

SOUTH GATE

WINTER 2021

CONNECT



City News / Parks & Recreation Guide

Holiday Calendar • Holiday Safety Tips • SGPD App

South Gate Art Gallery Reopens: *Cuídate/Take care of yourself*





City of
South Gate

**SOUTH GATE
CITY HALL**

Monday - Thursday
7:00am - 5:30pm

8650 California Avenue
South Gate, CA 90280

Administration
(323) 563-9501

City Council Office
(323) 563-9543

cityofsouthgate.org

CITY COUNCIL

Al Rios
~Mayor

María del Pilar Avalos
~Vice Mayor

Denise Díaz
~Council Member

Gil Hurtado
~Council Member

María Davila
~Council Member

**PARKS &
RECREATION
COMMISSION**

Adolfo Varas
~Chair

Alan Flores
~Vice Chair

Joshua Barron
~Secretary

Jennifer Cypert
~Commissioner

Robert Montalvo
~Commissioner

Public Meeting Schedules

CITY COUNCIL MEETINGS

The City Council is the policy making body for the City of South Gate. Residents and community members are highly encouraged to participate in the Comments from the Audience portion of the meetings. Here you can address any issue directly to the City Council and staff that is not listed on that meeting's Agenda. Meetings take place on the 2nd and 4th Tuesday of every month at 6:30pm.

Council Meetings are being held in person at the Council Chambers and via teleconference. For the updated dial-in number, please visit www.cityofsouthgate.org/AgendaCenter or call (323) 563-9573.

COMMISSION FOR SOUTH GATE YOUTH

The Commission for South Gate Youth seeks to empower the youth by promoting and supporting high quality programs and projects that address the needs of youth. Meetings take place on the 1st Tuesday of every month, at 6:00pm at Civic Center Building.

PARKS AND RECREATION COMMISSION

The Parks and Recreation Commission serves as an advisory panel to the City Council on matters related to the city's parks and its recreation programs. Commission meetings are open to the public and members of the public are allowed to address the commission on any parks and recreation related issue. Meetings take place on the 2nd Thursday of each month, at 7:00pm at City Hall's Council Chambers.

PLANNING COMMISSION

The Planning Commission reviews matters related to land use, planning law, environmental, and developmental issues. The commission holds regularly scheduled public hearings to consider such land use matters as the general plan, specific plans, site plans, rezoning, use permits and subdivisions. Meetings take place on the 1st and 3rd Tuesday of each month, at 7:00pm at City Hall's Council Chambers.

City Services Directory

CITY CLERK'S OFFICE.....(323) 563-9510

COMMUNITY DEVELOPMENT

Building Inspection/Permits.....(323) 563-9549

Code Enforcement.....(323) 563-9558

FINANCE.....(323) 563-9523

Business License.....(323) 563-9527

Water Billing.....(323) 563-9586

HUMAN RESOURCES.....(323) 357-5835

8680 California Ave

PARKS & RECREATION.....(323) 563-5479

4900 Southern Ave

Administration Office

POLICE DEPARTMENT

8620 California Ave

Non-Emergency Phone Line.....(323) 563-5436

PUBLIC WORKS

Administration.....(323) 357-9657

Engineering.....(323) 563-9567

Graffiti Hotline.....(323) 563-5793

Illegal Dumping Hotline.....(323) 563-9575

Street Lights & Traffic Signals.....(323) 563-5773

Tree/Street/Pothole Repairs.....(323) 563-5785

**SOUTH GATE MUSEUM &
ART GALLERY**.....(323) 357-5838

8680 California Ave

Additional Contact Numbers

SEAACA - ANIMAL CONTROL
9777 SEAACA St. (562) 803-3301

FIRE DEPARTMENT
4867 Southern Place, Station 54
General Business (323) 567-8580

5720 Gardendale Street, Station 57
General Business (562) 531-9700

A.Y.S.O. (323) 217-7077

BOY SCOUTS (213) 413-4400 Ext. 333

CITY DUMP (562) 928-4616

CHAMBER OF COMMERCE (323) 567-1203

FARMERS MARKET (866) 466-3834

GAS COMPANY (800) 427-2200

GIRL SCOUTS OF AMERICA (213) 213-0150

GOALS SOCCER CENTER (323) 923-4650

HOLLYDALE LIBRARY (562) 634-0156

H.S.A. PROGRAM (562) 806-5400

J.A.A. ORGANIZATION (323) 566-4700

PHONE-A-RIDE (866) 260-4600

S.G. AQUATICS CLUB (323) 236-6389

S.G. ART ASSOCIATION (323) 564-7541

S.G. YOUTH FOOTBALL (323) 327-2412

SO. CALEDISON (800) 611-1911

TWEEDY MILE ASSOCIATION (323) 564-8233

WASTE MANAGEMENT (800) 225-0175

WEAVER LIBRARY (323) 567-8853



HOLIDAY TREE LIGHTING

THURSDAY, DECEMBER 2 | 4:00PM | SOUTH GATE CITY HALL

Join us along with local community performance groups for an evening of cheer and merriment as we welcome the holiday season.

PAGEANT OF THE TREES

SATURDAY, DECEMBER 4 | 5:00PM | VIRTUAL AUCTION

The Commission for South Gate's Youth "Pageant of the Trees" will be virtual this year. Although we've had to change the format, with your help we can still accomplish our mission of empowering youth by supporting meaningful projects and programs. Visit cityofsouthgate.org to view registration link and participate in the silent auction. Please contact August Agent by email aagent@sogate.org or by phone (323) 563-5408, if you are interested in supporting this worthwhile event by becoming a sponsor, decorating a tree, or attending the virtual auction.

BREAKFAST WITH SANTA

SATURDAY, DECEMBER 11 | 9:00AM | MUNICIPAL AUDITORIUM

Join us Saturday, December 11 for Breakfast with Santa! Santa Claus and his elves will be served from 9am-10am. Event includes: breakfast (9am-10am), a chance to take a photo with Santa on your own device and a gift for all children 2 years and older. \$5 per person. Tickets are up. All children must be accompanied by an adult. Ticket sales began November 8.



SANTA COP DRIVE THRU

SATURDAY, DECEMBER 11 | BY INVITATION ONLY

The South Gate Police Officers' Association (SGPOA) is committed to serving the community through various programs throughout the year. Every year, during the holiday season, members of the SGPOA donate numerous hours to the community via the Santa Cop program. Santa Cop was created many years ago to help less fortunate families in our community by bringing gifts and a visit from Santa, Mrs. Claus, and the elves. Despite the ongoing pandemic, the SGPOA will continue the tradition of Santa Cop by hosting a drive-thru event in front of City Hall, for pre-selected, families on December 11. For more information or to apply for the program please contact Detective Padilla at bpadilla@sogate.org

POLICE NAVIDAD

THURSDAY, DECEMBER 16 | 5:00PM | SOUTH GATE POLICE DEPARTMENT

The South Gate Police Management Association (SGPMA) will host its "Police Navidad" event and distribute toys to young members of our community. The event is open to the public and toys are distributed on a "first come, first served" basis until supplies run out. Santa Claus will make a special appearance and there will be music and fun for everyone. Follow us on our various social media sites Instagram [@south_gate_police_department_](https://www.instagram.com/south_gate_police_department_) and Facebook [@SoGatePD](https://www.facebook.com/SoGatePD) for date/time updates.

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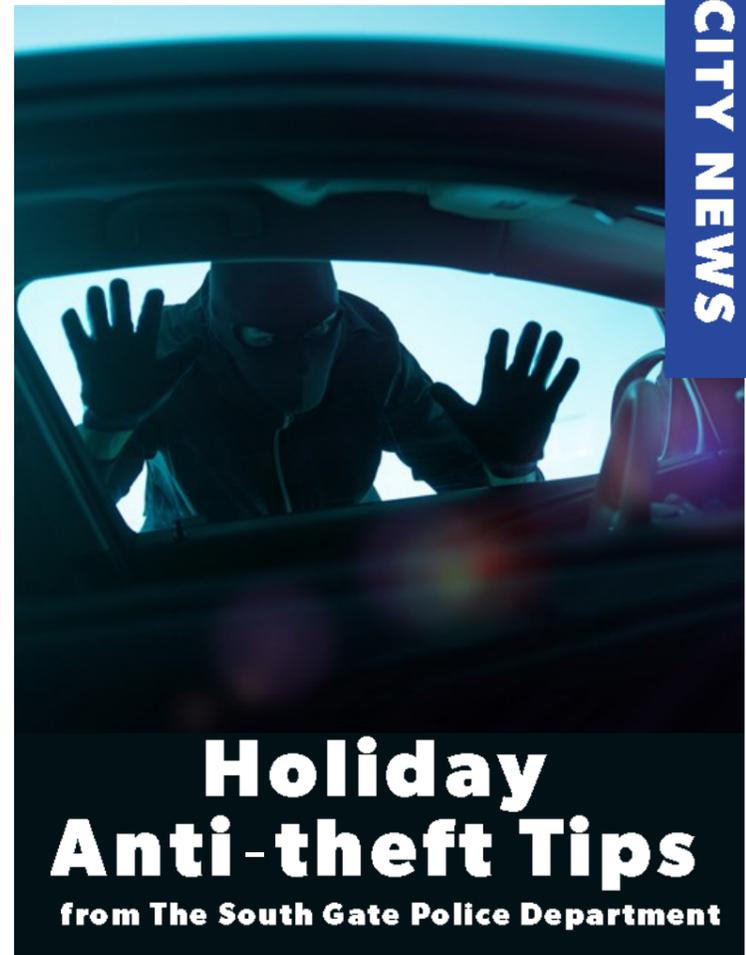
Special Recognition and Appreciation to the sponsors of Family Day in the Park

The 25th Annual Family Day in the Park was a tremendous accomplishment. The event brought together over 55 agencies and organizations and programs which benefitted the City of South Gate and surrounding communities. The City of South Gate would like to thank W.A. Woods, the South Gate POA, Mr. C's Towing, and NASA Services for their sponsorships. Without help from these generous sponsors this event wouldn't have been possible.



