 12:00 PM
BOOT CAMP	5:00 - 5:50 PM
YOUNG & FIT *AGES   7-12	5:00 - 5:50 PM
ZUMBA	6:00 - 6:50 PM
YOGA OUTDOOR	6:00 - 7:00 PM

## TUESDAY

CLASS	TIME
SENIORCISE *AGES   55+	10:00 - 11:00 AM
ZUMBA	11:15 - 12:00 PM
STEP AEROBICS	6:00 - 6:50 PM
TONE IT UP	7:00 - 7:50 PM

## WEDNESDAY

CLASS	TIME
BEGINNER YOGA INDOOR	8:15 - 9:00 AM
BOOT CAMP	8:15 - 9:00 AM
YOGA OUTDOOR	9:15 - 10:00 AM
OVER EASY *AGES   55+	10:00 - 11:00 AM
STEP AEROBICS	11:15 - 12:00 PM
BOOT CAMP	5:00 - 5:50 PM
YOUNG & FIT *AGES   7-12	5:00 - 5:50 PM
ZUMBA	6:00 - 6:50 PM

## THURSDAY

CLASS	TIME
SENIORCISE *AGES   55+	10:00 - 11:00 AM
ZUMBA	11:15 - 12:00 PM
ADVANCED YOGA OUTDOOR	11:30 - 12:15 PM
YOGA	5:00 - 5:50 PM
STEP AEROBICS	6:00 - 7:00 PM
TONE IT UP	7:10 - 8:00 PM
MUAY THAI CONDITIONING	8:10 - 8:55 PM

## FRIDAY

CLASS	TIME
BOOT CAMP	8:15 - 9:00 AM
SENIORCISE *AGES   55+	10:00 - 11:00 AM
ZUMBA	11:15 - 12:00 PM
BOOT CAMP	5:00 - 5:50 PM
YOUNG & FIT *AGES   7-12	5:00 - 5:50 PM
MUAY THAI CONDITIONING	7:10 - 8:00 PM

## SATURDAY

CLASS	TIME
HIIT	8:30 - 9:15 AM
ZUMBA	9:30 - 10:20 AM
BOOT CAMP	10:30 - 11:20 AM
ADVANCED YOGA INDOOR	11:30 - 12:15 PM

### INCLUDED WITH FITNESS AND PREMIER MEMBERSHIPS

- FIRST COME, FIRST SERVE
- NO ENTRY AFTER 10 MINUTES OF CLASS START TIME
- MINIMUM AGE OF 14YRS FOR ALL CLASSES, UNLESS NOTED



*\*MUST HAVE A FITNESS OR PREMIER MEMBERSHIP TO ENROLL*

## IT'S TIME TO GET FIT AND IN SHAPE!

Choose from our Semi-Private Training and train with a friend, or select Private Training for a more personal approach. Training sessions are 45 minutes in duration and will consist of any combination of functional movements, cardiovascular exercises, resistance training and aquatic exercises.

### PRIVATE SESSIONS (1 on 1)

Receive undivided attention from one of our Certified Personal Trainers.

PRICES LISTED BELOW ARE PER PERSON

1 SESSION	\$32
4 SESSIONS	\$124
8 SESSIONS	\$231
12 SESSIONS	\$302

### SEMI-PRIVATE SESSIONS (2 to 3 people)

Don't Ditch your gym partner! Choose your personal training sessions with friends

PRICES LISTED BELOW ARE PER PERSON

4 SESSIONS	\$78
8 SESSIONS	\$146
12 SESSIONS	\$187
16 SESSIONS	\$206



# SKATE PARK

The South Gate Skate Park welcomes skateboards and bikes. It features a gnarly street section with big rails, stairs and drops. At the back of the park is a fun bowl with hips and mounds. While using the skate park, participants are required by City ordinance to wear proper protective equipment.

### SKATE PARK HOURS

MAY 18 - AUGUST 23, 2026

Monday - Friday 10:00 am - 7:00 pm  
Saturday 10:00 am - 4:00 pm

CLOSED SUNDAYS

*\*HOURS OF OPERATION MAY CHANGE DUE TO WEATHER CONDITIONS\**





### BASEBALL FUNDAMENTALS

**Boys & Girls**  
**9 week session** **Location: TBD**

In this nine-week class participants will be taught the fundamentals of the sport. Participants will catch, throw, swing the bat, run the bases, and participate in basic fielding exercises. Drills utilized in this class are intended to increase participant knowledge while preparing them for potential league play.

**(Parent participation required for the 3-4 year old class)**

AGE	DAY	TIME	FEE
3 - 4 yrs	Wednesday	5:00 - 5:45 pm	\$59
5 - 6 yrs	Wednesday	6:00 - 6:45 pm	\$59
7 - 12 yrs	Wednesday	7:00 - 7:45 pm	\$59

# YOUTH SPORTS

## YOUTH OLYMPIC WEIGHTLIFTING

**Boys & Girls**  
**9 week session** **Location: Sports Center**

This class focuses on learning the technique, progression, and execution of the snatch, power clean, and clean and jerk. Benefits of enrolling in this class are: Increased strength, power, improved muscular development, body composition, injury prevention, and learning a new way to train.

AGE	DAY	TIME	FEE
6 - 17 yrs	Monday	6:00 - 6:45 pm	\$59

## KARATE

**Boys & Girls**  
**Monthly Session** **Location: Senior Center**

Karate offers the ability to develop confidence, physical fitness, self defense, discipline, competition and tournament skills.

**Registration information:** You must register on a monthly basis, on the first Monday or Wednesday of the month.

AGE	DAY	TIME	FEE
Beginners 7 - 17 yrs	Mondays/ Wednesdays	5:15 - 6:15 pm	\$60
Youth Color 7 - 17 yrs	Mondays/ Wednesdays	6:30 - 7:30 pm	\$60
Juniors & Adults 13 - 99 yrs	Mondays/ Wednesdays	7:45 - 9:00 pm	\$60

## VOLLEYBALL FUNDAMENTALS

**Boys & Girls**  
**9 week session** **Location: Sports Center Gym (Court 2)**

In this nine-week class participants will be taught the basic fundamentals of the sport. Participants will serve, pass, set, hit, and learn the basic positions on the volleyball court. Drills utilized in this class are intended to increase knowledge and prepare participants for competitive play.

AGE	DAY	TIME	FEE
10 - 13 yrs	Tuesday	5:00 - 5:45 pm	\$59
14 - 17 yrs	Tuesday	6:00 - 6:45 pm	\$59

## MULTI-SPORT: SHOOT, KICK & HIT

**Boys & Girls**  
**9 week session** **Location: TBD**

In this nine-week class, participants will be taught the basic fundamentals of basketball, soccer and baseball. Drills utilized in this class are intended to increase participant knowledge of the three sports and assist with increasing participant comfortability in all sports league play.

**(Parent participation required for the 3-4 year old class)**

AGE	DAY	TIME	FEE
3 - 4 yrs	Thursday	5:00 - 5:45 pm	\$59
5 - 6 yrs	Thursday	6:00 - 6:45 pm	\$59
7 - 12 yrs	Thursday	7:00 - 7:45 pm	\$59

## BASKETBALL FUNDAMENTALS

### Boys & Girls

9 week session      Location: Sports Center Gym (Court 2)

Join us for a dynamic nine-week class where you'll dive into the fundamentals of basketball! In this program, you'll learn essential skills like shooting, passing, dribbling, and rebounding, plus the basics of solid defense. Through engaging drills designed to boost agility and build confidence, you'll sharpen your abilities and feel at home on the court. Whether you're a beginner or looking to level up, this class is your fast track to mastering the game!

AGE	DAY	TIME	FEE
5 - 6 yrs	Monday	5:00 - 5:45 pm	\$59
7 - 8 yrs	Monday	6:00 - 6:45 pm	\$59
9 - 12yrs	Monday	7:00 - 7:45 pm	\$59

## SOCCER FUNDAMENTALS

### Boys & Girls

9 week session      Location: Sofive Soccer Center

In this nine-week class participants will be taught the fundamentals of the sport. Participants will pass, dribble, and score while also learning the basic of defense. Drills utilized in this class are intended to increase participant agility and assist with establishing their confidence on the field.

(Parent participation required for the 3-4 year old class)

AGE	DAY	TIME	FEE
3 - 4 yrs	Wednesday	5:00 - 5:45 pm	\$59
5 - 6 yrs	Wednesday	6:00 - 6:45 pm	\$59
7 - 12 yrs	Wednesday	7:00 - 7:45 pm	\$59
3 - 4 yrs	Thursday	5:00 - 5:45 pm	\$59
5 - 6 yrs	Thursday	6:00 - 6:45 pm	\$59
7 - 12 yrs	Thursday	7:00 - 7:45 pm	\$59

## ATHLETIC EDGE

### Boys & Girls Ages

6 week session      Location: Sports Center

This class is designed for young athletes in sports such as baseball, swimming, volleyball, water polo, and tennis to improve their overall performance. It focuses on injury prevention, mobility, rehabilitation, and enhancing athletic ability through sport specific training. Athletes will also learn movements that boost on-field performance, such as increasing throwing velocity or improving vertical jump. The class introduces cutting-edge training methods used by professional athletes to help participants stay ahead of the competition.

