Visit the City of South Gate's website at www.cityofsouthgate.org and click on JOBS on the home page.

OR Scan the QR Code to go directly to the city's employment website.

SIGN-UP
FOR OUR CITY E-NEWSLETTER

Monthly newsletter delivered to your inbox.
The City of South Gate celebrated its 100th birthday on January 20, 2023. The celebration took place on January 21st at South Gate City Hall.

The festivities started off with "Looking to the Past" and opening the time capsule that was buried in front of City Hall in 1973 during the 50th anniversary celebration. Items that were included in the time capsule are an azalea flag, newspapers, letters, and photos. The South Gate Museum will be displaying the items throughout the year. For more information on dates/times please visit cityofsouthgate.org or call (323) 563-5478.

When a City turns 100 years old, it is time to have a party! Attendees enjoyed children's play areas, vendor booths, photo-ops, and live music that had people of all ages dancing! The party wouldn’t have been complete without food trucks, a beer and wine garden, birthday cake and fireworks show.

The celebration will continue all year with programs and activities for this special milestone for our community. To stay up to date please follow us on our social media accounts and visit our website cityofsouthgate.org
1923: The Board of Supervisors formally declared the incorporation of the "City of South Gate" on 20th January. Population: 2,000

1923: The City Hall was built at the intersection of Poet and Victoria.

1927: Mayor and City Council A.J. Schoby was elected as the city's 1st Mayor.

1928: Firestone's 1st tire rolled off the assembly line.

1936: General Motors plant went into production in South Gate.

1942: New City Hall was built on California Avenue, still in use today.

1973: The City of South Gate marked its 50th anniversary with a time capsule.

2023: South Gate kicked off its year-long centennial celebration on January 21st with the opening of the time capsule.
The Residential Resurfacing and Water System Improvements Project is a part of the City’s Capital Improvement Program. This $7.8 million dollar project aims to rehabilitate residential streets and water system pipelines to improve safety and water quality and system reliability. The project includes pavement rehabilitation, repairs of sidewalk, curb and gutter, ADA curb ramps, driveway approaches, waterline replacements, and signing and striping.

Construction is expected to begin in February 2023 and be completed in Fall 2023. During construction, street parking may not be available next to the construction zone. Normal Working Hours 7:00 a.m. to 3:30 p.m., Monday through Friday. Targeted outreach will be conducted to notify residents impacted by planned construction activities.

South Gate Police Department Citizen Academy

Overview
The South Gate Police Department’s Citizen Academy will provide community members with an inside look into local law enforcement through a 6 week course (Wednesdays). This course is designed to give citizens an overview of the police department’s function, staff, responsibilities, and operational procedures. The academy classes are taught by a series of instructors who have been hand chosen from various positions within the police department. Activities range from classroom discussion to role playing.

More Information
The first session will be held on Wednesday, March 22, 2023, at 6:00 p.m. at the South Gate Police Department. For more information, please email Sergeant Carlos Corella at ccorella@sogate.org

Topics Covered
- Dispatch Operations
- Narcotics
- Disaster Preparedness
- Jail Operations
- Traffic Enforcement/DUI
- Gangs/Crime Impact Team (C.I.T.)
- General Investigation
- Rules of Evidence/Criminal Law
- S.W.A.T. Presentation
- Weapons Demonstration

Interest Forms can be obtained at the South Gate Police Department located at 8620 California Ave. This academy is for South Gate residents only that have not attended a previous Citizen Academy. Deadline to turn in application is Friday, March 10, 2023
As of January 1, 2023, Universal Waste Systems, Inc. (UWS) is the City’s new waste hauler. UWS is providing solid waste, recycling, and organics recycling services to both residents and businesses within the City. For a full list of services, please visit www.uwscompany.com/cities/south-gate. Transition of residential UWS containers is completed. If you have any Waste Management containers still on your property, please call UWS customer service at (562) 334-3660 to schedule a pick-up.

Commercial properties and multifamily properties will begin to see new metal containers beginning in February 2023 through April 2023. UWS has purchased all metal Waste Management containers currently in use throughout the city to avoid disruption of service. Should you experience a disruption in service please contact (562) 334-3660 to verify account information and service levels.

Bulky item pickup service has changed. Each home and unit in a multifamily complex can have up to 10 items removed at no-cost per month. Please contact UWS customer service to schedule collections as items left in the public right-of-way without prior scheduling is illegal dumping and subject to removal by owner and a fine.

Organics Recycling

The City of South Gate is providing residents with new organic waste collection services in compliance with California’s Senate Bill 1383 (SB 1383). This is part of a statewide effort to reduce greenhouse gas emissions caused by organic and compostable materials in landfills.

South Gate residents now have three carts: green, blue, and black. The green cart is for organic waste, the blue cart for recyclables, and the black cart for trash. By placing organic materials such as landscaping and food waste in the green cart, residents can contribute to a healthier future for their community. To see a detailed list of what goes in each cart, visit SortWasteSG.org.

The City of South Gate understands that the three-cart system represents a big change, and appreciates community members’ cooperation and dedication to creating a more sustainable future.

To find program details, frequently asked questions, contact information and more, visit SortWasteSG.org.
1. Dogs are NOT ALLOWED inside South Gate Park except on the outside trail (sidewalks).
2. Dogs must be on leash and in the owners control at all times.
3. Please pick up after your dog.

Parks in the City of South Gate

2. Circle Park - 10129 Garfield Ave.
3. Gardendale Tot Lot - 5480 Gardendale St.
4. Hollydale Community Park - 12119 Industrial Ave.
5. Hollydale Regional Park - 5400 Monroe Ave.
6. South Gate Park - 4900 Southern Ave.
8. South Gate Dog Park - 5400 Monroe Ave.
10. State Street Park - State St. & Southern

PET FRIENDLY SPACES AT OUR PARKS
The City of South Gate understands that we all want to bring our entire family, including our dogs, to the park; for exercise, to socialize or just to enjoy our beautiful parks. But a busy park is not always the best place for a dog. To ensure that our four footed friends can also enjoy our City Parks, please remember the following rules.

South Gate Park

1. Dogs are NOT ALLOWED inside South Gate Park except on the outside trail (sidewalks).
2. Dogs must be on leash and in the owners control at all times.
3. Please pick up after your dog.

Hollydale Regional Park

SOUTH GATE DOG PARK
5400 Monroe Avenue
South Gate, CA 90280

DOG PARK RULES
1) Park is open from dawn to dusk
2) Dogs must be leashed when entering or leaving the safety of the Dog Park
3) Owners are required to pick-up and dispose of their dog’s feces both in and out of the Dog Park
4) Owners are solely responsible for their dog’s behavior and will be liable for injuries or damage caused by their dogs
5) Owners use the park at their own risk. South Gate Parks & Recreation Department is not responsible for injury or illness to dogs or owners.
6) South Gate Parks & Recreation Department reserves the right to close the Dog Park for inclement weather, maintenance, repairs, special events or when deemed necessary

For the full list of Dog Park Rules please visit www.cityofsouthgate.org
Azalea Festival 2023
Upcoming Events

Thursday, March 16 - Carnival @ SG Park 5:00 - 10:00pm
Friday, March 17 - Carnival @ SG Park 5:00 - 10:00pm
Saturday, March 18 - Carnival @ SG Park 12:00 - 10:00pm
Saturday, March 18 - Miss Azaleita @ SG Auditorium 1:00pm
Saturday, March 18 - Fireworks Show @ SG Park 8:00pm
Sunday, March 19 - Car Show @ SG Golf Course 10:00am
Sunday, March 19 - Karate Tournament @ SG Sports Center 10:00am
Sunday, March 19 - Carnival @ SG Park 12:00 - 10:00pm
Saturday, March 25 - Miss South Gate Pageant @ SG Auditorium 4:00pm
Friday, March 31 - Art Night @ SG Auditorium 4:00pm

The City of South Gate proudly presents
The 2023
Miss South Gate
Pageant

For More Information:
Email: MissSouthGate@gmail.com
Call: 562.447.3762
facebook.com/MissSouthGate
MissSouthGate

Happening March 25, 2023
Now Accepting Applications!
Application Deadline: February 23, 2023
Join us on April 1, 2023, at 10am at the Golf Course for our annual Easter Fest. Register now at the Girls Club House! $5 for kids 2 years old and over!

For more information call (323) 563-5447

Bring your family for a free showing of The Force Awakens. Friday, May 5th at South Gate Golf Course.

Bring snacks, lawn chairs, and a blanket! No dogs or alcohol allowed!
Gate opens at 7:30, Movie begins at 8pm. Prizes will be raffled off!
### South Gate Partner Organizations

#### American Youth Soccer Organization for Boys & Girls (A.Y.S.O.)
A.Y.S.O. is an organization in South Gate that offers recreational soccer to youth. All registrations take place at Hollydale Regional Park. For more information contact Enrique Ortega (between 4p-8p) at (562) 319-5666 or visit [www.southgateaysso.org](http://www.southgateaysso.org).

