

SOUTH GATE CONNECT



City of
South Gate



SUMMER 2024



SGPARKSANDREC_



SOUTHGATEPARKS&RECREATION

SUMMER 2024

SOUTH GATE CITY HALL

Monday-Thursday
7:00 am-5:30 pm
8650 California Avenue
South Gate, CA 90280
Administration
323.563.9501
City Council Office
323.563.9543
cityofsouthgate.org

CITY COUNCIL

Gil Hurtado

~Mayor

Maria Davila

~Vice Mayor

Al Rios

~Council Member

Joshua Barron

~Council Member

Maria del Pilar Avalos

~Council Member

PARKS & RECREATION COMMISSION

Alan Flores

~Chair

Lizette Ruiz

~Vice Chair

Edgar Pelayo

~Secretary

~Commissioner

~Commissioner



Public Meeting Schedule

CITY COUNCIL MEETINGS

The City Council is the policy making body for the City of South Gate. Residents and community members are highly encouraged to participate in the Comments from the Audience portion of the meetings. Here you can address any issue directly to the City Council and staff that is not listed on that meeting's Agenda. Meetings take place on the 2nd and 4th Tuesday of every month at 6:30 pm.

Council Meetings are held in person at the Council Chambers.



YouTube We are now live streaming meetings on YouTube!
youtube.com/@SouthGateCA90280

COMMISSION FOR SOUTH GATE YOUTH

The Commission for South Gate Youth seeks to empower the youth by promoting and supporting high quality programs and projects that address the needs of youth. Meetings take place on the 1st Tuesday of every month, at 6:00 pm located in the Civic Center Building.

PARKS AND RECREATION COMMISSION

The Parks and Recreation Commission serves as an advisory panel to the City Council on matters related to the City's parks and its recreation programs. Commission meetings are open to the public and members of the public are allowed to address the Commission on any parks and recreation related issue. Meetings take place on the 2nd Thursday of each month, at 7:00 pm at City Hall's Council Chambers.

PLANNING COMMISSION

The Planning Commission reviews matters related to land use, planning law, environmental, and developmental issues. The Commission holds regularly scheduled public hearings to consider such land use matters as the general plan, specific plans, site plans, rezoning, use permits and subdivisions. Visit www.cityofsouthgate.org for meeting dates.

City Services Directory

CITY CLERK'S OFFICE

323.563.9510

COMMUNITY DEVELOPMENT

Building Inspection/Permits

323.563.9549

Code Enforcement

323.563.9558

FINANCE

323.563.9523

Business License

323.563.9527

Water Billing

323.563.9586

HUMAN RESOURCES

323.357.5835

8680 California Ave

PARKS & RECREATION

323.563.5479

Administration Office • 4900 Southern Ave

POLICE DEPARTMENT • 8620 California Ave

Non-Emergency Phone Line

323.563.5436

FIRE DEPARTMENT

4867 Southern Place, Station 54

General Business

323.567.8580

5720 Gardendale Street, Station 57

General Business

562.531.9700

PUBLIC WORKS

Administration

323.357.9657

Engineering

323.563.9567

Graffiti Hotline

323.563.5793

Illegal Dumping Hotline

323.563.9575

Street Lights & Traffic Signals

323.563.5773

Tree/Street/Pothole Repairs

323.563.5785

SOUTH GATE MUSEUM & ART GALLERY

323.357.5838

Additional Contact Numbers

A.Y.S.O

323.270.0608

BOY SCOUTS

213.413.4400

CITY DUMP

562.928.4616

CHAMBER OF COMMERCE

323.567.1203

HARBOR AREA FARMERS MARKET

562.308.7364

GIRL SCOUTS OF AMERICA

213.213.0150

HOLLYDALE LIBRARY

562.634.0156

H.S.A. PROGRAM

562.806.5400

J.A.A. ORGANIZATION

323.566.4700

PHONE-A-RIDE

866.260.4600

SOFIVE SOCCER CENTER

323.923.4650

SOUTH GATE AQUA COALITION, INC.

323.972.6664

SOUTH GATE ART ASSOCIATION

323.564.7541

SOUTH GATE AZTECS

323.327.2412

SOUTHERN CALIFORNIA EDISON

800.611.1911

UNIVERSAL WASTE SYSTEMS

562.334.3660

LELAND R. WEAVER LIBRARY

323.567.8853



RECREATION LEADER I

Assists in the delivery of recreation programs; participates in the organization and conduct of special events; performs related duties as required.

RECREATION LEADER II

Organizes, conducts and supervises a variety of recreational programs and activities; performs related duties as required.

RECREATION LEADER II -GROUNDS

Organizes, conducts and supervises a variety of recreational programs and activities; performs related duties as required.

RECREATION LEADER IV

Under general supervision, performs skilled recreation work in planning, coordinating and directing a wide variety of assigned social, cultural or sports activities at assigned neighborhood parks, aquatics facilities or community centers; performs related work as required.

LIFEGUARD

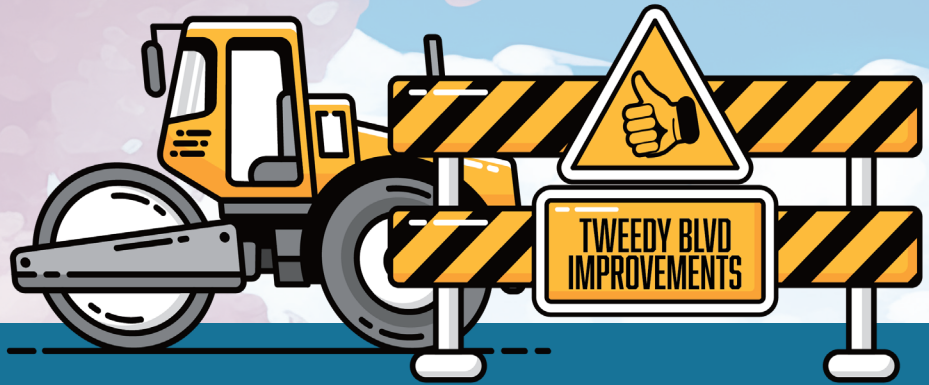
Under the general supervision of an Aquatics Coordinator, and technical oversight of Senior Lifeguards. Performs routine public contact and safety work in serving as a pool lifeguard; performs related work as required.

Visit www.governmentjobs.com/careers/sogate or our **LinkedIn** page for our current available career opportunities



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The City has several capital projects on Tweedy Blvd to improve safety, traffic circulation, and beautification between Alameda Street and Atlantic Ave. The Tweedy Mile Complete Streets Project will make improvements from Dearborn Ave to Dorothy Ave including pavement rehabilitation, landscaping, replacing street furniture, pedestrian crossing improvements, bike amenities, curb extensions and parklets.

Construction is scheduled to begin July 2024 and will take 12 months to complete. The Tweedy Blvd Complete Streets, Phase II Project will make the same improvements between Atlantic Ave and Alameda Street, excluding the Tweedy Mile segment. The design is planned for completion Summer 2025. The Traffic Signal Synchronization Project completed construction in April 2024. The project synchronized traffic signals from Victoria Avenue to Atlantic Avenue.

Please visit cityofsouthgate.org or call 323.563.9578 for more information.



Learn more about recycling organic waste at SortWasteSG.org

Tips & Tricks for Recycling Organic Waste

Properly sorting kitchen scraps is an important element of organics recycling - but one that may feel difficult or inconvenient if you don't have a place to store those scraps. A kitchen pail is a great solution that allows you to easily separate organic waste from trash and recyclables! Instead of placing leftover food in your garbage, designate a special kitchen pail for scraps to make it easier to sort your trash. If you don't have a kitchen pail, you can easily create your own by repurposing the following items into a food scrap container:

- Any resealable food package or container (coffee tin, deli or to-go container, glass jar, etc.)
- Brown paper bag
- Large bowl with lid
- Zipping freezer bag

Pro tip: Line your container with newspaper or a compostable bag, sprinkle some baking soda on the lining and store it in a cool place to avoid odors.

Keeping your kitchen scraps and food waste out of the landfill is a simple yet highly effective way to protect the environment from harmful greenhouse gas emissions. Recycled organic materials are then used to create earth-friendly products like renewable energy, mulch, compost and healthy soil—directly benefiting your local community.

Sewer Rate Increase beginning July 1st

The City held a Public Hearing as part of the Proposition 218 requirements and approved a 5-year sewer rate adjustment. The rate increase will be effective July 1, 2024. The new rates are required to cover the cost to maintain the City's aging sewer system.

The change to your City of South Gate Public Utilities bill will vary based on your type of account (commercial, residential, etc.), the size of your water meter, your water usage, and your use of the wastewater system.

For more information visit cityofsouthgate.org



Passport Services at City Hall

The Office of the City Clerk is delighted to offer a convenient passport processing facility for residents of South Gate and neighboring communities. Located at City Hall, our office provides comprehensive passport services for individuals in need of a new passport or help with a renewal.

Services Offered:

- New Passport Application Processing
 - Assistance with Passport Renewal Process
- Please note that passport photo services are not currently available at our location.

Office Hours:

Monday to Thursday 7:00 am - 5:30 pm

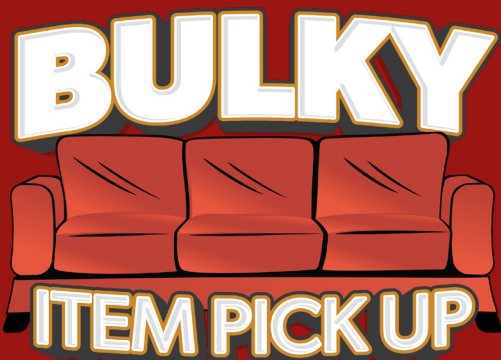
Passport Appointment Hours: Appointments are available Monday to Thursday, from 9:00am to 12:00pm. Passports are processed by appointment only.

To schedule an appointment, please contact the Office of the City Clerk at 323.563.9510/ yglaze@sogate.org or visit cityofsouthgate.org



The City is excited to announce the launch of Go South Gate, the City's official app to enhance communication with the community. After downloading, residents can create a profile, enter a service request, look up city information and set up alerts for city news. Users will be able to track service requests through the application. Some of the service requests that users can make include illegal dumping, road repairs, graffiti, city tree issues, street light malfunctions, and more.

Non-Emergency Police Services Dial 323.563.5436 to request non-emergency police services such as parking violations, blocked driveways/alleys, and 72-hour violations. You should NOT use the app to report a crime, an emergency, or to request immediate police assistance.



Did you know the City of South Gate partners with Universal Waste Systems to coordinate bulky item pickup? Our Bulky Item Pickup service ensures safe and responsible disposal of large items such as furniture, appliances, and electronics. Residents and multifamily tenants can schedule up to ten free bulky item pickups per month!

Illegal dumping of bulky items not only spoils the natural beauty of our community but also poses significant environmental hazards. In the City of South Gate, illegal dumping can result in fines against property owners who cause, allow or offer illegal dumping.

To learn more and schedule a bulky item pick-up, call UWS customer service at 562.334.3660 or email SGCustomerService@uwscompany.com or submit a request online at uwscompany.com/south-gate.



With Fourth of July quickly approaching, the South Gate Police Department would like to remind residents that the use of illegal fireworks within our city limits can be dangerous and result in significant fines and/or arrest. Every year, there are numerous incidents of injuries and residential fires resulting from the use of illegal fireworks. Administrative fines for violations of South Gate Municipal Code section 2.10.585 can range from \$1,000 to \$2,000, depending on the number of previous violations that the individual has been cited for. If residents are found to be in violation of California's Health and Safety Code in regards to fireworks laws, a conviction may result in possible fines and/or incarceration. As has been the case for many years, fireworks labeled as "Safe and Sane" by the state Fire Marshall are still legal for sale and use within the city. To keep the residents of our city safe, Officers from the South Gate Police Department will be conducting strict enforcement of all fireworks related laws. Report illegal fireworks to the Police Department 323.563.5436



PARKS IN THE CITY

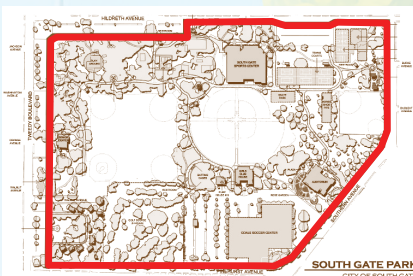
- 1 CESAR CHAVEZ PARK**
2541 Southern Ave.
- 2 CIRCLE PARK**
10129 Garfield Ave.
- 3 GARDENDALE TOT LOT**
5480 Gardendale St.
- 4 HOLLYDALE REGIONAL PARK**
5400 Monroe Ave.
- 5 HOLLYDALE COMMUNITY PARK**
12221 Industrial Ave.
- 6 SOUTH GATE PARK**
4900 Southern Ave.
- 7 STANFORD PARK**
2715 Illinois Ave.
- 8 SOUTH GATE DOG PARK**
5400 Monroe Ave.
- 9 TRIANGLE PARK**
Atlantic and Rayo Ave.
- 10 STATE STREET PARK**
State St. and Southern Ave.