AGE	DAY	TIME	FEE
12 - 17 yrs	Tuesday/Friday	5:00 - 5:45 pm	\$59



## GAME CHANGERS

### Boys & Girls

9 week session      Location: Sports Center

This class is a comprehensive youth training program designed to enhance overall athleticism and performance. Our program focuses on developing essential athletic qualities such as strength, speed, agility, power, and coordination - "Be a Game Changer!"

Intermediate/Advanced Class ONLY

AGE	DAY	TIME	FEE
8 - 17 yrs	Monday	5:00 - 5:45 pm	\$59

## FLAG FOOTBALL FUNDAMENTALS

### Boys & Girls

9 week session      Location: TBD

In this nine-week class participants will be taught the fundamentals of the sport. Participants will throw, catch, kick, block, and run while learning the basics of football. Drills utilized in this class are intended to increase participants knowledge while preparing them for potential league play.

AGE	DAY	TIME	FEE
7 - 12 yrs	Tuesday	7:00 - 7:45 pm	\$59

# NEW PARKS, NEW PROGRAMS

## OUTDOOR EDIBLE GARDENING WORKSHOP

August 8, 2026

Location: Urban Orchard Park, Gazebo Area

There's nothing like putting your hands in the soil to grow your own fruits and vegetables. In this class, attendees will learn what to consider when planning an edible garden, optimizing soil health for maximum benefits, successfully watering edibles, and how to provide natural pest control.

AGE	DAY	TIME	FEE
15 yrs +	Saturday	9:00 AM - 11 AM	FREE

## SATURDAY STEPPERS WALKING CLUB

Start your Saturday morning lacing up and explore South Gate one step at a time with Saturday Steppers! This traveling walking club moves to different parks each month, giving you the chance to stay active while discovering some of the city's favorite outdoor spaces. Walk at your own pace, enjoy fresh air, and open greens spaces. All experience levels are welcome, show up, step out, and keep moving with us.

**Distance - 1 Mile Walks - 4 Week Session**

**June 27** - Urban Orchard Park

**July 18** - Circle Park

**August 15** - Hollydale Community Park

**September 19** - Hollydale Regional Park

AGE	DAY	TIME	FEE
All Ages	Saturdays	8:00 - 9:00 AM	FREE

## PICKLEBALL FUNDAMENTALS

**Boys & Girls**  
**9 week session**

**Location: Circle Park**  
**Pickleball Court**

Serve up some fun with Pickleball Fundamental! This once-a-week class introduces young players to the fundamentals of pickleball, including serving, rallying, scoring, and court movement. Participants will learn through engaging drills and mini games that build confidence, coordination, and a love for the sport. All skill levels are welcome!

AGE	DAY	TIME	FEE
7 - 10 yrs	Wednesday	5:00 - 5:45 AM	\$59



## MINDFUL MOVEMENT YOGA

Co-Ed

Location: Hollydale Community Park

9 week session

Multi-Purpose Room

This beginner class introduces the essential principles of yoga in a welcoming and supportive environment. With a focus on basic postures, gentle stretching, breathing techniques, and body awareness to help build confidence, strength, and flexibility at your own pace. No prior experience is needed all skill levels are welcome! Just bring a mat, comfortable clothing, and an open mind.

AGE	DAY	TIME	FEE
18+	Thursday	10:00 - 11:00 AM	\$45

## BASKETBALL FUNDAMENTALS

**Boys & Girls**  
**9 week session**

**Location: Hollydale Community Park**  
**Basketball Court**

Get in the game with Basketball Fundamentals! This once-a-week class introduces young athletes to the fundamentals of basketball, including dribbling, passing, shooting, and teamwork. Through drills, players will build confidence, coordination, and a love for the game. All skill levels are welcome!

AGE	DAY	TIME	FEE
5 - 6 yrs	Monday	5:00 - 5:45 PM	\$59
7 - 8 yrs	Monday	6:00 - 6:45 PM	\$59

## FUTSAL FUNDAMENTALS

**Boys & Girls**  
**9 week session**

**Location: Circle Park**  
**Soccer Pitch Area**

Sharpen your soccer skills with Futsal Fundamentals! This once-a-week class introduces players to the fundamentals of futsal, including ball control, passing, movement, and teamwork. Through fun drills, participants will improve their footwork, quick thinking, and confidence on the court. All skill levels are welcome!

AGE	DAY	TIME	FEE
7-9 yrs	Wednesday	6:00 - 6:45 PM	\$59



# ADULT SPORTS



**DO YOU HAVE A TEAM AND WANT TO JOIN ONE OF OUR SPORTS LEAGUES FOR THE UPCOMING SEASON?**

**CONTACT THE SPORTS CENTER FOR MORE DETAILS  
(323) 563-5445**



## ADULT BASEBALL

The City offers wood and aluminum bat leagues on Saturday & Sunday. Contact the Sports Center for more details

League Rate	\$600.00
-------------	----------

## ADULT SOFTBALL

Calling all softball teams both Men's and Co-ed, our current leagues are taking registration for the upcoming season. Men's league is held on Thursday evenings while Co-ed on Fridays.

Teams	\$569.00
Refundable forfeit fee	\$82.00
Umpire fee per game	\$20.00

## ADULT BASKETBALL

Gather your starting 5 and join our Adult Basketball Leagues. We currently offer a Men's & Women's League, both offered on Friday evenings or Sunday mornings.

Teams	\$430.00
Refundable forfeit fee	\$82.00
Umpire fee per game	\$40.00

## ADULT VOLLEYBALL

Join our co-ed Adult Volleyball League being held every Tuesday evening.

Teams	\$363.00
Refundable forfeit fee	\$42.00
Umpire fee per game	\$20.00

## SOCCER OPEN PLAY •

**Location: Sofive Soccer Center**

The Parks & Recreation Department will be offering FREE Open Play soccer for adults at Sofive Soccer Center. As part of the City's agreement with Sofive, the Department is able to provide RESIDENTS ONLY with this great opportunity to play soccer in the premier 5 vs. 5 facility in the country. Residents will be required to check in at the Sofive Soccer Center and show proof that they live in South Gate.

Open play will be on two of the soccer complex's fields for an hour and a half each day. Residents will be able to register to play up to 30 minutes before the start of each play period. Daily registration will be limited to the first 30 adults.

DAY	TIME	FEE
Monday	5:30 pm - 7:00 pm	Free
Wednesday	5:30 pm - 7:00 pm	Free
Friday	5:30 pm - 7:00 pm	Free

# PATRICIA G. MITCHELL SWIM STADIUM

9520 Hildreth Avenue • (323) 563-5446

## DAILY RATES

4 YRS & UNDER	FREE
5 - 17 YRS	\$4
18 YRS +	\$5
SENIORS (62 YRS+)	\$4
DISABLED	\$4
MILITARY	\$4

## PUNCH CARD FEES

YOUTH/TEEN/SENIOR/ DISABLED/MILITARY	\$40	10 Visits
ADULTS 18+	\$50	10 Visits

## POOL REGULATIONS

The Supervising Lifeguard on duty has the final say in all Health & Safety matters
One child under 8 years of age and 48" tall per adult 18+ in the water at a time
All swimmers must wear a proper swim suit. <b>NO BASKETBALL SHORTS or EXERCISE CLOTHES ALLOWED</b>
Water diapers for infants are <b>REQUIRED</b>
Children 6 years old or older <b>MAY NOT</b> walk through the opposite gender's locker room. Please ask staff for assistance

Acceptable payment types: cash, check, and credit or debit card (Apple Pay/Google Pay)

## POOL SCHEDULE JUNE 1 - AUGUST 30, 2026

### POOL CLOSURE DATES FOR THIS SEASON

JUNE 6	9:00 AM - 1:00 PM	SWIM MEET
JUNE 25	11:30 AM - 1:00 PM	SPECIAL EVENT
JULY 4	ALL DAY	INDEPENDENCE DAY
AUGUST 28	5:00 PM - 7:00 PM	STAFF TRAINING

## FAMILY SWIM HOURS

MONDAY - THURSDAY	1:00 PM - 2:30 PM 3:00 PM - 4:30 PM 7:30 PM - 9:00 PM
FRIDAY	3:00 PM - 4:30 PM
SATURDAY - SUNDAY	1:00 PM - 2:30 PM 3:00 PM - 4:30 PM

## ADULT SWIM HOURS

MONDAY - THURSDAY	11:30 AM - 1:00 PM 9:00 PM - 9:45 PM
SATURDAY - SUNDAY	12:00 PM - 1:00 PM

## LAP SWIM HOURS

MONDAY - FRIDAY	5:00 PM - 7:00 PM
SATURDAY - SUNDAY	9:00 AM - 12:00 PM



# WORLDS LARGEST SWIMMING LESSON

Join thousands of people at aquatic facilities around the globe for the Worlds Largest Swimming Lesson! We are making a huge splash to spread the word that swimming lessons save lives! Don't miss the chance to participate in the 15th annual WLSL event to help prevent drowning - the second leading cause of injury-related death of children ages 1-14.

**CHECK-IN BEGINS AT 11:30AM | THURSDAY, JUNE 25 AT 12PM | REGISTRATION BEGINS JUNE 1**



## Swim Lesson Clinic SATURDAY - JUNE 13

**\$10 PER PERSON**

REGISTRATION IS NOW OPEN



Not interested in learning the competitive swim strokes but still want to be safe around water? Then this 1-day class is for you!