Introducing The South Gate Police Department Phone App

The South Gate Police Department launched a Mobile Application (App) in October to enhance communication with our community. This web-based platform allows the police department to disseminate real-time information regarding police activity and other safety information. The app also provides easy access to reliable police resources. The app is user friendly and is available on iOS (Apple) and Android devices in the app store. Below are some of the features available through the Phone App.



Holiday Anti-theft Tips from The South Gate Police Department

While the holidays can be a season to be jolly, it can always be a time for thieves to be looking to steal your valuables. Here are a few good tips for both the holidays and throughout the year.

- 1** Never leave your purse, wallet, cell phone or other valuables inside an unattended vehicle. Thieves like to "window shop" by peering into car windows in search of hidden valuables.
- 2** Never leave a purse or other valuables "hidden" under a sweatshirt or under your car seat. That's the first place crooks look.
- 3** Just returned to your car from a little holiday shopping? Place those purchases securely into the trunk of your car before driving to your next destination. Don't wait until you arrive at your next store to do it. Why? Because thieves like to watch people putting valuables into their trunk so they can break into it.
- 4** Always keep purses closed while shopping and on your arm. Thieves like crowded stores to reach into open purses to steal your wallet, cell phone or other valuables.
- 5** When parking at a store try to park as close to the store entrance as possible. Double check that you've locked your vehicle and that there are no visible items inside your car or truck.
- 6** When placing purchases into your vehicle, always place your purse into your vehicle before loading your bags. Thieves like the hustle and bustle of crowded stores to distract people so that they can steal your purse or other valuables.

A few safety tips from your friends at the South Gate Police Department.

Construction and Improvement Project Updates

New Construction

The Urban Orchard Project is part of the city's Capital Improvement Program. It is currently budgeted with over \$21.4 million in grants and local funds. The project will construct a new park in the city next to the Los Angeles River, I-710 Freeway and Firestone Boulevard. The proposed park will contain numerous amenities such as a community orchard with fruit trees, a constructed wetland with emergent vegetation, an education garden, a natural play area with a water element, multi-use exercise pathways, a knoll overlooking the wetland, picnic areas, exercise stations, public art, native shade trees, groundcover vegetation, irrigation system, pathway lighting a multi-use community building and a maintenance garage. A unique feature of the project is it will divert storm water from the Los Angeles River to irrigate the park. The project began construction in August 2021 and is scheduled for completion in December 2022.



Street Improvement

As of November 2021, construction is complete on street improvements that took place on three major roadway corridors: Garfield Avenue, between Jefferson Avenue and the south city limit, Imperial Highway, between the Los Angeles River and Old River School Road, and Firestone Boulevard at Otis Street, next to South Gate Middle School.

One of the improvements included raised medians with drought tolerant landscaping and up-lighting. Deteriorated road pavements were repaved, and sidewalks were repaired. Street furniture such as bus shelters were replaced. At the intersection of Firestone Blvd and Otis St, a dedicated eastbound right-turn pocket was installed to increase roadway capacity. These improvements were necessary for street rehabilitation, to enhance safety and traffic circulation, and to beautify the corridors. The total budget was \$10 million which was fully funded with restricted and grant funds.



South Gate Water System Improvement Project

The City's water system provides drinking water to approximately 90% of the City's residents and businesses. It contains seven water production sites with drinking water wells equipped with aging chlorination systems. The City Council approved \$4.5 Million to replace the chlorination systems under the Water System Facility Chlorination Upgrade Project. Construction of the project was complete as of October 2021. This project had a purpose of enhancing water quality systemwide as it replaced all the chlorination systems in inventory. It also enhanced the SCADA system, added new chlorine tanks with spill containment, and installed site access, security system and fire safety improvements.

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Intern Spotlight

My name is Yasmee Soriano and this summer, I took part in the 2021 LA County Arts Internship with the City of South Gate's Cultural Arts Division. I'm a South Gate resident and a 2nd-year undergrad student at UCLA pursuing a Sociology degree. My goals going into this internship were to explore a new work field, learn more about my city, and assist in promoting art and culture. Sure enough, I was exposed to social media marketing, helped with the ongoing communication for the first annual South Gate Art Walk, and dedicated time to museum research. Like many people, I was surprised South Gate had a museum rich in history. My main task was to create connections between objects in the collection and produce a public program around my findings. I chose to emphasize the women in South Gate history who have been crucial in the progressive welfare of our city. A significant figure found was Margaret Travis, South Gate Azalea Queen in 1995 who was recognized for her role as president of several clubs and her dedication to community service. Margaret represents women of action and hard work breaking social barriers one step at a time. Thank you, South Gate Cultural Arts team, for a beautiful and educational time.



The City of South Gate Encourages all Residents to Conserve Water

South Gate is encouraging residents to voluntarily reduce water usage by 15%. Good conservation practices help ensure a reliable water supply into our future.

Water Conservation Tips

Outdoor Water Use

- Identify and fix water leaks.
- Refrain from washing down sidewalks and driveways.
- Avoid irrigating landscapes in a manner that causes excess run off.
- Shut off fountains or decorative water features, unless the water is part of a recirculation system.

Indoor Water Use

- Reduce your normal shower time by 5 minutes.
- Turn off water while brushing teeth.
- Wash only full loads of laundry and dishes.

For water conservation rebates, please visit: <https://www.bewaterwise.com>

Ciudad de South Gate pide a todos sus residentes a conservar agua

South Gate está impulsando a los residentes a que reduzcan voluntariamente el uso de agua en un 15%. Las buenas prácticas de conservación ayudan a garantizar un suministro de agua confiable en nuestro futuro.

Consejos para la Conservación de Agua

Uso de Agua en el Exterior

- Identifique y repare fugas de agua.
- Absténgase de lavar las aceras y las entradas.
- Evite regar sus plantas exteriores de una manera que cause un exceso de agua tirada.
- Cierre las fuentes de agua u otras cosas decorativas con agua, a menos que el agua sea parte de un sistema de recirculación.

Uso de Agua de Interior

- Reduzca su tiempo normal en la regadera por 5 minutos.
- Cierre la llave de agua mientras se cepilla los dientes.
- Lave solo lavadoras completas de ropa y trastes.

Para obtener descuentos de agua, por favor visite la página web: <https://www.bewaterwise.com>



Completion of the I-710 Corridor Soundwall Project

The construction of the I-710 Corridor Soundwall Project has been completed. This \$8.9 Million project constructed two soundwalls to mitigate noise impacts from the I-710 Freeway for the Thunderbird Villa Mobile Home Park. The soundwalls are accompanied by pedestrian trails, drought tolerant landscaping and trees. The final cost of the project is estimated to be approximately \$8.4M which is about \$400K under budget. The project was entirely funded with Measure R funds from the I-710 Corridor Project. This means that the City did not use any of its General Funds or local return transportation funds.

WWM Holiday Tree Collection



Waste Management would like to wish all South Gate residents a happy holiday season. Waste Management is inviting South Gate residents to recycle their Holiday tree through its curbside tree collection program.

Curbside tree collection for residents will take place between December 27, 2021 - January 7, 2022

Instructions for Tree Collection

- Remove all decorations, including tinsel, lights, ornaments, and tree stands
- Place your tree on the curb for recycling, do not place inside the trash or recycle container
- Trees that are taller than six feet must be cut in half
- Flocked trees cannot be recycled. They will be collected with your regular trash.

Holiday Recycling Q&A

Q: Can glass ornaments be placed in your recycling cart?

A: No, these items do not belong in your recycling cart. Damaged ornaments can be thrown away in your trash cart but if they're still in good condition, consider donating them to a local charity.

Q: Is wrapping paper recyclable?

A: That depends on the type; paper-based wrapping paper is recyclable but if it's foil-based (shiny), it is not.

Recycling Reminder: Please flatten cardboard boxes, from all those holiday deliveries, to make room in your recycling cart.



FLATTEN CARDBOARD BOXES



AMERICAN YOUTH SOCCER ORGANIZATION FOR BOYS & GIRLS (A.Y.S.O.)