PET FRIENDLY SPACES IN SOUTH GATE PARKS

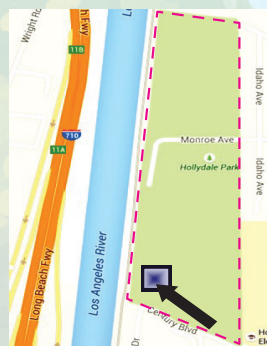
The City of South Gate understands that we all want to bring our entire family, including our dogs, to the park; for exer-cise, to socialize or just to enjoy our beautiful parks, but a busy park is not always the best place for a dog. To ensure that our four footed friends can also enjoy our City Parks, please remember the following rules.

SOUTH GATE PARK



1. Dogs are **NOT ALLOWED** inside South Gate Park except on the outside trail (sidewalks).
2. Dogs must be on leash and in the owners control at all times.
3. Please pick up after your dog.

HOLLYDALE REGIONAL PARK



SOUTH GATE DOG PARK
5400 Monroe Avenue
South Gate, CA 90280

DOG PARK RULES

- 1) Park is open from down to dusk
- 2) Dogs must be leashed when entering or leaving the safety of the Dog Park
- 3) Owners are required to pick-up and dispose of their dog's feces both in and out of the Dog Park
- 4) Owners are solely responsible for their dog's behavior and will be liable for injuries or damage caused by their dogs
- 5) Owners use the park at their own risk. South Gate Parks & Recreation Department is not responsible for injury or illness to dogs or owners
- 6) South Gate Parks & Recreation Dept. reserves the right to close the Dog Park for inclement weather, maintenance, repairs, special events or when deemed necessary

For the full list of Dog Park Rules please visit
www.cityofsouthgate.org



SUMMER RECREATION GUIDE



SGPARKSANDREC_



SOUTHGATEPARKS&RECREATION

PARKS & RECREATION DEPARTMENT DIRECTORY

Administration Office	4900 Southern Avenue	323.563.5479
Girls Club House	4940 Southern Avenue	323.563.5447
Golf Course	9615 Pinehurst Avenue	323.357.9658
Margaret Travis Senior Center	4855 Tweedy Boulevard	323.357.9662
Patricia G. Mitchell Swim Stadium	9520 Hildreth Avenue	323.563.5446
South Gate Museum and Art Gallery	8680 California Avenue	323.357.5838
Sports Center	9520 Hildreth Avenue	323.563.5445
Transit Services	9520 Hildreth Avenue	323.563.5754

AMERICAN YOUTH SOCCER ORGANIZATION FOR BOYS & GIRLS (A.Y.S.O.)

A.Y.S.O. provides South Gate youth with recreational soccer opportunities, while competing in a fun and safe environment. Program consists of practices, games, and post-season play.

**For registration information or to register
please visit: www.ayso.bluesombrero.com or
call 323.270.0608 • 562.331.2584**

JUNIOR ATHLETIC ASSOCIATION (J.A.A.)

For over 50 years the Junior Athletic Association has been dedicated to serving the youth of South Gate. It is an all volunteer organization that encourages parents to volunteer as coaches or as sports officials.

OFFICE HOURS:

Monday-Thursday

5:30 pm - 7:30 pm

Saturday

9:00 am - 12:00 pm

For more information please call 323.566.4700

HARBOR AREA FARMERS MARKET

Harbor Area Farmers Market currently hosts a market at South Gate Park every Monday, 8:30 am-1:30 pm, rain or shine! We are located in the parking lot on the corner of Pinehurst Ave. and Tweedy Blvd.

To obtain more information please email us via contact form on the website. We do not have a phone number for inquiries. Our website is GoodVeg.org or call at 562.308.7364

You can also follow us on Instagram @southgatefarmersmarket

SOUTH GATE ART ASSOCIATION

The South Gate Art Association is currently welcoming new members. The yearly membership fee is \$20. Soon, the Art Gallery will be open to Art Association activities which include art demonstrations by well-known local artists, weekly classes for adults and art exhibits. Once a year they hold a Family Art Night where community members of all ages can enjoy an evening of creating art together.

**For more information call
Alicia Salazar 323.271.2730 (Spanish)
Susan Janer 323.717.4243 (English)**

SOUTH GATE AZTECS

The South Gate Aztecs is a youth sports organization that provides the fundamental nurturing experiences for future success in sports and in life.

PLAYER AGE GROUPS:

Flag Football

5 - 6 years old

Tackle Football

7 - 14 years old

Cheer

5 - 13 years old

**For football: 323.327.2412 • For cheer: 323.338.1911
Registration information is available www.southgateaztecs.com**

SOUTH GATE AQUA COALITION, INC.

The South Gate Aqua Coalition, Inc. is the most advanced aquatics program at the Patricia G. Mitchell Swim Stadium for youth, where swim lesson participants can build upon what they have learned in previous programs. Members of SGAC also learn valuable life skills such as time management, good sportsman-ship, goal setting and good nutrition, all while improving their abilities in the water.

Practice Hours

Monday-Friday

5:00 pm - 7:00 pm

Try-out's Schedule

Weekdays (Monday – Friday)

5:00 pm - 7:00 pm

**For more information, please call 323.972.6664 or email
swimteam@southgateaquacoalition.com.**



City of South Gate

Search for a service or a page

Search



Online Payments



Permits



Jobs



Agendas & Minutes



Register Online



Yard Sales



Police Services



Waste Services

<https://secure.rec1.com/CA/city-of-south-gate-parks-recreation-ca/catalog>

Program Registration Begins June 3, 2024

GENERAL REFUND POLICY

A program may be canceled in the event minimum registration is not met by the specified deadline or 48 hours prior to the program. A full refund will be issued only in the event that a program is canceled by the Parks and Recreation Department. Refunds requested prior to the first day of class will be subject to a \$15 processing fee.

No refunds will be issued after the first day of class. Refunds will be issued by check and will be mailed within 4–6 weeks. No cash refunds.

FEES

Course fees vary and must be paid in full at the time of registration. ONE CHECK MAY BE WRITTEN FOR MULTIPLE CLASS REGISTRATIONS.

Make checks payable to: City of South Gate. No post-dated checks will be accepted. Please Note: Cash, personal checks, and credit cards are accepted at all registration sites.

ELIGIBILITY

Registration is open to all residents of the community and surrounding areas. South Gate residents are encouraged to enroll early since some programs have maximum quotas.

COMMUNITY EXCURSION INFORMATION

In-person registration is held at the Senior Center (8:00 am - 5:00 pm), Girls Club House (8:30 am - 5:30 pm) and Sports Center (8:00 am - 8:00 pm), online registration is also available. All fees are due at the time of registration. All departures leave from the Girls Club House. Please arrive 15 minutes before scheduled departure and check-in with the trip escort at the office. There is no grace period. Buses will depart and return from Girls Club House on time and as scheduled (traffic/weather permitting).

COMMUNITY EXCURSION REFUND POLICY

All cancellations must be made during our office business hours and there will be a \$15 administration fee charged per person.

ONLINE REGISTRATION WEBSITE



Please note that we have a new registration website. This means that if you have had an online account, you will have to create a new account on the CIVICREC website in order to log in and register for any of our programs.

SCAN THE QR CODE TO RE REGISTER WITH CIVICREC





BASEBALL FUNDAMENTALS

Boys & Girls Ages: 3 - 12 years **Fee: \$59**
9 week session **Location: TBD**

In this nine-week class participants will be taught the fundamentals of the sport. Participants will catch, throw, swing the bat, run the bases, and participate in basic fielding exercises. Drills utilized in this class are intended to increase participant knowledge while preparing them for potential league play.

Age 3 - 4 years	Wednesday	5:00 - 5:45 pm
(Parent participation required for the 3-4 year old class)		
Age 5 - 6 years	Wednesday	6:00 - 6:45 pm
Age 7 - 12 years	Wednesday	7:00 - 7:45 pm

YOUTH OLYMPIC WEIGHTLIFTING

Boys & Girls Ages 6 - 17 years **Fee \$59**
9 week session **Location: Sports Center**

This class focuses on learning the technique, progression, and execution of the snatch, power clean, and clean and jerk. Benefits of enrolling in this class are: Increased strength, power, improved muscular development, body composition, injury prevention, and learning a new way to train.

Mondays **6:00 - 6:45 pm**

KARATE

Boys & Girls Ages 7 - 17 years **Fee \$60**
Monthly Session **Location: Senior Center**

Karate offers the ability to develop confidence, physical fitness, self defense, discipline, competition and tournament skills.

Registration information: You must register on a monthly basis, on the first Monday or Wednesday of the month.

Mondays/Wednesdays

Beginners	5:15 - 6:15 pm
Youth Color	6:30 - 7:30 pm
Juniors & Adults	7:45 - 9:00 pm

VOLLEYBALL FUNDAMENTALS

Boys & Girls Ages 10+ years **Fee \$59**
9 week session

Location: Sports Center Gym (Court 2)

In this nine-week class participants will be taught the basic fundamentals of the sport. Participants will serve, pass, set, hit, and learn the basic positions on the volleyball court. Drills utilized in this class are intended to increase knowledge and prepare participants for competitive play.

Tuesday **5:00 - 5:45 pm**

MULTI-SPORT: SHOOT, KICK & HIT

Boys & Girls Ages 3-12 years **Fee \$59**
9 week session **Location: TBD**

In this nine-week class, participants will be taught the basic fundamentals of basketball, soccer and baseball. Drills utilized in this class are intended to increase participant knowledge of the three sports and assist with increasing participant comfortability in all sports league play.

Age 3 - 4 years	Thursday	5:00 - 5:45 pm
(Parent participation required for the 3-4 year old class)		
Age 5 - 6 years	Thursday	6:00 - 6:45 pm
Age 7 - 12 years	Thursday	7:00 - 7:45 pm



BASKETBALL FUNDAMENTALS

Boys & Girls Ages 5 - 12 years **Fee \$59**
9 week session **Location: Sports Center Gym (Court 2)**

In this nine-week class participants will be taught the fundamentals of the sport. Participants will shoot, pass, dribble, and rebound while also learning the basics of defense. Drills utilized in this class are intended to increase participant agility and assist with establishing their confidence on the court.

Age 5 - 6 years	Monday	5:00 - 5:45 pm
Age 7 - 8 years	Monday	6:00 - 6:45 pm
Age 9 - 12 years	Monday	7:00 - 7:45 pm

FOOTBALL FUNDAMENTALS

Boys & Girls Ages 5-12 years **Fee \$59**
9 week session **Location: TBD**

In this nine-week class participants will be taught the fundamentals of the sport. Participants will throw, catch, kick, block, and run while learning the basics of football. Drills utilized in this class are intended to increase participants knowledge while preparing them for potential league play.

Age 5 - 6 years	Tuesday	6:00 - 6:45 pm
Age 7 - 12 years	Tuesday	7:00 - 7:45 pm

SOCCER FUNDAMENTALS

Boys & Girls Ages 3-12 years **Fee \$59**
9 week session **Location: Sofive Soccer Center**

In this nine-week class participants will be taught the fundamentals of the sport. Participants will pass, dribble, and score while also learning the basic of defense. Drills utilized in this class are intended to increase participant agility and assist with establishing their confidence on the field.

Age 3 - 4 years	Wednesday	5:00 - 5:45 pm
(Parent participation required for the 3-4 year old class)		
Age 5 - 6 years	Wednesday	6:00 - 6:45 pm
Age 7 - 12 years	Wednesday	7:00 - 7:45 pm
Age 3 - 4 years	Thursday	5:00 - 5:45 pm
(Parent participation required for the 3-4 year old class)		
Age 5 - 6 years	Thursday	6:00 - 6:45 pm
Age 7 - 12 years	Thursday	7:00 - 7:45 pm

YOUTH BASKETBALL TRAINING



Boys & Girls Ages 10+ years **Fee \$59**
9 week session **Location: Sports Center**

Lebron, Steph, and Giannis all know what it takes to be the best. Our Trainers will instill the fundamentals needed to train like the pros. Become quicker, faster, and stronger than the competition! This class focuses on the strength and conditioning aspect of basketball and is not intended for beginners

Intermediate/Advanced Class ONLY
Mondays **5:00 - 5:45 pm**



ADULT BASEBALL LEAGUE

Adult Baseball Leagues are held throughout the year on Saturday afternoons, evenings and on Sunday afternoons. The City offers both wood and aluminum bat options.

