SOUTH GATE CONNECT
Summer 2022

City News / Parks & Recreation Guide

COVID-19 Testing Locations • Pink Patch Project • National Night Out
Summer Concert & Movies in the Park • The World’s Largest Swim Lesson
Public Meeting Schedules

CITY COUNCIL MEETINGS
The City Council is the policy making body for the City of South Gate. Residents and community members are highly encouraged to participate in the Comments from the Audience portion of the meetings. Council Members are highly encouraged to participate in the Comments from the Audience portion of the meetings. Meetings take place on the 1st and 3rd Tuesday of each month at 7:00pm at City Hall’s Council Chambers.

COMMISSION FOR SOUTH GATE YOUTH
The Commission for South Gate Youth seeks to empower the youth by promoting and supporting high quality programs and projects that address the needs of youth. Meetings take place on the 1st Tuesday of every month, at 6:00pm at the Civic Center Building.

PARKS AND RECREATION COMMISSION
The Parks and Recreation Commission serves as an advisory panel to the City Council on matters related to the City’s parks and its recreation programs. Commission meetings are open to the public and members of the public are allowed to address the Commission on any parks and recreation related issue. Meetings take place on the 2nd Thursday of each month, at 7:00pm at City Hall’s Council Chambers.

PLANNING COMMISSION
The Planning Commission reviews matters related to land use, planning law, environmental, and developmental issues. The Commission holds regularly scheduled public hearings to consider such land use matters as the general plan, specific plans, site plans, rezoning, use permits and subdivisions. Meetings take place on the 1st and 3rd Tuesday of each month, at 7:00pm at City Hall’s Council Chambers.

City Services Directory

CITY CLERK’S OFFICE..............................................(323) 563-9510
COMMUNITY DEVELOPMENT
Building Inspection/Permits..............................(323) 563-9549
Code Enforcement..........................................(323) 563-9558
FINANCE............................................................(323) 563-9523
Business Licenses.............................................(323) 563-9527
Water Billing....................................................(323) 563-9586
HUMAN RESOURCES............................................(323) 357-5835
1860 California Ave
PARKS & RECREATION.........................................(323) 563-5479
4900 Southern Ave
Administration Office
POLICE DEPARTMENT
8620 California Ave
Non-Emergency Phone Line..............................(323) 563-5436
PUBLIC WORKS
Administration..............................................(323) 357-9657
Engineering...................................................(323) 563-9567
Graffiti Hotline..............................................(323) 563-5793
Illegal Dumping Hotline.................................(323) 563-9575
Street Lights & Traffic Signals...........................(323) 563-5773
Tree/Street/Pothole Repairs..............................(323) 563-5785
SOUTH GATE MUSEUM &
ART GALLERY..................................................(323) 357-5838
8620 California Ave

Additional Contact Numbers

SEAACA - ANIMAL CONTROL
9777 SEAACA St.................................(562) 803-3301
FIRE DEPARTMENT
4807 Southern Place, Station 54
General Business.................................(323) 567-8580
5720 Gardendale Street, Station 57
General Business.................................(562) 531-9700

A.Y.S.O.......................................................(323) 217-7077
BOY SCOUTS..............................................(213) 413-4400 Ext. 333
CITY DUMP...................................................(562) 928-4616
CHAMBER OF COMMERCE............................(323) 567-1203
FARMERS MARKET.........................................(866) 466-3834
GAS COMPANY.............................................(800) 427-2200
GIRL SCOUTS OF AMERICA.............................(213) 213-0150
GOALS SOCCER CENTER................................(323) 923-4650
HOLLYDALE LIBRARY.................................(562) 634-0156
H.S.A. PROGRAM...........................................(562) 806-5400
J.A.A. ORGANIZATION.................................(323) 566-4700
PHONE-A-RIDE.............................................(866) 260-4600
S.G. AQUATICS CLUB.................................(323) 236-6389
S.G. ART ASSOCIATION.................................(323) 564-7541
S.G. YOUTH FOOTBALL.................................(323) 327-2412
SO. CAL EDISON...........................................(800) 611-1911
TWEEDY MILE ASSOCIATION...........................(323) 564-8233
WASTE MANAGEMENT.................................(800) 225-0755
WEAVER LIBRARY...........................................(323) 567-8853
“Look to the past, Celebrate the Present, Embrace the Future”

The City of South Gate will celebrate its 100th birthday on January 20, 2023. The year-long centennial celebration will include programs, activities, and other recognition of this special milestone for our community.

Submit your photos or stories about our city for a chance to be featured on our website and social media throughout the year. Email: sg100@sogate.org

We look forward to celebrating this once-in-a-lifetime anniversary.

Protect Yourself and Others from COVID-19

FREE COVID-19 TESTING LOCATIONS IN SOUTH GATE

South Gate Park
(9615 Pinehurst Avenue, South Gate, CA 90280)

Open: Tuesday - Saturday
Time: 9:00 am - 6:00 pm
Appointment Required.
For appointment information go to: myturn.ca.gov or call 1-888-634-1123

State Street Park
(Corner of Southern Ave, & State Street, South Gate, CA 90280)

Open: Thursday - Saturday
Time: 10:00 am - 5:00 pm
No Appointment Required.
With Fourth of July quickly approaching, the South Gate Police Department would like to remind all of our residents that the use of illegal fireworks within our city limits can be dangerous and result in significant fines and/or arrest. Every year, there are numerous incidents of injuries and residential fires resulting from the use of illegal fireworks. Administrative fines for violations of South Gate Municipal Code section 2.10.585 can range from $1000 to $2000, depending on the number of previous violations that the individual has been cited for. If residents are found to be in violation of California’s Health and Safety Code in regards to fireworks laws, a conviction may result in possible fines and/or incarceration. As has been the case for many years, fireworks labeled as “Safe and Sane” by the state Fire Marshall are still legal for sale and use within the city. In an effort to keep the residents of our city safe, Officers from the South Gate Police Department will be conducting strict enforcement of all fireworks related laws.

The Pink Patch Project is an innovative public awareness campaign to bring attention to the fight against breast cancer and to support breast cancer research organizations in combating this devastating disease. The project is a collaborative effort between the Los Angeles County Police Chiefs’ Association and public safety agencies in Los Angeles County and beyond. These agencies have partnered together to combat breast cancer by raising public awareness about the importance of early detection in the fight against the disease and to raise funds for breast cancer research, education, and treatment.

Join South Gate Police Department and many other police agencies on August 19, 2022, at Dodgers Stadium as the Los Angeles Dodgers take on the Miami Marlins. Tickets are only $65. For more information, please contact Lt. Manuel Arana at mvarana@sogate.org.
On the morning of Monday April 25, 2022, Detective Alexis Gonzalez lost his life in a tragic car accident. He leaves behind a mother, father, and two brothers. But he also leaves behind a legacy of integrity, service, commitment and dedication. Alexis was a true role model to his family, coworkers, and community. Although his untimely passing has been surreal for us, it has also brought light to the unity we have, not just as a Police Department, but as a community. Through this tragedy we have witnessed what it means to be a community. The outpouring support and kindness the Gonzalez family and the SGPD family has received from all of you has been unwavering and has made the grief bearable. I am extremely grateful for each of you and your support. There is no doubt that South Gate is a special city and it makes me proud to be your Chief of Police.

National Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community.

Furthermore, it provides a great opportunity to bring police and neighbors together under positive circumstances.

Date: August 2nd, 2022
Time: Starts at 6 PM
Location: Infront of the Police Station

For more information please contact: Crime Prevention at (323) 563-5465 or email spalos@sogate.org
The City's Public Works Department will join their counterparts across the county in recognizing National Public Works Week (NPWW) from May 15 to May 21 with the theme “Ready & Resilient”. The theme showcases how each public works professional is always READY to serve their communities, and RESILIENT in their abilities to pick themselves up off the ground after encountering challenges. NPWW is a celebration of the men and women who provide and maintain the infrastructure and services collectively known as Public Works. The Week seeks to recognize the dedicated and often-unsung heroes of the community who serve the public every day. The City’s Public Works Department provides a wide array of maintenance services such as fills potholes, trims trees, sweeps City streets, removes bulky items from the public right-of-way and abates graffiti.
Summer Tips from WASTE MANAGEMENT

Firing up the Grill this Summer?

Nothing says Summer like a backyard barbecue! When it’s time to clean up, please remember to dispose of BBQ coals correctly.

- Hot Coals or ash should never be placed directly into trash carts.

Please follow these tips for safe disposal:

- Let the coals/ashes cool for at least 48 hours in the grill. 72 hours for extra precaution, before placing them in the trash.
- Never place coals/ashes in the recycling carts.

Why Recycle?

With children being on vacation and families firing up the grill at home, we can expect to encounter hundreds of recyclable items this summer. Recycling properly can help save tons of raw materials, reduce the amount of waste sent to landfills and save energy. Do your part this summer by making the promise to Recycle Right. Doing just these three things will make a huge difference.

For questions regarding your service, please contact Waste Management Customer Service at (800) 774-0222.
The City of South Gate understands that we all want to bring our entire family, including our dogs, to the park; for exercise, to socialize or just to enjoy our beautiful parks. But a busy park is not always the best place for a dog. To ensure that our four footed friends can also enjoy our City Parks, please remember the following rules.

**South Gate Park**

1. Dogs are NOT ALLOWED inside South Gate Park except on the outside trail (sidewalks).
2. Dogs must be on leash and in the owners control at all times.
3. Please pick up after your dog.

**Hollydale Regional Park**

1) Park is open from dawn to dusk
2) Dogs must be leashed when entering or leaving the safety of the Dog Park
3) Owners are required to pick-up and dispose of their dog’s feces both in and out of the Dog Park
4) Owners are solely responsible for their dog’s behavior and will be liable for injuries or damage caused by their dogs
5) Owners use the park at their own risk. South Gate Parks & Recreation Department is not responsible for injury or illness to dogs or owners
6) South Gate Parks & Recreation Department reserves the right to close the Dog Park for inclement weather, maintenance, repairs, special events or when deemed necessary

For the full list of Dog Park Rules please visit www.cityofsouthgate.org
South Gate Partner Organizations

AMERICAN YOUTH SOCCER ORGANIZATION FOR BOYS & GIRLS (A.Y.S.O.)
A.Y.S.O. is an organization in South Gate that offers recreational soccer to youth. All registrations take place at Hollydale Regional Park. For more information Contact Enrique Ortega at (562) 319-5666 or (323) 217-7077 or visit www.southgateayso.org

COST:
Plus Fundraiser.................................................................$120
No Fundraiser..................................................................$150
VIP.................................................................................$75

Registration:
For registration information or to register please visit: www.southgateayso.org

JUNIOR ATHLETIC ASSOCIATION (J.A.A.)
For over 70 years the Junior Athletic Association has been dedicated to serving the youth of South Gate. It is an all volunteer organization that encourages parents to volunteer as coaches or as sports officials.