**Cost:**
- Plus Fundraiser: $120
- No Fundraiser: $150
- VIP: $75

**Registrations:**
For registration information or to register please visit [www.southgateaysso.org](http://www.southgateaysso.org).

#### Junior Athletic Association (J.A.A.)
For over 50 years the Junior Athletic Association has been dedicated to serving the youth of South Gate. It is an all volunteer organization that encourages parents to volunteer as coaches or as sports officials.

**Office Hours:**
- Monday-Thursday: 5:30 pm - 7:30 pm
- Saturday: 9:00 am - 12:00 pm

For more information please call our office at (323) 566-4700.

#### Harbor Area Farmers Market
Harbor Area Farmers Market currently hosts a market at South Gate Park every Monday, 8:30 am - 1:30 pm, rain or shine! We are located in the parking lot on the corner of Pinehurst Ave. and Tweedy Blvd.

To obtain more information please email us via contact form on the website. We do not have a phone number for inquiries. Our website is [GoodVeg.org](http://GoodVeg.org).

You can also follow us on [Instagram](https://www.instagram.com/southgatefarmersmarket).

#### South Gate Art Association
The South Gate Art Association is currently welcoming new members. The yearly membership fee is $20. Soon, the Art Gallery will be open to Art Association activities which include art demonstrations by well-known local artists, weekly classes for adults and art exhibits. Once a year they hold a Family Art Night where community members of all ages can enjoy an evening of creating art together.

For more info call: Alicia Salazar (323) 271-2730 (Spanish), Susan Janer (323) 564-7541 (English)

#### South Gate Aztecs
The South Gate Aztecs is a youth sports organization that provides the fundamental nurturing experiences for future success in sports and in life!

For football: (323) 327-2412  
For cheer: (323) 338-1911

Registration information is available [www.southgateaztecs.com](http://www.southgateaztecs.com)

**Player Age Groups:**
- Flag Football: 5 - 6 years old
- Tackle Football: 7 - 14 years old
- Cheer: 5 - 13 years old

#### South Gate Aquatics Club
The South Gate Aquatics Club is the most advanced aquatics program at the Patricia G. Mitchell Swim Stadium for youth, where swim lesson participants can build upon what they have learned in previous programs. Members of SGAC also learn valuable life skills such as time management, good sportsmanship, goal setting and good nutrition, all while improving their abilities in the water.

For more information, please call (323) 972-6664 or email [southgateaquaticclub@gmail.com](mailto:southgateaquaticclub@gmail.com).

**Practice Hours:**
Monday - Friday: 5:00 pm - 7:00 pm

**Try-out’s Schedule:**
Weekdays (Monday – Friday): 5:00 pm - 7:00 pm

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**Special Thanks** to our annual sponsors for their generous donations to Friends of South Gate Parks:

- L.A. County Supervisor Hilda L. Solis ……Gold Sponsor
- South Gate Women’s Club ……Gold Sponsor
- Assemblymember Anthony Rendon ……Gold Sponsor
- 5211 Southern Avenue, LLC ……Gold Sponsor
- Walmart ……Gold Sponsor
- Northgate Gonzalez Market ……Silver Sponsor
GENERAL REFUND POLICY
A program may be canceled in the event minimum registration is not met by the specified deadline or 48 hours prior to the program. A full refund will be issued only in the event that a program is canceled by the Parks and Recreation Department. Refunds requested prior to the first day of class will be subject to a $15 processing fee.
No refunds will be issued after the first day of class. Refunds will be issued by check and will be mailed within 4-6 weeks.
No cash refunds.

FEES
Course fees vary and must be paid in full at the time of registration.
ONE CHECK MAY BE WRITTEN FOR MULTIPLE CLASS REGISTRATIONS.
Make checks payable to: City of South Gate. No post-dated checks will be accepted. Please Note: Cash, personal checks, and credit cards are accepted at all registration sites.

ELIGIBILITY
Registration is open to all residents of the community and surrounding areas. South Gate residents are encouraged to enroll early since some programs have maximum quotas.

COMMUNITY EXCURSION INFORMATION
Trip registration can be done at the Margaret Travis Senior Center, Monday - Thursday, from 8am-4pm or at the Girls Club House; Monday-Thursday from 8:30am to 5:30pm. Fees must be paid when you register. Registrations can also be done on-line, see page 37 for more information. All departures leave from the Girls Club House. Please arrive 15 minutes before scheduled departure and check-in with the trip escort at the office. There is no grace period. Buses will depart and return from Girls Club House on time and as scheduled (traffic / weather permitting).

COMMUNITY EXCURSION REFUND POLICY
All cancellations must be made during our office business hours and there will be a $15 administration fee charged per person. Refunds are only granted if spaces can be re-sold.
SPORTS CLASSES

BASEBALL FUNDAMENTALS

Boys & Girls Ages: 3-12 years  Fee: $52
9 week session  Location: Baseball Diamond #2

In this nine-week class participants will be taught the fundamentals of the sport. Participants will catch, throw, swing the bat, run the bases, and participate in basic fielding exercises. Drills utilized in this class are intended to increase participant knowledge while preparing them for potential league play.

Age 3 - 4 years..........Wednesday.........5:00 - 5:45 pm
Age 5 - 6 years.........Wednesday.........6:00 - 6:45 pm
Age 7 - 12 years.........Wednesday.........7:00- 7:45 pm
MULTI-SPORT: SHOOT, KICK & HIT
Boys & Girls Ages 3-12 years Fee: $52
9 week session Location: TBD
In this nine-week class, participants will be taught the basic fundamentals of basketball, soccer and baseball. Drills utilized in this class are intended to increase participant awareness of the three sports and assist with increasing participant confidence in all sports.

Age 3 - 4 years…………..Thursday……………..5:00 - 5:45 pm
Age 5 - 6 years………….Thursday………………..6:00 - 6:45 pm
Age 7 - 12 years…………Thursday………………..7:00 - 7:45 pm

SOCCER FUNDAMENTALS
Boys & Girls Ages 3-12 years Fee: $52
9 week session Location: Sofive Soccer Center
In this nine-week class participants will be taught the fundamentals of the sport. Participants will shoot, pass, dribble, and score while also learning the basics of defense. Drills utilized in this class are intended to increase participant comfort in all sports.

Age 3 - 4 years…………..Thursday……………..5:00 - 5:45 pm
Age 5 - 6 years………….Thursday………………..6:00 - 6:45 pm
Age 7 - 12 year…………..Thursday………………..7:00 - 7:45 pm

FOOTBALL FUNDAMENTALS
Boys & Girls Ages 5-12 years Fee: $52
9 week session Location: Sports Center Gymnasium
In this nine-week class participants will be taught the fundamentals of the sport. Participants will shoot, pass, dribble, and rebound while also learning the basics of defense. Drills utilized in this class are intended to increase participant agility and assist with establishing their confidence on the court.

Please note this class will start Monday, March 27, 2023.
Age 5 - 6 years…………..Monday………………..5:00 - 5:45 pm
Age 7 - 8 years…………..Monday………………..6:00 - 6:45 pm
Age 9 - 12 years…………..Monday………………..7:00 - 7:45 pm

BASKETBALL FUNDAMENTALS
Boys & Girls Ages 5-12 years Fee: $52
9 week session Location: Sports Center Gymnasium
In this nine-week class participants will be taught the fundamentals of the sport. Participants will shoot, pass, dribble, and rebound while also learning the basics of defense. Drills utilized in this class are intended to increase participant confidence in all sports.

Multi-Sport: Pass, Serve & Score
Boys & Girls Ages 5-12 years Fee: $52
9 week session Location: TBD
In this nine-week class participants will be taught the basic fundamentals of basketball, tennis, and soccer. Drills utilized in this class are intended to increase participant comfortability in all sports.

Age 3 - 4 years………….Tuesday………………..6:00 - 6:45 pm
Age 7 - 12 years………….Tuesday………………..7:00 - 7:45 pm
**OLYMPIC WEIGHT LIFTING**

**Boys & Girls Ages 6-17 years**
Fee: $52

*6 week session*  
Location: Sports Center

This class focuses on learning the proper technique, progression, and execution of the snatch, power clean, and clean, and jerk. Benefits of enrolling in this class are: increased strength, power, improved muscular development, body composition, injury prevention, and learning a new way to train.

Monday/Friday…………………………... …6:00 - 6:45 pm

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**VOLLEYBALL FUNDAMENTALS**

**Boys & Girls Ages 10+ years**
Fee: $52

*9 week session*  
Location: Sports Center Gym - Court 2

In this nine-week class participants will be taught the basic fundamentals of the sport. Participants will serve, pass, set, hit, and learn the basic positions on the volleyball court. Drills utilized in this class are intended to increase knowledge and prepare participants for competitive play.