League Rate **\$600.00**

DO YOU HAVE A TEAM AND WANT TO JOIN OUR SPORTS LEAGUE PROGRAM FOR THE UPCOMING SEASON? CALL THE SPORTS CENTER FOR THE DETAILS AT 323.563.5445

ADULT SOFTBALL TEAM SIGN UP

Calling all softball teams both Men’s and Co-ed, our current leagues are taking registration for the upcoming season. Men’s league is held on Thursday evenings while Co-ed will be held on Fridays

Teams **\$569.00**
Refundable forfeit fee **\$82.00**
Umpire fee per game **\$20.00**

ADULT BASKETBALL LEAGUE

Gather your starting 5 and join our Adult Basketball Leagues. We currently offer a Men’s & Women’s League, both offered on Friday evenings.

Teams **\$430.00**
Refundable forfeit fee **\$82.00**
Referee fee per game **\$40.00**

ADULT VOLLEYBALL LEAGUE

Join our Adult Volleyball League being held every Tuesday evening. This is a Co-ed League with game times between 6:00 - 9:00 pm.

Teams **\$353.00**
Refundable forfeit fee **\$35.00**
Umpire fee per game **\$35.00**

SOCCER OPEN PLAY

Location: Sofive Soccer Center
Days: Monday, Wednesday, Friday
Time: 5:30 - 7:00 pm

Free

The Parks & Recreation Department will be offering FREE Open Play soccer for adults at Sofive Soccer Center. As part of the City’s agreement with Sofive, the Department is able to provide RESIDENTS ONLY with this great opportunity to play soccer in the premier 5 vs. 5 facility in the country. Residents will be required to check in at the Sofive Soccer Center and show proof that they live in South Gate. Open play will be on two of the soccer complex’s fields for an hour and a half each day. Residents will be able to register to play up to 30 minutes before the start of each play period. Daily registration will be limited to the first 30 adults.

SATURDAY, JULY 20

**ONLY
\$10
\$20 AFTER
JULY 11**

**AGES
5 & UP**



**RUNNERS
RECEIVE
COOLING TOWEL
& SUNGLASSES!**
*WHILE SUPPLIES LAST

FUN RUN

**PARTY
STARTS
10AM**



**FIRST
WAVE
12PM**



SOUTH GATE PARK

CONTACT THE SPORTS CENTER FOR THE DETAILS 323.563.5445



CONCERTS IN THE PARK

**FRIDAY
JULY 5**



**FRIDAY
JULY 12**



**FRIDAY
JULY 19**



**FRIDAY
JULY 26**



SOUTH GATE BANDSTAND

9520 HILDRETH AVENUE

FREE EVENT • 6:00 TO 8:00PM

NO DOGS ALLOWED



For more information contact the Girls Club House at 323.563.5447

MOVIES *in the park*



**FRIDAY
AUG. 2**



**FRIDAY
AUG. 9**



**FRIDAY
AUG. 16**



**FRIDAY
AUG. 23**



**FRIDAY
AUG. 30**

8:00PM • SOUTH GATE GOLF COURSE • 9615 PINEHURST AVE

NO ALCOHOL ALLOWED • NO DOGS ALLOWED

For more information contact the Girls Club House at 323.563.5447



ART CLASS

Ages 7 - 17 years • Fee \$75

5 week session Location: Girls Club House - Room C

This class teaches students the drawing fundamentals, including contour drawing perspectives, shading, proportion and still rendering. The instructor for this class will be Claudia Hindu. Please note that a payment of \$10 will be collected by the instructor on the first day of class for the supplies that will be needed for this class.

Tuesday

Class dates

4:00 - 5:00 pm

June 25, July 2, July 9, July 16, and July 23

BABY BOOGIE

Ages 3-5 years

Fee \$70

9 week session

Location: Girls Club House

This class will incorporate hip hop dancing along with classical moves. The instructor will inform you on the first day of class as to what the attire will be for this class. Instructor for this class will be Crystal Betancourt.

Tuesday

5:00 - 5:30 pm

BABY MEXICAN FOLK

Ages 3-5 years

Fee \$70

9 week session

Location: Banquet Room

Your little ones will enjoy learning a traditional dance from all the regions of Mexico. A dance costume will be required for the recital at the end of the nine-week session. Participation in the dance recital is optional. The instructor for this class is Vanessa Diaz.

Ages 3 - 4 years

Tuesday/4:30 - 5:00 pm

Ages 4 - 5 years

Tuesday/5:10 - 5:40 pm

BABY TAP DANCING

Ages 3-5 years

Fee \$70

9 week session

Location: Girls Club House

Bring your child to this new and exciting dance class. They will learn fun dance movements while learning beginning tap steps. *Tap shoes will be required by the second class. Instructor for this class will be Crystal Betancourt.

Monday

5:00 - 5:30 pm

BALLET

Ages 3-12 years

Fee \$70

9 week session

Location: Girls Club House

This class will teach them the steps and proper ballet techniques through a designed routine that will be performed at the end of the nine weeks. Ballet shoes are required. Instructor for this class will be Crystal Betancourt.

Ages 3-4 years

Tuesday/5:30 - 6:00 pm

Ages 4-5 years

Tuesday/6:00 - 6:30 pm

Ages 6-12 years

Tuesday/6:30 - 7:15 pm

HIP HOP DANCE

Ages 6-12 years

Fee \$70

9 week session

Location: Girls Club House

Learn fun and energetic routines to the hip music of today. You'll learn a new and technical dance routine during the nine week session. Instructor for this class will be Crystal Betancourt.

Ages 6-8 years

Thursday/5:30 - 6:15 pm

Ages 9-12 years

Thursday/6:15 - 7:00 pm

No class July 4, 2024

MEXICAN FOLK DANCE FOR YOUTH

Boys & Girls Ages 6 - 17 Years **Fee \$70**

9 week session **Location: Girls Club House**

Learn all types of traditional dances from all the different regions of Mexico. A dance costume will be required for the recital at the end of the nine-week session. Participation in the dance recital is optional. The instructor for this class is Mary Lastra.

Ages 6 - 8 Years **Wednesday/5:00 - 5:45 pm**

Ages 8 - 11 Years **Wednesday/5:45 - 6:30 pm**

Ages 12 - 17 Years **Wednesday/6:30 - 7:15 pm**

Advanced

Ages 12 - 17 Years **Wednesday/7:15 - 8:00 pm**

CHEERLEADING

Ages 5 - 12 years **Fee \$70**

9 week session **Location: Banquet Room**

This class will incorporate the basics of cheerleading, where they will learn how to work together as a group to learn a routine. A dance costume will be required for the recital at the end of the nine-week session. Participation in the dance recital is optional. The instructor for this class is Ashley Lopez.

Ages 5-7 years **Thursday/5:00 - 5:45 pm**

Ages 8-12 years **Thursday/6:00 - 6:45 pm**

No class July 4, 2024

CHEER CAMP

Ages: 7 - 17 Years Old **Fee \$150**

Location: Girls Club House

This is an intensive, one week course, where children will be able to learn stretching techniques and learn a cheerleading routine! The instructor for this class is Crystal Betancourt.

Class dates **August 5 - 9**

Monday - Friday **9:00 - 12:00 pm**

FASHION SKETCHING

Ages 8 - 17 Years **Fee: \$75 + \$10 supplies**


5 week session **Location: Girls Club House-Room C**

This class teaches students to develop their own style of fashion illustration with pencil and mixed media. Students will learn to draw women, men and children's fashion models used as a basic for drawing idealized proportions. Instructor for this class will be Claudia Hindu.

Tuesday **5:00 - 6:00 pm**

This class will take place on the following dates:

June 25, July 2, July 9, July 16, and July 23



SINGING CLASSES

Ages 7-17 years **Fee \$70**
9 week session **Location Girls Club House**
Enroll in singing classes to find your voice! In this class, you will be able to learn the fundamentals of singing through vocal warm-ups, expanding your range, and establishing a good posture to have proper breathing while singing! On the last day of classes, students will have the opportunity to perform their chosen song in front of family and friends! The instructor for this class is Crystal Betancourt.

Monday **7:15 - 8:00 pm**

CREATIVE DANCE

Ages 7 - 17 years old **Fee \$70**

9 week session **Location: Girls Club House**

Creative dance for creative minds! Join us in creating your own style of dance by coming up with choreography with others! In this class, you will be introduced to different styles of dance and music, all while working collaboratively with others! The instructor for this class is Crystal Betancourt

Tuesday **7:15 - 8:00 pm**

PARENT AND ME: RHYTHM AND MOVEMENT CLASS

Ages: 18 months - 3 Years Old **Fee \$70**

9 week session **Location: Girls Club House**

Enroll in this parent and me class for your toddler to be introduced to rhythm and movement, all while expanding their motor skills! Toddlers will have access to wooden instruments. Parent participation is required! The instructor for this class is Crystal Betancourt

Thursday **5:00 - 5:30 pm**

No class July 4, 2024

DANCE CAMP

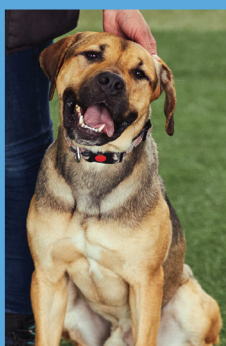
Ages: 7-17 Years Old **Fee \$150**

Location: Girls Club House

This is an intensive, one week course, that focuses on training in Jazz, Salsa, and Hip Hop! The instructor for this class is Crystal Betancourt.

Class dates **June 24 - June 28**

Monday - Friday **9:00 - 12:00 pm**



DOG OBEDIENCE CLASSES

Ages 18+ years **Fee: \$70**

9 week session

Location: Hollydale Dog Park

Good manners at an early age makes a new puppy a more enjoyable family member. Instructor for this class will be Gunther A Ramos.

Saturday **9:00 - 10:00 am**

Saturday **10:30 - 11:30 am**

YOUNG CHAMPIONS OF AMERICA SELF DEFENSE LESSONS REGISTER ON SITE

14 week session
Age 4+ years

Fee: \$10 per week
Location: Auditorium

Builds confidence, self-discipline and teaches valuable safety tips. A one time registration fee is due at the time of registration. Class Dates: June 5 - Sept. 4, 2024

New Students (Ages 4-15): Wednesday 5:15 - 5:55 pm
Yellow & Orange Belts Wednesday 6:00 - 6:40 pm
Purple Belts & Above Wednesday 6:45 - 7:25 pm

For information call 714.478.3793 • 714.425.4708

PRESCHOOL PROGRAMS



Registration Information: Onsite registration only.
Must have birth certificate if this is the first time registering for the program. Child must be mature enough to remain in class by themselves.

LIL CHEFS COOKING CLASS

Ages 6-10 years
5 week session

Fee \$65

Location: Senior Center Conf. Rm

Participants will make a different recipe each week. All items needed for the class will be supplied.

Class Dates
Tuesday
Tuesday

July 16, 23, 30/Aug. 6, 13
4:00 - 5:00 pm
5:15 - 6:15 pm

TINY TUMBLERS

Boys & Girls Ages 3-5 years
9 week session

Fee \$70

Location: Girls Club House

Your little one will learn how to do many tumbling movements. Your child will become more flexible and stronger with each class. Instructor for this class will be Crystal Betancourt.

Monday

5:30 - 6:00 pm

TUMBLING CLASS

Boys & Girls Ages 6-12 years
Fee \$70

9 week session

Location: Girls Club House

Your child will learn the basics of gymnastics. This class is designed to improve your child's coordination and introduce them to flexible movements. Instructor for this class is Crystal Betancourt.

Beginners Tumbling

Monday

6:00 - 6:30 pm

Advanced Tumbling II

Child must have taken Tumbling I class in order to register for this class.

Monday

6:30 - 7:15 pm

TINY TWO'S CLASSES

Boys & Girls 2 years old

Fee \$101

9 week session

Location: Girls Club House Rm B

It's never too early to introduce your child to a school like environment. This nine week session will encourage your 2 year old how to group socialization and participation in story telling, games, action songs, music, and crafts.