OFFICE HOURS:
Monday-Thursday........................................5:30 pm - 7:30 pm
Saturday.................................................................9:00 am - 12:00 pm

For more information please call our office at (323) 566-4700.

HARBOR AREA FARMERS MARKET
Harbor Area Farmers Market currently hosts a market at South Gate Park every Monday, 8:30 am - 1:30 pm, rain or shine! We are located in the parking lot on the corner of Pinehurst Ave. and Tweedy Blvd.

To obtain more information please email us via contact form on the website. We do not have a phone number for inquiries. Our website is GoodVeg.org

You can also follow us on Instagram @southgatefarmersmarket

SOUTH GATE ART ASSOCIATION
The South Gate Art Association is currently welcoming new members. The yearly membership fee is $20. Soon, the Art Gallery will be open to Art Association activities which include art demonstrations by well-known local artists, weekly classes for adults and art exhibits. Once a year they hold a Family Art Night where community members of all ages can enjoy an evening of creating art together.

For more info call: Alicia Salazar (323) 271-2730 (Spanish), Susan Janer (323) 564-7541 (English)

SOUTH GATE AZTECS
The South Gate Aztecs is a youth sports organization that provides the fundamental nurturing experiences for future success in sports and in life!

For football: (323) 327-2412     l     For cheer: (323) 338-1911
Registration information is available www.southgateaztecs.com

PLAYER AGE GROUPS:
Flag Football.................................................................5 - 6 years old
Tackle Football............................................................7 - 14 years old
Cheer............................................................................5 - 13 years old

SOUTH GATE AQUATICS CLUB
The South Gate Aquatics Club is the most advanced aquatics program at the Patricia G. Mitchell Swim Stadium for youth, where swim lesson participants can build upon what they have learned in previous programs. Members of SGAC also learn valuable life skills such as time management, good sportsmanship, goal setting and good nutrition, all while improving their abilities in the water.

PRACTICE HOURS
Monday - Thursday................................................5:00 pm - 7:00 pm
TRY - OUT’s........................................................7:00 pm - 7:30 pm

Every Thursday...................................................7:00 pm - 7:30 pm
CONCERTS IN THE PARK

FREE TO THE PUBLIC!
All concerts will be every Friday in July from 6-8pm
Location: South Gate Park Bandstand
NO ALCOHOL ALLOWED!
NO DOGS ALLOWED!
For more information call 323.563.5447

JULY 1
MARIACHI DIVAS

JULY 8
HERE 4 NOW

JULY 15
MARIACHI ESPECTACULAR

JULY 22
SUSIE HANSON LATIN BAND

JULY 29
MARIACHI LOS ANGELES

FREE OUTDOOR MOVIES
All movies will be every Friday in August at 8 pm
Location: South Gate Golf Course
NO DOGS ALLOWED
NO ALCOHOL ALLOWED

AUGUST 5
ENCANTO

AUGUST 12
CRUELLA

AUGUST 19
LUCA

AUGUST 26
GHOST BUSTERS

BRING YOUR OWN DINNER BASKETS

This concert is sponsored by L.A. County Arts Commission and the office of L.A. County Supervisor Hilda Solis
**GENERAL REFUND POLICY**

A program may be canceled in the event minimum registration is not met by the specified deadline or 48 hours prior to the program. A full refund will be issued only in the event that a program is canceled by the Parks and Recreation Department. Refunds requested prior to the first day of class will be subject to a $15 processing fee. No refunds will be issued after the first day of class. Refunds will be issued by check and will be mailed within 4–6 weeks. No cash refunds.

**FEES**

Course fees vary and must be paid in full at the time of registration. One check may be written for multiple class registrations. Make checks payable to: City of South Gate. No post-dated checks will be accepted.

Please Note: Cash, personal checks, and credit cards are accepted at all registration sites.

**ELIGIBILITY**

Registration is open to all residents of the community and surrounding areas. South Gate residents are encouraged to enroll early since some programs have maximum quotas.

**COMMUNITY EXCURSION INFORMATION**

Trip registration can be done at the Margaret Travis Senior Center, Monday - Thursday, from 8am-4pm or at the Girls Club House; Monday-Thursday from 8:30am to 3:30pm. Fees must be paid when you register. Registrations can also be done on-line, see page 37 for more information. All departures leave from the Girls Club House. Please arrive 15 minutes before scheduled departure and check-in with the trip escort at the office. There is no grace period. Buses will depart and return from Girls Club House on time and as scheduled (traffic/weather permitting).

**COMMUNITY EXCURSION REFUND POLICY**

All cancellations must be made during our office business hours and there will be a $15 administration fee charged per person. Refunds are only granted if spaces can be re-sold.

**Online Registration:**

For online registration, please follow the directions that have been provided for you below. If you have any difficulties trying to register please contact our Parks Administration office at (323) 563-5479, our staff will gladly assist you with any of your registration inquiries.

A. Go to the Parks & Recreation section of our city website: http://www.cityofsouthgate.org/195/Parks-Recreation
B. Click on “Register Online” Circle
C. Click on “Proceed to Site” and start browsing through all our programs that are eligible for online registration.

- All patrons are required to show California I.D. or License.
- All course fees must be paid in full at the time of registration.
- Senior Citizen rates, when applicable, will apply to only those who are 62 years of age and older.
- Children are not permitted in adult classes as participants or spectators.
- In case of rain, outdoor classes or leagues will be postponed to a later date.
- Please notify our staff immediately if we need to make any special accommodations for you or your child to participate.
- Some class instructors may not allow spectators in the children’s classes during instruction. Please check with the instructor of each class.
- Walk in registration for sports or recreational programs are accepted at both the Sports Center and the Girls Club House, EXCEPT for Swim Lessons & Preschool Programs
- All Swim Lesson registrations MUST be made in person at the Swim Stadium on the designated dates and times.
COVID-19 PROGRAM GUIDELINES

Let's continue to take care of each other & our community!

**Reminders:**

- If you or your child feel sick, please do not attend class.
- Face masks may become mandatory to everyone should Los Angeles County Public Health Department change the current Covid-19 regulations.
- Please practice social distancing of at least 6 feet at all times.
- All equipment sanitized by staff after every class.
- Only student/staff allowed in class area.
- Restrooms inside our facilities are for participants ONLY.

*Please Note: All programs will follow current L.A. County COVID-19 Guidelines. Programs and locations are subject to change at any time based on guidelines.*
### BASEBALL FUNDAMENTALS

**Boys & Girls Ages: 3-12 years**  
**Fee:** $52  
**9 week session**  
**Location:** To Be Determined  
In the nine-week class participants will be taught the fundamentals of the sport. Participants will catch, throw, swing the bat, run the bases, and participate in basic fielding exercises. Drills utilized in this class are intended to increase participant knowledge while preparing them for potential league play.

<table>
<thead>
<tr>
<th>Age 3 - 4 years</th>
<th>Tuesday</th>
<th>5:00 - 5:45 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 5 - 6 years</td>
<td>Tuesday</td>
<td>6:00 - 6:45 pm</td>
</tr>
<tr>
<td>Age 7 - 12 years</td>
<td>Tuesday</td>
<td>7:00 - 7:45 pm</td>
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</tbody>
</table>

### BASKETBALL FUNDAMENTALS

**Boys & Girls Ages:** 5-12 years  
**Fee:** $52  
**9 week session**  
**Location:** To Be Determined  
In this nine-week class participants will be taught the fundamentals of the sport. Participants will shoot, pass, dribble, and rebound while also learning the basics of defense. Drills utilized in this class are intended to increase participant agility and assist with establishing their confidence on the court.

<table>
<thead>
<tr>
<th>Age 5 - 6 years</th>
<th>Monday</th>
<th>5:00 - 5:45 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 7 - 8 years</td>
<td>Monday</td>
<td>6:00 - 6:45 pm</td>
</tr>
<tr>
<td>Age 9 - 12 years</td>
<td>Monday</td>
<td>7:00 - 7:45 pm</td>
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</tbody>
</table>

### FIT CAMP FOR KIDS

**Boys & Girls Ages:** 6-13 years  
**Fee:** $52  
**6 week session**  
**Location:** Sports Center  
Join our new and interactive P.E. class. Our class is designed to burn calories and educate families within a fun and playful environment. Topics include: playing games, creating exercises, and reading nutrition labels. It is led by future P.E. teachers and is based on California State Standards for Physical Education.

**Wednesday**  
5:00 - 6:00 pm  
**Saturday**  
8:30 - 9:30 am

### TENNIS LESSONS

**Boys & Girls Ages:** 5-17 years  
**Fee:** $65  
**9 week session**  
**Location:** SG Park Tennis Courts 1 & 2  
All levels are welcomed. Please bring your tennis racquet, and a can of tennis balls to class. Instructor for this class is Lazaro Gutierrez.

<table>
<thead>
<tr>
<th>Level 1</th>
<th>Wednesday</th>
<th>4:00 - 5:00 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 2</td>
<td>Wednesday</td>
<td>5:00 - 6:00 pm</td>
</tr>
</tbody>
</table>
MULTI-SPORT: SHOOT, KICK & HIT

Boys & Girls Ages 3-12 years  Fee: $52
9 week session  Location: To Be Determined

In this nine-week class, participants will be taught the basic fundamentals of basketball, soccer and baseball. Drills utilized in this class are intended to increase participant knowledge of the three sports and assist with increasing participant comfortability in all sports.

Age 3 - 4 years…………..Thursday…………5:00 - 5:45 pm
Age 5 - 6 years…………..Thursday…………6:00 - 6:45 pm
Age 7 - 12 years…………..Thursday…………7:00 - 7:45 pm

MULTI-SPORT: PASS, SERVE & SCORE

Boys & Girls Ages 5-12 years  Fee: $52
9 week session  Location: To Be Determined

In this nine-week class, participants will be taught the basic fundamentals of football, tennis, and soccer. Drills utilized in this class are intended to increase participant knowledge of the three sports and assist with increasing participant comfortability in all sports.