**OPEN TO YOUTH AGES 6-17 & ADULTS 18+**

**SESSION A**

**9:00 AM - 9:50 AM**

**SESSION B**

**10:00 AM - 10:50AM**

**FREE Community Swim Day!**

## Summer Kick Off Splash

**June 13 5-7 PM**



Join us for a FREE Community Swim Day to mark the start of summer! Come learn how to stay safe in and around the water, or simply to beat the summer heat.





# LEARN TO SWIM PROGRAMS

Learning how to swim can save your life and the lives of your friends and loved ones. That is why our Aquatic Staff is eager to teach you and your little ones how to swim and be safe around water. Swim lessons are progressive in nature, so the new classes available during registration change per session, based on the successful completion of the students in the previous session. Pretest is available upon request. Please bring child and swim suit with you before registration during open hours.

**PLEASE NOTE:** Registration is available online and in-person. It is first-come, first-served and begins in person at 9:00 am and 10:00 am online. Everyone registering in person must bring their child's birth certificate, and their Driver's License or ID. For more information, please call us at (323) 563-5446.



Save time and create your online account by scanning the QR code before registration begins!

## GROUP SWIM LESSONS 4 week sessions

Group lessons have between 6-8 students in a class (depending on level). Each session of classes and times offered are based on the number of students who pass to the next level in the previous session and the amount of instructors available to teach.

REGISTRATION DATES	May 23, June 27, July 25
CLASSES BEGIN	June 1, June 29, July 27

APPROX. 25 MINUTE CLASSES

CLASS	AGE	FEES
Parent & Child	6 months - 2 yrs old	\$64.00
Tiny Tots	3 - 5 yrs old	\$64.00
Youth	6 - 17 yrs old	\$64.00

DAY	TIME
Monday/Wednesday	5:00 - 7:30 PM
Tuesday/Thursday	5:00 - 7:30 PM

## PRIVATE SWIM LESSONS 4 week sessions

Private swim lessons are taught one-on-one. All private swim lesson participants will be granted free entry into our Family Swim sessions that take place Monday-Friday from 3:00 - 4:30 pm, Saturday & Sunday 9:00am-1:00pm for additional practice time in the water.

REGISTRATION DATES	May 24, June 28, July 26
CLASSES BEGIN	June 5, July 3, July 31

APPROX. 25 MINUTE CLASSES

CLASS	AGE	FEES
Tiny Tots	3 - 5 yrs old	\$121.00
Youth	6 - 17 yrs old	\$121.00
Adults	18+ yrs old	\$121.00

DAY	TIME
Friday	5:00 PM - 7:00 PM
Saturday/Sunday	9:00 AM - 1:00 PM

## SEMI-PRIVATE SWIM LESSONS 4 week sessions

Semi-private swim lessons are taught in a group of 2-3 students of like-skill. All semi-private swim lesson participants will be granted free entry into our Family Swim sessions that take place Monday-Friday from 3:00 - 4:30 pm for additional practice time in the water.

REGISTRATION DATES	May 24, June 28, July 26
CLASSES BEGIN	June 5, July 3, July 31

CLASS	AGE	FEES
Tiny Tots	3 - 5 yrs old	\$79.00
Youth	6 - 17 yrs old	\$79.00
Adults	18+ yrs old	\$79.00

DAY	TIME
Friday	5:00 PM - 7:00 PM
Saturday & Sunday	9:00 AM - 1:00 PM

## ADULT GROUP SWIM LESSONS PROGRAM

Class takes place twice a week for 4 weeks. Please bring your Driver's License or ID to enroll.

Adult swim lessons are divided into three basic categories:

1. Beginners-Introduction to water skills
2. Intermediates-Fundamental aquatic skills
3. Advanced-Stroke development, improvement and refinement.

REGISTRATION DATES	May 23, June 27, July 25
CLASSES BEGIN	June 1, June 29, July 27

AGE	FEES
18 years & over	\$78

DAY	TIME
Tuesday/Thursday	12:15 PM - 1:00 PM 9:00 PM - 9:45 PM

# AQUATIC SUMMER PROGRAMS

## TEEN SWIM LESSON PROGRAM

**Co-Ed** **Registration date: May 2**  
**Multi 4-week sessions** **Ages: 13-17**  
**Classes begin: June 5, July 3, July 31**

The Teen Swim Lesson Program offers foundational swim instruction in a setting designed specifically for teens ages 13–17. Unlike traditional lessons geared toward younger children, this program provides age-appropriate instruction that focuses on water safety, basic skills, and stroke development in a comfortable and respectful environment. It's ideal for teens who are new to swimming or looking to strengthen their skills while learning alongside peers.

DAY	TIME	FEE
Fridays	7:00 PM - 7:25 PM	\$32

## SPLASH INTO SUMMER: SWIM CAMP FOR KIDS

**Co-Ed** **Registration Date: May 2**  
**Monday - Thursday** **Ages 7 - 17**  
**1 week camp** **11:30 AM - 2:30 PM**

Learn the fundamental of how to swim, play water polo, dive, perform basic first-aid and more at Splash into Summer Camp.

Session 1	June 15 - June 18	\$70
Session 2	June 22 - June 25	\$70
Session 3	June 29 - July 2	\$70
Session 4	July 6 - July 9	\$70
Session 5	July 13 - July 16	\$70
Session 6	July 20 - July 23	\$70
Session 7	July 27 - July 30	\$70
Session 8	August 3 - August 6	\$70

## SUMMER SPLASH PASS

**Available for purchase now through June 15th**  
**Pass valid from June 1 – August 31, 2026**

Make the most of summer, the easy way. Pay once and enjoy pool access all June, July, and August. No monthly fees, just endless days of swimming, lounging, and soaking up the fun. Whether you're getting in your laps, cooling off, or making it a family pool day, this 3-month pass is your ticket to a season of fun and relaxation.

*Please note: This pass grants entry to our Lap Swim, Adult Swim, and Family Swim session. It does not include fitness or instructional classes. All members must follow presale and pool rules. The pass does not grant priority entry. Capacity is limited, so arriving early is recommended.*

Youth	\$30
Teen	\$30
Adult	\$45
Senior	\$30
Family	\$90
Disabled	\$30
Military	\$30



# POOL RENTAL

The Patricia G. Mitchell Swim Stadium is an indoor, Olympic-size heated swimming pool with an enclosed large patio for dining, music and extra seating. Rentals are taken on a first-come, first-paid basis and cannot be made less than 14 days before the event.

**Non-profit basic rate (private party):**  
**\$168 an hour for 150 guests (Includes: Whole pool, use of the patio and 3 lifeguards.)**

*Please call for pricing on commercial use. There is a cancellation fee for all rentals.*

# AQUATIC FITNESS CLASSES

REGISTRATION OPENS JUNE 8

## AQUA AEROBICS

Ages 18+ years

Come lose a few pounds, tone, and lean out your muscles at the same time, all without the injury causing impact that you would normally experience during a land workout.

DAY	TIME	FEES
Monday/Wednesday	9:00 PM - 9:45 PM	\$6

*This class is included with the Splash Fitness Membership.*

## AQUA BLAST

Ages 18+ years

Join this high-intensity class to strengthen muscles with water resistance training. This class will be held in the shallow end of our pool. No experience necessary.

DAY	TIME	FEES
Monday/Wednesday	11:30 AM - 12:15 PM	\$6

*This class is included with the Splash Fitness Membership.*

## MASTER SWIM

Ages 18+ years

Masters Swimming is designed for adults, 18 years and over. Ability to swim 100 yards of free and backstroke as well as knowledge of breast-stroke and butterfly is suggested.

DAY	TIME	FEES
Tuesday/Thursday	9:00 PM - 9:45 PM	\$6

*This class is included with the Splash Fitness Membership.*

## SENIORCISE

Ages 55+ years

Seniorcise is paced for seniors and designed to promote joint flexibility, range of motion, and agility while building cardiovascular fitness and muscle strength.

DAY	TIME	FEES
Tuesday/Thursday	11:30 AM - 12:15 PM	\$4

*This class is included with the Splash Fitness Membership.*

## SPLASH & STEP WALKING CLUB

Ages 18+ years

The Splash & Step Walking Club is a welcoming, low-impact program designed for seniors, individuals with disabilities, and/or anyone looking to stay active while building meaningful social connections. Participants can enjoy guided water walking in a supportive, inclusive environment that promotes fitness, mobility, and overall well-being.

DAY	TIME	FEES
Saturday	10:00 AM - 10:45 AM	\$4

*This class is included with the Splash Fitness Membership.*

# SWIM STADIUM MEMBERSHIPS

All memberships must be paid with a credit or debit card unless 6 months are paid in advance.

For more information, please call the Patricia G. Mitchell Swim Stadium at (323) 563-5446

## SPLASH

Family Swim/Lap Swim  
Adult Swim/Showers

Family	\$30/Month
Adults	\$15/Month
Youth/Teens/Seniors	
Military/Disabled	\$10/Month

## SPLASH FITNESS

Family Swim/ Lap Swim/  
Adult Swim/Showers  
Aquatic Fitness Classes

Adults	\$20/Month
Teens/Seniors	
Military/Disabled	\$15/Month

## SPORTS & SPLASH

Everything included with the Sports Membership & access pool for Family, Adult & Lap swim

Family	\$40/Month
Adults	\$20/Month
Youth/Teens/Seniors	
Military/Disabled	\$15/Month

## PREMIER

Everything included with Fitness, Sports & Splash

Family	\$70/Month
Adults	\$30/Month
Youth/Teens/Seniors	
Military/Disabled	\$25/Month

## Adult and Pediatric CPR First Aid AED Training

The Adult and Pediatric CPR/First Aid/AED course incorporates the latest science and teaches students how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult and Pediatric CPR/AED valid for two years.