A.Y.S.O. is an organization in South Gate that offers recreational soccer to youth. **All registrations take place at Hollydale Regional Park.** For more information Contact Enrique Ortega at (562) 319-5666 or (323) 217-7077 or visit www.southgateayso.org

COST:

Plus Fundraiser.....\$120
 No Fundraiser.....\$150
 VIP.....\$75

Registrations:

For registration information or to register please visit:
www.southgateayso.org

JUNIOR ATHLETIC ASSOCIATION (J.A.A.)

For over 50 years the Junior Athletic Association has been dedicated to serving the youth of South Gate. It is an all volunteer organization that encourages parents to volunteer as coaches or as sports officials.

OFFICE HOURS:

Monday-Thursday5:30 pm - 7:30 pm
 Saturday.....9:00 am - 12:00 pm

Baseball Registration begins February 2, 2022 at 9:30 am.
 For more information please call our office at (323) 566-4700.

HARBOR AREA FARMERS MARKET

Harbor Area Farmers Market currently hosts a market at South Gate Park every Monday, 8:30 am - 1:30 pm, rain or shine! We are located in the parking lot on the corner of Pinehurst Ave. and Tweedy Blvd.

To obtain more information please email us via contact form on the website. We do not have a phone number for inquiries. Our website is GoodVeg.org

You can also follow us on [Instagram @southgatefarmersmarket](https://www.instagram.com/southgatefarmersmarket)

SOUTH GATE ART ASSOCIATION

The South Gate Art Association is currently welcoming new members. The yearly membership fee is \$20. Soon, the Art Gallery will be open to Art Association activities which include art demonstrations by well-known local artists, weekly classes for adults and art exhibits. Once a year they hold a Family Art Night where community members of all ages can enjoy an evening of creating art together.

For more info call: Alicia Salazar (323) 271-2730 (Spanish),
 Susan Janer (323) 564-7541 (English)

SOUTH GATE AZTECS

The South Gate Aztecs is a youth sports organization that provides the fundamental nurturing experiences for future success in sports and in life!

For football: (323) 327-2412 | For cheer: (323) 338-1911
 Registration information is available www.southgateaztecs.com

PLAYER AGE GROUPS:

Flag Football.....5 - 6 years old
 Tackle Football.....7 - 14 years old
 Cheer.....5 - 13 years old

SOUTH GATE AQUATICS CLUB

The South Gate Aquatics Club is the most advanced aquatics program at the Patricia G. Mitchell Swim Stadium for youth, where swim lesson participants can build upon what they have learned in previous programs. Members of SGAC also learn valuable life skills such as time management, good sportsmanship, goal setting and good nutrition, all while improving their abilities in the water.

PRACTICE HOURS

Monday - Thursday.....5:00 pm - 7:00 pm
TRY - OUT'S
 Every Thursday.....7:00 pm - 7:30 pm



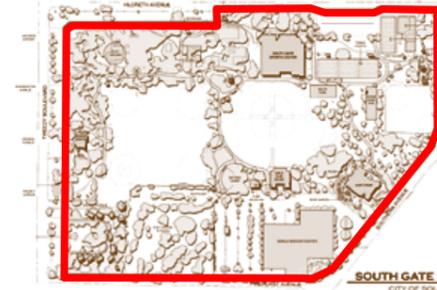
Parks & Recreation
GUIDE



Rules to know about bringing your dog to the Park

The City of South Gate understands that we all want to bring our entire family, including our dogs, to the park; for exercise, to socialize or just to enjoy our beautiful parks. But a busy park is not always the best place for a dog. To ensure that our four footed friends can also enjoy our City Parks, please remember the following rules.

South Gate Park



Dogs are NOT ALLOWED at South Gate Park except on the outside trail (sidewalks). Dogs must be on leash and in the owners control at all times.



If your Dog Poops
Please scoop!



Hollydale Regional Park

South Gate Dog Park
5400 Monroe Avenue
South Gate, CA 90280

Park Hours:
Open Daily from Dawn to Dusk

Dogs may play off leash.
Dogs must be on leash when outside the Dog Park fence.



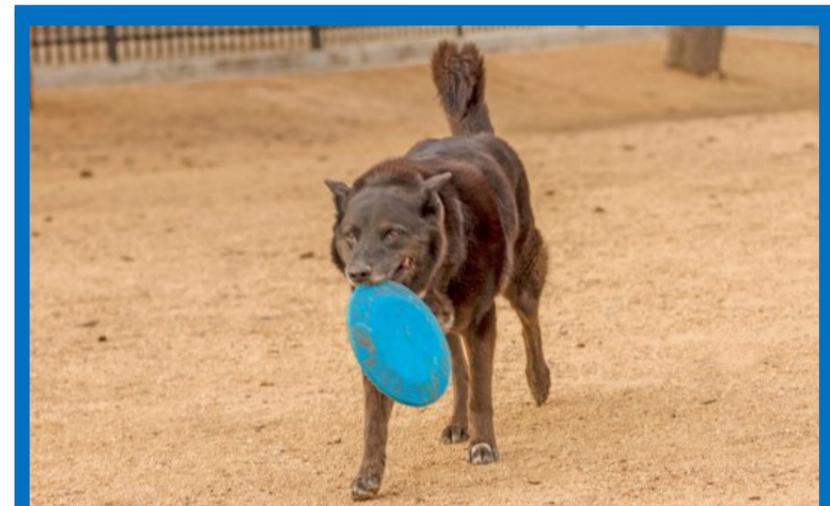
The Dog Park is located in the southwest corner of the park, use Century Boulevard entrance.

- 1) Park is open from dawn to dusk
- 2) Dogs must be leashed when entering or leaving the safety of the Dog Park
- 3) Owners are required to pick-up and dispose of their dog's feces both in and out of the Dog Park
- 4) Owners are solely responsible for their dog's behavior and will be liable for injuries or damage caused by their dogs
- 5) Owners use the park at their own risk. South Gate Parks & Recreation Department is not responsible for injury or illness to dogs or owners
- 6) South Gate Parks & Recreation Department reserves the right to close the Dog Park for inclement weather, maintenance, repairs, special events or when deemed necessary

For the full list of Dog Park Rules please visit www.cityofsouthgate.org

For upcoming events like the **Friends of Hollydale Dog Park** on Facebook at

www.facebook.com/HollydaleDogPark



South Gate Dog Park is located at
Hollydale Regional Park



- 1 Cesar Chavez Park - 2541 Southern Ave.
- 2 Circle Park - 10129 Garfield Ave.
- 3 Gardendale Tot Lot - 5480 Gardendale St.
- 4 Hollydale Community Park - 12221 Industrial Ave.
- 5 Hollydale Regional Park - 5400 Monroe Ave.
- 6 South Gate Park - 4900 Southern Ave.
- 7 Stanford Park - 2715 Illinois Ave.
- 8 South Gate Dog Park - 5400 Monroe Ave.
- 9 Triangle Park - Atlantic & Rayo Ave.
- 10 State Street Park - State St. & Southern Ave.

Parks in the City of South Gate

Special Thanks

to our annual sponsors for their generous donations to Friends of South Gate Parks

- LA County Supervisor Hilda L. SolisGold Sponsor
- South Gate Women's Club.....Gold Sponsor
- Speaker of the Assembly Anthony Rendon.....Gold Sponsor
- 5211 Southern Avenue, LLC.....Gold Sponsor
- Walmart.....Gold Sponsor
- Northgate Gonzalez Market.....Silver Sponsor

Parks & Recreation Department Directory

Administration Office	(323) 563-5479
4900 Southern Ave	
Girls Club House Office	(323) 563-5447
4940 Southern Ave.	
Golf Course.....	(323) 357-9658
9615 Pinehurst Ave.	
Margaret Travis Senior Center.....	(323) 357-9662
4855 Tweedy. Blvd	
Sports Center.....	(323) 563-5445
Patricia G. Mitchell Swim Stadium.....	(323) 563-5446
Transit Services.....	(323) 563-5754
9520 Hildreth Ave.	
South Gate Museum and Art Gallery...	(323) 357-5838
8680 California Ave.	



www.cityofsouthgate.org/195/Parks-Recreation

Program Registration Begins: December 13, 2021 • Programs Begin Week of: January 10, 2022

GENERAL REFUND POLICY

A program may be canceled in the event minimum registration is not met by the specified deadline or 48 hours prior to the program. A full refund will be issued only in the event that a program is canceled by the Parks and Recreation Department. Refunds requested prior to the first day of class will be subject to a \$15 processing fee.

No refunds will be issued after the first day of class. Refunds will be issued by check and will be mailed within 4-6 weeks. No cash refunds.

FEES

Course fees vary and must be paid in full at the time of registration. ONE CHECK MAY BE WRITTEN FOR MULTIPLE CLASS REGISTRATIONS. Make checks payable to: City of South Gate. No post-dated checks will be accepted.

Please Note: Cash, personal checks, and credit cards are excepted at all registration sites.

ELIGIBILITY

Registration is open to all residents of the community and surrounding areas. South Gate residents are encouraged to enroll early since some programs have maximum quotas.