Age 5 - 6 years…………..Tuesday…………6:00 - 6:45 pm
Age 7 - 12 years…………..Tuesday…………7:00 - 7:45 pm

SOCCER FUNDAMENTALS

Boys & Girls Ages 3-12 years  Fee: $52
9 week session  Location: GOALS Soccer Center

In this nine-week class participants will be taught the fundamentals of the sport. Participants will pass, dribble, and score while also learning the basics of defense. Drills utilized in this class are intended to increase participant agility and assist with establishing their confidence on the field.

Age 3 - 4 years…………..Wednesday…………5:00 - 5:45 pm
Age 5 - 6 years…………..Wednesday…………6:00 - 6:45 pm
Age 7 - 12 years…………..Wednesday…………7:00 - 7:45 pm

VOLLEYBALL FUNDAMENTALS

Boys & Girls Ages 10+ years  Fee: $52
9 week session  Location: Sports Center Gym (Court 2)

In this nine-week class participants will be taught the basic fundamentals of the sport. Participants will serve, pass, set, hit, and learn the basic positions on the volleyball court. Drills utilized in this class are intended to increase knowledge and prepare participants for competitive play.

Fundamentals Class…………………………….Tuesday…………………5:00 - 5:45 pm
OLYMPIC WEIGHT LIFTING
Boys & Girls Ages 6 - 17 years       Fee: $52
6 week session    Location: Sports Center
This class focuses on learning the proper technique, progression, and execution of the snatch, power clean, and clean, and jerk. Benefits of enrolling in this class are: increased strength, power, improved muscular development, body composition, injury prevention, and learning a new way to train.
Monday/Friday..........................................................6:00 - 6:45 pm

YOUTH PERFORMANCE TRAINING
Boys & Girls Ages 6 - 17 years     Fee: $52
6 week session    Outdoor Fields & Gym
By enrolling in this program you will learn like the pros and receive a head start on performance training. All sports are welcome and classes are conducted by a Certified Personal Fitness Trainer. Space is limited so don’t miss out!
Monday/Friday ..........................................................5:00 - 6:00 pm
**MEN’S BASKETBALL LEAGUE**
Gather your starting 5 and join our Men’s Basketball League. Games are held on Friday evenings and all players must be 18 years of age or older. For additional information on our upcoming season, please call the Sports Center (323) 563-5445.

- Team Fee: $402.00
- Refundable Forfeit Fee: $70.00
- Referee Fee per game: $30.00

**ADULT BASEBALL LEAGUE**
Adult Baseball Leagues are held throughout the year on Saturday afternoons and evenings and on Sunday afternoons. The City offers both wood bat and aluminum bat options. For more information please call the South Gate Sports Center at (323) 563-5445.

**ADULT SOFTBALL LEAGUE**
Calling all softball teams both Men’s and Co-ed, our current leagues are taking registration for the upcoming season. Men’s league is held on Thursday evenings while Co-ed will be held on Fridays. For additional information on our upcoming season, please call the Sports Center (323) 563-5445.

- Team Fee: $532.00
- Refundable forfeit fee: $70.00
- Umpire fee per game: $15.00

**SOCCER OPEN PLAY**
The Parks & Recreation Department will be offering FREE Open Playing soccer for adults at Goals Soccer Center. As part of the City’s agreement with Goals, the Department is able to provide RESIDENTS ONLY with this great opportunity to play soccer in the premier 5 vs. 5 facility in the country. Residents will be required to check in at the Goals Soccer Center and show proof that they live in South Gate. Open play will be on two of the soccer complex’s fields for an hour and a half each day. Residents will be able to register to play up to 30 minutes before the start of each play period. Daily registration will be limited to the first 30 adults.

**Location:** GOALS Soccer Center
**Fee:** Free

**Days:** Monday, Wednesday, Friday
**Time:** 5:30 pm - 8:00 pm
ART CLASS
Boys & Girls Ages 7-17 years  Fee: $75
5 week session  Location: Girls Club House-RM. C
This class teaches students drawing fundamentals, including contour drawing perspectives, shading, proportion and still rendering. The instructor for this class will be Claudia Hindu. Please Note: A payment of $10 will be collected by the instructor at the first class meeting for the supplies that will be needed for this class.

BABY BOOGIE
Boys & Girls Ages 3-5 years  Fee: $60
9 week session  Location: Girls Club House
This class will incorporate hip hop dancing along with classical moves. The instructor will inform you on the first day of class as to what the attire will be for this class. Instructor for this class will be Claudia Hindu.
Tuesday........................................5:00 - 5:30 pm

BALLET LESSONS
Boys and Girls  Fee: $60
9 week session  Location: Girls Club House
This class will teach them the steps and proper ballet techniques through a designed routine that will be performed at the end of the nine weeks. Ballet shoes are required. Instructor for this class will be Crystal Betancourt.
Ages 3-4 years..............Tuesday............5:30 - 6:00 pm
Ages 4-5 years..............Tuesday............6:00 - 6:30 pm
Ages 6-8 years..............Tuesday............6:30 - 7:15 pm
Ages 9+ years..............Tuesday............7:15 - 8:00 pm

FASHION SKETCHING
Boys & Girls Ages 8+ years  Fee: $75 + $10 supplies
5 week session  Location: Girls Club House-Rm. C
This class teaches students to develop their own style of fashion illustration with pencil and markers. Students will learn to draw women, men and children’s fashion models used as a basic for drawing idealized proportions. Instructor for this class will be Claudia Hindu.
Tuesday......................................................5:00 - 6:00 pm

GUITAR LESSONS
Boys & Girls  Fee: $60 (6-12 years)/$70 (13+ years)
9 week session  Location: Girls Club House Room C
These guitar lessons will teach your child the proper posture, finger technique, and musicianship that is required in order to play the guitar correctly. All levels are welcome.
Class size very limited, please bring your own guitar.
Instructor for this class will be Raul Alcantara.
Ages 7-12 years............Wednesday............6:00 - 6:45 pm

HIP HOP DANCE LESSONS
Boys & Girls  Fee: $60
9 week session  Location: Girls Club House
Learn fun and energetic routines to the hip music of today. You’ll learn a new and technical dance routine during the nine week session. Instructor for this class will be Crystal Betancourt.
Ages 6-8 years............Thursday............5:00 - 5:45 pm
Ages 9-12 years............Thursday............6:00 - 6:45 pm
Ages 13-17 years............Thursday............7:00 - 7:45 pm

HIP HOP DANCE TEAM Advanced
Ages 13-17 years............Monday............6:30 - 7:15 pm

H.O.W. COMPULSIVE EATERS – SPANISH
Boys & Girls Ages 18+ years  Fee: FREE
On-Going session  Location: Girls Club House-Rm. A
This class is conducted in Spanish. The program uses the principles of the 12 step program used in AA. No class on May 30.
Monday.................................................9:00 - 11:00 am

MEXICAN FOLK DANCE FOR YOUTHS
Boys & Girls  Fee: $60
9 week session  Location: Girls Club House
Learn all types of traditional dances from all the different regions of Mexico. A dance routine will be learned during the nine week session and costume attire will be required for the recital. Instructor for these classes will be Mary Lastra.
Ages 6-8 years....................Wednesday / 5:00 - 5:45 pm
Ages 8-11 years....................Wednesday / 5:45 - 6:30 pm
(6 yrs must have prior experience)
Ages 12+ years....................Wednesday / 6:30 - 7:15 pm
Ages 12+ years Advanced.......Wednesday/ 7:15 - 8:00 pm

DOG Obedience
Ages 18+ years  Fee: $70
9 week session  Location: Hollydale Dog Park
Good manners at an early age makes a new puppy a more enjoyable family member. Class will include basic obedience commands and socialization. Instructor for this class will be Gunther A Ramos.
Saturday...................................9:30 - 10:30 am

No parents/adults allowed to stay in class during class instruction.
Class registrations begin Monday, June 6 - Classes begin week of July 11, 2022

PIANO LESSONS
Boys & Girls Fee: $60 (6-12 years)/$70 (13+ years)
9 week session Location: Girls Club House Room C
This class will teach you the proper posture to have, finger techniques, musicianship, and how to read music notes. All levels are welcome. The instructor for this class will be Raul Alcantara.
Ages 7-12 years..................Thursday.............6:00 - 6:45 pm
Ages 13+ years..................Thursday.............7:00 - 7:45 pm

TINY TUMBLERS
Boys & Girls Ages 3-5 years Fee: $60
9 week session Location: Girls Club House
Your little one will learn how to do many tumbling movements. Your child will become more flexible and stronger with each class. Instructor for this class will be Crystal Betancourt. No class September 5.
Monday..................................................5:00 - 5:30 pm

TUMBLING CLASS
Boys & Girls Ages 6-12 years Fee: $60
9 week session Location: Girls Club House
Your child will learn the basics of gymnastics. This class is designed to improve your child’s coordination and introduce them to flexible movements. Instructor for this class is Crystal Betancourt. No class September 5.
Monday..........................................................5:30 - 6:15 pm

TOT TIME CLASSES
Boys & Girls Ages 3-5 years Fee: $100
9 week session Location: Girls Club House Rm C
Children will learn primary numbers, colors, shapes and the alphabet. Children will also learn to follow directions and socialize with other children through games, songs, puzzles and crafts.
NO DIAPERS/PULL UPS ALLOWED IN CLASS. CHILD MUST BE POTTY TRAINED. SPACE IS LIMITED IN EACH CLASS. No class on May 30.
Monday/Wednesday..........................9:00 am - 11:30 am
Tuesday/Thursday............................10:00 am - 11:30 am

Self Defense Lessons
Fee: $10 per week Age 5+ years Location: Auditorium
Builds confidence, self-discipline and teaches valuable safety tips. A one time registration fee is due at the time of registration. No class on July 4.
9 week session.......................July 13 - August 7
Wednesday.................................5:00 - 8:00 pm

For more information call (714) 697-9128
Or (714) 914-1123
REGISTER ON SITE
### DIY: ZINE
**Ages:** 13+ years old - Adults  
**Fee:** $10  
**ONE DAY CLASS**  
**Location:** South Gate Art Gallery  
Zines are a great way to express yourself and can be easily shared. Let’s learn how to make one!  