*NO CLASS JULY 4

Parent involvement is required during class time. One adult per child allowed in class. Birth certificate for each child you register is required. On site registration only.

Monday/Wednesday or Tuesday/ Thursday

9:00 - 10:30 am

Monday/Wednesday or Tuesday/ Thursday

11:30 am - 1:00 pm

TOT TIME CLASSES

Boys & Girls Ages 3-5 years

Fee \$106

9 week session

Location: Girls Club House

Children will learn primary numbers, colors, shapes and the alphabet. Children will also learn to follow directions and socialize with other children through games, songs, puzzles and crafts.

*NO CLASS JULY 4

NO DIAPERS/PULL UPS ALLOWED IN CLASS. CHILD MUST BE POTTY TRAINED. SPACE IS LIMITED IN EACH CLASS.

Monday/Wednesday

9:00 - 11:00 am/12:00 - 2:00 pm

Tuesday/ Thursday

10:00 am - 12:00 pm



ZINE FIESTA 3

SATURDAY, AUGUST 10 | 1PM-5PM

Activities, History, Shop & Trade Zines!

**SOUTH GATE MUSEUM & ART GALLERY
8680 CALIFORNIA AVENUE**

OPENING RECEPTION OF:

Oír de Nuevo

↻ PRESS REPEAT



Deadline to submit artwork for group exhibition is Sunday, June 9, 2024 at 11:59PM

FOR MORE INFO CALL (323) 357-5838 OR EMAIL [JMEJIA@SOGATE.ORG](mailto:jmejia@sogate.org)

CITY OF SOUTH GATE

ART WALK

SATURDAY, OCTOBER 12

**ARTIST & VENDOR APPLICATION
OPENS MONDAY AUGUST 26**



ART CLUB TUESDAY OR THURSDAY

4 week session

Fee \$40

Youth and Teen

Ages 8-15

Location

**8680 California Avenue
South Gate, CA 90280**

Let's learn about different types of art mediums! Weekly we will dive into a different medium and see what tools you enjoy working with. Our goal is to make sure students experiment and have fun creating art.

Class Dates

Tuesdays 4:30 pm - 6:00 pm June 25, July 2, 9 & 16

**Thursdays 4:30pm - 6:00 pm June 27, July 11, 18 & 25
(No class on 4th of July)**

CARTOON & COMIC BOOK CHARACTERS

Youth - Ages 7 - 11

Fee \$95

6 week session

Location:

**8680 California Avenue
South Gate, CA 90280**

Through step-by-step instruction each student will be provided with the knowledge and skills needed to learn how to draw the cartoon/comic book characters seen on TV, movies, and graphic novels. Students will put into practice various drawing techniques needed to draw efficiently while exploring their creativity. Class instructor is Art Made Izzy.

Students will need to bring their own materials.

Class Dates

June 25, July 2, 9, 16, 23 & 30

Tuesdays

6:30 - 8:00 pm



DRAWING + COMICS (YOUTH & TEEN)

8 week session

Fee \$100

Location:

**8680 California Avenue
South Gate, CA 90280**

Storytelling and illustration class that will entail learning creative writing, color theory and watercolor painting while also creating personalized art in comic form culminating in students presenting their final creations to their class. Instructor for class is Dustin Garcia.

Supplies: \$25 bring to first day of class for instructor.

Class Dates

June 26, July 3, 10, 17, 24, 31

August 7 & 14

Youth Class - Ages 7 - 11

Wednesdays

5:00 - 6:30 pm

Teen Class - Ages 12 - 17

Wednesdays

6:30 - 8:00 pm

WATERCOLOR TECHNIQUES AND TIPS

6 week session

Location:

**8680 California Avenue
South Gate, CA 90280**

Develop your natural artistic skills as you learn basic watercolor theory and techniques. This class covers color mixing, color application, and composition through fun and exciting exercises. Class instructor is Art Made Izzy.

Students will need to bring their own materials.

Class Dates

June 24, July 1, 8, 15, 22 & 29

Youth Class - Ages 7 - 14

Mondays

Fee: \$95

4:00 - 5:30 pm

Adult 18+

Mondays

Fee: \$115

6:00 - 8:00 pm



SOUTH GATE

PAR 3 GOLF COURSE

9615 Pinehurst Avenue
323.357.9658

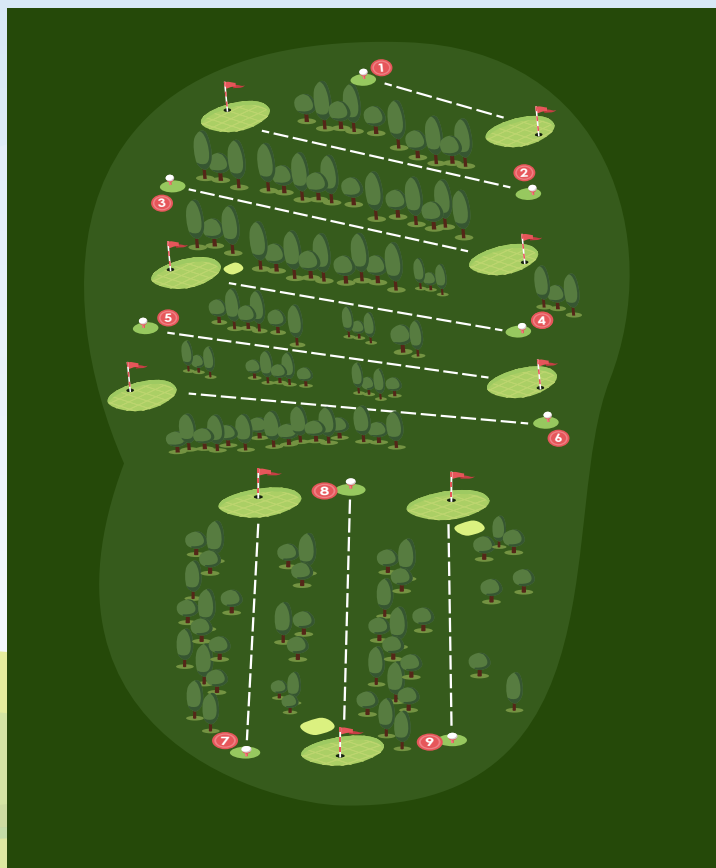
HOURS OF OPERATION

MONDAY - SUNDAY

8:00 AM - 6:00 PM

LAST TEE TIME: 5:00 PM

* STARTER SHACK CLOSED DAILY 12:30-1:00 PM *



GREEN FEES	WEEKDAY	WEEKEND
YOUTH	\$10	\$11
ADULT	\$11	\$13
SENIOR/DISABLED	\$10	\$11
MILITARY	\$10	\$11



DOUBLE PLAY TUESDAYS

Buy one round of golf and get the second round for free

CLUBHOUSE AMENITIES

Enjoy our fully stocked snack bar with treats and refreshments

SENIOR DISCOUNTS

Seniors play for \$4.50 every Thursday & Friday

GOLF CARDS

Golf card gives you access to 10 rounds of golf during the week
Youth/Military \$35 • Seniors \$ 35 • Adult \$ 75

DRIVING RANGE IS NOW OPEN



PATRICIA G. MITCHELL
SWIM STADIUM

Patricia G. Mitchell Swim Stadium

9520 Hildreth Avenue
323.563.5446

POOL SCHEDULE

JUNE 3 TO SEPTEMBER 1, 2024

POOL CLOSURE DATES FOR THIS SEASON

JUNE 8	• ALL DAY	SWIM MEET
JUNE 9	• 1:00-5:00 PM	AQUA FITNESS EXPO
JUNE 20	• 9:00-11:00 AM	WORLD'S LARGEST SWIMMING LESSON
JUNE 29	• 9:00 AM-1:00 PM	SWIM MEET
JUNE 30	• 9:00 AM-1:00 PM	SWIM MEET
JULY 4	• ALL DAY	INDEPENDENCE DAY

FAMILY SWIM HOURS*

MONDAY - SUNDAY	1:00 - 2:30 PM
MONDAY - SUNDAY	3:00 - 4:30 PM
MONDAY - FRIDAY	7:30 - 9:00 PM

*Subject to pre-sale 30 minutes before the start of Family Swim hours. Please call for more information.

ADULT SWIM HOURS

MONDAY - THURSDAY	11:30 AM - 1:00 PM
	9:00 - 9:45 PM
SATURDAY - SUNDAY	12:00 - 1:00 PM

LAP SWIM HOURS

Lap swimming is available in a designated area during all open swim sessions for Adults Only unless given permission by Supervising Staff. Please make inquiries in Pool Office.

MONDAY - FRIDAY	5:00 - 7:00 PM
MONDAY - THURSDAY	6:00 - 7:30 AM
MONDAY - THURSDAY	8:00 - 11:00 AM
SATURDAY - SUNDAY	9:00 AM - 12:00 PM

Acceptable payment types: cash, check,
and credit or debit card

We do not accept Apple Pay/Google Pay



Save time and create your
online account by scanning
the QR code before
registration begins!

DAILY RATES

4 YRS & UNDER	FREE
5 - 17 YRS	\$4
18 YRS +	\$5
SENIORS (62 YRS+)	\$4
DISABLED	\$4
MILITARY	\$4

PUNCH CARD FEES

YOUTH/TEEN/SENIOR/DISABLED/MILITARY	\$40	10 VISITS
ADULTS 18+	\$50	10 VISITS

POOL REGULATIONS

- The Supervising Lifeguard on duty has the final say in all Health & Safety matters.
- One child under 8 years of age and 48" tall per adult 18+ in the water at a time.
- All swimmers must wear a proper swim suit.
NO BASKETBALL SHORTS or EXERCISE CLOTHES ALLOWED.
- The staff is not responsible for lost or stolen personal items, so if in doubt, **PLEASE DO NOT BRING THEM.**
- Water diapers for infants are **REQUIRED.**
- Children 6 years old or older **MAY NOT** walk through the opposite gender's locker room. Please ask staff for assistance

SOUTH GATE



POOL RENTAL INFORMATION

Pool rentals are fun for any occasion. We rent out the pool for baptisms, business parties, swim meets, water polo tournaments and more. The Patricia G. Mitchell Swim Stadium is an indoor, Olympic-size heated swimming pool with an enclosed large patio for dining, music and extra seating. Rentals are taken on a first-come, first-paid basis and cannot be made less than 14 days before the event.

Non-profit basic rate (private party): \$157 an hour for 150 guests (Includes: whole pool, 3 lifeguards and use of the patio)

Please call for pricing on commercial use. There is a cancellation fee for all rentals.

SWIM STADIUM MEMBERSHIPS

All memberships must be paid with a credit or debit card unless 6 months or 1 year are paid in advance.

For more information, please call the Patricia G. Mitchell Swim Stadium at 323.563.5446



AQUA FITNESS EXPO

The Patricia G. Mitchell Swim Stadium invites you to our 1st annual Aquatics Fitness Expo!

Looking for a new way to get motivated and start your journey to a healthier life? Join us to learn more about new and existing programs, meet the team, and find the aquatic fitness class that fits your needs. There will be demonstrations from the instructors to give you an idea of what to expect in each class, plus the instructors will be on hand to answer any questions you might have to guide you to the class that works better for you. The event is guaranteed to be informative as well as fun! Open to ages 13+.

For more information, please call 323.563.5446.

SUNDAY, JUNE 9TH, 2024 • 2:00 - 4:00 PM

SPLASH

Family Swim/Lap
Swim/Adult Swim/Showers

Family • \$30/Month
Adults • \$15/Month
**Youth/Teens/Seniors/
Military/Disabled
• \$10/Month**

SPLASH FITNESS

Family Swim/
Lap Swim/Adult
Swim/Showers/
Aquatic Fitness Classes

Adults • \$20/Month
**Youth/Teens/Seniors/
Military/Disabled
• \$15/Month**

SPORTS & SPLASH

Everything included with the
Sports Membership and
access pool for Family,
Adult & Lap swim

Family • \$40/Month
Adults • \$20/Month
**Youth/Teens/Seniors/
Military/Disabled
\$15/Month • \$10/Month**

PREMIER

Everything included with
Fitness, Sports & Splash

Family • \$70/Month
Adults • \$30/Month
**Youth/Teens/Seniors/
Military/Disabled
• \$25/Month**





The World's Largest Swimming Lesson™

FREE EVENT • THURSDAY, JUNE 20, 2024

Become a world record holder! Join thousands of people at aquatic facilities around the globe for the World's Largest Swimming Lesson! We are making a huge splash to spread the word that swimming lessons save lives! Don't miss your chance to participate in the 13th Annual WLSL event to help prevent drowning - the second leading cause of injury - related death of children ages 1 - 14.