This is a blended learning class and requires proof of online content completion to attend the in-class portion. You will do the Skills Demonstration and Skills test in class AFTER doing the online portion.

For information call the Patricia G. Mitchell Swim Stadium: (323) 563-5446

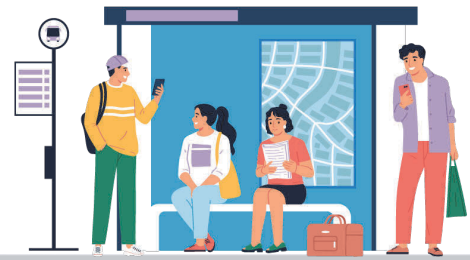
## SALSA SPLASH

Ages 18+ years

Mix high-energy music, movement of Latin and international rhythms with water and get an explosive and exciting aqua program! This class aims at cardiovascular endurance plus strengthening and toning muscles.

DAY	TIME	FEES
Saturday	9:00 AM - 9:45 AM	\$6

*This class is included with the Splash Fitness Membership.*



# TRANSPORTATION SERVICES

9520 Hildreth Avenue • (323) 563-5754 • [transit@sogate.org](mailto:transit@sogate.org)

## HOURS OF OPERATION

Monday - Friday 12:00 pm - 6:00 pm

Saturday & Sunday Closed



## METRO RATES

### SENIOR/DISABLED TAP

Base Fare

1 Day Cap \$2.50

7 Day Cap \$5.00



### K-12/COLLEGE/ VOCATIONAL TAP

Base Fare .75¢

1 Day Cap \$2.50

7 Day Cap \$6.00

## FARE CAPPING

Fare capping means you never pay more than a certain amount for rides within a specific time.

Once you pay that amount called a "cap" all rides on Metro buses and trains are free.

Metro has 1-Day and 7-Day Caps.

Fare capping works when you pay for rides with a TAP card or Apple Wallet.



## PHONE A RIDE

**REGISTRATION FEE \$10.00 PER YEAR  
EACH TRIP \$1.00**

**COUTA DE INSCRIPCION \$10.00 PER AÑO  
CADA VIAJE \$1.00**

The City of South Gate offers residents 62 years of age or who are permanently disabled a service that allows them to obtain transportation around the City for a minimal fee (there are exceptions to certain medical facilities outside the city).

**THIS SERVICE IS NOT PROVIDED FOR THOSE CAPABLE OF TRANSPORTING THEMSELVES OR FOR TRIP TO AND FROM THEIR PLACE OF EMPLOYMENT OR SCHOOL.**

Registration Information: Registrant must present a valid I.D. and proof of residency (2 utility bills or mailed correspondence)  
Monday-Friday 12:00 - 6:00 pm

\*No hand written documents accepted

La ciudad de South Gate ofrece a sus residentes de 62 años de edad o mas o que estan incapacitados, un servicio especial que los ayuda a obtener transportacion dentro de la ciudad a precio reducido.

**ESTE SERVICIO NO ESTA DISENADO PARA LOS QUE PEDEN MOVILIZARSE POR SU MISMO, NI PARA VIAJAR A LUGAR DE EMPLEO O A LA ESCUELA.**

Como inscribirse: Individuos registrandose deben presentar su I.D. vigente, y dos comprobantes de domicilio (recibo de gas, luz, o agua)

Lunes a Viernes de 12:00 - 6:00 pm

\*No aceptamos documentos escrito a mano



# The GATE

SCAN THE QR CODE TO DOWNLOAD  
A DIGITAL COPY OF OUR MAPS



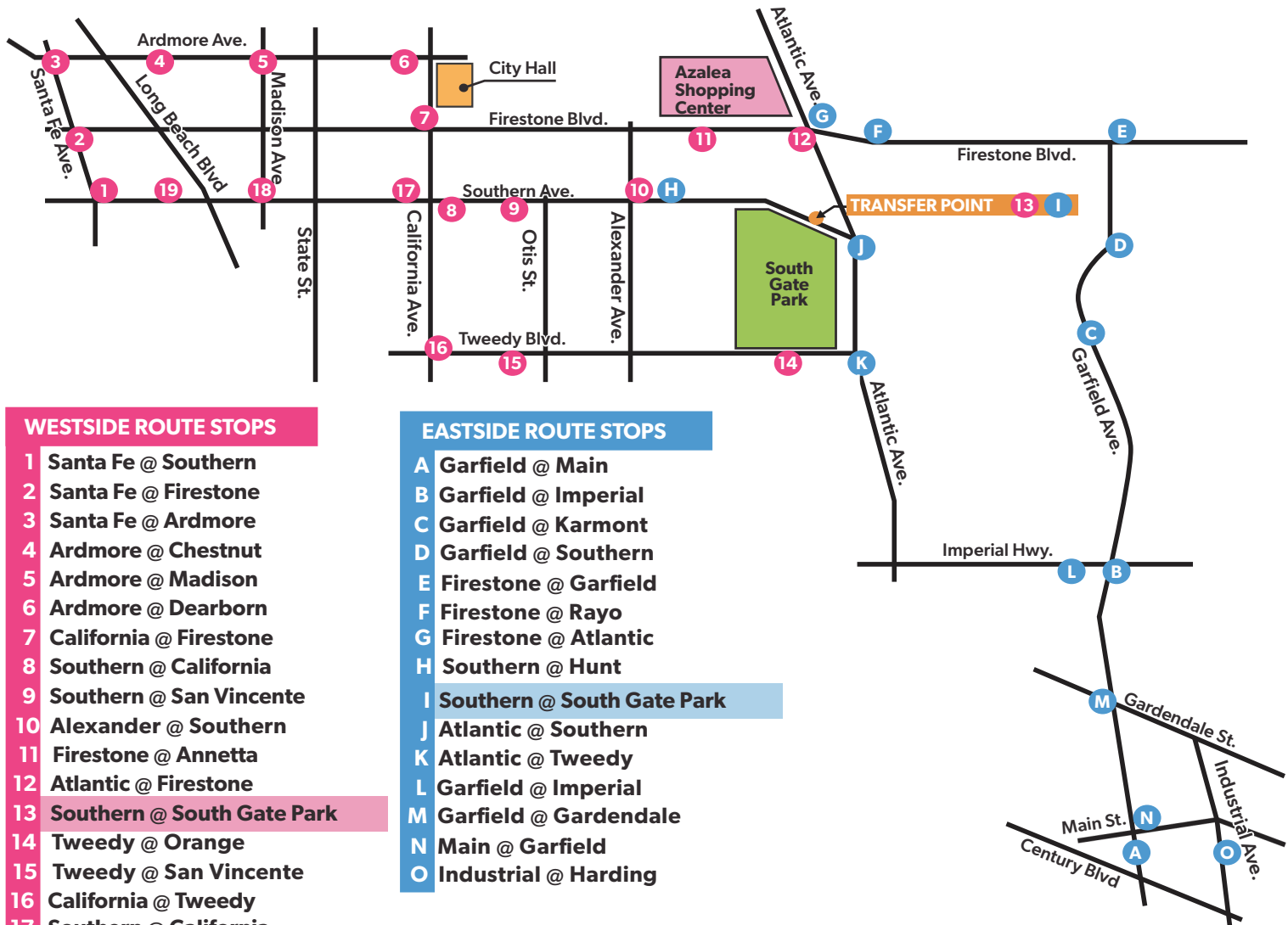
9520 Hildreth Avenue • (323) 563-5754

## HOURS OF OPERATION

Monday - Friday 6:00 am - 7:00 pm  
Saturday 8:00 am - 5:00 pm

Service Fee: 50¢ per ride, Children 5 and under ride free. Transfers are available. **PHONE A RIDE PARTICIPANTS RIDE FREE!**

Service provider is Global Paratransit, Inc.  
For route information, please contact (323) 563-5754.



### WESTSIDE ROUTE STOPS

- 1 Santa Fe @ Southern
- 2 Santa Fe @ Firestone
- 3 Santa Fe @ Ardmore
- 4 Ardmore @ Chestnut
- 5 Ardmore @ Madison
- 6 Ardmore @ Dearborn
- 7 California @ Firestone
- 8 Southern @ California
- 9 Southern @ San Vincente
- 10 Alexander @ Southern
- 11 Firestone @ Annetta
- 12 Atlantic @ Firestone
- 13 Southern @ South Gate Park
- 14 Tweedy @ Orange
- 15 Tweedy @ San Vincente
- 16 California @ Tweedy
- 17 Southern @ California
- 18 Southern @ Madison
- 19 Southern @ Stanford

### EASTSIDE ROUTE STOPS

- A Garfield @ Main
- B Garfield @ Imperial
- C Garfield @ Karmont
- D Garfield @ Southern
- E Firestone @ Garfield
- F Firestone @ Rayo
- G Firestone @ Atlantic
- H Southern @ Hunt
- I Southern @ South Gate Park
- J Atlantic @ Southern
- K Atlantic @ Tweedy
- L Garfield @ Imperial
- M Garfield @ Gardendale
- N Main @ Garfield
- O Industrial @ Harding

**Ride the GATE to work!**  
Show your employee ID and you ride for free!



# Margaret Travis **SENIOR CENTER**

4855 Tweedy Boulevard • (323) 357-9662

## HOURS OF OPERATION

Monday - Thursday 8:00 am - 5:00 pm  
 Friday 8:00 am - 3:00 pm  
 Saturday & Sunday Closed