Fundamentals Class...........Tuesday...............5:00 - 5:45 pm
Intermediate Class..........Tuesday............6:00 - 6:45 pm

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**YOUTH PERFORMANCE TRAINING: BASKETBALL**

**Boys & Girls Ages 10+ years**
Fee: $52

*6 week session*  
Location: Sports Center

Lebron, Steph, and Giannis all know what it takes to be the best. Our Personal Trainers will instill the fundamentals needed to train like the pros. Become quicker, faster, and stronger than the competition! This class focuses on the strength and conditioning aspect of basketball and is not intended for beginners.

Intermediate / Advanced Class ONLY  
Monday/Friday........................................5:00 - 5:45 pm

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**KARATE LESSONS**

**Boys & Girls Ages 7-17 years**
Fee: $60

*Monthly Session*  
Location: Senior Center

Karate offers the ability to develop confidence, physical fitness, self-defense, discipline, competition and tournament skills.

**Registration Information:** You must register on a monthly basis, on the first Monday or Wednesday of the month.

**Class Days........................................Mondays/Wednesdays**

Beginners........................................5:15 - 6:15 pm
Youth Color......................................6:30 - 7:30 pm
Juniors & Adults...............................7:45 - 9:00 pm
MEN'S BASKETBALL LEAGUE

Gather your starting 5 and join our Men’s Basketball League. Games are held on Sunday’s and all players must be 18 years of age or older. For additional information on our upcoming season, please call the Sports Center (323) 563-5445.

Team Fee: .................................................................................................................. $402.00
Refundable Forfeit Fee: ............................................................................................... $70.00
Referee Fee per game: ............................................................................................... $35.00

ADULT BASEBALL LEAGUE

Adult Baseball Leagues are held throughout the year on Saturday afternoons and evenings and on Sunday afternoons. The City offers both wood bat and aluminum bat options. For more information please call the South Gate Sports Center at (323) 563-5445.

League Rate: .............................................................................................................. $600.00

ADULT SOFTBALL LEAGUE

Calling all softball teams both Men’s and Co-ed, our current leagues are taking registration for the upcoming season. Men’s league is held on Thursday evenings while Co-ed will be held on Fridays. For additional information on our upcoming season, please call the Sports Center (323) 563-5445.

Teams: ......................................................................................................................... $532.00
Refundable forfeit fee: ................................................................................................. $70.00
Umpire fee per game: .................................................................................................... $20.00

SOCCER OPEN PLAY

Fee: Free
Location: Sofive Soccer Center
Days: Monday, Wednesday, Friday
Time: 5:30 pm - 8:00 pm

The Parks & Recreation Department will be offering FREE Open Playing soccer for adults at Goals Soccer Center. As part of the City’s agreement with Goals, the Department is able to provide RESIDENTS ONLY with this great opportunity to play soccer in the premier 5 vs. 5 facility in the country. Residents will be required to check in at the Goals Soccer Center and show proof that they live in South Gate. Open play will be on two of the soccer complex’s fields for an hour and a half each day. Residents will be able to register to play up to 30 minutes before the start of each play period. Daily registration will be limited to the first 30 adults.
**ART CLASS**
Boys & Girls Ages 7-17 years  Fee: $75  
5 week session  Location: Girls Club House-RM. C  
This class teaches students drawing fundamentals, including contour drawing perspectives, shading, proportion, and still rendering. The instructor for this class will be Claudia Hindu. Please Note: A payment of $10 will be collected by the instructor at the first class meeting for the supplies that will be needed for this class.  
Tuesday...........................................4:00 - 5:00 pm

**BABY BOOGIE**
Boys & Girls Ages 3-5 years  Fee: $60  
9 week session  Location: Girls Club House  
This class will incorporate hip hop dancing along with classical moves. The instructor will inform you on the first day of class as to what the attire will be for this class. Instructor for this class will be Crystal Betancourt.  
Tuesday...........................................5:00 - 5:30 pm

**BABY MEXICAN FOLK**
Boys & Girls Ages 3-5 years  Fee: $60  
9 week session  Location: Banquet Room  
Your little ones will enjoy learning a traditional dance from all the regions of Mexico. A dance costume will be required for the recital at the end of the nine week session. Instructor for this class will be Vanessa Diaz.  
Ages 3-4 years...........................Tuesday.........4:00 - 4:30 pm  
Ages 4-5 years...........................Tuesday.........4:40 - 5:10 pm

**BALLET LESSONS**
Boys and Girls  Fee: $60  
9 week session  Location: Girls Club House  
This class will teach the steps and proper ballet techniques through a designed routine that will be performed at the end of the nine weeks. Ballet shoes are required. Instructor for this class will be Crystal Betancourt.  
Ages 3-4 years...........................Tuesday.........5:30 - 6:00 pm  
Ages 4-5 years...........................Tuesday.........6:00 - 6:30 pm  
Ages 6-8 years...........................Tuesday.........6:30 - 7:15 pm  
Ages 9+ years...........................Tuesday.........7:15 - 8:00 pm

**CHEERLEADING**
Ages 8-17 years  Fee: $60  
9 week session  Location: Banquet Room  
This class will incorporate the basics of cheerleading, where they will learn how to work together as a group to learn a cheerleading routine. Bring a friend, the instructor will inform you what attire will be needed on the first day of class. Class instructor will be Ashley Lopez.  
Ages 8-11 years...........................Thursday.........5:00 - 5:45 pm  
Ages 12+ years...........................Thursday.........6:00 - 6:45 pm

**DOG OBEDIENCE CLASSES**
Ages 18+ years  Fee: $70  
9 week session  Location: Hollydale Dog Park  
Good manners at an early age makes a new puppy a more enjoyable family member. Instructor for this class will be Gunther A Ramos.  
Level I  
Saturday...........................................9:00 - 10:00 am  
Level II  
Dog must have been in Level I and has learned commands: sit, come, down, stay. Will also learn some agility skills.  
Saturday...........................................10:30 - 11:30 am

**FASHION SKETCHING**
Boys & Girls Ages 8+ years  Fee: $75 + $10 supplies  
5 week session  Location: Girls Club House-Rm. C  
This class teaches students to develop their own style of fashion illustration with pencil and markers. Students will learn to draw women, men, and children’s fashion models used as a basic for drawing idealized proportions. Instructor for this class will be Claudia Hindu.  
Tuesday...........................................5:00 - 6:00 pm

**HIP HOP DANCE LESSONS**
Boys & Girls  Fee: $60  
9 week session  Location: Girls Club House  
Learn fun and energetic routines to the hip music of today. You’ll learn a new and technical dance routine during the nine week session. Instructor for this class will be Crystal Betancourt.  
Ages 6-8 years...........................Thursday.........5:00 - 5:45 pm  
Ages 9-12 years...........................Thursday.........6:00 - 6:45 pm  
HIP HOP DANCE TEAM Advanced  
Ages 13-17 years...........................Thursday.........7:00 - 7:45 pm

**H.O.W. COMPULSIVE EATERS – SPANISH**
Ages 18+ years  Fee: FREE  
On-Going session  Location: Girls Club House-Rm. A  
This class is conducted in Spanish. The program uses the principles of the 12 step program used in AA. No class on Monday, March 27 & Monday, May 29, 2023.  
Monday...........................................9:00 - 11:00 am

For more information please call (323) 563-5447.
**19**

Class registrations begin Monday, March 6, 2023 - Classes begin week of March 28, 2023

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### MEXICAN FOLK DANCE FOR YOUTHS

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Fee</th>
<th>Session Length</th>
<th>Location</th>
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<tbody>
<tr>
<td>6-8 years</td>
<td>$60</td>
<td>9 weeks</td>
<td>Girls Club House</td>
</tr>
<tr>
<td>8-11 years</td>
<td>$60</td>
<td>9 weeks</td>
<td>Girls Club House</td>
</tr>
<tr>
<td>12+ years</td>
<td>$60</td>
<td>9 weeks</td>
<td>Girls Club House</td>
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Learn all types of traditional dances from all the different regions of Mexico. A dance routine will be learned during the nine week session and costume attire will be required for the recital. Instructor for these classes will be Mary Lastra.

- Ages 6-8 years: Wednesday / 5:00 - 5:45 pm
- Ages 8-11 years: Wednesday / 5:45 - 6:30 pm
- Ages 12+ years: Wednesday / 6:30 - 7:15 pm

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### TINY TUMBLERS

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<th>Age Group</th>
<th>Fee</th>
<th>Session Length</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>3-5 years</td>
<td>$60</td>
<td>9 weeks</td>
<td>Girls Club House</td>
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Your little one will learn how to do many tumbling movements. Your child will become more flexible and stronger with each class. Instructor for this class will be Crystal Betancourt. This class begins April 3, due to the holiday on Monday, March 27, 2023.