All Ages Welcome!

Registration begins June 1, 2024

Check in begins at 9:00 am

Event begins 10:00 am sharp!



LIFEGUARD CERTIFICATION

This class will be offered to all swimmers who wish to become professional lifeguards. Provides participants the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illness until EMS personnel take over. Prerequisites: Minimum age 15 years. Complete a Swim-Tread-Swim sequence without stopping to rest: Jump into the water and totally submerge, resurface then swim 150 yards using the front crawl, breaststroke or a combination of both. (Swimming on the back or side is not permitted. Swim goggles are allowed.) Maintain position at the surface of the water for 2 minutes by treading water using only the legs. Swim 50 yards using the front crawl, breaststroke or a combination of both. Retrieve a 10-pound brick from the bottom of the deep end. Participants who successfully complete the Lifeguarding course receive an American Red Cross certificate for Lifeguarding/First Aid/CPR/AED PLUS Bloodborne Pathogens and Administering Emergency Oxygen.

FOR INFORMATION CALL 323.563.5446



ADULT AND PEDIATRIC CPR/FIRST AID/AED TRAINING

The Adult and Pediatric CPR/First Aid/AED course incorporates the latest science and teaches students how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult and Pediatric CPR/AED valid for two years. This is a blended learning class and requires proof of online content completion to attend the in-class portion. You will do the Skills Demonstration and Skills Test in class

AFTER doing the online portion.

FRIDAY, AUGUST 9 • 6:00 - 8:30 pm

REGISTRATION NOW OPEN • COST \$60.00

**Please call the Patricia G. Mitchell Swim Stadium
for more information: 323.563.5446**

LEARN TO SWIM



Learning how to swim can save your life and the lives of your friends and loved ones. That is why our Aquatic Staff is eager to teach you and your little ones how to swim and be safe around water. Swim lessons are progressive in nature, so the new classes available during registration change per session, based on the successful completion of the students in the previous session.

Pretest is available upon request. Please bring child and swim suit with you before registration during open hours.

Please Note: Registration is available online and in-person. It is first-come, first-served and begins in person at 9:00 am and 10:00 am online. Everyone registering in person must bring their child's birth certificate, and their Driver's License or ID. Save some time and create your own account online by scanning the QR code on page 24. For more information, please call us at 323.563.5446

SWIM LESSON SKILLS

Parent & Child - Baby Beluga

- Introduces basic skills to parents and children. Parents are taught how to safely work with their child in the water. This includes: appropriate supporting/holding their child in the water, preparing and encouraging their child to participate fully in each skill. Children are introduced to basic skills that lay a foundation to help them learn to swim.

Tiny Tot 1 - Starfish

- Introduces the most elementary aquatic skills, which participants continue to build on as they progress through the Preschool Aquatics and Learn to Swim levels. At this first level, children are encouraged to develop good attitudes and safe practices around the water.

Tiny Tot 2 - Jellyfish

- Most skills in this level are performed with assistance. This level marks the beginning of independent aquatic locomotion skills. Participants continue to explore using simultaneous and alternating arm and leg actions on the front and back to gain more proficiency for future strokes.

Tiny Tot 3 - Sea Otter

- Skills in this level are performed independently. Participants learn to improve coordination of combined simultaneous arm and leg actions; and alternating arm and leg action.

Tiny Tot 4 - Seahorse

This level builds on the skills taught in level 3 and introduces more advanced skills based on the child's ability.

Level 1 - Crab Introduction to Water Skills

- Participants will be taught the basic personal water safety information and skills, to help participants feel comfortable in the water and to enjoy the water safely.

Level 2 - Octopus Fundamental Aquatic Skills

- Participants are taught to float without support and to recover to a vertical position. This level marks the beginning of true locomotion skills. Participants further develop simultaneous arm and leg actions; and alternating arm and leg action on the front and back that lay the foundation for future strokes.

Level 3 - Sea Turtle Stroke Development

- Participants are taught to swim the front crawl, elementary backstroke, scissor kick, dolphin kick, and how to tread water. Participants will also be taught the rules to entering the water head first in 9 feet deep of water.

Level 4 - Dolphin Stroke Improvement

- Participants are taught how to improve their skills and increase their endurance by swimming already learned strokes for greater distances. Participants are also taught how to back crawl, breaststroke, butterfly and the basics of turning at a wall.

Level 5 - Sting Ray Stroke Refinement

- Participants are taught how to refine their performance of all the strokes (Front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke) and increase their distance. Students are also taught the proper way to change directions while swimming.

Level 6 - Shark Swimming & Skill Proficiency

- Participants continue to refine their strokes as they are taught to greater distances. They will be introduced to other aquatic activities in the areas of Personal Water Safety, Fundamentals of Diving, and Fitness Swimming. These activities should prepare them for more advanced water related programs like lifeguarding, competitive swimming, water polo, diving, and synchronized swimming.

GROUP SWIM LESSONS

Boys & Girls	Ages 6 months-17 years
4 week sessions	25 minute classes
Monday/Wednesday	5:00 - 7:30 pm
Tuesday/Thursday	5:00 - 7:30 pm

Group lessons have between 6-8 students in a class (depending on level). Each session of classes and times offered are based on the number of students who pass to the next level in the previous session and the amount of instructors available to teach.

Registration Dates	May 25, Jun. 29, Jul. 27
Classes Begin	Jun. 3, Jul. 1, Jul. 29
Parent & Child(6 months-2 yrs old)	\$62.00
Tiny Tots (3-5 yrs. old)	\$62.00
Youth (6-17 yrs. old)	\$62.00

PRIVATE SWIM LESSONS

Ages 3-100 years	4 week sessions
Friday	5:00 - 7:30 pm
Saturday & Sunday	9:00 am - 1:00 pm

Private swim lessons are taught one-on-one. All private swim lesson participants will be granted free entry into our Family Swim sessions that take place Monday - Friday from 3:00 - 4:30 pm for additional practice time in the water. **Class time is 25 minutes long.**

Registration Dates	May 26, Jun. 30, Jul. 28
Classes Begin	Jun. 7, Jul. 5, Aug. 2
Tiny Tots (3-5 yrs. old)	\$121.00
Youth (6-17 yrs. old)	\$121.00
Adults (18+ yrs. old)	\$121.00

SEMI-PRIVATE SWIM LESSONS

Ages 3-100 years	4 week sessions
Friday	5:00 - 7:30 pm
Saturday & Sunday	9:00 am - 1:00 pm

Semi-private swim lessons are taught in a group of 2-3 students of like-skill. All semi-private swim lesson participants will be granted free entry into our Family Swim sessions that take place Monday-Friday from 3:00 - 4:30 pm for additional practice time in the water.

Class time is 25 minutes long.

Registration Dates	May 26, Jun. 30, Jul. 28
Classes Begin	Jun. 7, Jul. 5, Aug. 2
Tiny Tots (3-5 yrs. old)	\$79.00
Youth (6-17 yrs. old)	\$79.00
Adults (18+ yrs. old)	\$79.00

ADULT GROUP SWIM LESSONS PROGRAM

Ages 18 +	Fee \$74
Class takes place twice a week for four weeks. Please bring your Driver's License or ID to enroll.	

Adult swim lessons are divided into three basic categories:

- 1. Beginners-Introduction to water skills**
- 2. Intermediates-Fundamental aquatic skills**
- 3. Advanced-Stroke development, improvement and refinement.**

Registration Dates	May 25, Jun. 29, Jul. 27
Classes Begin	Jun. 3, Jul. 1, Jul. 29
Class day	Monday/ Wednesday & Tuesday/Thursday
Class Time	9:00 - 9:45 pm

AQUA AEROBICS

Ages 13+

Fee	\$6 per class
Monday & Wednesday	9:00 - 9:45 pm

Ladies, gently shed a few dress sizes without having to feel the sweat run down your shirt. Gentleman, lose a few pounds, tone and lean out your muscles at the same time without the injury causing impact that you would normally experience during a land workout.

This class is included with the Splash Fitness Membership.

MASTER SWIM

Ages 13+

Fee	\$6 per class
Monday & Wednesday	6:15 - 7:00 am
Monday & Wednesday	9:00 - 9:45 pm

Whether you're a triathlete, open water swimmer or just want to maintain fitness or brush up on stroke technique, we got you covered! This class is designed for advanced swimmers 13 years and older. Ability to swim 100 yards of Freestyle and Backstroke as well as knowledge of Breaststroke and Butterfly is suggested.

This class is included with the Splash Fitness Membership.

SENIORCISE

Ages 55+

Fee	\$4 per class
Tuesday & Thursday	11:30 am - 12:15 pm

Our senior water exercise program offers a stress-free time to swim, improve health and fitness, and socialize with others while enjoying the benefits of our heated indoor pool. This shallow water, low impact class is slower paced and designed to promote joint flexibility, range of motion, and agility while building cardiovascular fitness and muscle strength.

This class is included with the Splash Fitness Membership.

AQUA BLAST

Ages 13+

Fee	\$6 per class
Tuesday & Thursday	6:15 - 7:00 am

Looking for a challenge, but don't want to sweat at the gym? Look no further because Aqua Blast will get you in shape fast! Join this high-intensity class to strengthen muscles with water resistance training. This class will be held in the shallow end of our pool. No experience necessary.

This class is included with the Splash Fitness Membership.

SURVIVAL SWIMMING COURSE FOR ADULTS

Fee	\$40
Ages 18+	2 week session
Tuesday & Thursday	9:00 - 9:45 pm

Not interested in learning the competitive swim strokes but still want to be safe around water? Then this is the class for you! This introductory level class is designed to help you overcome your fear of the water and achieve the basic skills of water competency so you're prepared in an emergency. Skills covered: ability to enter the water, get a breath, stay afloat, change position, swim a short distance, then get out of the water safely.

Registration Date	June 29
Class dates	July 9, 11, 16, 18

FREE COMMUNITY SWIM DAYS

Join us for FREE Community Swim Days this summer! Come learn how to stay safe in and around the water, and tips and other ways to beat the summer heat. Featuring lawn games, music, and prizes, plus the first 250 people get free entry into the pool.

Summer Kick-Off Splash!	6-15-24 • 5:00 - 7:00 pm
4th of July Splash!	7-6-24 • 5:00 - 7:00 pm
Back-to-School Splash!	8-10-24 • 5:00 - 7:00 pm

GATOR SWIM ACADEMY

8 week session	Fee \$100
Boys & Girls	Ages 6 - 17 years
Monday - Thursday	9:00 - 11:00 am

The Gators Swim Academy is a summer novice program designed for kids with advanced swimming skills to further their training in a fun and supportive environment. This precompetitive swim program aims to improve technique in all four strokes, starts and turns, plus build strength, endurance, and speed. Kids will get an opportunity to compete in a mock swim meet against local swim teams at the end of the summer. Participation in this program will help swimmers transition to a local community swim team, club swim team, high school team and more. Please note: This class takes place in the deep end, ability to swim two laps of freestyle and backstroke required

Registration Date (in-person or online)	May 25
Academy Dates	June 17 - Aug. 8*
*Pro-rated fee available	

JUNIOR LIFEGUARD

8 week session	Fee \$200
Boys & Girls	Ages 9 - 17 years
Monday - Thursday	8:00 am - 12:00 pm

Open to children ages 9 through 17, the mission of the City of South Gate Junior Lifeguard Program is to educate youth in our community in pool, ocean and beach safety, physical conditioning, basic first-aid, and environmental awareness, while developing the next generation of future lifeguards and leaders. Please note: Participants must be able to successfully pass a 100-yard swim test.

Registration Date (in-person or online)	May 25
Program Dates	June 17 - Aug. 8*
*Pro-rated fee available	

JUNIOR WATER POLO

4 week sessions	Fee \$34
Boys & Girls	Ages 6-12 years
Fridays	6:40 pm - 7:25 pm

This introductory class is designed to give kids ages 6-12 the opportunity to learn the fundamentals of water polo in an supportive environment that emphasizes skill development, teamwork, and physical fitness. Although the sport of water polo is known for its toughness and endurance, Junio Water Polo harnesses all the fun, dynamic aspects of the game in a safe, easy-to-learn aquatic experience that will motivate kids to swim and stay fit.