## HOLIDAY CLOSURES

September 7

## MEALS ON WHEELS FOOD SERVICE

For information on how to receive meals delivered to your home, please contact the Meals on Wheels organization at (562) 806- 5400 ext. 712

## SENIOR CENTER ACTIVITIES

### LOTERIA

MONDAYS • 9:00 AM - 2:00 PM  
 CONFERENCE ROOM

### BOARD GAMES

MONDAYS • 12:30 - 2:30  
 MAIN HALL

### YOGA

TUESDAY & THURSDAY • 10:00 - 11:00 AM  
 CONFERENCE ROOM OUTDOOR PATIO

### SIMPLE DANCE PRACTICE

TUESDAY & THURSDAY • 1:00 - 3:00 PM  
 CONFERENCE ROOM

### CRAFTS

WEDNESDAYS • 9:00 AM - 1:00 PM  
 CONFERENCE ROOM

### BINGO

WEDNESDAYS • 1:00 - 3:30 PM  
 MAIN HALL

### KARAOKE & DANCING

THURSDAYS • 9:00 AM - 12:00 PM  
 MAIN HALL

### TAEKWONDO

FRIDAYS • 10:00 - 11:00 AM  
 CONFERENCE ROOM



## SENIOR CENTER MEAL PROGRAMS

H.S.A. SENIOR LUNCH PROGRAM IN-PERSON MEAL SCHEDULE  
 FOR RESERVATIONS PLEASE CALL 1 DAY AHEAD (323) 513-7628  
 9:00 AM - 1:00 PM

Come in and enjoy a hot meal with some of your friends and neighbors.  
 Everyone must make a reservation in order to receive on-site meals.

Donation per day:	\$3
Meals served:	Monday - Friday
Time:	9:00 AM - 1:00 PM

**Senior Dance  
That's Amore!**  
 Friday • September 11 Age 55+  
 10:30am-3:30pm \$30  
 An Italian-inspired afternoon featuring  
 DJ & Dancing • Delicious lunch  
 Simple Raffle Prizes • Photobooth  
 Registration 6/8/26. Space is limited!



## FREE SENIOR MINI FIELD TRIP

Wednesday • July 1 • 8 am - 12:30 pm • 55+

Where does your water come from? Join us for a free tour of the **Albert Robles Center** for Water Recycling and Environment Learning (ARC) to see how water is purified to your taps.

Registration 6/8/26. Space is limited!





# Summer

## COMMUNITY EXCURSIONS

### PAUMA CASINO - PAUMA VALLEY

Tuesday, July 7, 2026  
Cost: \$25

7:00 AM - 6:00 PM  
Age 21+

Try your luck on a fun-filled day at Pauma Casino! Located in Valley Center, destination offers a relaxed gaming experience with a variety of slot machines, table games, and dining options.



### THE GETTY CENTER - LOS ANGELES

Saturday, July 18, 2026  
Cost: \$25

9:00 AM - 5:00 PM  
All Ages

Experience art, architecture, and breathtaking views at The Getty Center. This unique hilltop museum includes a scenic tram ride, world-class art exhibits, and beautifully designed gardens.



### CATALINA ISLAND

Saturday, August 8, 2026  
Cost: \$85

6:00 AM - 9:00 PM  
Age 5+

Spend the day on the beautiful island of Catalina and enjoy the charm of Avalon. Ocean views, shopping, dining, and optional sightseeing.



### MORONGO CASINO - CABAZON

Thursday, August 20, 2026  
Cost: \$25

7:00 AM - 6:00 PM  
Age 21+

Feeling lucky? Morongo Casino Resort & Spa located near Cabazon features a lively gaming floor with slots and tables, a variety of dining options, and a vibrant atmosphere.



### OLD TOWN TEMECULA - TEMECULA

Thursday, September 3, 2026  
Cost: \$25

9:00 AM - 6:00 PM  
All Ages

Step back in time with a visit to Old Town Temecula! Stroll through charming streets filled with unique shops, restaurants, and local boutiques.



REGISTRATION OPENS  
**JUNE 15**

#### REGISTER IN-PERSON

Senior Center 8:00 am - 5:00 pm  
Girls Club House 8:00 am - 5:30 pm  
Sports Center 8:00 am - 8:00 pm

All fees are due at the time of registration. Buses will depart and return from Girls Club House on time and as scheduled (traffic/weather permitting). Lunch not provided unless indicated.

REGISTER  
ONLINE AT



**NOTE:** Tickets are not for private resale and may only be redeemed by the registered participant.

**REFUND POLICY:** All cancellation requests must be made during operating hours and at least 48 hours (business days) prior to the excursion. Refunds are subjected to a \$15 processing fee and will be issued within 4-6 weeks.

\*Cash refunds are not available

### Excursion Walking Legend

Level 1

Little to No Walking



Level 4

Heavy Walking



### SOLVANG "DANISH DAYS" - SOLVANG

Saturday, September 19, 2026 7:00 AM - 7:00 PM  
Cost: \$25 All Ages

Experience the charm of Solvang during its annual Danish Days Festival! This lively cultural celebration features traditional music, folk dancing, delicious Danish pastries, unique vendors, and festive activities throughout the village.





# PAR 3 GOLF COURSE

9615 Pinehurst Avenue (323) 357-9658

HOURS OF OPERATION

MONDAY- SUNDAY 8:00 AM - 6:00 PM • LAST TEE TIME: 5:00 pm

\*STARTER SHACK CLOSED DAILY 12:30 - 1:00 PM\*



## SUMMER GOLF TOURNAMENT August 30, 2026

Pre-registration required

Tee Time 9:00 AM



Enjoy a day on the course filled with friendly competition, community spirit, and fun for all skill levels!

FOR MORE INFORMATION CONTACT THE GOLF COURSE (323) 357-9658

GREEN FEES	WEEKDAY	WEEKEND
YOUTH	\$1	\$1
ADULT	\$1	\$1
SENIOR/DISABLED	\$1	\$1
MILITARY	\$1	\$1
	0	1

### DOUBLE PLAY TUESDAYS

Buy one round of golf and get the second round for free

### CLUBHOUSE AMENITIES

Enjoy our fully stocked snack bar with treats and refreshments

### SENIOR DISCOUNTS

Seniors play for \$4.50 every Thursday & Friday

### GOLF CARDS

Golf card gives you access to 10 rounds of golf during the week  
Youth/Military \$35 • Seniors \$35 • Adult \$75

### DRIVING RANGE IS NOW OPEN





# TEEN CENTER

4940 SOUTHERN AVENUE (323) 563-5447

SUMMER HOURS OF OPERATION

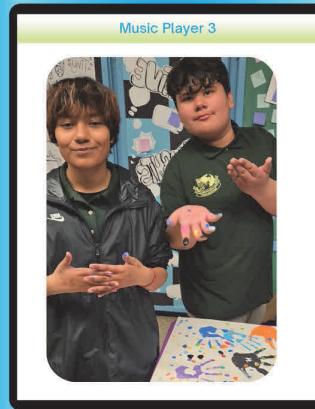
Monday - Thursday 12:30 - 4:30 PM

## Thursday Getaways



Thursdays just hit different—  
let's get out there!  
Every outing will be supervised. A signed parent or guardian waiver is required for all participants before they can attend. Open to grades 6-12.

- ➔ **July 2**  
**Fourth of July Carnival**  
Free : 5:00 - 8:00 PM
- ➔ **July 9**  
**Hiking at Griffith Observatory**  
Free : 12:00 - 5:00 PM
- ➔ **July 16**  
**Six Flags Magic Mountain**  
\$48 : 9:00AM - 9:00 PM
- ➔ **July 23**  
**Universal City Walk**  
Free : 3:00 - 8:00 PM
- ➔ **July 30**  
**Raging Waters**  
\$37 : 9:00 AM - 8:00 PM



Arts & Crafts

Science Activities

Cooking & Baking

Video Games

Indoor & Outdoor Sports

Come check out the game room, enjoy some fun free activities, snacks and programs, with homework help daily!



Music Player 3



# GIRLS CLUB HOUSE

4940 Southern Avenue (323) 563-5447

## HOURS OF OPERATION

Monday - Thursday 8:00 am - 5:30 pm

Friday - Sunday Closed

### BABY BOOGIE

**Boys & Girls**  
9 weeks session

**Location: Girls Club House**

This class will incorporate hip hop dancing along with classical moves. The instructor will inform you on the first day of class as to what the attire will be for this class. Instructor for this class will be Crystal Betancourt.

AGE	DAY	TIME	FEE
3 - 5 yrs	Tuesday	5:00 pm - 5:30 pm	\$74

### BABY MEXICAN FOLK

**Boys & Girls**  
9 weeks session

**Location: Banquet Room**

Your little ones will enjoy learning a traditional dance from all the regions of Mexico. A dance costume will be required for the recital at the end of the nine-week session. Participation in the dance recital is optional. The instructor for this class is Vanessa Diaz.

AGE	DAY	TIME	FEE
3 - 4 yrs	Tuesday	4:30 pm - 5:00 pm	\$74
4 - 5 yrs	Tuesday	5:10 pm - 5:40 pm	\$74

### BABY TAP DANCING

**Boys & Girls**  
9 weeks session

**Location: Girls Club House**

Bring your child to this new and exciting dance class. They will learn fun dance movements while learning beginning tap steps. Tap shoes will be required by the second class. Instructor for this class will be Crystal Betancourt.