- Beginners Tumbling: Monday / Wednesday / Tues. / Thurs. 5:30 - 6:15 pm
- Advanced Tumbling II: Monday / Wednesday / Tues. / Thurs. 6:15 - 7:00 pm

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### TOT TIME CLASSES

<table>
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<th>Age Group</th>
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<th>Session Length</th>
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<tbody>
<tr>
<td>3-5 years</td>
<td>$100</td>
<td>9 weeks</td>
<td>Girls Club House</td>
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</table>

Children will learn primary numbers, colors, shapes and the alphabet. Children will also learn to follow directions and socialize with other children through games, songs, puzzles and crafts. NO DIAPERS/PULL UPS ALLOWED IN CLASS. CHILD MUST BE POTTY TRAINED. SPACE IS LIMITED IN EACH CLASS. No class on Monday, March 27, 2023.

- Monday / Wednesday / Tues. / Thurs. 9:00 am - 10:30 am
- Monday / Wednesday / Tues. / Thurs. 11:30 am - 1:00 pm

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**REGISTRATION INFORMATION:**

- Onsite registration only. Must have birth certificate if this is the first time registering for the program. Child must be mature enough to remain in class by themselves.

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**SCHEDULE:**

**Spring session: April 12 - June 14, 2023**

**Wednesday**

5:00 - 8:00 pm

**SELF DEFENSE LESSONS**

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<th>Session Length</th>
<th>Fee</th>
<th>Age Group</th>
<th>Location</th>
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<tbody>
<tr>
<td>10 weeks</td>
<td>$10</td>
<td>5+ years</td>
<td>Auditorium</td>
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Builds confidence, self-discipline and teaches valuable safety tips. A one time registration fee is due at the time of registration.

For more information call (714) 478-3793 / (714) 425-4708.
**ART CLUB**

**Fee:** $60  
**Ages:** 8-16 yrs  
**4 Week Class**  
**Location:** SG Museum & Art Gallery  
Let’s learn about all types of art mediums! Weekly we will dive into different mediums and see what tools you enjoy working with. Our goal is to make sure students experiment and have fun creating art.  
**Class Dates:** April 4, 6, 11, 13, 18, 20, 25, 27  
**Class Day & Time:** Tuesday & Thursday / 4:30pm-6:00pm

**Painting with Watercolor (Adults)**

**Fee:** $90  
**Ages:** 18+ yrs  
**5 Week Class**  
**Location:** SG Museum & Art Gallery  
Develop your natural artistic skills as you learn basic watercolor theory and techniques. This class covers color mixing, color application, and composition through fun and exciting exercises. Students will need to bring their own materials. Class instructor will be Art Made Lazy.  
**Class Dates:** April 3, 10, 17, 24, May 1  
**Class Day & Time:** Mondays / 6:00pm-8:00pm

**Painting with Watercolor (Youth)**

**Fee:** $75  
**Ages:** 7-14 yrs  
**5 Week Class**  
**Location:** SG Museum & Art Gallery  
Develop your natural artistic skills as you learn basic watercolor theory and techniques. This class covers color mixing, color application, and composition through fun and exciting exercises. Students will need to bring their own materials. Class instructor will be Art Made Lazy.  
**Class Dates:** April 3, 10, 17, 24, May 1  
**Class Day & Time:** Mondays / 4:00pm-5:30pm

**Comics for Everyone**

**Fee:** $65  
**Ages:** 13-17 yrs  
**8 Week Class**  
**Location:** SG Museum & Art Gallery  
Dive into the art of comics while using watercolor techniques. Instructor will guide comic book creation that encourages creative wellness, critical thinking, and a safe supportive community-oriented environment for new and experienced creatives. Instructor for class: Dustin Garcia. Supplies: $20 bring to first day of class for instructor.  
**Class Dates:** April 5, 12, 19, 26, May 3, 10, 17, 24  
**Class Day & Time:** Wednesdays / 6:00pm-7:30pm

**Introduction to Oil Painting**

**Fee:** $60  
**Ages:** 18+ yrs  
**4 Week Class**  
**Location:** SG Museum & Art Gallery  
This class will teach art fundamentals for oil painting. The course will cover drawing, perspective, shadowing, color mixing, contour, and still life rendering. A list of supplies will be given at time of registration. Class instructor will be Alicia Salazar.  
**Class Dates:** April 6, 13, 20, 27  
**Class Day & Time:** Thursdays / 11:00am-2:00pm
WOMXN’S HISTORY
CELEBRATION MART
MARCH 25 I 1PM-5PM

ARTISTS - ARTISANS - VENDORS - ACTIVITIES - HISTORY
SOUTH GATE ART GALLERY I 8680 CALIFORNIA AVE I SOUTH GATE I 90280

flores para ti
flowers for you

OPENING RECEPTION

FOR MORE INFO CALL (323) 563-5478 OR EMAIL JMEJIA@SOGATE.ORG
The South Gate 9 - Hole Par 3 Golf Course is located 1 block west of Atlantic Boulevard, on Pinehurst Avenue, between Southern Avenue & Tweedy Boulevard.

9615 PINEHURST AVE. • (323) 357-9658

HOURS OF OPERATION
Monday - Sunday...............8:00 am - 6:00 pm
Last Tee Time is 5:00pm

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<thead>
<tr>
<th>GREEN FEES</th>
<th>WEEKDAY</th>
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<tr>
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Double Play Tuesdays
Buy one round of golf and get the second round for FREE!

DISC GOLF
Come play Disc Golf with family & friends. Open play available seven days a week, excluding some holidays.

CLUBHOUSE AMENITIES
The Golf Course has a snack bar and a driving range. Come relax with a round or two!

SENIOR DISCOUNTS
All seniors can play for $2.50 every Thursday and Friday.

SENIOR GOLF CARD
Seniors can purchase this card for $35 and have access to 10 rounds of golf during the week.
**POOL SCHEDULE**

**FEBRUARY 27 - JUNE 2, 2023**
Organized programs have priority over the use of the pool. We apologize for any inconvenience.

**Pool Closure Dates:**
- March 27, 2023……………..…Cesar E. Chavez Day
- May 29, 2023…………………………...Memorial Day
- June 3 & 4, 2023…………………………..Staff Training

**FAMILY SWIM HOURS**
Monday - Thursday……………………3:00pm - 4:30pm
…………………….…………7:15pm - 8:30pm
Friday………………………………………3:00pm - 4:30pm
Saturday - Sunday………………….1:00pm - 2:30pm
………………………………………………..3:00pm - 4:30pm

**ADULT SWIM HOURS**
Monday - Thursday…………………..8:00am - 11:00am
…………………………………11:30am - 1:00pm
…………………………………2:00pm - 3:00pm
Friday…………………………………11:30am - 1:00pm
…………………………………2:00pm - 3:00pm
Saturday - Sunday………………….12:00 pm - 1:00 pm

**LAP SWIM HOURS**
Lap swimming is available in a designated area during all open swim sessions for Adults Only unless given permission by supervising staff. Please make inquiries in pool office.
Monday - Friday………………………….5:00pm - 7:00pm
Saturday - Sunday…………………….9:00am - 12:00pm

Acceptable payment types: cash, check, and credit or debit card. ($20 minimum when paying with credit card). We do not accept Apple Pay.

**DAILY RATES**

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**PUNCH CARD FEES**

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<tr>
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**POOL REGULATIONS**

- The Supervising Lifeguard on duty has the final say in all Health & Safety matters.
- One child under 8 years of age and 48” tall per adult 18+ in the water at a time.
- All swimmers must wear a proper swim suit. **NO BASKETBALL SHORTS or EXERCISE CLOTHES ALLOWED.**
- The staff is not responsible for lost or stolen personal items, so if in doubt, **PLEASE DO NOT BRING THEM.**
- Water diapers for infants are **REQUIRED.**
- Children 6 years old or older **MAY NOT** walk through the opposite gender’s locker room. Please ask staff for assistance.

**Save time & create your online account by scanning the QR code that takes you to our registration page.**
LEARN-TO-SWIM PROGRAMS

Learning how to swim can save your life and the lives of your friends and loved ones. That is why our Aquatic Staff is eager to teach you and your little ones how to swim and be safe around the water.

Swim lessons are progressive in nature, so the new classes available during registration change per session, based on the successful completion of the students in the previous session. Pre-test is available upon request. Please bring child and swim suit with you before registration during open hours.

Please Note: Registration is available online and in-person. It is first-come, first-served and begins at 9 am. Due to new software system, everyone registering in-person must bring their child’s birth certificate, and their Driver’s License or ID. Save some time and create your own account online by scanning the QR code on page 23. For more information, please call us at (323) 563-5446.

YOUTH GROUP SWIM LESSONS

Boys & Girls Ages 6 months - 17 years
4 week sessions approx. 25 minute classes

Monday/Wednesday 5:00 pm - 7:00 pm
Tuesday/Thursday 5:00 pm - 7:00 pm

Group lessons have between 6-8 students in a class (depending on level). Each session of classes and times offered are based on the number of students who pass to the next level in the previous session and the amount of instructors available to teach.