COMMUNITY EXCURSION INFORMATION

Trip registration can be done at the Margaret Travis Senior Center, Monday - Thursday, from 8am-4pm or at the Girls Club House; Monday-Thursday from 8:30 am to 5:30pm. Fees must be paid when you register. Registrations can also be done on-line, see page 37 for more information. All departures leave from the Girls Club House. Please arrive 10-15 minutes before scheduled departure and check-in at the office with the trip escort. There is no grace period. Buses will depart and return from Girls Club House on time and as scheduled (traffic / weather permitting).

COMMUNITY EXCURSION REFUND POLICY

All cancellations must be made during our office business hours and there will be a \$15 administration fee charged per person. Refunds are only granted if spaces can be re-sold.

Online Registration:

For online registration, please follow the directions that have been provided for you below. If you have any difficulties trying to register please contact our Parks Administration office at (323) 563-5479, our staff will gladly assist you with any of your registration inquiries.

- A. Go to the Parks & Recreation section of our city website: <http://www.cityofsouthgate.org/195/Parks-Recreation>
- B. Click on "Register Online" Circle
- C. Click on "Proceed to Site" and start browsing through all our programs that are eligible for online registration.

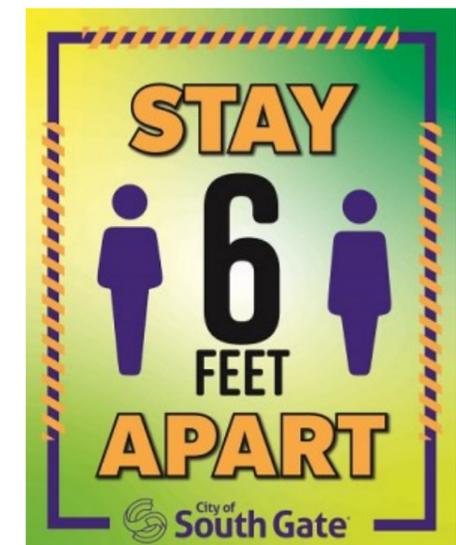
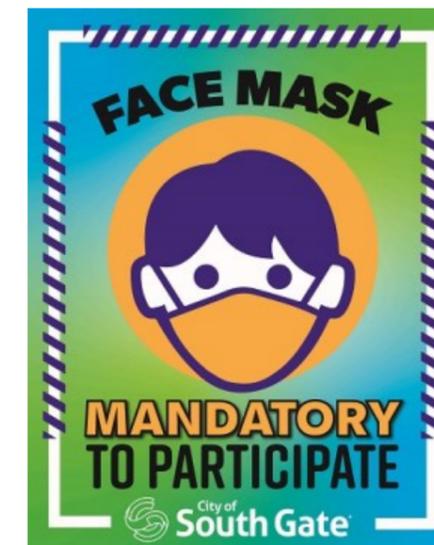
In person registration limited due to COVID-19 restrictions.

- All patrons are required to show California I.D. or License.
- All course fees must be paid in full at the time of registration.
- Senior Citizen rates, when applicable, will apply to only those who are 62 years of age and older.
- Children are not permitted in adult classes as participants or spectators.
- In case of rain, outdoor classes or leagues will be postponed to a later date.
- Please notify our staff immediately if we need to make any special accommodations for you or your child to participate.
- Some class instructors may not allow spectators in the children's classes during instruction. Please check with the instructor of each class.
- Walk in registration for sports or recreational programs are accepted at both the Sports Center and the Girls Club House, EXCEPT for Swim Lessons & Preschool Programs
- All Swim Lesson registrations MUST be made in person at the Swim Stadium on the designated dates and times.

COVID-19 PROGRAM GUIDELINES

All programs will follow current LA County and CDC COVID-19 Guidelines

- **Parents and participants will be subject to health assessments for possible COVID-19 symptoms upon arrival to park facilities.**
- **Please practice social distancing of at least 6 feet at all times.**
- **Participants may be required to wear an appropriate face mask that covers the nose and the mouth at all times during practice, conditioning, play, and competition, even during heavy exertion as tolerated to protect the safety of all participants. This applies to all adults and to children 2 years of age and older.**
- **Classes may be held indoors or outdoors.**
- **All equipment sanitized by staff after every class.**
- **Only student /staff allowed in class area.**
- **Restrooms inside our facilities are for participants ONLY.**



*Please note that all programs and locations are subject to change at any time based on COVID-19 guidelines.

^BASKETBALL FUNDAMENTALS

Boys & Girls Ages 5-12 years Fee: \$47
 9 weeks session Location: Sports Center Gym

Youth will learn techniques such as shooting, passing, dribbling, running and drills to become more aggressive and agile with the sport.

Age 5 - 6 years.....Monday.....5:00 - 5:45 pm
 Age 7 - 8 years.....Monday.....6:00 - 6:45 pm
 Age 9 - 12 years.....Monday.....7:00 - 7:45 pm

^KARATE LESSONS

Boys & Girls Ages 7-17 years Fee: \$50
 Monthly Sessions Location: Senior Center

Karate offers the ability to develop confidence, physical fitness, self defense and discipline, along with competition and tournament skills.

Registration Information: You must register on a monthly basis, on the first Monday or Wednesday of the month. Please contact the Sports Center at (323) 563-5445 for more information on the Karate Classes schedule.

^MULTI-SPORT MOMMY / DADDY & ME

Boys & Girls Ages 3-4 years Fee: \$47
 9 weeks session Location: Sports Center

This class will teach your child the basics of 3 sports: basketball, soccer, and baseball. Every 3 weeks they will rotate to a different sport. Classes may be held outdoors.

Thursday.....5:00 - 5:45 pm

^MULTI-SPORT

Boys & Girls Ages 5 years & over Fee: \$47
 9 weeks session Location: Sports Center

This nine week program will allow your child to learn a different sport every three weeks. Sports that will be taught will be basketball, soccer, and baseball. This class is intended for children with little or no experience in sports. Classes may be held outdoors.

Age 5 - 6 years.....Thursday.....6:00 - 6:45 pm
 Age 7 years & over.....Thursday.....7:00 - 7:45 pm

^LIL SLUGGERS

Boys & Girls Ages: 5-6 years Fee: \$47
 9 weeks session Location: Diamond #9

Boys and girls will learn to run the bases, catch and throw, swing the bat and field ground balls. This class is intended to prepare children for league play.

Wednesday.....6:00 - 6:45 pm

^SLUGGERS

Boys & Girls Ages 7+ years Fee: \$47
 9 weeks session Location: Diamond #9

Children will practice running bases, fielding ground balls, catching and throwing, swinging the bat and so much more. Coaches will focus on positive reinforcement and preparing kids for positions and league play.

Wednesday.....7:00- 7:45 pm

^MINI SLUGGERS MOMMY/DADDY & ME

Boys & Girls Ages: 3-4 years Fee: \$47
 9 weeks session Location: Diamond #9

As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field! **Mommy/Daddy & Me classes require parents to be a part of the action, no watching from the sidelines.**

Wednesday.....5:00 - 5:45 pm

FIT CAMP FOR KIDS

Boys & Girls Ages: 6-13 Fee:\$47
 6 weeks session Location: Sports Center

Join our new and interactive P.E. class. Our class is designed to burn calories and educate families within a fun and playful environment. Topics include: playing games, creating exercises, and reading nutrition labels. It is led by future P.E. teachers and is based on California State Standards for Physical Education.

Wednesday.....5:00 - 6:00 pm
 Saturday.....8:30 - 9:30 am

NEW CLASS!



ASOCCER SKILLS MOMMY/DADDY & ME

Boys & Girls Ages 3 - 4 years Fee: \$47
9 weeks session Location: GOALS Soccer Center

With assistance of the parent, this class will teach your young one to run, kick, and score! If you want your children to start young, this is the class for them.

Wednesday.....5:00 - 5:45 pm
Thursday.....5:00 - 5:45 pm

ASOCCER ROOKIE CLINIC

Boys & Girls Ages 5 - 6 years Fee: \$47
9 weeks session Location: GOALS Soccer Center

Come out and learn how to develop the skills you need to play soccer. Once you learn the basics, you're sure to enjoy the sport even more!

Wednesday.....6:00 - 6:45 pm
Thursday.....6:00 - 6:45 pm

ASOCCER FUNDAMENTALS

Boys & Girls Ages 7-12 years Fee: \$47
9 weeks session Location: GOALS Soccer Center

Coaches will emphasize drills, positions, offense, defense, rules of the game and conditioning.

Wednesday.....7:00 - 7:45 pm
Thursday.....7:00 - 7:45 pm

Tiger Tae Kwon Do

These programs take place at the Hollydale Community Center located at 12221 Industrial Ave. All classes will follow all COVID-19 guidelines like wearing a face mask during class. For more information on monthly rates please leave a brief voicemail message at (424) 785-7500.

ATAE KWON DO

Tae Kwon Do is great for both genders and for ages 5 years and up. You'll develop strength, speed, balance, flexibility and stamina. You'll also learn self-defense techniques and much more.