Registration Dates	May 25, Jun. 29, Jul. 27
Classes Begin	Jun. 7, Jul. 5, Aug. 2

LOS ANGELES 84 FOUNDATION

Thanks to a grant generously awarded by the LA84 Foundation, the City of South Gate's Patricia G. Mitchell Swim Stadium will be offering FREE swimming lessons for kids ages 7 - 17 this summer. Classes are scheduled to begin in June. Sessions are 2 weeks long and run Monday-Thursday between 9:00 - 11:00 am; one session allowed per participant, and each class is approximately 25-minutes long. A scholarship form must be filled out, turned in and approved before participating. Scholarship application forms will be available at the Swim Stadium starting June 1, 2024. Please call 323.563.5446 for more information or stop by the Swim Stadium to apply today!

SPLASH INTO SUMMER: SWIM CAMP FOR KIDS

1 week camps	Fee \$70
Monday - Thursday	11:00 am - 2:00 pm

Learn the fundamentals of how to swim, play water polo, dive, perform basic first aid and more at Splash into Summer Camp.

Registration date (in-person /online)	May 25 - 9:00 am
Session 1	June 17 - 20
Session 2	June 24 - 27
Session 3	July 8 - 11
Session 4	July 15 - 18
Session 5	July 22 - 25
Session 6	July 29 - Aug. 1

SURF CAMP FOR TEENS

The Surf Camp for Teens program is dedicated to teaching teens the basic skills of surfing so they feel empowered to hit the ocean waves. The program will cover skills such as how to stand-up, paddle, and turn on a surfboard. We also promote safe surfing by educating participants on the different conditions to look out for when surfing. Participants must be at least 12 years old and must be able to swim two laps of Freestyle and Backstroke. This program takes place in the safe and controlled environment of an indoor pool, but does include a field trip to the beach.

Registration Date	May 25
Please call (323) 563-5446 for more information	

SURFING 101

4 week session	Fee \$50
Ages 13+ years	
Saturdays	9:00 - 9:45 am

There's nothing quite like the thrill of riding a wave! If you've always dreamed of learning how to surf but are not a very strong swimmer, our instructors will help get you closer to making that dream a reality. This beginner-level class is designed to help improve your swimming technique, endurance, and stamina plus introduce basic surf skills such as the pop-up, paddling, turning your board, and standing up in a controlled environment before hitting the waves. Please note: this class takes place in the deep end, ability to swim two laps of Freestyle required.

Registration Date	May 25
Classes begin	July 13, Aug. 10

WATER POLO OPEN PLAY

Fee	\$6 per class
Monday & Wednesday	9:00 - 9:45 pm

Water polo is so much fun! Whether you're a retired collegiate water polo player, or an amateur with heart, this open play time is an opportunity to hone your skills and enjoy a good clean pickup game of water polo.

Program begins	June 13
This program is included with the Splash Fitness Membership.	

Sports Center

9520 Hildreth Avenue
323.563.5445

HOURS OF OPERATION

Monday - Friday 8:00 am - 8:45 pm
Saturday - 9:00am - 4:45 pm
Sunday - Closed



DAILY RATES

ALL DAILY PASSES
ARE CASH ONLY

ADULTS 18+ \$5 TEENS (13-17 YEARS OLD) \$4 SENIORS (62+) \$4

MILITARY \$4 DISABLED \$4 YOUTH (5 - 12 YEARS OLD) \$4

FITNESS - ADULT (18+) \$7 FITNESS - TEENS (15-17 YEARS OLD) \$6
SENIORS, MILITARY, DISABLED

SKATE PARK

The South Gate Skate Park welcomes skateboards and bikes. It features a gnarly street section with big rails, stairs and drops. At the back of the park is a fun bowl with hips and mounds. While using the skate park, participants are required by City ordinance to wear proper protective equipment

SKATE PARK HOURS :

JUNE 3 - SEPTEMBER 2, 2024

MONDAY - SATURDAY 10:00 AM - 7:00 PM
SUNDAY CLOSED





SPORTS CENTER ACCESS

MONDAY-FRIDAY 8:00AM-8:45PM

SATURDAY 9:00AM-4:45PM



MONTHLY MEMBERSHIP PLANS

PREMIER

EVERYTHING INCLUDED WITH FITNESS, SPORTS & SPLASH.

Teens/Seniors/
Military/Disabled

\$25
per month

Adults
(18 & over)

\$30
per month

Family
(2 Adults/3 Kids)

\$70
per month

FITNESS

• BASKETBALL
• VOLLEYBALL
• RACQUETBALL
• ALL WEIGH ROOMS
• GROUP EXERCISES

SPLASH ADD-ON OPTION

Teens/Seniors/
Military/Disabled

\$20
per month

Adults
(18 & over)

\$25
per month

Family
(2 Adults/3 Kids)

\$50
per month

SPORTS

• BASKETBALL
• VOLLEYBALL
• SHOWERS

SPLASH ADD-ON OPTION

Teens/Seniors/
Military/Disabled

\$10
per month

Adults
(18 & over)

\$15
per month

Family
(2 Adults/3 Kids)

\$30
per month

SPORTS & SPLASH

EVERYTHING INCLUDED WITH SPORTS & ACCESS TO PUBLIC/ADULT/LAP SWIM.

Teens/Seniors/
Military/Disabled

\$15
per month

Adults
(18 & over)

\$20
per month

Family
(2 Adults/3 Kids)

\$40
per month

DAILY ADMISSION

Teens/Seniors/Military/Disabled

• BASKETBALL GYM
• SHOWERS

\$4

Adults (18 & over)

• BASKETBALL GYM
• SHOWERS

\$5

Teens/Seniors/Military/Disabled

• FITNESS CENTER
• BASKETBALL GYM
• SHOWERS

\$6

Adults (18 & over)

• FITNESS CENTER
• BASKETBALL GYM
• SHOWERS

\$7

COMMIT TO A BETTER YOU

SPLASH ADD-ON OPTION
CAN ONLY BE ADDED TO INDIVIDUAL MONTHLY MEMBERSHIPS.

POOL ACCESS TO:

• PUBLIC SWIM
• ADULT SWIM
• LAP SWIM

\$5
extra
per month

*CREDIT CARD
REQUIRED FOR ALL
MONTHLY
MEMBERSHIPS,
UNLESS 3 MONTHS
ARE PAID IN
ADVANCE*

Follow Us



SOUTH GATE PARKS & RECREATION



@SGPARKSANDREC_

#SOGATE #SGREC

SOUTH GATE PERSONAL TRAINING SPORTS CENTER

It's time to get fit and in shape! Choose from our Semi-Private Training and train with a friend, or select Private Training for a more personal approach. Training sessions are 45 minutes in duration and will consist of any combination of functional movements, cardiovascular exercises, resistance training and aquatic exercises.

PRIVATE SESSIONS: (1 ON 1)

Receive undivided attention from one of our Certified Personal Trainers.

PRICES LISTED BELOW ARE
PER PERSON

1 SESSION	\$32
4 SESSIONS	\$124
8 SESSIONS	\$231
12 SESSIONS	\$302

SEMI-PRIVATE SESSIONS (2 to 3 people)

Don't ditch your gym partner! Choose your personal training sessions with friends

PRICES LISTED BELOW ARE
PER PERSON

4 SESSIONS	\$78
8 SESSIONS	\$146
12 SESSIONS	\$87
16 SESSIONS	\$206

(MUST HAVE A FITNESS OR PREMIER MEMBERSHIP TO PARTICIPATE)

FITNESS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BEGINNER YOGA INDOOR 8:15 - 9:00AM BOOT CAMP 8:15 - 9:00AM YOGA OUTDOOR 9:15 - 10:00AM OVER EASY *Ages 55+ 10:00 - 11:00AM BOOT CAMP 5:00 - 5:50PM YOUNG & FIT *Ages 7-12 5:00 - 5:50PM ZUMBA 6:00 - 6:50PM YOGA OUTDOOR 6:00 - 7:00PM	SENIORCISE *Ages 55+ 10:00 - 11:00AM ZUMBA 11:15AM - 12:00PM STEP AEROBICS 6:00 - 6:50 PM TONE IT UP 7:00 - 7:50 PM	BEGINNER YOGA INDOOR 8:15 - 9:00 AM BOOT CAMP 8:15 - 9:00 AM YOGA OUTDOOR 9:15 - 10:00 AM OVER EASY *Ages 55+ 10:00 - 11:00 AM BOOT CAMP 5:00 - 5:50 PM YOUNG & FIT *Ages 7-12 5:00 - 5:50 PM ZUMBA 6:00 - 6:50 PM	SENIORCISE *Ages 55+ 10:00 - 11:00 AM ZUMBA 11:15AM - 12:00PM YOGA INDOOR 5:45 - 6:45 PM TONE IT UP 7:00 - 7:50 PM MUAY THAI CONDITIONING 8:00 - 8:45 PM	ZUMBA 11:15 AM - 12:00PM BOOT CAMP 5:00 - 5:50 PM STEP AEROBICS 6:00 - 6:50 PM MUAY THAI CONDITIONING 7:10 - 8:00 PM	ZUMBA 9:30 - 10:20 AM BOOT CAMP 10:30 - 11:20 AM ADVANCED YOGA INDOOR 11:30AM - 12:15PM

LOCATION | 9520 HILDRETH AVENUE
INCLUDED WITH FITNESS AND PREMIER MEMBERSHIP

- FIRST COME, FIRST SERVE
- MINIMUM AGE OF **14yrs** FOR ALL CLASSES, UNLESS NOTED
- NO ENTRY AFTER 10 MINUTES OF CLASS START TIME

FOR MORE INFO CALL 323.563.5445

Follow Us



SOUTH GATE PARKS & RECREATION



@SGPARKSANDREC_

#SOGATE #SGREC

CLASS DESCRIPTIONS

BOOT CAMP

This group exercise class combines body weight and resistance training exercises for short periods of time with minimal to no rest. Burn calories, fat, and tone your body while performing a variety of exercises. The high intensity interval training will help maximize your effort at blasting all the calories away. Challenge yourself!!

MUAY THAI

Burn calories while learning a new skill set. Develop the proper technique to punch and kick in an aerobic setting.

OVER EASY EXERCISES

This class has been especially designed for those who suffer from many ailments that attack the body. No registration needed. Instructor for this class is Beatriz Rodriguez.

SENIORCISE

Our newest senior fitness class is designed to help those suffering from arthritis, osteoporosis, and other health ailments. We incorporate light resistance training while focusing on activities of daily living. It's a great class for seniors of ALL fitness levels.

STEP AEROBICS

Step up, down, and around to rhythmic Latin beats! This class will work the legs, core, and build your aerobic endurance.

TONE IT UP

This class mixes in resistance training and upbeat music. The class incorporates light weights with an up tempo twist.

YOGA

Do you want to develop a strong core, more flexibility, and improve your coordination and balance? Then yoga is just for you. Yoga is a conditioning routine that will strengthen your abdominals, hips, and lower back. It will also help you build muscular endurance in your legs. The blueprint for a stronger core and more flexibility is here in yoga.

YOUNG & FIT

It's never too early to teach children about Fitness. Join our fun and active environment, as we introduce unique and fun ways to exercise. It is conveniently scheduled at the same time as our Boot Camp, so parents can workout at the same time.

ZUMBA

A mix of low and high intensity moves set to Latin rhythms that are designed to help you dance the calories away!

FAMILY CAMP NIGHT

SAVE THE DATE!



SATURDAY, AUGUST 3

Come enjoy a day full of activities for the family and
a summer night under the stars

CONTACT THE SPORTS CENTER FOR MORE DETAILS 323.563.5445

**BEGINS
JULY 22
2024**

**ONLY
\$55
FOR 12
WEEKS**

LOSE WEIGHT, TONE UP
AND MAKE NEW FRIENDS!
OUR POPULAR 12-WEEK
WEIGHT LOSS FITNESS
PROGRAM IS ALSO NOW
AVAILABLE FOR KIDS AGES
7 AND UP!