Registration Dates.............February 25, April 1, April 29
Classes Begin.........................March 6, April 3, May 1
Parent & Child (6 months-2 yrs old)..................$55.00
Tiny Tots (3-5 yrs. old)............................$55.00
Youth (6-17 yrs. old).............................$55.00

PRIVATE SWIM LESSONS

Ages 3-100 years 4 week sessions
Friday 5:00 pm - 7:00 pm
Saturday & Sunday 9:00 am - 1:00 pm

Private swim lessons are taught one-on-one. All private swim lesson participants will be granted free entry into our Family Swim sessions that take place Monday - Friday from 3:00 – 4:30 p.m. for additional practice time in the water.

Registration Dates.............February 26, April 2, April 30
Classes Begin.........................March 10, April 7, May 5
Tiny Tots (3-5 yrs. old).....................$108.00
Youth (6-17 yrs. old)..........................$108.00
Adults (18+ yrs. old).......................$108.00

SEMI-PRIVATE SWIM LESSONS

Ages 3-100 years 4 week sessions
Friday 5:00 pm - 7:00 pm
Saturday - Sunday 9:00 am - 1:00 pm

Semi-private swim lessons are taught in a group of 2-3 students of like-skill. All semi-private swim lesson participants will be granted free entry into our Family Swim sessions that take place Monday - Friday from 3 – 4:30 p.m. for additional practice time in the water.

Registration Dates.............February 26, April 2, April 30
Classes Begin.........................March 10, April 7, May 5
Tiny Tots (3-5 yrs. old).....................$70.00
Youth (6-17 yrs. old)..........................$70.00
Adults (18+ yrs. old).......................$70.00

SWIM LESSON SKILLS

Parent & Child - Baby Beluga
- Introduces basic skills to parents and children. Parents are taught how to safely work with their child in the water. This includes: appropriate supporting/holding their child in the water, preparing and encouraging their child to participate fully in each skill. Children are introduced to basic skills that lay a foundation to help them learn to swim.

Tiny Tot 1 - Starfish
- Introduces the most elementary aquatic skills, which participants continue to build on as they progress through the Preschool Aquatics and Learn-To-Swim levels. At this first level, children are encouraged to develop good attitudes and safe practices around the water.

Tiny Tot 2 - Jellyfish
- Most skills in this level are performed with assistance. This level marks the beginning of independent aquatic locomotion skills. Participants continue to explore using simultaneous and alternating arm and leg actions on the front and back to gain more proficiency for future strokes.

Tiny Tot 3 - Sea Otter
- Skills in this level are performed independently. Participants learn to improve coordination of combined simultaneous arm and leg actions; and alternating arm and leg action.

Tiny Tot 4 - Seahorse
- This level builds on the skills taught in level 3 and introduces more advanced skills based on the child’s ability.

Level 1 - Crab Introduction to Water Skills
- Participants will be taught the basic personal water safety information and skills, to help participants feel comfortable in the water and to enjoy the water safely.

Level 2 - Octopus Fundamental Aquatic Skills
- Participants are taught to float without support and to recover to a vertical position. This level marks the beginning of true locomotion skills. Participants further develop simultaneous arm and leg actions; and alternating arm and leg action on the front and back that lay the foundation for future strokes.

Level 3 - Sea Turtle Stroke Development
- Participants are taught to swim the front crawl, elementary backstroke, scissor kick, dolphin kick, and how to tread water. Participants will also be taught the rules to entering the water headfirst in 9 feet deep of water.

Level 4 - Dolphin Stroke Improvement
- Participants are taught how to improve their skills and increase their endurance by swimming already learned strokes for greater distances. Participants are also taught how to back crawl, breaststroke, butterfly and the basics of turning at a wall.

Level 5 - Sting Ray Stroke Refinement
- Participants are taught how to refine their performance of all the strokes (Front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke) and increase their distance. Students are also taught the proper way to change directions while swimming.

Level 6 - Shark Swimming & Skill Proficiency
- Participants continue to refine their strokes as they are taught to swim with more ease, efficiency, power, smoothness and over greater distances. They will be introduced to other aquatic activities in the areas of Personal Water Safety, Fundamentals of Diving, and Fitness Swimming. These activities should prepare them for more advanced water related programs like lifeguarding, competitive swimming, water polo, diving, and synchronized swimming.
Did you know that May is designated as Water Safety Month, and that May 15 is International Water Safety Day? Join the celebration by learning key tips for staying safe in and around the water using our Water Safety Tips calendar, following us along @sgparksandrec_, and signing up for our 4th Annual Water Safety Bash on May 13!

Event is FREE, please register starting May 1st online or by calling 323.563.5446. Don’t miss out on the fun!

LIFEGUARD CERTIFICATION

This class will be offered to all swimmers who wish to become professional lifeguards. Provides participants the knowledge and skills to prevent, recognize, and respond to aquatic emergencies, and to provide care for breathing and cardiac emergencies, injuries, and sudden illnesses until EMS personnel take over.

Prerequisites: Minimum age: 15 years; Swim 300 yards continuously; Tread water for 2 minutes using only the legs; Complete a timed event within 1 minute 40 seconds by starting in the water, swimming 20 yards, surface dive to a depth of 7 to 10 feet to retrieve a 10-pound object, return to the surface, and swim 20 yards on the back to return to the starting point and exit the water without using steps or a ladder.

Also includes Administering Emergency Oxygen. Participants who successfully complete the Lifeguarding course receive an American Red Cross certificate for Lifeguarding/First Aid/CPR/AED and Administering Emergency Oxygen both valid for 2 years.

Please call the Patricia G. Mitchell Swim Stadium for more information at (323) 563-5446.

SWIM STADIUM MEMBERSHIPS

All memberships must be paid with a credit or debit card unless 6 months or 1 year are paid in advanced. For more information, please call the Patricia G. Mitchell Swim Stadium at (323) 563-5446.

**SPLASH**
- Public Swim/Lap Swim/Adult Swim/Shower:
  - Family - $30 per month
  - Adults - $15 per month
  - Youth/Teens/Seniors/Military/Disabled - $10 per month

**SPORTS & SPLASH**
- Everything included with Sports membership and Access Pool for Public, Adult & Lap Swim
  - Family - $40 per month
  - Adults - $20 per month
  - Youth/Teens/Seniors/Military/Disabled - $15 per month

**PREMIER**
- Everything included with Fitness, Sports & Splash
  - Family - $70 per month
  - Adults - $30 per month
  - Youth/Teens/Seniors/Military/Disabled - $25 per month
POOL RENTAL INFORMATION

Pool rentals are fun for any occasion. We rent out the pool for baptisms, business parties, swim meets, water polo tournaments and more. The Patricia G. Mitchell Swim Stadium is an indoor, Olympic-size heated swimming pool with an enclosed large patio for dining, music and extra seating. Rentals are taken on a first-come, first-paid basis and can’t be made less than 14 days before the event.

Non-profit basic rate (private party): $157 an hour for 150 guests (Includes: whole pool, 3 lifeguards and use of the patio). Please call for pricing on commercial use. There is a cancellation fee for all rentals.
The South Gate Skate Park welcomes skateboards, and bikes. It features a gnarly street section with big rails, stairs and drops. At the back of the park is a fun bowl with hips and mounds. While using the skate park, participants are required by City ordinance to wear proper protective equipment.

**Skate Park Hours:**
(March 13 - June 1, 2023)
Monday - Friday............................11:00 am - 7:00 pm
Saturday........................................11:00 am - 4:00 pm
Sunday...........................................Closed

**DAILY RATES**
*All Daily passes are cash only*

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<td>Teens (13 - 17)</td>
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<td>Seniors (62+)</td>
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<td>Military</td>
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<td>Disabled</td>
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<td>Youth (5 - 12)</td>
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<td>Fitness - Adult (18+)</td>
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<tr>
<td>Fitness - Teens (15 - 17), Seniors, Military, Disabled</td>
<td>$6</td>
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</table>
MONTHLY MEMBERSHIP PLANS

PREMIER
Everything included with Fitness, Sports & Splash

FITNESS
(SPLASH add-on option)
Basketball, Volleyball, Racquetball, Weight Rooms & Group Exercise

SPORTS & SPLASH
Everything included with Sports membership and Access Pool for Public, Adult & Lap Swim

SPORTS
(SPLASH add-on option)
Basketball, Volleyball & Showers

Family:
2 adults & 3 kids
$70 per month

Family:
2 adults & 3 kids
$50 per month

Family:
2 adults & 3 kids
$40 per month

Family:
2 adults & 3 kids
$30 per month

Adults:
18 years & over
$30 per month

Adults:
18 years & over
$25 per month

Adults:
18 years & over
$20 per month

Adults:
18 years & over
$15 per month

Teens/Seniors/Military/ Disabled:
$25 per month

Teens/Seniors/Military/ Disabled:
$20 per month

Teens/Seniors/Military/ Disabled:
$15 per month

Teens/Seniors/Military/ Disabled:
$10 per month

Disclaimer: Membership does not provide priority access to the Sports Center facilities. Facilities could be subject to closure due to Holidays, Special Events, and Health/Safety concerns. Non-compliance of facility rules and regulations could result in forfeiture of membership.