AGE	DAY	TIME	FEE
3 - 5 yrs	Monday	5:00 pm - 5:30 pm	\$74

### MEXICAN FOLK DANCE FOR YOUTH

**Boys & Girls**  
9 weeks session

**Location: Girls Club House**

Learn all types of traditional dances from all the different regions of Mexico. A dance costume will be required for the recital at the end of the nine-week session. Participation in the dance recital is optional. The instructor for this class is Mary Lastra.

AGE	DAY	TIME	FEE
6 - 8 yrs	Wednesday	5:00 pm - 5:45 pm	\$74
8 - 11 yrs	Wednesday	5:45 pm - 6:30 pm	\$74
8 - 11 yrs	Wednesday	6:30 pm - 7:15 pm	\$74
12 - 17 yrs	Wednesday	7:15 pm - 8:00 pm	\$74

### CHEERLEADING

**Boys & Girls**  
9 weeks session

**Location: Banquet Room**

This class will incorporate the basics of cheerleading, where they will learn how to work together as a group to learn a routine. A dance costume will be required for the recital at the end of the nine-week session. Participation in the dance recital is optional. The instructor for this class is Ashley Lopez.

AGE	DAY	TIME	FEE
5 - 7 yrs	Thursday	5:00 pm - 5:45 pm	\$74
8 - 12 yrs	Thursday	6:00 pm - 6:45 pm	\$74

### DOG OBEDIENCE CLASSES

9 weeks session

**Location: Hollydale Dog Park**

Good manners at an early age makes a puppy a more enjoyable family member. Instructor for this new class will be Gunther A Ramos

AGE	DAY	TIME	FEE
18 + yrs	Saturday	9:00 am - 10:00 am	\$74
18 + yrs	Saturday	10:30 am - 11:30 am	\$74

## HIP HOP DANCE

**Boys & Girls**  
**9 weeks session**

**Location: Girls Club House**

Learn fun and energetic routines to the hip music of today. You'll learn a new and technical dance routine during the nine week session. Instructor for this class will be Crystal Betancourt.

AGE	DAY	TIME	FEE
6 - 8 yrs	Thursday	5:30 pm - 6:15 pm	\$74
9 - 12 yrs	Thursday	6:15 pm - 7:00 pm	\$74

## BALLET

**Boys & Girls**  
**9 Weeks session**

**Location: Girls Club House**

This class will teach them the steps and proper ballet techniques through a designed routine that will be performed at the end of the nine weeks. Ballet shoes are required. Instructor for this class will be Crystal Betancourt.

AGE	DAY	TIME	FEE
3 - 4 yrs	Tuesday	5:30 pm - 6:00 pm	\$74
4 - 5 yrs	Tuesday	6:00 pm - 6:30 pm	\$74
6 - 12 yrs	Tuesday	6:30 pm - 7:15 pm	\$74

## YOUTH ACTING CLASS

**Boys & Girls**  
**9 weeks session**

**Location: Girls Club House**

This fun and creative acting class introduces young performers to the fundamentals of acting. Through movement, voice, and imagination students will get the opportunity to explore characters through monologues. No experience needed, just a willingness to play and perform!

AGE	DAY	TIME	FEE
7 - 17 yrs	Tuesday	7:15 pm - 8:00 pm	\$74

## PARENT AND ME: RHYTHM & MOVEMENT CLASS

**Boys & Girls**  
**9 weeks session**

**Location: Girls Club House**

Enroll in this parent and me class for your toddler to be introduced to rhythm and movement, all while expanding their motor skills! Toddlers will have access to wooden instruments. Parent participation is required! The instructor for this class is Crystal Betancourt

AGE	DAY	TIME	FEE
18m - 3 yrs	Thursday	5:00 pm - 5:30 pm	\$74

## TUMBLING CLASS

**Boys & Girls Ages 6-12 yrs**  
**9 week session**

**Location: Girls Club House**  
**Fee: \$74**

Your child will learn the basics of gymnastics. This class is designed to improve your child's coordination and introduce them to flexible movements. Instructor for this class is Crystal Betancourt.

AGE	DAY	TIME
Beginners Tumbling	Monday	6:00 pm - 6:30 pm
Advanced Tumbling*	Monday	6:30 pm - 7:15 pm

\*Child must have taken Beginners Tumbling class in order to register for this class.

## SINGING CLASSES

**Boys & Girls**  
**9 weeks session**

**Location: Girls Club House**

Enroll in singing classes to find your voice! In this class, you will be able to learn the fundamentals of singing through vocal warm-ups, expanding your range, and establishing a good posture to have proper breathing while singing! On the last day of classes, students will have the opportunity to perform their chosen song in front of family and friends! The instructor for this class is Crystal Betancourt.

AGE	DAY	TIME	FEE
7 - 17 yrs	Monday	7:15 pm - 8:00 pm	\$74

## TINY TUMBLERS

**Boys & Girls**  
**9 Weeks session**

**Location: Girls Club House**

Your little one will learn how to do many tumbling movements. Your child will become more flexible and stronger with each class. Instructor for this class will be Crystal Betancourt.

AGE	DAY	TIME	FEE
3 - 5 yrs	Monday	5:30 pm - 6:00 pm	\$74

## LIL CHEFS COOKING CLASS

**Boys & Girls**  
**5 weeks session**

**Location: Senior Center Conf. Rm**

**Class Dates**

**July 7, 14, 21, 28, August 4**

Participants will make a different recipe each week. All items needed for the class will be supplied.

AGE	DAY	TIME	FEE
6 - 10 yrs	Tuesday	4:00 PM - 5:00 PM	\$65
6 - 10 yrs	Tuesday	5:15 PM - 6:15 PM	\$65

## YOUNG CHAMPIONS OF AMERICA SELF DEFENSE LESSONS

**Boys & Girls**  
**14 week session**

**Location: Auditorium**  
**Fee: \$10 per week**

Builds confidence, self-discipline and teaches valuable safety tips. A one time registration fee is due at the time of registration.

**Class Dates: June 10 - September 9, 2026**

AGE	DAY	TIME
New Students (4-5 yrs)	Wednesday	5:15 pm - 5:55 pm
Yellow & Orange Belts	Wednesday	6:00 pm - 6:40 pm
Purple Belts & Above	Wednesday	6:45 pm - 7:25 pm

**REGISTER ON SITE**

For more information call (714) 478-3793 • (714)425-4708



# PRESCHOOL PROGRAMS

## REGISTRATION INFORMATION:

Onsite registration only. Must have birth certificate if this is the first time registering for the program. Child must be mature enough to remain in class by themselves.

### TINY TWO'S CLASSES

**Boys & Girls**  
9 week session

**Location: Girls Club House Room B**

It's never too early for your little one to experience the fun of a school-like setting! In this exciting nine-week session, 2-year-olds will make new friends while exploring storytelling, games, music, and crafts!

**Parent involvement is required. One adult per child allowed in class.**

AGE	DAY	TIME	FEE
2 yrs	Tuesday/Thursday	9:00 AM - 10:30 AM	\$101
2 yrs	Tuesday/Thursday	11:30 AM - 1:00 PM	\$101

### TOT TIME CLASSES

**Boys & Girls**  
9 week session

**Location: Girls Club House Room C**

Kids will dive into learning numbers, colors, shapes, and the alphabet while having a blast! They'll follow fun directions and make new friends through playful games, catchy songs, puzzles, and creative crafts.

**NO diapers/pull ups allowed in class, child must be potty trained.**

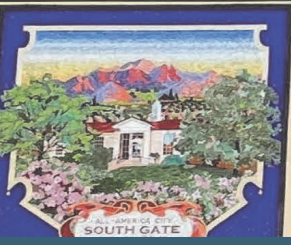
AGE	DAY	TIME	FEE
3 -5 yrs	Tuesday/Thursday	9:00 AM - 11:00 AM	\$106
3 -5 yrs	Tuesday/Thursday	12:00 PM - 2:00 PM	\$106



**FALL PROGRAM REGISTRATION**  
SEPTEMBER 8, 2026

**FALL PROGRAM SESSION**  
SEPTEMBER 21 - NOVEMBER 21, 2026

**COMMUNITY EXCURSION REGISTRATION**  
SEPTEMBER 14, 2026



# ADMINISTRATION OFFICE

4900 Southern Avenue • (323) 563-5479

## HOURS OF OPERATION

Monday - Thursday 7:30 am - 5:00 pm  
 Friday - Sunday Closed

# RENT A FACILITY TODAY!

### FACILITY RENTALS

The City of South Gate Parks and Recreation Department has two facilities available for special occasions or business trainings. **All reservations are on a first come, first serve basis.**

Alcohol is now permitted, with certain restrictions, for reservations in the **Auditorium or Girls Clubhouse**. You must contract security guards and purchase liability insurance at least 30 business days before your event.

For information contact the Parks Administration office at (323) 563-5479 or visit our page at [cityofsouthgate.org](http://cityofsouthgate.org)

### BANQUET ROOM RATES \*

This room is used for meetings only. This facility has a maximum capacity of 120 people for conferences only.

Hourly Rate	\$57.00
Kitchen Fee	\$92.00
Refundable Damage Fee	\$189.00



### GIRLS CLUB HOUSE RATES \*

This facility has a maximum capacity of 150 people for a dinner receptions, and 325 for conferences.