Monday & Tuesday

Kids.....6:00 pm
Teens & Adults.....7:00 pm

ABRAZILIAN JIU JITSU

Brazilian Jiu-Jitsu is a martial art, combat sport and self-defense system that focuses on grappling and especially ground fighting. BJJ promotes the concept that a smaller weaker person can successfully defend against a bigger, stronger assailant by using leverage and proper technique, taking fight to the ground most notably by applying joint-locks and chokeholds to defeat the other person.

Wednesday & Thursday

Kids.....6:00 pm
Teens & Adults.....7:00 pm

ATENNIS LESSONS FOR YOUTH

Boys & Girls Ages 7-18 years Fee: \$65
9 weeks session Location: Tennis Courts

All levels are welcomed. Please bring your tennis racquet, and a can of tennis balls to class. Instructor for this class is Lazaro Gutierrez. **Classes require a minimum of 4 students per class, or class will be cancelled.**

Level 1.....Wednesday.....4:00 - 5:00 pm
Level 1.....Thursday.....4:00 - 5:00 pm

Level 2.....Wednesday.....5:00 - 6:00 pm
Level 2.....Thursday.....5:00 - 6:00 pm

OLYMPIC WEIGHT LIFTING

Boys & Girls Ages 6- 17 years Fee: \$47
6 weeks session Location: Sports Center

This class focuses on learning the proper technique, progression, and execution of the snatch, power clean, and clean and jerk. Benefits of enrolling in this class are: increased strength, power, improved muscular development, body composition, injury prevention, and learning a new way to train.

Monday/Friday.....4:00 - 4:45 pm

YOUTH PERFORMANCE TRAINING

Boys & Girls Ages 6 - 17 years Fee: \$47
6 weeks session Outdoor Fields & Gym

By enrolling in this program you will learn like the pros and receive a head start on performance training. All sports are welcome and classes are conducted by a Certified Strength and Conditioning Specialist from the NSCA. Space is limited so don't miss out!

Monday/Friday5:00 - 6:00 pm

AYOUTH VOLLEYBALL

Boys & Girls Ages 10+ years Fee: \$47
9 weeks sessions Location: Sports Center

Youth and teens will learn the basics of playing volleyball. Bring a friend and enjoy a great time with them as you learn this great Olympic sport.

Fundamentals Class.....Tuesday.....5:00 - 5:45 pm

Advanced Class.....Tuesday.....6:00 - 6:45 pm

**ADULT BASEBALL LEAGUE**

Adult Baseball Leagues are held throughout the year on Saturday afternoons and evenings, and on Sunday afternoons. The City offers both wood bat and aluminum bat options. For more information please call the South Gate Sports Center at (323) 563-5445.

League Rate.....\$600.00

ADULT SOFTBALL-BAT PROVIDED LEAGUE

Let us provide the bats for this new adult softball league. No need to worry about altered bats! Registration and fees follow normal registration information. There will be a league that plays on Thursday nights, and the other will be Friday night. For additional information please contact the Sports Center at (323) 563-5445.

Please Note: Should there be availability, teams can register up to 1 week prior to the beginning of the season.

Teams.....\$484.00
Refundable forfeit fee.....\$70.00
Umpire fee per game.....\$15.00

MEN'S BASKETBALL LEAGUE

Gather some friends and come indoors to play in our men's basketball leagues. Various competition levels are offered. Games will be held on Friday and Sundays. Players must be 18 years or older to play. For additional information on the upcoming session call the Sports Center at (323) 563-5445.

ADULT SOFTBALL LEAGUE

The City of South Gate is now forming recreation and competitive Coed, Women, and Men's Leagues. Coed games will be played on Friday and Wednesday evenings and Sunday afternoons. Women's leagues will be played on Thursday evenings. Men's games will be played on Wednesday, Thursday, and Friday evenings. For more information please call the Sports Center at (323) 563-5445.

Please Note: Should there be availability, teams can register up to 1 week prior to the beginning of the season.

Teams.....\$484.00
Refundable forfeit fee.....\$70.00
Umpire fee per game.....\$15.00

ART CLASS

Boys & Girls Ages 7-17 years **Fee: \$75**
5 weeks session **Location: Girls Club House-RM. C**

This class teaches students drawing fundamentals, including contour drawing perspectives, shading, proportion and still rendering. The instructor for this class will be Claudia Hindu. **Please Note:** A payment of \$10 will be collected by the instructor at the first class meeting for the supplies that will be needed for this class.

Tuesday.....4:00 - 5:00 pm

^BABY BOOGIE

Boys & Girls Ages 3-5 years **Fee: \$55**
9 weeks session **Location: Girls Club House**

This class will incorporate hip hop dancing along with classical moves. The instructor will inform you on the first day of class as to what the attire will be for this class. Instructor for this class will be Crystal Betancourt.

Tuesday.....5:00 - 5:30 pm

^CHEERLEADING LESSONS

Boys & Girls **Fee: \$55**
9 weeks session **Location: Senior Center Con. Rm**

Are you interested in learning how to dance like the cheerleaders at school? Come have a good time as you learn exciting cheer routines that will have you feeling like a professional cheerleader in no time! Instructor for the class is Jessica Gonzalez.

Ages 7-9 years.....Wednesday.....4:30 - 5:15 pm

ADVANCED CLASS:
Ages 10-12 years.....Wednesday.....5:30 - 6:15 pm

DOG OBEDIENCE

Ages 18+ years **Fee: \$60**
9 weeks session **Location: Hollydale Dog Park**

Good manners at an early age makes a new puppy a more enjoyable family member. Class will include basic obedience commands and socialization. Instructor for this class will be Gunther A Ramos. **No class on November 27.**

Saturday.....9:30 - 10:30 am

FASHION SKETCHING

Boys & Girls Ages 8+ years **Fee: \$75 + \$10 supplies**
5 weeks session **Location: Girls Club House-Rm. C**

This class teaches students to develop their own style of fashion illustration with pencil and markers. Students will learn to draw women, men and children's fashion models used as a basic for drawing idealized proportions. Instructor for this class will be Claudia Hindu.

Tuesday.....5:00 - 6:00 pm

GUITAR LESSONS

Boys & Girls **Fee: \$55 (6-12 years)/\$65 (13+ years)**
9 weeks session **Location: Girls Club House Room C**

These guitar lessons will teach your child the proper posture, finger technique, and musicianship that is required in order to play the guitar correctly. All levels are welcome.

Class size very limited, please bring your own guitar.

Instructor for this class will be Raul Alcantara.

Ages 7-12 years.....Wednesday.....6:00 - 6:45 pm
Age 13 + years.....Wednesday.....7:00 - 7:45 pm

^HIP HOP DANCE LESSONS

Boys & Girls **Fee: \$55**
9 weeks session **Location: Girls Club House**

Learn fun and energetic routines to the hip music of today. You'll learn a new and technical dance routine during the nine week session. Instructor for this class will be Crystal Betancourt.

Ages 6-8 years.....Thursday.....5:00 - 5:45 pm
Ages 9-12 years.....Thursday.....6:00 - 6:45 pm
Ages 13-17 years.....Thursday.....7:00 - 7:45 pm

HIP HOP DANCE TEAM Advanced

Ages 13-17 years.....Monday.....6:30 - 7:15 pm

H.O.W. COMPULSIVE EATERS – SPANISH

Ages 18+ years **Fee: FREE**
On-Going session **Location: Girls Club House-Rm. A**

This class is conducted in Spanish. The program uses the principles of the 12 step program used in AA.

Monday.....9:00 - 11:00 am

COVID-19 PROGRAM GUIDELINES:

All programs will follow current LA County and CDC COVID-19 Guidelines

- Please practice social distancing of at least 6 feet at all times.
- Participants may be required to wear an appropriate face mask that covers the nose and the mouth at all times during practice, conditioning, play and competition, even during heavy exertion as tolerated to protect the safety of all participants. This applies to all adults and to children 2 years of age and older.
- Only student/staff allowed in class area.
- Restrooms inside our facilities are for participants ONLY.

*Please note that all programs and locations are subject to change at any time based on COVID - 19 guidelines.



^MEXICAN FOLK DANCE FOR TODDLERS

Boys & Girls Ages 3-5 years Fee: \$55
 9 weeks session Location: Auditorium

Your little ones will enjoy learning a traditional dance from all the regions of Mexico. A dance costume will be required for the recital at the end of the nine week session. Instructor for this class will be Vanessa Diaz.

Ages 3 - 4 yearsTuesday / 4:30 - 5:00 pm
 Ages 4 - 5 yearsTuesday / 5:00 - 5:30 pm

^MEXICAN FOLK DANCE FOR YOUTHS

Boys & Girls Fee: \$55
 9 weeks session Location: Girls Club House

Learn all types of traditional dances from all the different regions of Mexico. A dance routine will be learned during the nine week session and costume attire will be required for the recital. Instructor for these classes will be Mary Lastra.

Ages 6-8 years.....Wednesday / 5:00 - 5:45 pm
 Ages 8-11 years.....Wednesday / 5:45 - 6:30 pm
 (8 yrs must have prior experience)
 Ages 12 + years.....Wednesday / 6:30 - 7:15 pm
 Ages 12+ years Advanced...Wednesday/ 7:15 - 8:00 pm

PIANO LESSONS

Boys & Girls Fee: \$55 (6-12 years)/\$65 (13+ years)
 9 weeks session Location: Girls Club House Room C

This class will teach you the proper posture to have, finger techniques, musicianship, and how to read music notes. All levels are welcome. The instructor for this class will be Raul Alcantara.