Membership Payment Policy:
In order to sign-up for a monthly membership a credit or debit card must be on file. Dues will automatically be deducted from your account on a month to month basis with no contract. All major credit/debit cards are accepted (Visa, MasterCard and Discover). If paying with cash, 6 months in advance is required. No month to month cash option.

**SPLASH ADD-ON OPTION - $5 extra per month.**
Can only be added to individual monthly memberships. Pool Access To: Public Swim, Adult Swim and Lap Swim.

For more information please contact the Sports Center at (323) 563-5445.

SOUTH GATE PERSONAL TRAINING

It’s time to get fit and in shape! Choose from our Semi-Private Training and train with a friend, or select Private Training for a more personal approach. Training sessions are 45 minutes in duration and will consist of any combination of functional movements, cardiovascular exercises, resistance training and aquatic exercises.

PRIVATE SESSIONS:
(1 on 1)
Receive undivided attention from one of our Certified Personal Trainers. Prices listed below are per person.

1 SESSION $30
4 SESSIONS $116
8 SESSIONS $216
12 SESSIONS $282

SEMI-PRIVATE SESSIONS
(2-3 people)
Don’t ditch your gym partner! Choose personal training sessions with friends. Prices listed below are per person.

4 SESSION $73
8 SESSIONS $136
12 SESSIONS $175
16 SESSIONS $194

YOU CAN HAVE RESULTS, OR YOU CAN HAVE EXCUSES.
YOU CAN’T HAVE BOTH!

(Must have a Fitness or Premier Membership to participate)
**GROUP EXERCISE CLASS SCHEDULE**

For more info contact the South Gate Sports Center at (323) 563-5445

**DAILY RATES:**

$7 - Adults; $6 - Teen, Senior, Military, Disabled

Group exercise classes close 10 minutes after scheduled start time. First come, first serve. Space is limited.

All group exercise class times and locations are subject to change due to COVID-19 restrictions.

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<thead>
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<th>Tuesday</th>
<th>Wednesday</th>
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<td><strong>Seniorcise</strong></td>
<td><strong>Evening Boot</strong></td>
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<td><strong>Beginner Yoga</strong></td>
<td><strong>Zumba</strong></td>
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<td><strong>Yoga</strong></td>
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<td><strong>Yoga</strong></td>
<td><strong>Tone It Up</strong></td>
<td><strong>Boot Camp</strong></td>
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**BOOT CAMP**

This group exercise class combines body weight and resistance training exercises for short periods of time with minimal to no rest. Burn calories, fat, and tone your body while performing a variety of exercises. The high intensity interval training will help maximize your effort at blasting all the calories away. Challenge yourself!!

**OVER EASY Exercises**

This class has been especially designed for those who suffer from many ailments that attack the body. No registration needed. Instructor for this class is Beatriz Rodriguez.

**SENIORcise**

Our newest senior fitness class is designed to help those suffering from arthritis, osteoporosis, and other health ailments. We incorporate light resistance training while focusing on activities of daily living. It’s a great class for seniors of ALL fitness levels.

**TONE IT UP**

This class mixes in resistance training and upbeat music. The class incorporates light weights with an up-tempo twist.

**YOGA**

Do you want to develop a strong core, more flexibility, and improve your coordination and balance? Then yoga is just for you. Yoga is a conditioning routine that will strengthen your abdominals, hips, and lower back. It will also help you build muscular endurance in your legs. The blueprint for a stronger core and more flexibility is here in yoga.

**YOUNG & FIT**

It’s never too early to teach children about Fitness. Join our fun and active environment, as we introduce unique and fun ways to exercise. It is conveniently scheduled at the same time as our Boot Camp, so parents can workout at the same time.

**ZUMBA**

A mix of low and high intensity moves set to Latin rhythms that are designed to help you dance the calories away!
OVER THE LINE Tournament

REGISTRATION OPENS: FEBRUARY 28
RAFFLES

TOURNAMENT DATE: MARCH 31
PRIZES

FOR MORE INFORMATION CONTACT THE SPORTS CENTER AT 323-563-5445

Parks Make Life Better!

BASKETBALL
All-Star Skills Challenge

April 28, 2023

BALL HANDLING
PASSING
SHOOTING
AGILITY

FREE to participate
Ages : 7 - 12

Sign up at Sports Center starting March 27th

FOR MORE INFORMATION CONTACT THE SPORTS CENTER AT 323-563-5445
SPRING FIT 5K
SATURDAY, MAY 13

DJ-FUN ZONE-RAFFLE-GIVEAWAYS

<table>
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<td>4/3 - 5/7</td>
<td>$30</td>
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<tr>
<td>5/8</td>
<td>$40</td>
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</tbody>
</table>

Each registered runner will receive a race shirt, sack pack and finisher’s medal **while supplies last**

Party starts at 6:00am

WAVES
Competitive: 8am
Recreational: 9am

WWW.SPRINGFIT5K.RACEWIRE.COM
For more information call the Sports Center (323) 563-5445

FUN RUN
2023

JOIN US FOR A WET AND MESSY 1 MILE RUN
SATURDAY, JULY 15, 2023
12:00 PM

AGES 5+

EACH RUNNER WILL RECEIVE SUNGLASSES AND COOLING TOWEL
"WHILE SUPPLIES LAST"

FOR MORE INFO CONTACT THE SPORTS CENTER (323) 563–5445
H.S.A. SENIOR LUNCH PROGRAM

In-person Meal Schedule
Come in and enjoy a hot meal with some of your friends or neighbors. Everyone must make a reservation in order to receive the onsite meals. For reservations please call (562) 806-5400 extension 217.
Donation per day: $2.25
Day: Monday, Tuesday, Thursday, Friday
Start time: 11:30 am

Grab and Go Schedule
5 frozen meals will be handed out to each registered customer.
Day: Wednesday

MEALS ON WHEELS - FOOD SERVICE
For information on how to receive meals delivered to your home, please contact the Meals on Wheels organization at (562) 806-5400 ext. 261.

BINGO
Day: Wednesday
Time: 12:00 pm - 3:00 pm
Location: Senior Center Main Hall

BLUE JAYS
Join our senior dance group! You don't need experience, come and learn some dance routines, all are welcome!
Day: Tuesday, Wednesday, Thursday
Time: 1:00 pm - 3:00 pm

CRAFTS
Day: Wednesday
Time: 9:00 am - 11:00 am
Location: Senior Center Conference Room

THAI CHI
Day: Tuesday & Thursday
1st class time: 10:00 am - 11:00 am
2nd class time: 11:00 am - 12:00 pm
Location: Senior Center Conference Room
COMMUNITY EXCURSIONS

On-site & Online Trip Registration Begin: March 13, 2023

Registration is held at the Girls Club House office, Monday - Thursday from 8:30 am to 5:00 pm

**All fees are due at the time of registration.**

Please Note: All cancellations must be during our office business hours and there will be a $15 administration fee per person. Refunds are only granted if spaces can be re-sold. All trips go, rain or shine, unless otherwise notified. Please arrive 10-15 minutes before scheduled departure and check-in at the office with trip escort. There is no grace period.

All departures leave from the Girls Club House as scheduled (traffic/weather permitting).

Upon return from trip destinations, check in with escort at designated time of departure. Bus will depart at designated time announced by escort.

**No refunds for cancellations or “no-shows” the day of the trip.**

For more information please contact the Margaret Travis Senior Center at (323) 357-9662 or the Girls Club House at (323) 563-5447.

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**Pala Casino - Pala**
Must be 21 years of age or older. Lunch is on your own.
Thursday, April 6.................................................Fee: $20.00
Departure: 7:00 am..........................................Return: 7:00 pm

**Acura Grand Prix - Long Beach**
Lunch is on your own.
Friday, April 14.................................................Fee: $45.00
Departure: 10:00 am..........................................Return: 5:00 pm

**Flower Fields - Carlsbad**
Lunch is on your own.
Wednesday, April 19...........................................Fee: $30.00
Departure: 9:00 am..........................................Return: 6:00 pm

**The Bodyguard - Escondido**
Dinner stop after the musical, not included in the price.
Saturday, April 22.............................................Fee: $50.00
Departure: 11:30 am..........................................Return: 7:00 pm

**Jamil Casino - San Diego**
Must be 21 years of age or older. Lunch is on your own.
Thursday, May 4.................................................Fee: $20.00
Departure: 7:00 am..........................................Return: 7:00 pm

**L.A. County Fair - Pomona**
Lunch is on your own.
Friday, May 12.................................................Fee: $15.00
Departure: 10:00 am..........................................Return: 7:00 pm

**Balloon & Wine Festival - Temecula**
Lunch on your own.
Friday, May 19.................................................Fee: $60.00
Departure: 1:00 pm..........................................Return: 11:00 pm

**L.A. Zoo - Los Angeles**
Lunch on your own.
Wednesday, May 31.............................................Fee: $10.00
Departure: 9:00 am..........................................Return: 5:00 pm

**Pauma Casino - Pauma Valley**
Must be 21 years of age or older. Lunch is on your own.
Thursday, June 8.................................................Fee: $20.00
Departure: 7:00 am..........................................Return: 7:00 pm

**The Grove - Los Angeles**
Lunch is on your own.
Friday, June 23.................................................Fee: $10.00
Departure: 10:00 am..........................................Return: 5:00 pm

For more information on these programs, call (323) 563-5447
The City of South Gate Parks and Recreation Department has two facilities available for special occasions or business trainings. All reservations are on a first come, first serve basis.