**REGISTER NOW AT
THE SPORTS CENTER
323.563.5445**

**BIGGEST
LOSER**



Margaret Travis Senior Center

4855 Tweedy Boulevard
323.357.9662

HOURS OF OPERATION

Monday - Thursday 8:00 am - 5:00 pm
Friday 8:00 am - 3:00 pm
Saturday & Sunday Closed

SENIOR CENTER ACTIVITIES

YOGA
TUESDAY & THURSDAY
10:00 - 11:00 AM
SENIOR CENTER
CONFERENCE
ROOM

LOTERIA
MONDAYS
8:30 AM - 2:00 PM
SENIOR CENTER
CONFERENCE
ROOM

CRAFTS
WEDNESDAYS
9:00 - 11:00 AM
SENIOR CENTER
CONFERENCE
ROOM

BINGO
WEDNESDAYS
12:00 - 3:00 PM
SENIOR CENTER
MAIN HALL

**KARAOKE
& DANCING**
THURSDAYS
9:00 AM - 12:00 PM
SENIOR CENTER
MAIN HALL



BLUE JAYS

Join our senior dance group! No Dance Experience necessary,
Come and learn some dance routines, all are welcomed
TUESDAYS, WEDNESDAY AND THURSDAYS • 1:00PM - 3:00PM



SENIOR CENTER MEAL PROGRAMS

H.S.A. SENIOR LUNCH PROGRAM IN-PERSON MEAL SCHEDULE

Come in and enjoy a hot meal with some of your friends and neighbors. Everyone must make a reservation in order to receive on-site meals
for reservations please call 323.563.1015

Donation per day
Day:
Time:

\$3.00
Monday - Friday
11:30 am

MEALS ON WHEELS FOOD SERVICE

For information on how to receive meals delivered to your home, Please contact the Meals on Wheels organization at
562.806.5400 ext. 261

SUMMER Excursions

REGISTRATION BEGIN JUNE 10, 2024

VALLEY VIEW CASINO • VALLEY CENTER

Thursday, July 11, 2024 7:00 am - 7:00 pm
Cost \$20

ORANGE COUNTY FAIR • COSTA MESA

Friday, July 26, 2024 10:00 am - 7:00 pm
Cost \$15

SOBOBA CASINO • SAN JACINTO

Wednesday Aug. 7, 2024 7:00 am - 7:00 pm
Cost \$20

AGUA CALIENTE • RANCHO MIRAGE

Thursday, Sept. 12, 2024 7:00 am - 7:00 pm
Cost \$20

THE GROVE • LOS ANGELES

Friday, Sept. 27, 2024 9:30 am - 5:30 pm
Cost \$10

WHALE WATCHING TOUR • NEWPORT BEACH

Wednesday, July 17, 2024 7:30 am - 5:00 pm
Cost \$20

CATALINA EXPRESS • CATALINA ISLAND

Saturday, August 3, 2024 7:00 am - 9:00 pm
Cost \$80

FESTIVAL OF ART • LAGUNA BEACH

Friday, August 23, 2024 9:00 am - 6:00 pm
Cost \$15

DANISH DAY • SOLVANG

Saturday, Sept. 21, 2024 7:00 am - 7:00 pm
Cost \$20

In-person registration is held at the Senior Center (8:00 am-5:00 pm), Girls Club House (8:30 am-5:30 pm) and Sports Center (8:00 am-8:00 pm), online registration is also available.

All fees are due at the time of registration.

Buses will depart and return from Girls Club House on time and as scheduled (traffic/ weather permitting)
NO REFUNDS FOR CANCELLATIONS OR "NO SHOWS" THE DAY OF THE TRIP!





HENRY C. GONZALEZ AUDITORIUM

PARKS & RECREATION ADMINISTRATION OFFICE HOURS

Monday - Thursday

7:30 am - 5:00 pm

Friday - Sunday

Closed

The City of South Gate Parks and Recreation Department has two facilities available for special occasions or business trainings. All reservations are on a first come, first serve basis.

Alcohol is now permitted, with certain restrictions, for reservations in the Auditorium or Girls Clubhouse. You must contract security guards and purchase liability insurance at least 30 business days before your event.

For information contact the Parks Administration office at 323.563.5479 or visit our page at cityofsouthgate.org

BANQUET ROOM RATES

This room is used for meetings only.

This facility has a maximum capacity of 120 people for conferences only.

Hourly Rate	\$50.00
Kitchen Fee	\$80.00
Refundable Damage Deposit	\$165.00

*Call for commercial rates

GIRLS CLUB HOUSE RATES

This facility has a maximum capacity of 150 people for a dinner receptions, and 325 for conferences.

Hourly Rate	\$120.00
Kitchen Fee	\$64.00
Refundable Damage Deposit	\$319.00

*Call for commercial rates

AUDITORIUM RATES

This facility has a maximum capacity of 500 people for dinner receptions, and up to 600 people for a conference event.

Hourly Rate	\$200.00
Kitchen Fee	\$84.00
Refundable Damage Deposit	\$495.00

*Call for commercial rates

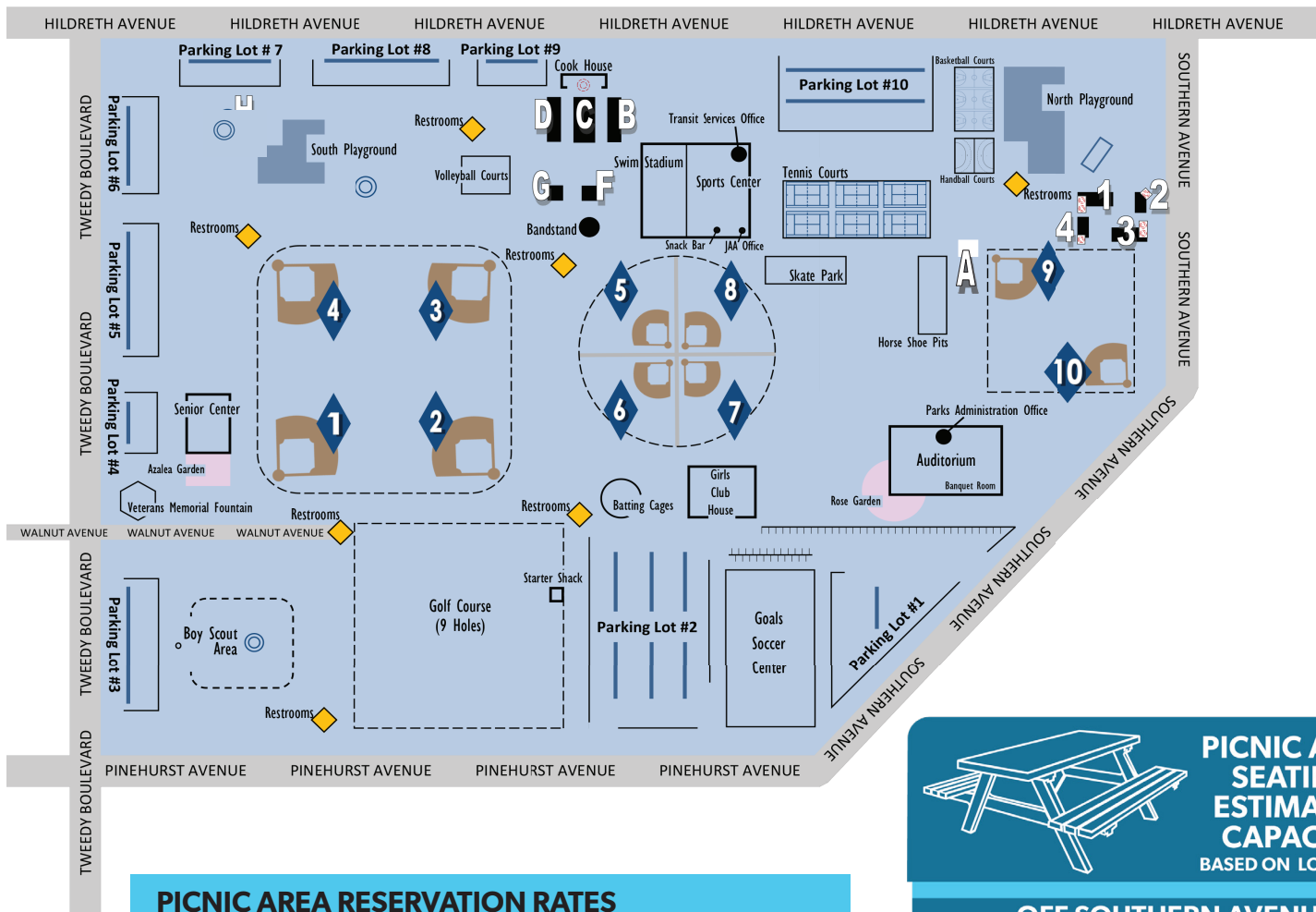


ROSE ARBOR RATES

This area can seat up to 110 guests for ceremonies. Set up for rose arbor is Chairs Only.

Fee \$179.00

All fees are subject to change without notice.



PICNIC AREA RESERVATION RATES

There are a total of ten picnic areas located throughout South Gate Park and one at Hollydale Regional Park available to the public to reserve. All reservations are on a first come first serve basis. Please contact our Parks Administration Office at **323.563.5479** to check availability. All bookings must be made at least one week in advanced. Reservation fees are based on the amount of guests you will have in attendance. See group rates below. Contact the Administration Office for Commercial Rate information.

Non-Profit Group Permit Fees

(Please contact our office for Commercial Rates):

Group of 1 - 50	\$87.00
Group of 51 - 100	\$173.00
Group of 101 - 200	\$277.00
Group of 201 - 500	\$416.00
Group of 501+	\$831.00

BANDSTAND RATES

This fee will be based on your group size, see fees listed above.

Refundable damage deposit	\$165.00
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COOK HOUSE RATE

Fee	\$82.00
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All fees are subject to change without notice.

*Call for Commercial Rates.



**PICNIC AREA
SEATING
ESTIMATED
CAPACITY
BASED ON LOCATION**

OFF SOUTHERN AVENUE

AREA 1 6 TABLES 48 GUESTS	AREA 2 4 TABLES 32 GUESTS	AREA 3 6 TABLES 48 GUESTS
AREA 4 4 TABLES 32 GUESTS	AREA A 4 TABLES 32 GUESTS	

OFF HILDRETH AVENUE

AREA B 15 TABLES 120 GUESTS	AREA C 25 TABLES 200 GUESTS	AREA D 18 TABLES 144 GUESTS
AREA F 16 TABLES 128 GUESTS	AREA G 12 TABLES 96 GUESTS	