Ages 7-12 years.....Thursday.....6:00 - 6:45 pm
 Ages 13+ years.....Thursday.....7:00 - 7:45 pm

^RHYTHM AND MOVEMENT

Boys & Girls Ages 18 months - 2 years Fee: \$55
 9 weeks session Location: Girls Club House

Your child will learn basic motor skills, as well as coordination, balance, crawling and exploring all through music. Instructor for this class will be Crystal Betancourt.

Monday.....4:30 - 5:00 pm

^TAP - YOUTH CLASS

Boys & Girls Ages 6-12 years Fee: \$55
 9 weeks session Location: Girls Club House

Learn how to focus on technique and fun tap dance moves. Your little ones will develop flexibility and timing. **Please Note: Tap shoes are required by the second class.** The instructor for this class will be Crystal Betancourt.

Tuesday.....6:00 - 6:45 pm

^TINY TAPPERS - YOUTH CLASS

Boys & Girls Ages 3-5 years Fee: \$55
 9 weeks session Location: Girls Club House

Introduction to tap dance. Your Tiny tapper will learn a fun dance routine while learning basic tap steps. **Please Note: Tap shoes are required by the second class.** Instructor for this class will be Crystal Betancourt.

Tuesday.....5:30 - 6:00 pm

^TINY TUMBLERS

Boys & Girls Ages 3-5 years Fee: \$55
 9 weeks session Location: Girls Club House

Your little one will learn how to do many tumbling movements. Your child will become more flexible and stronger with each class. Instructor for this class will be Crystal Betancourt.

Monday.....5:00 - 5:30 pm

^TUMBLING CLASS

Boys & Girls Ages 6-12 years Fee: \$55
 9 weeks session Location: Girls Club House

Your child will learn the basics of gymnastics. This class is designed to improve your child's coordination and introduce them to flexible movements. Instructor for this class is Crystal Betancourt.

Monday.....5:30 - 6:15 pm

PRESCHOOL PROGRAMS

Registration Information: Onsite registration only. Must have birth certificate if this is the first time registering for the program. Child must keep a face mask on at all times during class. Child must be mature enough to remain in class by themselves.

TOT TIME

Boys & Girls Ages 3-5 years Fee: \$92
 9 weeks session Location: Girls Club House

Children will learn primary numbers, colors, shapes and the alphabet. Children will also learn to follow directions and socialize with other children through games, songs, puzzles and crafts.

NO DIAPERS/PULL UPS ALLOWED IN CLASS. CHILD MUST BE POTTY TRAINED. SPACE IS LIMITED IN EACH CLASS.

Monday & Wednesday
 9:00 am - 11:00 am

Tuesday & Thursday
 9:00 am - 11:00 am

Monday & Wednesday
 12:00 pm - 2:00 pm

Tuesday & Thursday
 12:00 pm - 2:00 pm

TINY TWO'S

Boys & Girls 2 years old Fee: \$82
 9 weeks session Location: Girls Club House

It's never too early to introduce your child to a school-like environment. This nine week session will encourage your 2 year old how to group socialization and participation in story telling, games, action songs, music, and crafts. Birth certificate for each child you register is required. On site registration only.

Parent involvement is required during class time.

One adult per child allowed in class.

Classes are cancelled on January 20 and February 17 due to observed holidays.

Monday & Wednesday
 10:00 am - 11:30 am

Tuesday & Thursday
 10:00 am - 11:30 am

Esta clase ha sido diseñada para niños de 2 años de edad. La clase les enseñara a convivir con otros niños de su edad antes de que comiencen la escuela. Les enseñaran canciones, juegos, y otras actividades. Este curso es de 9 semanas. Solo un adulto presente durante la clase es permitido. Para poder registrar a su hijo para esta clase debe ir personalmente a la oficina del Girls Club House.





INTRODUCTION TO JEWELRY MAKING

Ages 13+
5 week session

Fee: \$45 + \$10 supplies
Location: South Gate Art Gallery

Join local artist and maker Melina Aguilar (aka City Champ) for an introductory course to jewelry-making. In this course you will work with a range of materials and learn different techniques, with each class focusing on a new project. Topics that will be covered in the course include: using recycled materials, beadwork, transforming found objects into wearable jewelry, feltwork, resin, shrinky dink, pom-poms and mixed media work. The supplies fee will cover tools and materials (provided for each class) and students can expect to walk away with five jewelry pieces.

Saturday.....10:30 am - 11:30 am
Class Begins.....February 12



ART FUNDAMENTALS WITH OIL PAINTING

Ages 18+
5 week session

Fee: \$45 + \$ 45 supplies
Location: South Gate Art Gallery

Join local artist Alicia Salazar for a course that will teach art fundamentals through oil painting. The course will begin by introducing students to basic techniques in drawing, perspective and shading before moving into painting techniques such as color mixing and still-life rendering.

Wednesday.....11:00 am - 2:30 pm
Class Begins.....February 2



STILL LIFE DRAWING

Ages 12+ years
5 week session

Fee: \$45, +\$10 for supplies
Location: South Gate Art Gallery

In this course we will be using charcoal and graphite to practice drawing a still life scene. We will introduce the ideas of contour, cross contour, and directional light to break down still life drawing into simple steps that anyone can follow. This is a great class for both artists who are getting started with life drawing and artists who already have some experience.

Thursday.....5:30 pm - 6:30 pm
Class Begins.....February 2

COVID-19 PROGRAM GUIDELINES:

All programs will follow current LA County and CDC COVID-19 Guidelines

- Participants may be required to wear an appropriate face mask that covers the nose and the mouth at all times during the program. This applies to all adults and to children 2 years of age and older.
- All equipment sanitized by staff after every class.
- Only student/staff allowed in class area.

***Please note that all programs and locations are subject to change at any time based on COVID -19 guidelines**



SELA YOUTH ART ACADEMY

Ages 14-18 years
8 week session

Fee: FREE*
Location: South Gate Art Gallery

Make art while learning about your community! This hybrid program features a series of guest speakers that address a range of topics including: urban design, community-based art, food justice and archives. Led by local artist Felix Quintana, weekly virtual guest speaker sessions will be complemented by a hands-on art making activity at the South Gate Gallery. Students will create a collaborative zine based on issues important to them and incorporating techniques learned throughout the course. Final session will be a zine launch open to students, their families and friends. Scan QR code for application.

Please email: mkuchek@sogate.org or call (323)563-5478 with questions.

***This program is made possible through the generous support of the Commission for South Gate Youth and 5211 Southern Avenue, LLC.**

Tuesday (in person).....5:30 pm - 6:30 pm
Wednesday (virtual).....5:30 pm - 6:30 pm
Class Begins.....January 18



Scan QR code for the SELA Youth Art Academy application



THE ART OF CARTOONING

Ages 9-12 years
4 week session

Fee: \$75 + 10 for supplies
Location: South Gate Art Gallery

Learn how to draw cartoon faces using just a marker and ink tip techniques. Designed for beginners, you'll learn the alphabet of eyes, noses, mouths, shapes, and various line weights in order to draw your subjects live!

Monday & Tuesday.....4:00 pm - 4:45 pm
Class Begins.....February 7



Mike Gallegos, Barbería, 2021

Cuídate / Take care of yourself

On view January 29, 2022 - March 26, 2022
at the South Gate Art Gallery - 8680 California Avenue

Gallery Public Hours:
Saturdays
12pm - 4pm
starting January 29, 2022

If you can't make it during Gallery Public Hours book an appointment!
Call (323) 357-5838 or email euribe@sogate.org to make an appointment.

This exhibition is supported, in part, by the Los Angeles County Board of Supervisors through the Department of Arts and Culture.



JOIN US TO CELEBRATE THE OPENING OF **Cuídate / Take Care of Yourself**



Evelyn Menjivar, *Processing the emotions of isolation*, 2021

Saturday, January 29 | 1pm - 4pm
South Gate Art Gallery - 8680 California Ave

Free | All are Welcome | Sound Bath
Free Art Workshops | Local Vendors

Explore our winter exhibit *Cuídate/Take Care of Yourself* with free workshops by Budding Artists

Photography Workshop with Budding Artist
Artist of Focus: Carrie Mae Weems
Saturday, February 5.....11am - 12 pm
Ages: 3-5.....Location: South Gate Art Gallery

Photography Workshop with Budding Artist
Artist of Focus: Marcio Sanchez
Saturday, March 19.....11am - 12 pm
Age: 3-5.....Location: South Gate Art Gallery



Young artists will use point and shoot cameras to document their gallery and nature exploration as an introduction to therapeutic photography. Participants will learn about the basic science and physics of photography.

For more information and to sign up, please contact: info@buddingartists.org

* Workshops are made possible with support from artist Victor Solomon, Las Fotos Project, and the California Arts Council.