**Class Day:** Saturday, August 13  
**Class Time:** 10:00 am - 11:00 am

### DIY: PATCHES
**Ages:** 11+ years old - Adults  
**Fee:** $10  
**ONE DAY CLASS**  
**Location:** South Gate Art Gallery  
Want to customize a favorite jacket of yours? In this class we will learn how to stencil and print onto canvas fabric to create a one-of-a-kind patches.  

**Class Day:** Saturday, August 13  
**Class Time:** 10:00 am - 11:00 am

### COLLAGE POSTER DESIGN
**Ages:** 9+ years old - Adults  
**Fee:** $10  
**ONE DAY CLASS**  
**Location:** South Gate Art Gallery  
Be the designer of your dream poster. What would you include?  

**Class Day:** Saturday, August 13  
**Class Time:** 11:30 am - 12:30 pm

### TEEN MIXER
**Ages:** 13-17 years old  
**Fee:** Free  
**ONE DAY CLASS**  
**Location:** South Gate Art Gallery  
Hey teens! Are you into art or an artist? Come hang out and meet one another. Refreshments will be served.  

**Class Day:** Friday, August 19  
**Class Time:** 5:00 pm - 6:00 pm

### DIY: RESIN KEYCHAIN
**Ages:** 6+ years old - Adults  
**Fee:** $30  
**ONE DAY CLASS**  
**Location:** South Gate Art Gallery  
Carry your favorite tune with you all the time. In this class we will be creating a media player resin keychain. Class Instructor: Melina Aguilar.  

**Class Day:** Saturday, August 20  
**Class Time:** 10:00 am - 11:30 am

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**WIRE WRAPPING JEWELRY: EARRINGS**  
**Ages:** 12+ years old - Adults  
**Fee:** $30  
**ONE DAY CLASS**  
**Location:** South Gate Art Gallery  
Learn how to make beautiful and unique earrings using the wire wrapping technique. Learn about the tools and terminology used in wire wrapping and the right methods of using them. Class instructor: Araceli Macias.  

**Class Day:** Saturday, July 16  
**Class Time:** 11:00 am - 12:00 pm

**WIRE WRAPPING JEWELRY: RINGS**  
**Ages:** 12+ years old - Adults  
**Fee:** $30  
**ONE DAY CLASS**  
**Location:** South Gate Art Gallery  
Learn how to make beautiful and unique rings using the wire wrapping technique. Learn about the tools and terminology used in wire wrapping and the right methods of using them. Class instructor: Araceli Macias.  

**Class Day:** Saturday, July 23  
**Class Time:** 11:00 am - 12:00 pm

**CAFECITO Y ARTE**  
**Ages:** 11+ years old - Adults  
**Fee:** $20  
**ONE DAY CLASS**  
**Location:** South Gate Art Gallery  
Let’s make art while we drink Cafecito from a local coffee gem.  

**Class Day:** Friday, July 29  
**Class Time:** 7:00 pm - 8:00 pm

**WIRE WRAPPING JEWELRY: BRACELET**  
**Ages:** 12+ years old - Adults  
**Fee:** $30  
**ONE DAY CLASS**  
**Location:** South Gate Art Gallery  
Learn how to make beautiful and unique bracelets using the wire wrapping technique. Learn about the tools and terminology used in wire wrapping and the right methods of using them. Class instructor: Araceli Macias.  

**Class Day:** Saturday, July 30  
**Class Time:** 11:00 am - 12:00 pm

**DIY: NECKLACE**  
**Ages:** 6+ years old - Adults  
**Fee:** $30  
**ONE DAY CLASS**  
**Location:** South Gate Art Gallery  
Love music and accessories? Let’s create a daisy chain choker necklace with guitar picks! Class Instructor: Melina Aguilar.  

**Class Day:** Saturday, August 6  
**Class Time:** 10:00 am - 11:30 pm

**PLAY WITH RECORDS**  
**Ages:** 9+ years old - Adults  
**Fee:** $10  
**ONE DAY CLASS**  
**Location:** South Gate Art Gallery  
Let’s put a new spin on a classic record. Join us to paint on some vinyl records donated by Yuri’s Records.  

**Class Day:** Saturday, August 20  
**Class Time:** 11:30 am - 12:30 pm

**ART CIRCLE**  
**Ages:** 18+ years old  
**Fee:** Free  
**ONE DAY CLASS**  
**Location:** South Gate Art Gallery  
Working on a piece of artwork that you’ve been struggling with and need advice from your peers? Stop by with your project and get some insight.  

**Class Day:** Saturday, August 20  
**Class Time:** 1:30 pm - 2:30 pm

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**Notice: Cultural Art Workshops**  
**Classes in this section are all (1) one day workshops and meet at the South Gate Museum & Art Gallery 8680 California Avenue, South Gate, CA 90280**  
Registration can be done at the Girls Club House or Sports Center at South Gate Park. Online registration is available as well.
My Neighborhood/Mi Barrio is an ode to the communities that continuously shape us. While we all inhabit different spaces that we may call our hometown, our neighborhood, our barrio, there is comfort in shared experiences, goals, and aspirations that create community connections. Think about how you would respond to the question “where are you from?” Show us the essence of your barrio. Stories of rekindled memories from those who walked those same neighborhoods long before you walked them too. The feeling you get when you pass by that certain block. Visions of the potential for the different, the new, and the innovate in your current spaces. Through your creative lens, shed light onto the people and places that make you who you are.

**SUBMISSIONS OPEN: MONDAY, JUNE 6, 2022 9AM**

**DEADLINE TO SUBMIT: MONDAY, SEPTEMBER 5, 2022 11:59PM**

For more information email jmejia@sogate.org or call (323) 563-5478. Follow us on Instagram @southgatemuseum to keep updated!

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**CITY OF SOUTH GATE**

**ART WALK**

**SATURDAY, OCTOBER 15**

**ARTIST & VENDOR APPLICATION OPENS AUGUST 22 - SEPTEMBER 19**
PAR 3 GOLF COURSE

Golf Course has a snack bar and a driving range. Come relax with a round or two!

SENIOR DISCOUNTS

All seniors can play for $2.50 every Thursday and Friday.

SENIOR GOLF CARD

Seniors can purchase this card for $35 and have access to 10 rounds of golf during the week.

HOURS OF OPERATION

Monday - Sunday...............8:00 am - 5:00 pm

Last Tee Time is 3pm

GREEN FEES

<table>
<thead>
<tr>
<th></th>
<th>WEEKDAY</th>
<th>WEEKEND</th>
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<tbody>
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<td>YOUTH</td>
<td>$8</td>
<td>$9</td>
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<tr>
<td>ADULT</td>
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<td>$9</td>
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<tr>
<td>MILITARY</td>
<td>$8</td>
<td>$9</td>
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</table>

Summer Fun Tournament: July 23, 2022

Start Time: 8:30 am

Fee: $10 per player

Double Play Tuesdays

Buy one round of golf and get the second round for FREE!
POOL SCHEDULE

June 6 - September 4, 2022
Organized programs have priority over the use of the pool. We apologize for any inconvenience.

FAMILY SWIM HOURS*
Monday - Sunday ..............................................1:00 pm - 2:30 pm
..............................................................................3:00 pm - 4:30 pm
Monday - Friday ..................................................7:30 pm - 9:00 pm
*Subject to pre-sale 30 minutes before the start of Family Swim hours. Please call for more information.

ADULT SWIM HOURS
Monday - Thursday ...........................................11:30 am - 1:00 pm
..............................................................................9:00 pm - 9:45 pm
Saturday - Sunday ...............................................12:00 pm - 1:00 pm

LAP SWIM HOURS
Lap swimming is available in a designated area during all open swim sessions for Adults Only unless given permission by supervising staff. Please make inquiries in pool office.
Monday - Thursday ...........................................8:00 am - 11:00 am
Monday - Friday ...................................................5:00 pm - 7:00 pm
Saturday - Sunday ...............................................9:00 am - 12:00 pm

SUNRISE SWIM HOURS
Sunrise swim is back! This session is lap swimming in a designated area for Adults Only unless given permission by supervising staff.
Monday - Thursday ...........................................6:00 am - 7:30 am

Due to Covid-19 regulations pool hours are subject to change without notice.

POOL REGULATIONS
- The Supervising Lifeguard on duty has the final say in all Health & Safety matters.
- One child under 8 years of age and 48" tall per adult 18+ in the water at a time.
- All swimmers must wear a proper swim suit. NO BASKETBALL SHORTS or EXERCISE CLOTHES ALLOWED.
- The staff is not responsible for lost or stolen personal items, so if in doubt, PLEASE DO NOT BRING THEM.
- Water diapers for infants are REQUIRED.
- Children 5 years old or older MAY NOT walk through the opposite gender’s locker room. Please ask staff for assistance.

DAILY RATES

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<tr>
<th>Youth/Teen/Senior/Disabled/Military</th>
<th>$40</th>
<th>10 Visits</th>
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<tbody>
<tr>
<td>Adults 18+</td>
<td>$50</td>
<td>10 Visits</td>
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PUNCH CARDS ALSO AVAILABLE

<table>
<thead>
<tr>
<th>Youth/Teen/Senior/Disabled/Military</th>
<th>$40</th>
<th>10 Visits</th>
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</thead>
<tbody>
<tr>
<td>Adults 18+</td>
<td>$50</td>
<td>10 Visits</td>
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</tbody>
</table>
LEARN-TO-SWIM PROGRAMS

Learning how to swim can save your life and the lives of your friends and loved ones. That is why our Aquatic Staff is eager to teach you and your little ones how to swim and be safe around the water.

Swim lessons are progressive in nature, so the new classes available during registration change per session, based on the successful completion of the students in the previous session. Pre-test is available upon request. Please bring child and swim suit with you before registration during open hours.

Please Note: If this is the first time registering for a class with us, please bring your child’s birth certificate or school I.D, and your Driver’s License. Registration is available online and in person. It is first-come, first served and begins at 9:00 am. For questions, please call us at (323) 563-5446.