Hourly Rate	\$137.00
Kitchen Fee	\$73.00
Refundable Damage Fee	\$365.00



### AUDITORIUM RATES \*

This facility has a maximum capacity of 500 people for dinner receptions, and up to 600 people for a conference event.

Hourly Rate	\$229.00
Kitchen Fee	\$92.00
Refundable Damage Fee	\$567.00



### ROSE ARBOR RATES \*

This area can seat up to 110 guests for ceremonies.

Flat Rate	\$205.00
-----------	----------

*\*All fees are subject to change without notice*



# City of South Gate | Picnic Areas

## PICNIC AREA RESERVATION RATES

There are a total of ten picnic areas located throughout South Gate Park, one at Hollydale Regional Park and two at Urban Orchard available to the public to reserve. All reservations are on a first come first serve basis. All bookings must be made at least one week in advanced. Reservation fees are based on the amount of guests you will have in attendance. See group rates below. Please contact our Parks Administration Office at (323) 563-5479 to check availability and for Commercial Rate information.

### Non-Profit Group Permit Fees \*

Group of 1 - 50	\$100.00
Group of 51 - 100	\$198.00
Group of 101 - 200	\$317.00
Group of 201 - 500	\$476.00
Group of 501+	\$951.00

### BANDSTAND RATES \*

This fee will be based on your group size, see fees listed above.

### COOK HOUSE RATE \*

Fee	\$94.00
-----	---------

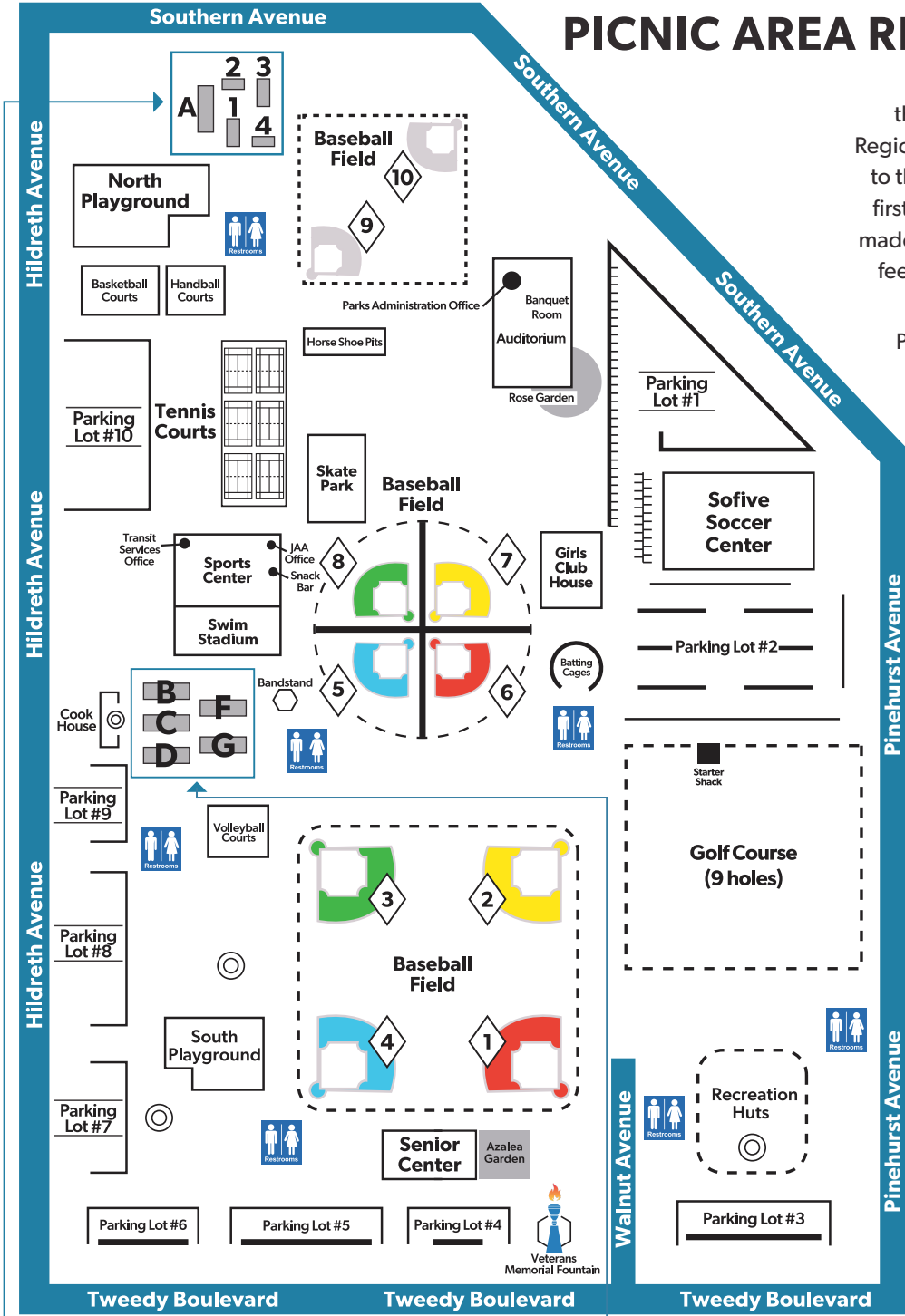
\*All fees are subject to change without notice

PARK FACILITY & PICNIC AREA RENTALS  
PARK ADMINISTRATION OFFICE  
(323) 563-5479

BASEBALL FIELD RENTALS  
SPORTS CENTER  
(323) 563-5445

POOL RENTAL  
PATRICIA G. MITCHELL SWIM STADIUM  
(323) 563-5446

BATTING CAGE RENTAL  
SOFIVE SOCCER CENTER  
(323) 923-4650



**URBAN ORCHARD**  
FIRST COME, FIRST SERVE

<b>AREA J</b> 6 TABLES 36 GUESTS	<b>AREA K</b> 6 TABLES 36 GUESTS
--	--

**OFF SOUTHERN AVE**

<b>AREA 1*</b> 6 TABLES 48 GUESTS	<b>AREA 2</b> 4 TABLES 32 GUESTS	<b>AREA 3*</b> 6 TABLES 48 GUESTS
<b>AREA 4</b> 4 TABLES 32 GUESTS	<b>AREA A*</b> 4 TABLES 32 GUESTS	*AREAS A, 1 AND 3 ARE COVERED

**OFF HILDRETH AVE**

<b>AREA B</b> 15 TABLES 120 GUESTS	<b>AREA C</b> 25 TABLES 200 GUESTS	<b>AREA D</b> 18 TABLES 144 GUESTS
<b>AREA F</b> 16 TABLES 128 GUESTS	<b>AREA G</b> 12 TABLES 96 GUESTS	

**HOLLYDALE COMMUNITY PARK**

<b>AREA H</b> 8 TABLES 64 GUESTS	<b>AREA I</b> 2 TABLES 16 GUESTS
--	--

**HOLLYDALE REGIONAL PARK** 9 TABLES 72 GUESTS



# PROGRAMAS DEPORTIVOS

Sports Center • 9520 Hildreth Avenue • (323) 563-5445

## CLASE FUNDAMENTAL DE BALONCESTO \$59

5 - 12 años de edad 9 semanas

Estas clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre si para poner en practica lo aprendido.

5 - 6 años	Lunes	5:00 - 5:45 pm
7 - 8 años	Lunes	6:00 - 6:45 pm
9 - 12 años	Lunes	7:00 - 7:45 pm

## CLASE FUNDAMENTAL DE BÉISBOL \$59

3 - 12 años de edad 9 semanas

Estas clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre si para poner en practica lo aprendido. **La clase para niños de 3-4 años requiere la participación de los padre.**

3 - 4 años	Miércoles	5:00 - 5:45 pm
5 - 6 años	Miércoles	6:00 - 6:45 pm
7 - 12 años	Miércoles	7:00 - 7:45 pm

## CLASE FUNDAMENTAL DE KARATE \$60

7 - 17 años de edad 4 semanas

El karate ofrece la capacidad de desarrollar la confianza, la aptitud física, la defensa personal, la disciplina, la competenciay la habilidad de torneo.

Debe registrarse al principio de cada mes

<b>Lunes / Miércoles</b>		
Clase para principiante		5:15 - 6:15 pm
Clase para intermedio		6:30 - 7:45 pm
Clase para Juniors y Adultos		7:45 - 9:45pm

## CLASE FUNDAMENTAL DE SOCCER \$59

3 - 12 años de edad 9 semanas

Estas clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre si para poner en practica lo aprendido. **La clase para niños de 3-4 años requiere la participación de los padre.**

3 - 4 años	Miércoles	5:00 - 5:45 pm
5 - 6 años	Miércoles	6:00 - 6:45 pm
7 - 12 años	Miércoles	7:00 - 7:45 pm
3 - 4 años	Jueves	5:00 - 5:45 pm
5 - 6 años	Jueves	6:00 - 6:45 pm
7 - 12 años	Jueves	7:00 - 7:45 pm

## CLASE FUNDAMENTAL DE VOLEIBOL \$59

10+ años de edad 9 semanas

Esta clases les enseñara como jugar este deporte divertido. Traigan sus amigos y aprendan juntos!