Additional free public programs will be announced in 2022.
Follow us on Instagram @southgatemuseum to stay informed.

VOLUNTEER WITH US!

Are you interested in art and local history? Do you have ideas about arts and humanities programs that you'd like to see in South Gate? Get involved by being a volunteer! Contact Marissa Gonzalez-Kuchek at mkuchek@sogate.org or call (323) 563-5478 for details.

PAR 3 GOLF COURSE

DISC GOLF

(323) 357-9658 • 9615 PINEHURST AVE.

The South Gate 9 - Hole Par 3 Golf Course is located 1 block west of Atlantic Boulevard, on Pinehurst Avenue, between Southern Avenue & Tweedy Boulevard

HOURS OF OPERATION

Monday - Sunday.....8:00 am - 4:00 pm
Last Tee Time is 3pm

GREEN FEES	WEEKDAY	WEEKEND
YOUTH	\$6	\$7
ADULT	\$7	\$9
SENIOR/DISABLE	\$6	\$7
MILITARY	\$6	\$7

Double Play Tuesdays

Buy one round of golf and get the second round for FREE!

CLUBHOUSE AMENITIES

The Golf Course has a snack bar and a driving range. Come relax with a round or two!

SENIOR DISCOUNTS

All seniors can play for \$2.50 every Thursday and Friday.

SENIOR GOLF CARD

Seniors can purchase this card for \$35 and have access to 10 rounds of golf during the week.

GOLF TOURNAMENTS

VALENTINE'S DAY

Saturday, February 12, 2022
Start time: 8:00 am
Fee: \$10.00 per person

ST. PATRICK'S DAY

Saturday, March 19, 2022
Start time: 8:00 am
Fee: \$10.00 per person

COVID-19 PROGRAM GUIDELINES:

All City facilities will follow current LA County and CDC COVID-19 Guidelines

- All participants will be subject to health assessments for possible COVID-19 symptoms upon arrival to park facilities.
- Please practice social distancing of at least 6 feet at all times.
- Participants may be required to wear an appropriate face mask that covers the nose and the mouth at all times during practice, conditioning, play and competition, even during heavy exertion as tolerated to protect the safety of all participants. This applies to all adults and to children 2 years of age and older.
- All equipment is sanitized by staff after every use.
- Groups cannot be larger than 6.
- Driving range is open.
- All transactions will take place through the Starter Shack window.

*Please note that all programs and locations are subject to change at any time based on COVID-19 guidelines.



PATRICIA G. MITCHELL SWIM STADIUM

(323) 563-5446 • 9520 HILDRETH AVE.

POOL SCHEDULE

January 3 - February 27, 2022

Organized programs have priority over the use of the pool. We apologize for any inconvenience.

PUBLIC SWIM HOURS*

Monday - Thursday
3:00 pm - 4:30 pm
7:15 pm - 8:30 pm

Friday
3:00 pm - 4:30 pm

Saturday - Sunday
2:00 pm - 4:00 pm

ADULT SWIM HOURS*

Monday - Thursday
8:00 am - 11:00 am
11:30 am - 1:00 pm
2:00 pm - 3:00 pm

Friday
11:30 am - 1:00 pm
2:00 pm - 3:00 pm

Saturday - Sunday
12:00 pm - 2:00 pm

LAP SWIM HOURS*

Lap swimming is available in a designated area during all open swim sessions for Adults Only unless given permission by supervising staff. Please make inquiries in pool office.

Monday - Friday
5:00 pm - 7:00 pm

* Due to Covid-19 regulations pool hours are subject to change without notice.

HOLIDAY CLOSURES

Winter Break - December 24, 2021 - January 2, 2022
Martin Luther King Jr. Day - January 17, 2022
President's Day - February 21, 2022

POOL ENTRANCE FEES

4 YRS & UNDER	FREE
5 - 17 YRS	\$3
18 YRS +	\$4
SENIORS (62 YRS+)	\$3
DISABLED	\$3
MILITARY	\$3

POOL REGULATIONS

- The Supervising Lifeguard on duty has the final say in all Health & Safety matters.
- One child under 8 years of age and 48" tall per adult 18+ in the water at a time.
- All swimmers must wear a proper swim suit. NO BASKETBALL SHORTS or EXERCISE CLOTHES ALLOWED.
- The staff is not responsible for lost or stolen personal items, so if in doubt, PLEASE DO NOT BRING THEM.
- Water diapers for infants are REQUIRED.
- Children 5 years old or older MAY NOT walk through the opposite gender's locker room. Please ask staff for assistance.

LEARN-TO-SWIM PROGRAMS

Learning how to swim can save your life and the lives of your friends and loved ones. That is why our Aquatic Staff is eager to teach you and your little ones how to swim and be safe around the water.

Swim lessons are progressive in nature, so the new classes available during registration change per session, based on the successful completion of the students in the previous session. Pre-test is available upon request. Please bring child and swim suit with you before registration during open hours.

SWIM LESSONS:

Our group, semi-private and private swim lessons for youth and adults will resume Spring 2022.

Registration will be held on Saturday, February 26, 2022 at 9:00 am online or in person.

PRE-COMPETITIVE SWIM CLASS

This class is designed to preserve the work you've put in, and build upon what you've learned in the American Red Cross swim class. Levels 4-6 are invited to register. Pre-test also available. Expect to improve your stroke technique while building endurance to swim faster. **Swim class will be taught in the deep end of the pool.**

Registration Dates.....December 8, January 26
 Class Begins.....January 3, January 31
 Ages.....6-17
 Day.....Monday/Wednesday
 Time.....7:00 - 7:55 pm
 Fees.....\$60

8TH ANNUAL SWIM CLINIC

Looking to join your high school's swim and/or water polo team? Are you a current swimmer and want to learn how to improve your technique, endurance, and speed? Then join our 8th annual stroke clinic! All four competitive strokes will be covered, plus starts and turns! Taught by instructors with 20+ years of combined competitive swimming, coaching and teaching experience. For more information, please call the Patricia G. Mitchell Swim Stadium at (323) 563-5446.

ADULT AND PEDIATRIC CPR/FIRST AID AED

The Adult and Pediatric CPR/AED course incorporates the latest science and teaches students how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult and Pediatric CPR/AED valid for two years.

This is a blended learning class and requires proof of online content completion to attend the in-class portion. You will do the Skills Demonstration and Skills test in class AFTER doing the online portion.

Please call the Patricia G. Mitchell Swim Stadium for more information at (323) 563-5446.

SWIM LESSON SKILLS

Parent & Child - Baby Beluga

- Introduces basic skills to parents and children. Parents are taught how to safely work with their child in the water. This includes: appropriate supporting/holding their child in the water, preparing and encouraging their child to participate fully in each skill. Children are introduced to basic skills that lay a foundation to help them learn to swim.

Tiny Tot 1 - Starfish

- Introduces the most elementary aquatic skills, which participants continue to build on as they progress through the Preschool Aquatics and Learn-to-Swim levels. At this first level, children are encouraged to develop good attitudes and safe practices around the water.

Tiny Tot 2 - Jellyfish

- Most skills in this level are performed with assistance. This level marks the beginning of independent aquatic locomotion skills. Participants continue to explore using simultaneous and alternating arm and leg actions on the front and back to gain more proficiency for future strokes.

Tiny Tot 3 - Sea Otter

- Skills in this level are performed independently. Participants learn to improve coordination of combined simultaneous arm and leg actions; and alternating arm and leg action.

Tiny Tot 4 - Seahorse

- This level builds on the skills taught in level 3 and introduces more advanced skills based on the child's ability.

Level 1 - Crab

Introduction to Water Skills

- Participants will be taught the basic personal water safety information and skills, to help participants feel comfortable in the water and to enjoy the water safely.

Level 2 - Octopus

Fundamental Aquatic Skills

- Participants are taught to float without support and to recover to a vertical position. This level marks the beginning of true locomotion skills. Participants further develop simultaneous arm and leg actions; and alternating arm and leg action on the front and back that lay the foundation for future strokes.

Level 3 - Sea Turtle

Stroke Development

- Participants are taught to swim the front crawl, elementary backstroke, scissor kick, dolphin kick, and how to tread water. Participants will also be taught the rules to entering the water headfirst in 9 feet deep of water.

Level 4 - Dolphin

Stroke Improvement

- Participants are taught how to improve their skills and increase their endurance by swimming already learned strokes for greater distances. Participants are also taught how to back crawl, breaststroke, butterfly and the basics of turning at a wall.

Level 5 - Sting Ray

Stroke Refinement

- Participants are taught how to refine their performance of all the strokes (Front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke) and increase their distance. Students are also taught the proper way to change directions while swimming.

Level 6 - Shark

Swimming & Skill Proficiency

- Participants continue to refine their strokes as they are taught to swim with more ease, efficiency, power, smoothness and over greater distances. They will be introduced to other aquatic activities in the areas of Personal Water Safety, Fundamentals of Diving, and Fitness Swimming. These activities should prepare them for more advanced water related programs like lifeguarding, competitive swimming, water polo, diving, and synchronized swimming.