GROUP SWIM LESSONS

Boys & Girls Ages 6 months - 17 years
4 week sessions approx. 25 minute classes

Monday/Wednesday 5:00 pm - 7:30 pm
Tuesday/Thursday 5:00 pm - 7:30 pm

Group lessons have between 6-8 students in a class (depending on level). Each session of classes and times offered are based on the number of students who pass to the next level in the previous session and the amount of instructors available to teach.

Registration Dates...........................May 28, July 2, July 30
Classes Begin...................................June 6, July 5, August 1
Parent & Child......................................$53
Tiny Tots (3-5 yrs. old)........................................$55
Youth (6-17 yrs. old)..........................................$44

SWIM LESSON SKILLS

Parent & Child - Baby Beluga
- Introduces basic skills to parents and children. Parents are taught how to safely work with their child in the water. This includes: appropriate supporting/holding their child in the water, preparing and encouraging their child to participate fully in each skill. Children are introduced to basic skills that lay a foundation to help them learn to swim.

Tiny Tot 1 - Starfish
- Introduces the most elementary aquatic skills, which participants continue to build on as they progress through the Preschool Aquatics and Learn-to-Swim levels. At this first level, children are encouraged to develop good attitudes and safe practices around the water.

Tiny Tot 2 - Jellyfish
- Most skills in this level are performed with assistance. This level marks the beginning of independent aquatic locomotion skills. Participants continue to explore using simultaneous and alternating arm and leg actions on the front and back to gain more proficiency for future strokes.

Tiny Tot 3 - Sea Otter
- Skills in this level are performed independently. Participants learn to improve coordination of combined simultaneous arm and leg actions; and alternating arm and leg action.

Tiny Tot 4 - Seahorse
- This level builds on the skills taught in level 3 and introduces more advanced skills based on the child’s ability.

Level 1 - Crab Introduction to Water Skills
- Participants will be taught the basic personal water safety information and skills, to help participants feel comfortable in the water and to enjoy the water safely.

Level 2 - Octopus Fundamental Aquatic Skills
- Participants are taught to float without support and to recover to a vertical position. This level marks the beginning of true locomotion skills. Participants further develop simultaneous arm and leg actions; and alternating arm and leg action on the front and back that lay the foundation for future strokes.

Level 3 - Sea Turtle Stroke Development
- Participants are taught to swim the front crawl, elementary backstroke, scissor kick, dolphin kick, and how to tread water. Participants will also be taught the rules to entering the water headfirst in 9 feet deep of water.

Level 4 - Dolphin Stroke Improvement
- Participants are taught how to improve their skills and increase their endurance by swimming already learned strokes for greater distances. Participants are also taught how to back crawl, breaststroke, butterfly and the basics of turning at a wall.

Level 5 - Sting Ray Stroke Refinement
- Participants are taught how to refine their performance of all the strokes (Front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke) and increase their distance. Students are also taught the proper way to change directions while swimming.

Level 6 - Shark Swimming & Skill Proficiency
- Participants continue to refine their strokes as they are taught to swim with more ease, efficiency, power, smoothness and over greater distances. They will be introduced to other aquatic activities in the areas of Personal Water Safety, Fundamentals of Diving, and Fitness Swimming. These activities should prepare them for more advanced water related programs like lifeguarding, competitive swimming, water polo, diving, and synchronized swimming.
PRIVATE SWIM LESSONS

<table>
<thead>
<tr>
<th>Ages</th>
<th>4 week sessions</th>
<th>Friday</th>
<th>5:00 pm - 7:00 pm</th>
<th>Saturday &amp; Sunday</th>
<th>9:00 am - 1:00 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-100 years</td>
<td>4 week sessions</td>
<td>Friday</td>
<td>5:00 pm - 7:00 pm</td>
<td>Saturday &amp; Sunday</td>
<td>9:00 am - 1:00 pm</td>
</tr>
</tbody>
</table>

Private swim lessons are taught one-on-one. All private swim lesson participants will be granted free entry into our Recreation Swim sessions that take place Monday - Thursday from 3:00 – 4:30 p.m. for additional practice time in the water.

Registration Dates: Please call for waitlist
Classes Begin: June 10, July 8, August 1
Tiny Tots (3-5 yrs. old): $106
Youth (6-17 yrs. old): $106
Adults (18+ yrs. old): $110

SEMI-PRIVATE SWIM LESSONS

<table>
<thead>
<tr>
<th>Ages</th>
<th>4 week sessions</th>
<th>Friday</th>
<th>5:00 pm - 7:00 pm</th>
<th>Saturday - Sunday</th>
<th>9:00 am - 1:00 pm</th>
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</thead>
<tbody>
<tr>
<td>3-100 years</td>
<td>4 week sessions</td>
<td>Friday</td>
<td>5:00 pm - 7:00 pm</td>
<td>Saturday - Sunday</td>
<td>9:00 am - 1:00 pm</td>
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</tbody>
</table>

Semi-private lessons are taught in a group of 2 - 3 students of like-skill. All semi-private swim lesson participants will be granted free entry into our Recreation Swim sessions that take place Monday - Thursday from 3 – 4:30 p.m. for additional practice time in the water.

Registration Dates: Please call for waitlist
Classes Begin: June 10, July 8, August 5
Tiny Tots (3-5 yrs. old): $64
Youth (6-17 yrs. old): $64
Adults (18+ yrs. old): $64

SWIM STADIUM MEMBERSHIPS

All memberships must be paid with a debit card unless 6 months or 1 year are paid in advance. For more information, please call the Patricia G. Mitchell Swim Stadium at (323) 563-5446.

<table>
<thead>
<tr>
<th>SPLASH</th>
<th>Sports &amp; Splash</th>
<th>Premier</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Swim/Lap Swim/Adult Swim/Shower</td>
<td>Everything included with Sports membership and Access Pool for Public, Adult &amp; Lap Swim</td>
<td>Everything included with Fitness, Sports &amp; Splash</td>
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<tr>
<td>Family: $30 per month</td>
<td>Adults: $15 per month</td>
<td>Family: $70 per month</td>
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<tr>
<td>Youth/Teens/Seniors/Military/Disabled: $10 per month</td>
<td>Youth/Teens/Seniors/Military/Disabled: $15 per month</td>
<td>Adults: $30 per month</td>
</tr>
<tr>
<td>Youth/Teens/Seniors/Military/Disabled: $10 per month</td>
<td>Youth/Teens/Seniors/Military/Disabled: $15 per month</td>
<td>Youth/Teens/Seniors/Military/Disabled: $25 per month</td>
</tr>
</tbody>
</table>
JUNIOR WATER POLO

4 week sessions Fee $30
Boys & Girls Ages 6 - 12 years
Friday 6:40 pm - 7:25 pm

This introductory class is designed to give kids ages 6-12 the opportunity to learn the fundamentals of water polo in a fun, supportive environment that emphasizes skill development, teamwork, and physical fitness. Although the sport of water polo is known for its toughness and endurance, Junior Water Polo harnesses all the fun, dynamic aspects of the game in a safe, easy-to-learn aquatic experience that will motivate kids to swim and stay fit.

Registration Dates: May 28, July 2, July 30
Classes Begin: June 10, July 8, August 5

SURFING 101

4 week sessions Fee $50
Boys & Girls Ages 13+ years
Saturdays 8:00 am - 8:45 am

There’s nothing quite like the thrill of riding a wave! If you’ve always dreamed of learning how to surf but are not a very strong swimmer, our instructors will help get you closer to making that dream a reality. This beginner-level class is designed to help improve your swimming technique, endurance, and stamina, plus introduce basic surf skills such as the pop-up, paddling, turning your board, and standing up in a controlled environment before hitting the waves. Please note: this class takes place in the deep end, ability to swim two laps of freestyle required.

Registration Dates: May 28, July 2, July 30
Classes Begin: June 11, July 9, August 6

Free Event!

The World’s Largest Swimming Lesson™
June 23, 2022

All Ages Welcome!
Registration begins June 1, 2022.
Check-in begins at 11:00am. Event begins at 12:00pm sharp!

Become a world record holder! Join thousands of people at aquatic facilities around the globe for the World’s Largest Swimming Lesson on Thursday, June 23, 2022. We’re making a huge splash to spread the word that swimming lessons save lives! Don’t miss your chance to participate in the twelfth annual WLSL event to help prevent drowning - the second leading cause of injury-related death of children ages 1-14.
For more information on these programs, call (323) 563-5446.

**ADULT AND PEDIATRIC CPR/ FIRST AID / AED TRAINING**

The Adult and Pediatric CPR/AED course incorporates the latest science and teaches students how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult and Pediatric CPR/AED valid for two years.

This is a blended learning class and requires proof of online content completion to attend the in-class portion. You will do the Skills Demonstration and Skills test in class AFTER doing the online portion.

Please call the Patricia G. Mitchell Swim Stadium for more information at (323) 563-5446.

**ADULT GROUP SWIM LESSONS PROGRAM**

**Ages 18 years & over Fee: $61**

Class is twice a week for four weeks. New enrollees, please bring your driver’s license or I.D.

Adult swim lessons are divided into three basic categories:

1. **Beginners** - Introduction to water skills
2. **Intermediates** – Fundamental aquatic skills
3. **Advanced** - Stroke development, improvement and refinement.

Registration Dates: May 28, July 2, July 30
Classes Begin: June 6, July 5, August 1
Class day: Monday/Wednesday
Class time: 9:00 pm - 9:45 pm

**AQUA AEROBICS Ages 18+**

Fee: $5 per class

Ladies, gently shed a few dress sizes without having to feel the sweat run down your shirt. Gentleman, lose a few pounds, tone and lean out your muscles at the same time without the injury causing impact that you would normally experience during a land workout.

Tuesday & Thursday: 9:00 pm - 9:45 pm

**MASTER SWIM Ages: 18+**

Fee: $5 per class

Whether you’re a triathlete, open water swimmer or just want to maintain fitness or brush up on stroke technique, we got you covered! Masters Swimming is designed for adults, 18 years and over. Ability to swim 100 yards of free and backstroke as well as knowledge of breast-stroke and butterfly is suggested.

Class day: Monday/Wednesday
Class time range between: 9:00 pm - 9:45 pm

**SENIORCISE Ages: 55+**

Fee: $3 per class

Our Senior Water Exercise program offers a stress-free time to swim, improve health and fitness, and socialize with others while enjoying the benefits of our heated indoor pool. This shallow water, low-impact class is paced for seniors and designed to promote joint flexibility, range of motion, and agility while building cardiovascular fitness and muscle strength.