Alcohol is now permitted, with certain restrictions, for reservations in the Auditorium or Girls Clubhouse. You must contract security guards and purchase liability insurance at least 30 business days before your event.

For information contact the Parks Administration office at (323) 563-5479 or visit our page at www.cityofsouthgate.org.

**PARKS & RECREATION ADMINISTRATION OFFICE HOURS**
Monday - Thursday......................7:30 am - 5:00 pm
Friday - Sunday..................................Closed

All fees are subject to change without notice.

**BANQUET ROOM RATES**
This room is used for meetings only.
This facility has a maximum capacity of 120 people for conferences only.
Hourly Rate..................................$50.00
Kitchen Fee...................................$80.00
Refundable Damage Deposit...$165.00
*Call for Commercial Rates

**GIRLS CLUB HOUSE RATES**
This facility has a maximum capacity of 150 people for a dinner reception, and 325 for conferences.
Hourly Rate...............................$120.00
Kitchen Fee.................................$64.00
Refundable Damage Deposit...$319.00
*Call for Commercial Rates

**MUNICIPAL AUDITORIUM RATES**
This facility has a maximum capacity of 500 people for dinner receptions, and up to 600 people for a conference event.
Hourly Rate...............................$200.00
Kitchen Fee.................................$80.00
Refundable Damage Deposit...$495.00
*Call for Commercial Rates

**ROSE ARBOR RATES**
This area can seat up to 110 guests for ceremonies. Set up for rose arbor is Chairs Only.
Fee.............................................$179.00
PICNIC AREA INFORMATION

PICNIC AREA RESERVATION RATES
There are a total of ten picnic areas located throughout South Gate Park and one at Hollydale Regional Park available to the public to reserve. All reservations are on a first come first serve basis. Please contact our Parks Administration Office at (323) 563-5479 to check availability. All bookings must be made at least one week in advanced. Reservation fees are based on the amount of guests you will have in attendance. See group rates below. Contact the Administration Office for Commercial Rate information.

Non-Profit Group Permit Fees
(please contact our office for Commercial Rates):
Group of 1-50.......................................................... $87.00
Group of 51-100...................................................... $173.00
Group of 101-200................................................... $277.00
Group of 201-500.................................................... $416.00
Group of 501+......................................................... $831.00

BANDSTAND RATES
This fee will be based on your group size, see fees listed above.
Refundable damage deposit........................................ $165.00

COOK HOUSE RATE
Fee................................................................. $82.00

All fees are subject to change without notice.
*Call for Commercial Rates.

For Park Facility & Picnic Area Rentals contact the Park Administration Office at (323) 563-5479
Baseball Field Rentals contact the Sports Center at (323) 563-5445
Pool Rental information call the Patricia G. Mitchell Swim Stadium at (323) 563-5446
Batting Cage usage information contact Goals Soccer Center at (323) 923-4650
GATE ROUTE INFORMATION

Service Hours:
Monday - Friday……6 am - 7 pm
Saturday………………..8 am - 5 pm

Service Fees:
50¢ per ride. Children 5 and under ride free. Transfers are available.
Participants of our Phone-a-Ride program ride for free!

Service Provider is Global Paratransit, Inc.
For route information, contact us at (323) 563-5754 or call them at (310) 715-7582.
The City of South Gate offers its residents 62 years of age and older or who are permanently disabled a service that allows them to obtain transportation around the city for a minimal fee (there are exceptions to certain medical facilities outside the city).

**This service is not provided for those capable of transporting themselves or for trips to and from their place of employment or school.**

**Registration Information:**
Registrant must present a valid I.D. and proof of residency (utility bill or mailed correspondence)
Monday - Friday, 12 pm - 6:00 pm
*No hand written documents accepted

La ciudad de South Gate ofrece a sus residentes de 62 años de edad o más o que están incapacitados, un servicio especial que los ayuda a obtener transportación dentro de la ciudad a un precio reducido. **Este servicio no está diseñado para los que pueden moverse por sí mismos, ni para viajar a lugar de empleo o a la escuela.**

**Como Inscríbirse:** Individuos registrándose deben presentar su I.D. vigente, y comprobante de domicilio (recibo de gas, luz, o agua)
Lunes a Viernes de 12 pm a 6:00 pm
*No aceptamos documentos escritos a mano.

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**Phone A Ride Service / Servicio de Phone A Ride**

The City of South Gate offers its residents 62 years of age and older or who are permanently disabled a service that allows them to obtain transportation around the city for a minimal fee (there are exceptions to certain medical facilities outside the city). **This service is not provided for those capable of transporting themselves or for trips to and from their place of employment or school.**

**Registration Information:**
Registrant must present a valid I.D. and proof of residency (utility bill or mailed correspondence)
Monday - Friday, 12 pm - 6:00 pm
*No hand written documents accepted

**Sales Hours**
Monday - Friday ................................. 12 - 6 PM
Saturday - Sunday ............................... Closed

<table>
<thead>
<tr>
<th>Senior/ Disabled Tap</th>
<th>K-12 Tap</th>
<th>College/ Vocational Tap</th>
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<tr>
<td>$16</td>
<td>$17</td>
<td>$32</td>
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South Gate residents must provide proof of residency at time of purchase (Utility bill, correspondence, report card, etc).

For more information contact Transit office at transit@sogate.org or call (323) 563-5754

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**K-12 Tap**

- Senior/ Disabled Tap: $16
- K-12 Tap: $17
- College/ Vocational Tap: $32

**Registration Fee**

- Senior/ Disabled Tap: $10 per year
- K-12 Tap: $1 per trip
- College/ Vocational Tap: $1 per trip

**Cuota de Inscripción**

- Senior/ Disabled Tap: $10 por año
- K-12 Tap: $1 por viaje
- College/ Vocational Tap: $1 por viaje
PROGRAMAS DEPORTIVOS
9520 Hildreth Avenue • (323) 563-5445

CLASES DE BALONCESTO PARA PEQUEÑOS $52
5 - 12 años de edad 9 semanas
Estas clases las enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre sí para poner en práctica lo aprendido.
5-6 años..........................Lunes..........................5:00 pm - 5:45 pm
7-8 años..........................Lunes..........................6:00 pm - 6:45 pm
9-12 años..........................Lunes..........................7:00 pm - 7:45 pm

CLASES DE BEISBOL PARA PEQUEÑOS $52
3 - 17 años de edad 9 semanas
Estas clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre sí para poner en práctica lo aprendido.
3 - 4 años..........................Miércoles..........................5:00 pm - 5:45 pm
5 - 6 años..........................Miércoles..........................6:00 pm - 6:45 pm
7+ años..........................Miércoles..........................7:00 pm - 7:45 pm

CLASES DE FUTBOL AMERICANO $52
5-12 años de edad 9 semanas
Esta clases las enseñara como jugar este deporte divertido. Traigan sus amigos y aprendan juntos!
5 - 6 años..........................Viernes..........................6:00 pm - 6:45 pm
7 - 12 años..........................Viernes..........................7:00 pm - 7:45 pm

CLASES DE VOLEIBOL $52
10+ años de edad 9 semanas
Esta clases las enseñara como jugar este deporte divertido. Traigan sus amigos y aprendan juntos!
Clase para Principiante..........Martes........5:00 pm - 5:45 pm
Clase nivel intermedio..........Martes........6:00 pm - 6:45 pm

CLASES DE MULTI-DEPORTES PARA PEQUEÑOS $52
3 - 12 años de edad 9 semanas
Este programa de nueve semanas les enseñara a sus pequeños un deporte diferente cada tres semanas. Los deportes que se enseñarán serán baloncesto, balompié, y beisbol. Esta clase es paga niñas/niños que tiene poco conocimiento de deportes.
3-4 años..........................Jueves..........................5:00 pm - 5:45 pm
5-6 años..........................Jueves..........................6:00 pm - 6:45 pm
7-12 años..........................Jueves..........................7:00 pm - 7:45 pm