**HOLLYDALE REGIONAL
PARK PICNIC AREA**

**9 TABLES
72 GUESTS**

PARK FACILITY & PICNIC AREA RENTALS
BASEBALL FIELD RENTALS
POOL RENTAL
BATTING CAGE RENTAL

PARK ADMINISTRATION OFFICE
SPORTS CENTER
PATRICIA G. MITCHELL SWIM STADIUM
SOFIVE SOCCER CENTER

323.563.5479
323.563.5445
323.563.5446
323.923.4650



The GATE

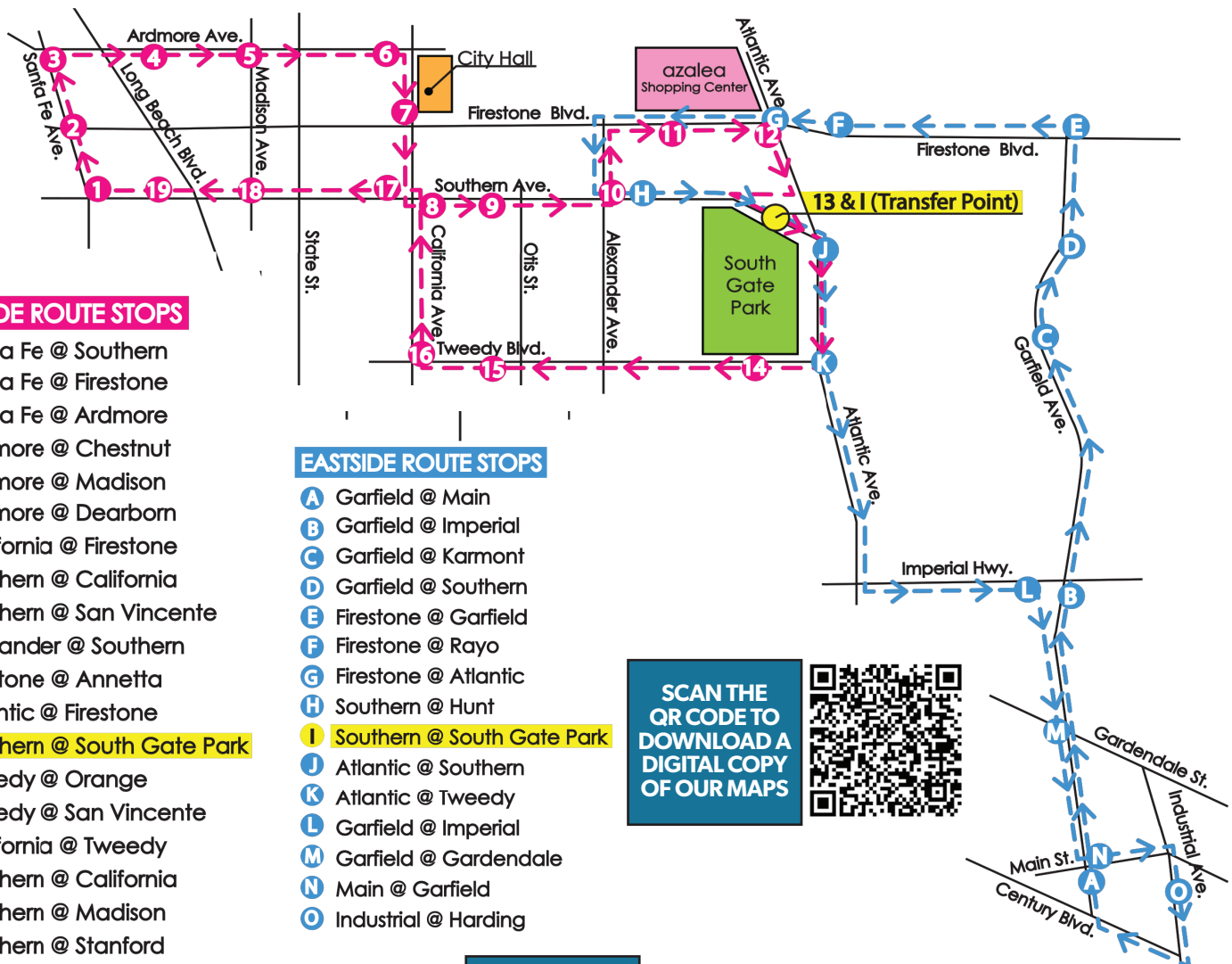
9520 Hildreth Avenue

323.563.5446

SERVICE HOURS

MONDAY-FRIDAY
SATURDAY

6:00 am - 7:00 pm
8:00 am - 5:00 pm



Service Fee: 50¢ per ride, Children 5 and under ride free. Transfers are available. Participants of our Phone-a-Ride program ride for FREE!

RIDE THE GATE TO WORK!
SHOW YOUR EMPLOYEE ID AND YOU RIDE FOR FREE!

Service provider is Global Paratransit, Inc.
for route information, please contact
323.563.5754 or 310.715.7582



TRANSPORTATION SERVICES

9520 Hildreth Avenue • 323.563.5754 • transit@sogate.org
OFFICE HOURS Monday - Friday: 12:00 - 6:00 pm Saturday - Sunday: Closed



Senior/Disabled Tap
Base Fare • .75¢/.35¢
1 Day Cap • \$2.50
7 Day Cap • \$5.00

**K-12/College/
 Vocational Tap**
Base Fare • .75¢
1 Day Cap • \$2.50
7 Day Cap • \$6.00



NEW METRO RATES

Introducing Fare Capping effective July 1, 2023



PHONE A RIDE

REGISTRATION FEE
\$10 PER YEAR
EACH TRIP \$1.00

COUTA DE
INSCRIPCION
\$10 PER AÑO
CADA VIAJE \$1.00

The City of South Gate offers the residents 62 years of age and older or who are permanently disabled a service that allows them to obtain transportation around the City for a minimal fee (there are exceptions to certain medical facilities outside the city.)

THIS SERVICE IS NOT PROVIDED FOR THOSE CAPABLE OF TRANSPORTING THEMSELVES OR FOR TRIP TO AND FROM THEIR PLACE OF EMPLOYMENT OR SCHOOL.

Registration Information: Registrant must present a valid I.D. and proof of residency (2 utility bills or mailed correspondence)

Monday-Friday 12:00 - 6:00 pm *No hand written documents accepted

La ciudad de South Gate ofrece a sus residentes de 62 años de edad o mas o que estan incapacitados, un servicio especial que los ayuda a obtener transportacion dentro de la ciudad a precio reducido.

ESTE SERVICIO NO ESTA DISENADO PARA LOS QUE PEDEN MOVILIZARSE POR SU MISMO, NI PARA VIAJAR A LUGAR DE EMPLEO O A LA ESCUELA.

Como inscribirse: Individuos registrandose deben presentar su I.D. vigente, y dos comprobantes de domicilio (recibo de gas, luz, o agua)

Lunes a Viernes de 12:00 - 6:00 pm *No aceptamos documentos escrito a mano

PROGRAMAS DEPORTIVOS

9520 Hildreth Avenue
323.563.5445

CLASES DE BALONCESTO PARA PEQUEÑOS \$59

5 - 12 años de edad

9 semanas

Estas clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre si para poner en practica lo aprendido.

5 - 6 años	Lunes	5:00 - 5:45 pm
7 - 8 años	Lunes	6:00 - 6:45 pm
9 - 12 años	Lunes	7:00 - 7:45 pm

CLASES DE BEISBOL PARA PEQUEÑOS \$59

5-12 años de edad

9 semanas

Estas clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre si para poner en practica lo aprendido.

La clase para niños de 3-4 años requiere la participación de los padre.

3 - 4 años	Miércoles	5:00 - 5:45 pm
5 - 6 años	Miércoles	6:00 - 6:45 pm
7 - 12 años	Miércoles	7:00 - 7:45 pm

CLASES DE FUTBOL AMERICANO \$59

5 - 12 años de edad

9 semanas

Esta clases les enseñara como jugar este deporte divertido. Traigan sus amigos y aprendan juntos!

5 - 6 años	Martes	6:00 - 6:45 pm
7 - 12 años	Martes	7:00 - 7:45 pm

CLASES DE MULTI-DEPORTES PARA PEQUEÑOS \$59

3 - 12 años de edad

9 semanas

Este programa de nueve semanas les enseñara a sus pequeños un deporte diferente cada tres semanas. Los deportes que se enseñaran serán baloncesto, futbol, y beisbol. Esta clase es paca niñas/niños que tiene poco conocimiento de deportes.

La clase para niños de 3-4 años requiere la participación de los padres

5 - 6 años	Martes	6:00 - 6:45 pm
7 - 12 años	Martes	7:00 - 7:45 pm



CLASES DE VOLEIBOL

\$59

10+ años de edad

9 semanas

Esta clases les enseñara como jugar este deporte divertido. Traigan sus amigos y aprendan juntos!

Clase para Principiante Martes 5:00 - 5:45 pm

ENTRENAMIENTO CON PESAS

\$59



6-17 años de edad

9 semanas

Esta clase se enfoca en aprender la técnica adecuada, la progresión y la ejecución del arranque, cargada de potencia, cargada y envío.

Lunes / Viernes

6:00 - 6:45 pm

CLASES DE KARATE

\$60

7 - 17 años de edad

4 semanas

El karate ofrece la capacidad de desarrollar la confianza, la aptitud física, la defensa personal, la disciplina, la competencia la habilidad de torneo.

Debe registrarse al principio de cada mes

Lunes / Miércoles

Clase para principiante

5:15 - 6:15 pm

Clase para intermedio

6:30 - 7:30 pm

Clase para Juniors y Adultos

7:45 - 9:00 pm

CLASES DE SOCCER PARA PEQUEÑOS \$59

3 - 12 años de edad

9 semanas

Estas clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre si para poner en practica lo aprendido.

La clase para niños de 3-4 años requiere la participación de los padre.

3 - 4 años	Miércoles	5:00 - 5:45 pm
5 - 6 años	Miércoles	6:00 - 6:45 pm
7 - 12 años	Miércoles	7:00 - 7:45 pm
3 - 4 años	Jueves	5:00 - 5:45 pm
5 - 6 años	Jueves	6:00 - 6:45 pm
7 - 12 años	Jueves	7:00 - 7:45 pm

ENTRENAMIENTO DE BALONCESTO

\$59

10+ años de edad

6 semanas

Nuestros entrenadores personales inculcarán los fundamentos necesarios para entrenar como los profesionales. Esta clase se enfoca en el aspecto de fuerza yacondicionamiento del baloncesto, esta clase no es para principiantes.

Lunes / Viernes

5:00 - 5:45 pm

PROGRAMAS DE RECREACION

4940 Southern Avenue
323.563.5447

CLASES DE ARTE

\$75

Niños y Niñas (7 - 17 años)

5 semanas

Esta clase enseñara los fundamentos de dibujar, el sombreado y proporcionado. Habrá un cobro de \$10 en la primera clase para los materiales que se necesitaran para esta clase.

Martes

4:00 - 5:00 pm

CLASES DE BAILE

\$70

Niños y Niñas (7 - 17 años)

9 semanas

Se ofrecen una variedad de clases de baile, para niños y niñas que desean aprender a bailar. Todas las clases serán de 9 semanas, con una presentación la novena semana.

Baby Boogie (3 - 5 años) Martes

5:00 - 5:30 pm

Ballet (3 - 9 años)

3 - 4 años

Martes

5:30 - 6:00 pm

4 - 5 años

Martes

6:00 - 6:30 pm

6 - 8 años

Martes

6:30 - 7:15 pm

9+ años

Martes

7:15 - 8:30 pm

Baby Mexican Folk (3 - 5 años)

3 - 4 años

Martes

4:00 - 4:30 pm

4 - 5 años

Martes

4:40 - 5:10 pm

Cheerleading (5 - 12 años)

5 - 7 años

Jueves

5:00 - 5:45 pm

8 - 12 años

Jueves

6:00 - 6:45 pm

Folklorico (6 - 17 años)

6 - 8 años

Miércoles

5:00 - 5:45 pm

8 - 11 años

Miércoles

5:45 - 6:30 pm

12+ años

Miércoles

6:30 - 7:15 pm

Folklorico-Clase avanzada (12+ años)

Miércoles

7:15 - 8:00 pm

Hip Hop (6 - 8 años)

Jueves

5:00 - 5:45 pm

Hip Hop (9 - 12 años)

Jueves

6:00 - 6:45 pm

CLASES DE GIMNASIA

\$70

Niños y Niñas

9 semanas

Su hijo aprenderá los conceptos básicos de gimnasia. Esta clase está diseñada para mejorar la coordinación de su hijo y enseñarle movimientos flexibles.

3 - 5 años

Lunes

5:30 - 6:00 pm

6 - 12 años

Lunes

6:00 - 6:30 pm

Clase Avanzada

Lunes

6:30 - 7:15 pm

TINY TWO'S

\$101

Niños y Niñas

Lugar: Girls Club House Rm. B

Esta clase de nueve semanas ayudaran a su bebe de 2 años a socializar en grupo y participar en la narración de cuentos, juegos, canciones de acción, música y manualidades.

TOT TIME

\$106

9 Semanas

Lugar: Girls Club House Rm. C

En esta clase niños aprenderán los números primarios, los colores, las formas y el alfabeto. Los niños también aprenderán a seguir instrucciones y socializar con otros niños a través de juegos, canciones, rompecabezas y manualidades.

CLASES DE ENTRENAMIENTO PARA PERROS



\$70

9 semanas

Los buenos modales a una edad temprana hacen que un nuevo cachorro sea un miembro más agradable de la familia. La clase incluirá órdenes básicas de obediencia y socialización. El instructor de esta clase será Gunther A Ramos.

Horario de Clases

Sábado

Sábado

9:00 - 10:00 am

10:30 - 11:30 am

FASHION SKETCHING

\$75

Niños y Niñas (8 - 17 años)

5 semanas

Esta clase enseñara como desarrollar y ilustrar su propio estilo de moda usando el lápiz y marcadores. Habrá un cobro de \$10 en la primera clase para los materiales que se necesitaran para esta clase.

Lunes

5:00 - 6:00 pm

H.O.W. COMEDORES COMPULSIVOS GRATIS

18+ años

Continua

El programa de comedores compulsivos utiliza los principios del programa de doce pases utilizado por A.A.

Lunes

9:00 - 11:00 am



City of South Gate
Parks and Recreation Department
4900 Southern Avenue
South Gate, CA 90280



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2:00 - 11:00PM
FIREWORKS
SHOW 9:00PM**

FRIDAY, JULY 5

5:00 - 11:00 PM

SATURDAY, JULY 6

2:00 - 11:00 PM

SUNDAY, JULY 7

2:00 - 11:00 PM

TIMES SUBJECT TO CHANGE WITHOUT NOTICE

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