Class day: Monday/Wednesday
Class time: 11:30 am - 12:15 pm

**WATER POLO OPEN PLAY**

**Per session fee $5**

**Ages 18+ years & over**

Monday & Wednesday: 9:00 pm - 9:45 pm

Water polo is so much fun! Whether you’re a retired collegiate water polo player, or an amateur with heart, this open play time is an opportunity to hone your skills and enjoy a good clean pickup game of water polo.

Program Begins: June 6

**POOL RENTAL INFORMATION**

Pool rentals are fun for any occasion. We rent out the Pool for baptisms, business parties, swim meets, water polo tournaments and more. The Patricia G. Mitchell Swim Stadium is an indoor, Olympic-size heated swimming pool with an enclosed large patio for dining, music and extra seating. Rentals are taken on a first come, first paid basis and can’t be made less than 14 days before the event. Non-profit basic rate (private party): $157 an hour for 150 guests (Includes: whole pool, 3 lifeguards and use of the patio). Please call for pricing on commercial use. There is a cancellation fee for all rentals.
The South Gate Skate Park welcomes skateboards and bikes. It features a gnarly street section with big rails, stairs, and drops. At the back of the park is a fun bowl with hips and mounds. While using the skate park, participants are required by City ordinance to wear proper protective equipment.

**Skate Park Hours:**
(June 2 - August 20, 2022)
Monday - Friday: 10:00 am - 7:00 pm
Saturday: 10:00 am - 4:00 pm
Sunday: Closed

**Daily Rates**

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<th>Rate</th>
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<tr>
<td>Military</td>
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<tr>
<td>Disabled</td>
<td>$4</td>
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<tr>
<td>Youth (5 - 12)</td>
<td>$4</td>
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<tr>
<td>Fitness - Adult (18+)</td>
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<td>Fitness - Teens (15 - 17), Seniors, Military, Disabled</td>
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</tbody>
</table>

**Hours of Operation**

- **Monday - Friday**: 8:00 am - 8:45 pm
- **Saturday**: 9:00 am - 4:45 pm

The premier destination for health and fitness in the City of South Gate
GROUP EXERCISE CLASS SCHEDULE

For more info contact the South Gate Sports Center at (323) 563-5445

<table>
<thead>
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<th>Tuesday</th>
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<th>Thursday</th>
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<td>Boot Camp</td>
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<td>Boot Camp</td>
<td>Seniorcise</td>
<td>Evening Boot</td>
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<td>Sports Center</td>
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<td>Sports Center</td>
<td>Camp</td>
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<td>Sports Center</td>
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<tr>
<td>8:15am-9am</td>
<td>4:15pm-5pm</td>
<td>8:15am-9am</td>
<td>4:15pm-5pm</td>
<td></td>
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<tr>
<td>Yoga</td>
<td>Over Easy (Seniors)</td>
<td>Over Easy (Seniors)</td>
<td>Over Easy (Seniors)</td>
<td></td>
</tr>
<tr>
<td>Sports Center</td>
<td>Sports Center</td>
<td>Sports Center</td>
<td>Sports Center</td>
<td>5pm-6:50pm</td>
</tr>
<tr>
<td>9:15am-10am</td>
<td>10am-11am</td>
<td>9:15am-10am</td>
<td>10am-11am</td>
<td>6pm-6:50pm</td>
</tr>
<tr>
<td>Young &amp; Fit</td>
<td>Tone It Up</td>
<td>Boot Camp</td>
<td>Tone It Up</td>
<td>Boot Camp</td>
</tr>
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<td>Sports Center</td>
<td>Sports Center</td>
<td>Sports Center</td>
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<tr>
<td>5pm-5:50pm</td>
<td>6pm-6:50pm</td>
<td>5pm-6:50pm</td>
<td>6pm-6:50pm</td>
<td>10:30-11:20am</td>
</tr>
<tr>
<td>Step Aerobics</td>
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<tr>
<td>Sports Center</td>
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<tr>
<td>6:00pm-6:50pm</td>
<td></td>
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</tbody>
</table>

**Daily Rate:**
- $7 - Adult
- $6 - Teen, Senior, Military, Disabled

No entry into class will be allowed, 10 minutes after class begins.

Mask Recommended.

First come, first serve. Space is limited.

All group exercise class times and locations are subject to change due to COVID-19 restrictions.

---

**BOOT CAMP**
This group exercise class combines body weight and resistance training exercises for short periods of time with minimal to no rest. Burn calories, fat, and tone your body while performing a variety of exercises. The high intensity interval training will help maximize your effort at blasting all the calories away. Challenge yourself!!!

**FUN & FIT**
This class will incorporate fun ways to burn calories. From Caveman throws and agility competitions to relay races; let’s make sweating fun!

**OVER EASY EXERCISES**
This class has been especially designed for those who suffer from many ailments that attack the body. No registration needed. Instructor for this class is Beatriz Rodriguez.

**SENIORCISE**
Our newest fitness class is designed to help those suffering from arthritis, osteoporosis, and other health ailments. We incorporate light resistance training while focus on activities of daily living. It’s a great class for seniors of ALL fitness levels.

**TEEN GAINZ**
This class is designed specifically for teenagers who enjoy lifting weights. Follow one of our trainers and complete the workout of the day. Come learn new exercises, proper technique, and safety tips.

**TONE IT UP**
Our newest Aerobic class mixes in resistance training and upbeat music. The class incorporates light weights with an up-tempo twist.

**YOGA**
Do you want to develop a strong core, more flexibility, and improve your coordination and balance? Then yoga is just for you. Yoga is a conditioning routine that will strengthen your abdominals, hips, and lower back. It will also help you build muscular endurance in your legs. The blueprint for a stronger core and more flexibility is here in yoga.

**YOUNG & FIT**
It’s never too early to teach children about Fitness. Join our fun and active environment, as we introduce unique and fun ways to exercise. It is conveniently scheduled at the same time as our Boot Camp, so parents can workout at the same time.
**MONTHLY MEMBERSHIP PLANS**

<table>
<thead>
<tr>
<th>プラン</th>
<th>プレミアム</th>
<th>フィットネス</th>
<th>スポーツ&amp;スプラッシュ</th>
<th>スポーツ</th>
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<tbody>
<tr>
<td>PREMIER</td>
<td>すべてが含まれています</td>
<td>Fitness, Sports &amp; Splash</td>
<td>すべてが含まれています</td>
<td>Sports (Splash追加オプション)</td>
</tr>
<tr>
<td>FITNESS</td>
<td>Semi-Private</td>
<td>Basketball, Volleyball, Racquetball, Weight Rooms &amp; Group Exercise</td>
<td>Everything included with Sports membership and Access Pool for Public, Adult &amp; Lap Swim</td>
<td>Basketball, Volleyball &amp; Showers</td>
</tr>
<tr>
<td>SPORTS &amp; SPLASH</td>
<td>2 adults &amp; 3 kids</td>
<td>$50 per month</td>
<td>2 adults &amp; 3 kids</td>
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<tr>
<td>SPORTS</td>
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<td>$30 per month</td>
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**プライベート**: 1人当たりの訓練

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<td>1セッション</td>
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<td>12セッション</td>
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</tr>
<tr>
<td>16セッション</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

**SPLASH ADD-ON OPTION - $6 extra per month.**
Can only be added to individual monthly memberships. Pool Access To: Public Swim, Adult Swim and Lap Swim.

For more information please contact the Sports Center at (323) 563-5445.

**DISCLAIMER**: Membership does not provide priority access to the Sports Center facilities. Facilities could be subject to closure due to Holidays, Special Events, and Health/Safety concerns. Non-compliance of facility rules and regulations could result in forfeiture of membership.

**MEMBERSHIP PAYMENT POLICY**: In order to sign-up for a monthly membership a credit or debit card must be on file. Dues will automatically be deducted from your account on a month to month basis with no contract. All major credit/debit cards are accepted (Visa, MasterCard and Discover). If paying with cash, 6 months in advance is required. No month to month cash option.

**SPLASH ADD-ON OPTION - $6 extra per month.**
Can only be added to individual monthly memberships. Pool Access To: Public Swim, Adult Swim and Lap Swim.

For more information please contact the Sports Center at (323) 563-5445.

**PRIVATE**
(1 on 1)
Receive undivided attention from one of Our Certified Personal Trainers.

1 SESSION $30
4 SESSIONS $116
8 SESSIONS $216
12 SESSIONS $282

**Semi-Private**
(2-3 people)
Don’t ditch your gym partner! Choose personal training sessions with friends.

4 SESSIONS $73
8 SESSIONS $136
12 SESSIONS $175
16 SESSIONS $194

**YOU CAN HAVE RESULTS, OR YOU CAN HAVE EXCUSES. YOU CAN’T HAVE BOTH!**
It’s time to get fit and in shape! Choose from our Semi-Private Training and train with a friend, or select Private Training for a more personal approach. Training sessions are 45 minutes in duration and will consist of any combination of functional movements, cardiovascular exercises, resistance training and aquatic exercises.
**THE BIGGEST LOSER**

**EXCLUSIVELY FOR MEMBERS**
Fitness staff will track your weight and body fat weekly. All participants will have access to sample meal recommendations along with exclusive access to group workouts and resistance training sessions.

**Begins July 11, 2022**

**ONLY $50 FOR 12 WEEKS!**
- TONE UP
- LOSE WEIGHT
- MAKE FRIENDS
- WEEKLY PRIZES

**REGISTER AT THE SPORTS CENTER**
323.563.5445

---

**YOUTH! BIGGEST LOSER**

**NEW!**

**OUR POPULAR 12-WEEK FITNESS PROGRAM IS NOW AVAILABLE FOR KIDS!**
Begins July 11, 2022

**AGES 7-13**

**ONLY $50**
- PLAY GAMES
- MAKE FRIENDS
- LOSE WEIGHT
- COME HAVE FUN

**REGISTER AT THE SPORTS CENTER**
323.563.5445

---

**FUN 2022 RUN**

**JOIN US FOR A FUN 1 MILE RUN**
**SATURDAY, JULY 16, 2022**
**12:00 PM**

**ALL AGES**

**PRICE: $10**
**DAY OF: $20**

RUN WILL TAKE PLACE WITHIN SOUTH GATE PARK

RUNNERS WILL RECEIVE SUNGLASSES AND COOLING TOWEL (WHILE SUPPLIES LAST)

FOR MORE INFORMATION CONTACT THE SPORTS CENTER AT (323)563-5445

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**CITY OF SOUTH GATE**

**REGISTRATION OPENS JULY 25TH**

**AUGUST 27**

**CALL SPORTS CENTER FOR MORE INFO**
323-563-5445
MEALS ON WHEELS - FOOD SERVICE

For information on how to receive meals delivered to your home, please contact the Meals on Wheels organization at (562) 806-5400 ext. 261.