CLASES DE MULTI-DEPORTES PARA PEQUEÑOS $52
5 - 12 años de edad 9 semanas
Este programa de nueve semanas les enseñara a sus pequeños un deporte diferente cada tres semanas. Los deportes que se enseñarán serán tenis, balonmano, y soccer. Esta clase es paga niñas/niños que tiene poco conocimiento de deportes.
5-6 años..........................Martes..........................6:00 pm - 6:45 pm
7-12 años..........................Martes..........................7:00 pm - 7:45 pm

CLASES DE BEISBOL PARA PEQUEÑOS $52
3 - 12 años de edad 9 semanas
Esta clases les enseñara los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre sí para poner en práctica lo aprendido.
3-4 años..........................Miércoles..........................5:00 pm - 5:45 pm
5-6 años..........................Miércoles..........................6:00 pm - 6:45 pm
7-12 años..........................Miércoles..........................7:00 pm - 7:45 pm

CLASES DE RENOVACIÓN $52
6-12 años de edad 9 semanas
Esta clase se enfoca en aprender la técnica adecuada, la progresión y la ejecución del arranque, cargada de potencia, cargada y envión.
Lunes / Viernes..............................................6:00 pm - 6:45 pm

CLASES DE SOCCER PARA PEQUEÑOS $52
3 - 12 años de edad 9 semanas
Esta clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre sí para poner en practica lo aprendido.
3-4 años..........................Jueves..........................5:00 pm - 5:45 pm
5-6 años..........................Jueves..........................6:00 pm - 6:45 pm
7-12 años..........................Jueves..........................7:00 pm - 7:45 pm

CLASES DE LEVANTAMIENTO DE PESAS $52
6 - 17 años de edad 9 semanas
Esta clase se enfoca en aprender la técnica adecuada, la progresión y la ejecución del arranque, cargada de potencia, cargada y envión.
Lunes / Viernes..............................................5:00 pm - 5:45 pm

CLASES DE MULTIDEPORTES PARA PEQUEÑOS $52
5 - 12 años de edad 9 semanas
Este programa de nueve semanas les enseñara a sus pequeños un deporte diferente cada tres semanas. Los deportes que se enseñarán serán baloncesto, futbol americano, y soccer. Esta clase es paga niñas/niños que tiene poco conocimiento de deportes.
5-6 años..........................Martes..........................6:00 pm - 6:45 pm
7-12 años..........................Martes..........................7:00 pm - 7:45 pm

CLASES DE ENTRENAMIENTO DE RENDIMIENTO $52
6-12 años de edad 9 semanas
Esta clase se enfoca en aprender la técnica adecuada, la progresión y la ejecución del arranque, cargada de potencia, cargada y envión.
Lunes / Viernes..............................................5:00 pm - 5:45 pm

Inscripciones comienzan el Lunes, 6 de Marzo - Clases comienzan la semana del 28 de Marzo 2023
**PROGRAMAS RECREATIVOS**

4940 Southern Avenue • (323) 563-5447

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**CLASES DE ARTE**

 Niños y Niñas (7-17 años)  
9 semanas  
$75  
Esta clase enseñará los fundamentos de dibujar, el sombreado y proporcionado. Habrá un cobro de $10 en la primera clase para los materiales que se necesitan para esta clase.

Martes……………………………………4:00 pm - 5:00 pm

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**CLASES DE BAILE**

 Niños y Niñas  
9 semanas  
$60  
Se ofrecen una variedad de clases de baile para niños y niñas que desean aprender a bailar.

<table>
<thead>
<tr>
<th>Clase</th>
<th>Edad</th>
<th>Martes</th>
<th>Jueves</th>
<th>Lunes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baby Boogie (3-5 años)</td>
<td>3-5</td>
<td>5:00 pm - 5:30 pm</td>
<td></td>
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</tr>
<tr>
<td>Ballet (3-9 años)</td>
<td>3-4</td>
<td>5:30 pm - 6:00 pm</td>
<td>6:00 pm - 6:30 pm</td>
<td>6:30 pm - 7:15 pm</td>
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<td>4-5</td>
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<td>6:30 pm - 7:15 pm</td>
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<td>6-8</td>
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<td>7:15 pm - 8:30 pm</td>
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<td>9+</td>
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<tr>
<td>Baby Mexican Folk (3-5 años)</td>
<td>3-5</td>
<td>4:30 pm - 5:00 pm</td>
<td>5:00 pm - 5:30 pm</td>
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<td></td>
<td>4-5</td>
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<tr>
<td>Hip Hop (6-8 años)</td>
<td></td>
<td>5:00 pm - 5:45 pm</td>
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<tr>
<td>Hip Hop (9-12 años)</td>
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<td>6:00 pm - 6:45 pm</td>
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<tr>
<td>Hip Hop (13-17 años)</td>
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<td>7:00 pm - 7:45 pm</td>
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<tr>
<td>Hip Hop - Clase Avanzada (13-17 años)</td>
<td>13-17</td>
<td>6:30 pm - 7:15 pm</td>
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**CLASES DE FOLKCLORICO**

 Niños y Niñas  
9 semanas  
$60  
Sus pequeños disfrutarán aprendiendo un baile tradicional de todas las regiones de México. Se aprenderá una rutina de baile durante la sesión de nueve semanas.

6-8 años………………Miércoles…………5:00 pm - 5:45 pm  
8-11 años………………Miércoles…………5:45 pm - 6:30 pm  
12+ años………………Miércoles…………6:30 pm - 7:15 pm  
12+ años (clase avanzada)  
Miércoles………………7:15 pm - 8:00 pm

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**CLASES DE GIMNASIA**

 Niños y Niñas  
9 semanas  
$60  
Su hijo aprenderá los conceptos básicos de gimnasia. Esta clase está diseñada para mejorar la coordinación de su hijo y enseñarle movimientos flexibles.

3-5 años………………Lunes…………5:00 pm - 5:30 pm  
6-12 años………………Lunes…………5:30 pm - 6:15 pm

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**CLASES DE ENTRENAMIENTO PARA PERROS**

 Niños y Niñas  
9 semanas  
$70  
Los buenos modales a una edad temprana hacen que un nuevo cachorro sea un miembro más agradable de la familia. La clase incluirá órdenes básicas de obediencia y socialización. El instructor de esta clase será Gunther A Ramos.

Clase para principiante  
Sábado……………………………………9:00 am - 10:00 am  
Clase Avanzada  
Para poder tomar esta clase su perro ya ha aprendido órdenes: sientate, ven, baja, quédate. También aprenderá algunas habilidades de agilidad.  
Sábado……………………………………10:30 am - 11:30 am

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**FASHION SKETCHING**

 Niños y Niñas  
9 semanas  
$75+$10 artículos de arte  
Esta clase enseñará como desarrollar y ilustrar su propio estilo de moda usando el lápiz y marcadores. Habrá un cobro de $10 en la primera clase para los materiales que se necesitan para esta clase.

7-17 años……………………Martes…………5:00 pm - 6:00 pm

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**H.O.W. COMEDORES COMPULSIVOS**  
GRATIS  
El programa de comedores compulsivos utiliza los principios del programa de doce pasos utilizado por A.A. Para más información sobre este programa por favor llame al Girls Club House al (323) 563-5447.

18+ años………………9:00 am - 11:00 am

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**TOT TIME**

 Niños y Niñas  
9 semanas  
$100  
Lugar: Girls Club House Rm. C  
En esta clase niños aprenderán los números primarios, los colores, las formas y el alfabeto. Los niños también aprenderán a seguir instrucciones y socializar con otros niños a través de juegos, canciones, rompecabezas y manualidades. Para más información llame al Girls Club House (323) 563-5447.

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**INScripciones comienzan el Lunes, 6 de Marzo - Clases comienzan la semana del 28 de Marzo**
2023
CENTENNIAL EVENTS

JANUARY
Centennial Kick-Off Celebration
Art Scavenger Hunt (All Year)

FEBRUARY
Food Truck Event

MARCH
Azalea Festival
Miss South Gate Pageant Car Show

APRIL
Earth Day
Easter Fest

MAY
Movie/Food Truck Event
Spring Fit 5K
JAA Opening Day
Memorial Day Ceremony

JUNE
Tweedey Mile Street Fair

JULY
4th of July Carnival & Fireworks Show
Concerts in the Park
Fun Run
SELA Art Festival

AUGUST
National Night Out Block Party
Movies in the Park
SG Night at the Dodgers Music Festival

SEPTEMBER
Glow Party (Food Trucks)
Health Fair

OCTOBER
Family Day in the Park
Halloween Carnival
SG Artwalk
Trunk or Treat

NOVEMBER
Veterans Day Ceremony
NAVA Pow Wow

DECEMBER
Breakfast with Santa
Centennial Christmas Parade
Pageant of the Trees
City Hall Holiday Event
Santa Cop

JANUARY 2024
Centennial Ball
Closing Ceremony with new time capsule

FOR MORE INFORMATION VISIT
WWW.CITYOFSOUTHGATE.ORG

@cityofsouthgateca CityofSouthGate @SouthGateCAgov