10 - 13 años de edad	Martes	5:00 - 5:45 pm
14 - 17 años de edad	Martes	6:00 - 6:45 pm

## CLASE FUNDAMENTAL DE MULTI-DEPORTES \$59

3 - 12 años de edad 9 semanas

Este programa de nueve semanas les enseñara a sus pequeños un deporte diferente cada tres semanas. Los deportes que se enseñaran serán baloncesto, futbol, y beisbol. Esta clase es paca niñas/niños que tiene poco conocimiento de deportes. **La clase para niños de 3-4 años requiere la participación de los padres**

3 - 4 años	Martes	5:00 - 5:45 pm
5 - 6 años	Martes	6:00 - 6:45 pm
7 - 12 años	Martes	7:00 - 7:45 pm

## CLASE FUNDAMENTAL DE FUTBOL AMERICANO \$59

5 - 12 años de edad 9 semanas

Esta clases les enseñara como jugar este deporte divertido. Traigan sus amigos y aprendan juntos!

7 - 12 años	Martes	7:00 - 7:45 pm
-------------	--------	----------------

## CLASE FUNDAMENTAL CON PESAS \$59

6 - 17 años de edad 9 semanas

Esta clase se enfoca en aprender la técnica adecuada, la progresión y la ejecución del arranque, cargada de potencia, cargada y envión.

Lunes / Viernes	6:00 - 6:45 pm
-----------------	----------------

## CLASE FUNDAMENTAL DE GAME CHANGERS! \$59

8 - 17 años de edad 9 semanas

Nuestros entrenadores personales inculcarán los fundamentos necesarios para entrenar como los profesionales. Esta clase se enfoca en el aspecto de fuerza y acondicionamiento del baloncesto, esta clase no es para principiantes.

Lunes	5:00 - 5:45 pm
-------	----------------

# PROGRAMAS DE RECREACION

Girls Club House • 4940 Southern Avenue • (323) 563-5447

## BAILE

\$74

Se ofrecen una variedad de clases de baile, para niños y niñas que desean aprender a bailar. Todas las clases serán de 9 semanas, con una presentación la novena semana.

### BABY BOOGIE

3 - 5 años Martes 5:00 - 5:30 pm

### BALLET

3 - 4 años Martes 5:30 - 6:00 pm

4 - 5 años Martes 6:00 - 6:30 pm

6 - 12 años Martes 6:30 - 7:15 pm

### BABY MEXICAN FOLK

3 - 4 años Martes 4:30 - 5:00 pm

4 - 5 años Martes 5:10 - 5:40 pm

### CHEERLEADING

5 - 7 años Jueves 5:00 - 5:45 pm

8 - 12 años Jueves 6:00 - 6:45 pm

### FOLKLÓRICO

6 - 8 años Miércoles 5:00 - 5:45 pm

8 - 11 años Miércoles 5:45 - 6:30 pm

12 - 17 años Miércoles 6:30 - 7:15 pm

### BABY TAP

3 - 5 años Lunes 5:00 - 5:30 pm

### HIP HOP

6 - 8 años Jueves 5:30 - 6:15 pm

9 - 12 años Jueves 6:15 - 7:00 pm

### CLASE DE ACTUACIÓN

12 - 17 años Martes 7:15 - 8:00 pm

## GIMNASIA

\$74

Niños y Niñas 9 semanas

Su hijo aprenderá los conceptos básicos de gimnasia. Esta clase está diseñada para mejorar la coordinación de su hijo y enseñarle movimientos flexibles.

### TINY TUMBLERS

3 - 5 años Lunes 5:30 - 6:00 pm

### TUMBLING CLASS

6 - 8 años Lunes 6:00 - 6:30 pm

9 - 12 años Lunes 6:30 - 7:15 pm

## H.O.W. COMEDORES COMPULSIVOS GRATIS

18+ años Gratis

El programa de comedores compulsivos utiliza los principios del programa de doce pases utilizado por A.A.

Lunes 9:00 - 11:00 am

## YOUNG CHAMPIONS OF AMERICA SELF DEFENSE LESSONS

14 Semanas  
Lugar: Auditorio

\$10 por semana  
Edad 4+

Esta clase ayudará a los estudiantes a desarrollar confianza, autodisciplina y les enseñará valiosos consejos de seguridad. Se debe pagar una tarifa de inscripción única al momento de la inscripción.

Fechas de clases: 10 de Junio 2026 - 9 de Septiembre 2026

New Students (Ages 4-15) Wednesday 5:15 - 5:55 pm

Yellow & Orange Belts Wednesday 6:00 - 6:40 pm

Purple Belts & Above Wednesday 6:45 - 7:25 pm

Para mas informacion: (714) 478-3793 • (714) 425-4708

## TINY TWO'S

\$101

9 Semanas Lugar: Girls Club House Rm. B

Esta clase de nueve semanas ayudaran a su bebe de 2 anos a socializar en grupo y participar en la narración de cuentos, juegos, canciones de acción, música y manualidades.

## TOT TIME

\$106

9 Semanas Lugar: Girls Club House Rm. C

En esta clase niños aprenderán los números primarios, los colores, las formas y el alfabeto. Los niños también aprenderán a seguir instrucciones y socializar con otros niños a través de juegos, canciones, rompecabezas y manualidades.

## ENTRENAMIENTO PARA PERROS

\$74

9 semanas Lugar: Hollydale Park

Los buenos modales a una edad temprana hacen que un nuevo cachorro sea un miembro más agradable de la familia. La clase incluirá órdenes básicas de obediencia y socialización. El instructor de esta clase será Gunther A Ramos.

Sábado 9:00 - 10:00 am

Sábado 10:30 - 11:30 am

## CLASES DE CANTO

\$74

7 - 17 años 9 week session

Lugar: Girls Club House

¡Inscríbete en clases de canto para encontrar tu voz! ¡En esta clase podrás aprender los fundamentos del canto a través de calentamientos vocales, ampliando tu rango y estableciendo una buena postura para tener una respiración adecuada mientras cantas! ¡El último día de clases, los estudiantes tendrán la oportunidad de interpretar la canción elegida frente a familiares y amigos! La instructora de esta clase es Crystal Betancourt.

Lunes 7:15 - 8:00 pm



City of South Gate  
 Parks and Recreation Department  
 4900 Southern Avenue  
 South Gate, CA 90280

PRST STD  
 U.S. POSTAGE

**PAID**

Bell Gardens, CA  
 Permit No. 2280

\*\*\*\*ECRWSEDDM\*\*\*\*

RESIDENTIAL CUSTOMER

SGPARKSANDREC

SOUTHGATEPARKS&RECREATION

# 4TH of JULY INDEPENDENCE DAY



*celebration*

Enjoy carnival  
 rides, good food,  
 fun games and  
 our famous  
 fireworks show

**Saturday, July 4**

**2:00 - 11:00 PM**

**Fireworks Show**

**9:00 PM**

Free  
 admission  
 for kids 12  
 and under

JAA All Star Games

9:00 AM

Diamonds 5-10

**Thursday, July 2**

**5:00 - 11:00 PM**

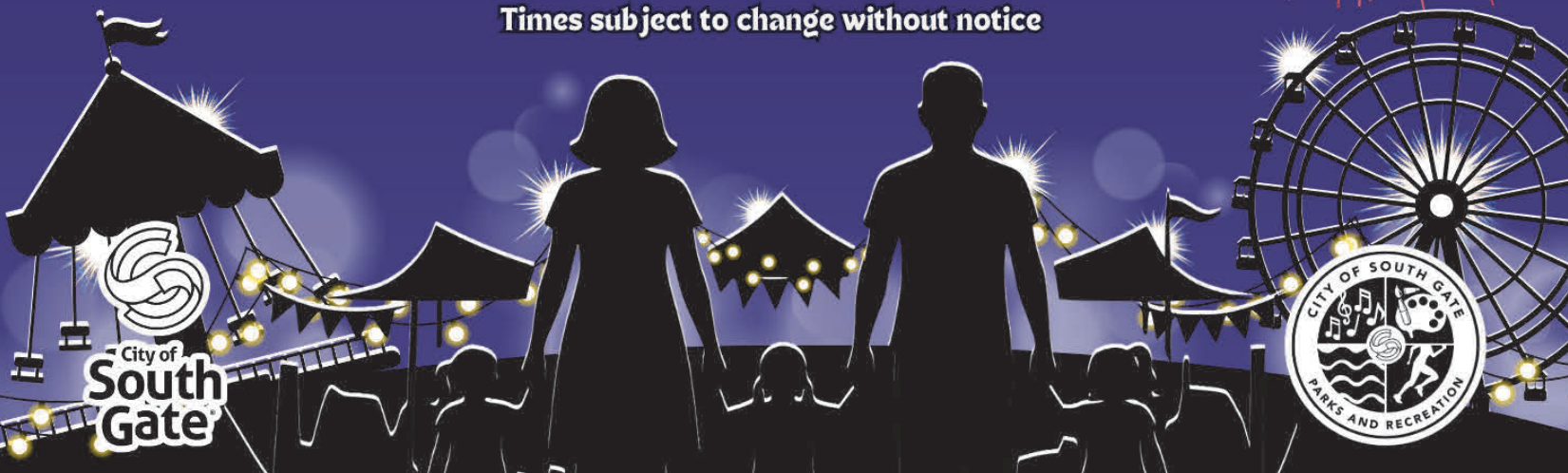
**Friday, July 3**

**5:00 - 11:00 PM**

**Sunday July 5**

**2:00 - 11:00 PM**

Times subject to change without notice



FOR MORE INFORMATION CONTACT THE ADMINISTRATION OFFICE 323.563.5479