OFFICE HOURS:
Monday - Thursday.................8:00 am - 5:00 pm
Friday........................................8:00 am - 3:00 pm
Saturday - Sunday..........................Closed

MARGARET TRAVIS SENIOR CENTER
4855 TWEEDY BLVD.
(323) 357-9662

SENIOR CENTER ACTIVITIES

BINGO
Begin.....................................July 1
Day..........................................Monday
Time........................................1:00 pm - 3:00pm
Location..............................Senior Center Main Hall

CRAFTS
Begin.....................................June 29
Day..........................................Wednesday
Time......................................9:00 am - 11:00am
Location..............................Senior Center Conference Room

H.S.A. SENIOR LUNCH PROGRAM
In person meal schedule: Come in and enjoy a hot meal with some of your friends or neighbors. Everyone must make a reservation in order to receive the onsite meals. For reservations please call (562) 806-5400 extension 217.
Donation per day.......................$2.25
Day........................Monday, Tuesday, Thursday, Friday
Start time..........................11:30 am

Grab and Go schedule:
5 Frozen meals will be handed out to each registered customer.
Day.............................................Wednesday

THAI CHI
Begin.................................June 28
Day..........................................Tuesday & Thursday
Time......................................10:00 am - 11:00 am
Location..............................Senior Center Conference Room
COMMUNITY EXCURSIONS

On-site & Online Trip Registration Begin: June 13, 2022

Registration is held at the Girls Club House office, Monday - Thursday from 8:30 am to 5:00 pm

ALL FEES ARE DUE AT THE TIME OF REGISTRATION

Please Note: All cancellations must be during our office business hours and there will be a $10 administration fee per person. Refunds are only granted if spaces can be re-sold. All trips go, rain or shine, unless otherwise notified. Please arrive 10-15 minutes before scheduled departure and check-in at the office with trip escort. There is no grace period.

ALL DEPARTURES LEAVE FROM THE GIRLS CLUB HOUSE AS SCHEDULED (TRAFFIC/WEATHER PERMITTING).

UPON RETURN FROM TRIP DESTINATIONS, CHECK IN WITH ESCORT AT DESIGNATED TIME OF DEPARTURE. BUS WILL DEPART AT DESIGNATED TIME ANNOUNCED BY ESCORT.

NO REFUNDS FOR CANCELLATIONS OR “NO-SHOWS” THE DAY OF THE TRIP.

**FACE MASKS MUST BE WORN REGARDLESS OF VACCINATION STATUS**

For more information please contact the Margaret Travis Senior Center at (323) 357-9662 or The Girls Club House at (323) 563-5447.

CATALINA ISLAND - LONG BEACH PORT
LUNCH ON YOUR OWN.
Friday, August 5 .........................Fee: $60.00
Departure: 8:00 am................Return: 8:00 pm

AUGUSTINE CASINO - COACHELLA
MUST BE 21 YEARS OF AGE OR OLDER. LUNCH IS ON YOUR OWN.
Thursday, July 7 .........................Fee: $20.00
Departure: 7:00 pm................Return: 7:00 pm

ORANGE COUNTY FAIR - COSTA MESA
LUNCH ON YOUR OWN.
Thursday, July 21 .........................Fee: $20.00
Departure: 10:00 am................Return: 7:00 pm

LAS BRISAS RESTAURANT - LAGUNA BEACH
BREAKFAST IS INCLUDED.
Wednesday, July 27 ......................Fee: $50.00
Departure: 8:00 am................Return: 5:00 pm

VALLEY VIEW CASINO - VALLEY VIEW
MUST BE 21 YEARS OF AGE OR OLDER. LUNCH IS ON YOUR OWN.
Thursday, August 11....................Fee: $20.00
Departure: 7:00 am................Return: 7:00 pm

3RD STREET PROMENADE - SANTA MONICA
LUNCH ON YOUR OWN,
Wednesday, August 28..................Fee: $10.00
Departure: 9:00 am................Return: 5:00 pm

SABOBA CASINO - SAN JACINTO
MUST BE 21 YEARS OF AGE OR OLDER. LUNCH IS ON YOUR OWN.
Thursday, September 1..................Fee: $20.00
Departure: 7:00 pm................Return: 7:00 pm

HUNTINGTON BEACH FARMERS MARKET
HUNTINGTON BEACH
LUNCH ON YOUR OWN,
Friday, September 16....................Fee: $10.00
Departure: 10:00 am................Return: 5:00 pm

OLD TOWN SAN DIEGO - SAN DIEGO
LUNCH ON YOUR OWN,
Wednesday, September 21.............Fee: $10.00
Departure: 8:00 am................Return: 7:00 pm

CATALINA ISLAND - LONG BEACH PORT
LUNCH ON YOUR OWN.
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Departure: 8:00 am................Return: 8:00 pm

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MUST BE 21 YEARS OF AGE OR OLDER. LUNCH IS ON YOUR OWN.
Thursday, August 11....................Fee: $20.00
Departure: 7:00 am................Return: 7:00 pm

3RD STREET PROMENADE - SANTA MONICA
LUNCH ON YOUR OWN,
Wednesday, August 28..................Fee: $10.00
Departure: 9:00 am................Return: 5:00 pm

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HUNTINGTON BEACH FARMERS MARKET
HUNTINGTON BEACH
LUNCH ON YOUR OWN,
Friday, September 16....................Fee: $10.00
Departure: 10:00 am................Return: 5:00 pm

OLD TOWN SAN DIEGO - SAN DIEGO
LUNCH ON YOUR OWN,
Wednesday, September 21.............Fee: $10.00
Departure: 8:00 am................Return: 7:00 pm
The City of South Gate Parks and Recreation Department has facilities available for rent for special occasions or business trainings. Use of alcoholic beverages may be permitted with additional regulations. All reservations are on a first come, first serve basis.

For information contact the Parks Administration office at (323) 563-5479 or visit our page at www.cityofsouthgate.org.

**PARKS & RECREATION ADMINISTRATION**

**OFFICE HOURS**

Monday - Thursday..............7:30 am - 5:00 pm
Friday - Sunday....................Closed

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**BANQUET ROOM RATES**

This room is used for meetings only.

- **Hourly Rate**.......................$50.00
- **Kitchen Fee**....................$80.00
- **Refundable Damage Deposit**...$165.00

*Call for Commercial Rates

---

**GIRLS CLUB HOUSE RATES**

This facility has a maximum capacity of 150 people for a dinner reception, and 325 for conferences.

- **Hourly Rate**.......................$120.00
- **Kitchen Fee**....................$64.00
- **Refundable Damage Deposit**...$319.00

*Call for Commercial Rates

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**MUNICIPAL AUDITORIUM RATES**

This facility has a maximum capacity of 500 people for dinner receptions, and up to 600 people for a conference event.

- **Hourly Rate**.......................$200.00
- **Kitchen Fee**....................$80.00
- **Refundable Damage Deposit**...$495.00

*Call for Commercial Rates

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**ROSE ARBOR RATES**

This area can seat up to 110 guests for ceremonies. Set up for rose arbor is Chairs Only.

- **Fee**..................................$179.00

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All fees are subject to change without notice.
PICNIC AREA INFORMATION

PICNIC AREA RESERVATION RATES
There are a total of ten picnic areas located throughout South Gate Park and one at Hollydale Regional Park available to the public to reserve. All reservations are on a first come first serve basis. Please contact our Parks Administration Office at (323) 563-5479 to check availability. All bookings must be made at least one week in advanced. Reservation fees are based on the amount of guests you will have in attendance. See group rates below. Contact the Administration Office for Commercial Rate information.

Non-Profit Group Permit Fees
(please contact our office for Commercial Rates):
Group of 1-50……………………………………………….……….$87.00
Group of 51-100..................................................................$173.00
Group of 101-200................................................................$277.00
Group of 201-500...............................................................$416.00
Group of 501+.................................................................$831.00

BANDSTAND RATES
This fee will be based on your group size, see fees listed above.
Refundable damage deposit.............................................$165.00

COOK HOUSE RATE
Fee...............................................................$82.00

All fees are subject to change without notice.
*Call for Commercial Rates.

For Park Facility & Picnic Area Rentals contact the Park Administration Office at (323) 563-5479
Baseball Field Rentals contact the Sports Center at (323) 563-5445
Pool Rental information call the Patricia G. Mitchell Swim Stadium at (323) 563-5446
Batting Cage usage information contact Goals Soccer Center at (323) 923-4650
GATE ROUTE INFORMATION

Service Hours:
Monday - Friday......6 am - 7 pm
Saturday................8 am - 5 pm

Service Fees:
50¢ per ride.
Children 4 and under ride free.
Transfers are available.
Participants of our Phone-a-Ride program ride for free!

Service Provider is Global Paratransit, Inc.
For route information, contact us at (323) 563-5754 or call them at (310) 715-7582.
The City of South Gate offers an additional discount on TAP fares (Monthly Metro bus pass) to South Gate residents with Reduced Fare TAP cards.

**Sales Hours**
Monday - Friday: 12 pm - 5:30 pm
Saturday - Sunday: Closed

**Senior/ Disabled Tap**
$16

**K-12 Tap**
$17

**College/ Vocational Tap**
$32

South Gate residents must provide proof of residency at time of purchase (Utility bill, correspondence, report card, etc).

For more information contact Transit office at transit@sogate.org or call (323) 563-5754

The City of South Gate offers an additional discount on TAP fares to South Gate residents with Reduced Fare TAP cards.

**Registration Information:**
Registrant must present a valid I.D. and proof of residency (utility bill or mailed correspondence)
Monday - Friday, 12 pm - 5:30 pm
*No hand written documents accepted

La ciudad de South Gate ofrece a sus residentes de 62 años de edad o más o que están incapacitados, un servicio especial que los ayuda a obtener transportación dentro de la ciudad a un precio reducido. **ESTE SERVICIO NO ESTA DISEÑADO PARA LOS QUE PUEDEN MOVILIZARSE POR SI Mismo, NI PARA VIAJAR A LUGAR DE EMPLEO O A LA ESCUELA.**

**Como Inscribirse:** Individuos registrándose deben presentar su I.D. vigente, y comprobante de domicilio (recibo de gas, luz, o agua)
Lunes a Viernes de 12 pm a 5:30 pm
*No aceptamos documentos escritos a mano.

**Registration Fee**
$10 per year
Each trip: $1

**Cuota de Inscripción**
$10 por año
Cada viaje: $1
PROGRAMAS DEPORTIVOS
9520 Hildreth Avenue • (323) 563-5445

CLASES DE BALONCESTO PARA PEQUEÑOS $52
Niños y Niñas 9 semanas
Este programa de nueve semanas les enseñara a sus pequeños los deportes básicos de baloncesto. Los estudiantes tendrán la oportunidad de jugar entre sí para poner en práctica lo aprendido.
5-6 años…………..Martes…………..5:00 pm - 5:45 pm
6 años……………..Jueves…………..6:00 pm - 6:45 pm
9-12 años…………..Lunes…………..7:00 pm - 7:45 pm

CLASES DE BEISBOL PARA PEQUEÑOS $52
Niños y Niñas 9 semanas
Este programa de nueve semanas les enseñara a sus pequeños los deportes básicos de beisbol. Los estudiantes tendrán la oportunidad de jugar entre sí para poner en práctica lo aprendido.
5-6 años…………..Martes…………..5:00 pm - 5:45 pm
6 años……………..Jueves…………..6:00 pm - 6:45 pm
9-12 años…………..Lunes…………..7:00 pm - 7:45 pm

CLASES DE VOLEIBOL $52
10-17 años de edad 9 semanas
Clase para Principiante……….Martes…………..5:00 pm - 5:45 pm

CLASES DE MULTI-DEPORTES PARA BEBE $52
Niños y Niñas 9 semanas
Este programa de nueve semanas les enseñara a sus pequeños los deportes básicos de varios deportes. Los estudiantes tendrán la oportunidad de jugar entre sí para poner en práctica lo aprendido.
5-6 años…………..Martes…………..5:00 pm - 5:45 pm
6 años……………..Jueves…………..6:00 pm - 6:45 pm
9-12 años…………..Lunes…………..7:00 pm - 7:45 pm

FIT CAMP FOR KIDS $52
Niños y Niñas 9 semanas
Este programa de nueve semanas les enseñara a sus pequeños los deportes básicos de varios deportes. Los estudiantes tendrán la oportunidad de jugar entre sí para poner en práctica lo aprendido.
5-6 años…………..Martes…………..5:00 pm - 5:45 pm
6 años……………..Jueves…………..6:00 pm - 6:45 pm
9-12 años…………..Lunes…………..7:00 pm - 7:45 pm

CLASES DE MULTI-DEPORTES PARA PEQUEÑOS $52
Niños y Niñas 9 semanas
Este programa de nueve semanas les enseñara a sus pequeños los deportes básicos de varios deportes. Los estudiantes tendrán la oportunidad de jugar entre sí para poner en práctica lo aprendido.
5-6 años…………..Martes…………..5:00 pm - 5:45 pm
6 años……………..Jueves…………..6:00 pm - 6:45 pm
9-12 años…………..Lunes…………..7:00 pm - 7:45 pm

CLASES DE BALONCESTO PARA PEQUEÑOS $52
Niños y Niñas 9 semanas
Este programa de nueve semanas les enseñara a sus pequeños los deportes básicos de baloncesto. Los estudiantes tendrán la oportunidad de jugar entre sí para poner en práctica lo aprendido.
5-6 años…………..Martes…………..5:00 pm - 5:45 pm
6 años……………..Jueves…………..6:00 pm - 6:45 pm
9-12 años…………..Lunes…………..7:00 pm - 7:45 pm

CLASES DE BALONCESTO PARA PEQUEÑOS $52
Niños y Niñas 9 semanas
Este programa de nueve semanas les enseñara a sus pequeños los deportes básicos de baloncesto. Los estudiantes tendrán la oportunidad de jugar entre sí para poner en práctica lo aprendido.
5-6 años…………..Martes…………..5:00 pm - 5:45 pm
6 años……………..Jueves…………..6:00 pm - 6:45 pm
9-12 años…………..Lunes…………..7:00 pm - 7:45 pm

CLASES DE SOCCER PARA PEQUEÑOS $52
Niños y Niñas 9 semanas
Este programa de nueve semanas les enseñara a sus pequeños los deportes básicos de baloncesto. Los estudiantes tendrán la oportunidad de jugar entre sí para poner en práctica lo aprendido.
5-6 años…………..Martes…………..5:00 pm - 5:45 pm
6 años……………..Jueves…………..6:00 pm - 6:45 pm
9-12 años…………..Lunes…………..7:00 pm - 7:45 pm

CLASES DE TENIS $65
5-17 años de edad 9 semanas
Clase para Principiante……….Martes…………..4:00 pm - 5:00 pm
Clases de Nivel Avanzado……….Miércoles…………..5:00 pm - 6:00 pm

Inscripciones comienzan el Lunes, 6 de Junio - Clases comienzan la semana del 11 de Julio 2022
### CLASES DE ARTE

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### CLASES DE ENTRENAMIENTO PARA PERROS

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### FASHION SKETCHING

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<tbody>
<tr>
<td>Esta clase enseñará como desarrollar y ilustrar su propio estilo de moda usando el lápiz y marcadores. Habrá un cobro de $10 en la primera clase para los materiales que se necesitaran para esta clase. 7-17 años…………......Martes…………..…4:00 pm - 5:00 pm</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### PROGRAMAS RECREATIVOS

#### CLASES DE BAILE

<table>
<thead>
<tr>
<th>Niños y Niñas (3-5 años)</th>
<th>$60</th>
<th>9 semanas</th>
</tr>
</thead>
<tbody>
<tr>
<td>Se ofrecen una variedad de clases de baile para niños y niñas que desean aprender a bailar. Baby Boogie (3-5 años) Martes………………………………………...5:00 pm - 5:30 pm</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### CLASES DE GIMNASIA

<table>
<thead>
<tr>
<th>Niños y Niñas</th>
<th>$60</th>
<th>9 semanas</th>
</tr>
</thead>
<tbody>
<tr>
<td>Su hijo aprenderá los conceptos básicos de gimnasia. Esta clase está diseñada para mejorar la coordinación de su hijo y enseñarle movimientos flexibles. 6-12 años…………......Lunes…………..…5:30 pm - 6:15 pm</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### CLASES DE FOLKCLORICO

<table>
<thead>
<tr>
<th>Niños y Niñas</th>
<th>$60</th>
<th>9 semanas</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sus pequeños disfrutarán aprendiendo un baile tradicional de todas las regiones de México. Se aprenderá una rutina de baile durante la sesión de nueve semanas. 6-8 años…………......Miércoles…………..…5:00 pm - 5:45 pm 8-11 años…………......Miércoles…………..…5:45 pm - 6:30 pm 12+ años…………......Miércoles…………..…6:30 pm - 7:15 pm 12+ años (clase avanzada) Miércoles…………..…7:15 pm - 8:00 pm</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### CLASES DE INSTRUMENTOS MUSICALES

<table>
<thead>
<tr>
<th>Niños y Niñas</th>
<th>$60</th>
<th>9 semanas</th>
</tr>
</thead>
</table>

### TINY TWO'S

<table>
<thead>
<tr>
<th>Niños y Niñas</th>
<th>$90</th>
<th>9 semanas</th>
</tr>
</thead>
<tbody>
<tr>
<td>9 SEMANAS Lugar: Girls Club House Rm. B Esta sesión de nueve semanas alentará a su hijo de 2 años a socializar en grupo y participar en la narración de cuentos, juegos, canciones de acción, música y manualidades. Para más información llame al Girls Club House (323) 563-5447.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### TOT TIME

<table>
<thead>
<tr>
<th>Niños y Niñas</th>
<th>$100</th>
<th>9 semanas</th>
</tr>
</thead>
<tbody>
<tr>
<td>9 SEMANAS Lugar: Girls Club House Rm. C Los niños aprenderán los números primarios, los colores, las formas y el alfabeto. Los niños también aprenderán a seguir instrucciones y socializar con otros niños a través de juegos, canciones, rompecabezas y manualidades. Para más información llame al Girls Club House (323) 563-5447.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### CAMP DE BAILE

<table>
<thead>
<tr>
<th>Niños y Niñas</th>
<th>$120</th>
<th>5 días</th>
</tr>
</thead>
<tbody>
<tr>
<td>8-17 años Edades 8-17 years Fee: $120 Lugar: Girls Club House Main Hall Esta será una clase intensiva de baile de verano; trae agua y una toalla pequeña a cada clase! Este emocionante y enérgico campamento se centrará en estilos de baile como Jazz, Salsa y Hip Hop. La clase incluye ejercicios de calentamiento y acondicionamiento adecuados para el bailarín. Los estudiantes aprenderán coreografías y podrán construir su propia coreografía. Los estudiantes también trabajarán en grupos pequeños y tendrán una pequeña presentación para familiares y amigos. Fecha………………………………………………11 - 15 de Julio Horario ………………………………..9:00am - 12:00pm</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Fourth of July
Independence Day Celebration!

Dazzling Fireworks Display at South Gate Park
July 4th
at 9:00 pm - Ball Diamond #1

Come to the Carnival!
(Off of Tweedy Boulevard & Walnut Avenue)

- Enjoy the thrill rides!
- Try your luck on the midway games!
- There’ll be candy apples, popcorn, cotton candy & other goodies!

- Friday, July 1  5:00 pm - 11:00 pm
- Saturday, July 2  2:00 pm - 11:00 pm
- Sunday, July 3  2:00 pm - 11:00 pm
- Monday, July 4  2:00 pm - 11:00 pm

Times subject to change without notice

For more information please call 323.563.5479
JAA All-Star Baseball Games on Diamonds 5-10 at 9:00 am

@cityofsouthgateca  CityofSouthGate  @SouthGateCAgov