SENIORCISE

Ages: 55+

Fee: \$3 per class

Our Senior Water Exercise program offers a stress-free time to swim, improve health and fitness, and socialize with others while enjoying the benefits of our heated indoor pool. This shallow water, low-impact class is paced for seniors and designed to promote joint flexibility, range of motion, and agility while building cardiovascular Fitness and muscle strength.

Class day.....Monday/Wednesday

Class time.....11:30 am - 12:15 pm

AQUA AEROBICS

Ages 18+

Fee: \$5 per class

Ladies, gently shed a few dress sizes without having to feel the sweat run down your shirt. Gentleman, lose a few pounds, tone and lean out your muscles at the same time without the injury causing impact that you would normally experience during a land workout.

Tuesday & Thursday.....7:45 pm - 8:30 pm

MASTER SWIM

Ages: 18+

Fee: \$5 per class

Whether you're a triathlete, open water swimmer or just want to maintain fitness or brush up on stroke technique, we got you covered! Masters Swimming is designed for adults, 18 years and over. Ability to swim 100 yards of free and backstroke as well as knowledge of breaststroke and butterfly is suggested.

Class day.....Monday/Wednesday

Class time range between.....7:45 pm - 8:30 pm

SWIM STADIUM MEMBERSHIPS

All memberships must be paid with a debit card unless 6 months or 1 year are paid in advanced. For more information, please call the Patricia G. Mitchell Swim Stadium at (323) 563-5446.

SPLASH

Public Swim/Lap Swim/Adult Swim/Showers

Family - \$30 per month
 Adults - \$15 per month
 Youth/Teens/Seniors/Military/Disabled - \$10 per month

SPORTS & SPLASH

Everything included with Sports membership and Access Pool for Public, Adult & Lap Swim

Family - \$40 per month
 Adults - \$20 per month
 Youth/Teens/Seniors/Military/Disabled - \$15 per month

PREMIER

Everything included with Fitness, Sports & Splash

Family - \$70 per month
 Adults - \$30 per month
 Youth/Teens/Seniors/Military/Disabled - \$25 per month

LIFEGUARDING CLASS



This class will be offered to all swimmers who wish to become professional lifeguards. Participants must be at least 15 years old by the last day of class.

Prequalification swim test is required.

Call the Patricia G. Mitchell Swim Stadium for more information at (323) 563-5446.

POOL RENTAL INFORMATION

Pool rentals are fun for any occasion. We rent out the Pool for baptisms, business parties, swim meets, water polo tournaments and more. The Patricia G. Mitchell Swim Stadium is an indoor, Olympic-size heated swimming pool with an enclosed large patio for dining, music and extra seating. Rentals are taken on a first come, first paid basis and can't be made less than 14 days before the event.

Non-profit basic rate (private party): \$157 an hour for 150 guests (Includes: whole pool, 3 lifeguards and use of the patio). Please call for pricing on commercial use. There is a cancellation fee for all rentals.

SPORTS/FITNESS CENTER



DAILY RATES	
ADULTS (18+)	\$4
TEENS (13 - 17)	\$3
SENIORS (62+)	\$3
MILITARY	\$3
DISABLED	\$3
YOUTH (5 - 12)	\$3
FITNESS - ADULT (18+)	\$6
FITNESS - TEENS (15 - 17), SENIORS, MILITARY, DISABLED	\$5

(323) 563-5445 • 9520 HILDRETH AVE.

HOURS OF OPERATION
 Monday - Friday.....8:00 am - 8:45 pm
 Saturday.....9:00 am - 4:45pm
 Sunday.....Closed

The premier destination for health and fitness in the City of South Gate



SKATE PARK

The South Gate Skate Park welcomes skateboards, and bikes. It features a gnarly street section with big rails, stairs and drops. At the back of the park is a fun bowl with hips and mounds. While using the skate park, participants are required by City ordinance to wear proper protective equipment.

Skate Park Hours :

(November 8 - December 31)

Monday - Friday 10:00 am - 4:00 pm
 Saturday..... 10:00 am - 4:00 pm
 SundayClosed

COVID-19 PROGRAM GUIDELINES:

All City facilities will follow current LA County and CDC COVID-19 Guidelines

- Parents and participants will be subject to health assessments for possible COVID-19 symptoms upon arrival to park facilities.
- Please practice social distancing of at least 6 feet at all times.
- Participants may be required to wear an appropriate face mask that covers the nose and the mouth at all times during practice, conditioning, play and competition, even during heavy exertion as tolerated to protect the safety of all participants. This applies to all adults and to children 2 years of age and older.
- Classes may be held indoors or outdoors.
- All equipment sanitized by staff after every class.
- Only student / staff allowed in class area.
- Restrooms inside our facilities are for participants ONLY.

*Please note that all programs and locations are subject to change at any time based on COVID-19 guidelines.

BIGGEST LOSER CHALLENGE IS BACK!

Join our 12 week program that is aimed to help you burn fat, tone muscle and reach your desired fitness goals! The program will include nutritional tips, resistance training sessions & exclusive access to Biggest Loser Group Workouts.

REGISTRATION OPENS DECEMBER 13
PROGRAM BEGINS JANUARY 17, 2022



Soccer Open Play

Location: GOALS Soccer Center

The Parks & Recreation Department will be offering FREE Open Playing soccer for adults at Goals Soccer Center. As part of the City's agreement with Goals, the Department is able to provide RESIDENTS ONLY with this great opportunity to play soccer in the premier 5 vs. 5 facility in the county. Residents will be required to check in at the Goals Soccer Center and show proof that they live in South Gate. Open play will be on two of the soccer complex's fields for an hour and a half each day. Residents will be able to register to play up to 30 minutes before the start of each play period. Daily registration will be limited to the first 30 adults.

Days: Monday, Wednesday, Friday

Time: 5:30 pm - 8:00 pm

Fee: Free

MONTHLY MEMBERSHIP PLANS

PREMIER	FITNESS (SPLASH add-on option)	SPORTS & SPLASH	SPORTS (SPLASH add-on option)
Everything included with Fitness, Sports & Splash	Basketball, Volleyball, Racquetball, Weight Rooms & Group Exercise	Everything included with Sports membership and Access Pool for Public, Adult & Lap Swim	Basketball, Volleyball & Showers
Family: 2 adults & 3 kids \$70 per month	Family: 2 adults & 3 kids \$50 per month	Family: 2 adults & 3 kids \$40 per month	Family: 2 adults & 3 kids \$30 per month
Adults: 18 years & over \$30 per month	Adults: 18 years & over \$25 per month	Family: 2 adults & 3 kids \$20 per month	Adults: 18 years & over \$15 per month
Teens/Seniors/Military/Disabled: \$25 per month	Teens/Seniors/Military/Disabled: \$20 per month	Teens/Seniors/Military/Disabled: \$15 per month	Teens/Seniors/Military/Disabled: \$10 per month

Disclaimer: Membership does not provide priority access to the Sports Center facilities. Facilities could be subject to closure due to Holidays, Special Events, and Health/Safety concerns. Non-compliance of facility rules and regulations could result in forfeiture of membership.

Membership Payment Policy:

In order to sign-up for a monthly membership a credit or debit card must be on file. Dues will automatically be deducted from your account on a month to month basis with no contract. All major credit/debit cards are accepted (Visa, MasterCard and Discover). If paying with cash, 6 months in advance is required. No month to month cash option.

****SPLASH ADD-ON OPTION - \$5 extra per month.****

Can only be added to individual monthly memberships. Pool Access To: Public Swim, Adult Swim and Lap Swim.

For more information please contact the Sports Center at (323) 563-5445.

GROUP EXERCISE CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Boot Camp Sports Center 8:15am-9am	Over Easy (Seniors) Bandstand 10am-11am	Boot Camp Sports Center 8:15am-9am	Over Easy (Seniors) Bandstand 10am-11am	Evening Boot Camp Sports Center 6pm-6:50pm	
Step Aerobics Tennis Courts 8:10am-9am	Fun & Fit Sports Center 5pm-5:50pm	Step Aerobics Tennis Courts 8:10am-9am	Fun & Fit Sports Center 5pm-5:50pm		
Virtual Yoga Via Zoom 8:15am-9am	Tone It Up Sports Center 6pm-6:50pm	Virtual Yoga Via Zoom 8:15am-9am	Tone It Up Sports Center 6pm-6:50pm		
Yoga Sports Center 9:15am-10am		Yoga Sports Center 9:15am-10am			Morning Zumba Sports Center 9:30am-10:20am
Boot Camp Sports Center 5pm-5:50pm		Boot Camp Sports Center 5pm-5:50pm			Boot Camp Sports Center 10:30-11:20am

For more info contact the South Gate Sports Center at (323) 563-5445

All group exercise class times and locations are subject to change due to COVID-19 restrictions.

Daily Rate:
\$6 - Adult
\$5 - Teen, Senior, Military, Disabled

Mask Required
First come, first serve.
Space is limited.

COMMIT TO A BETTER YOU!

BOOT CAMP

This group exercise class combines body weight and resistance training exercises for short periods of time with minimal to no rest. Burn calories, fat, and tone your body while performing a variety of exercises. The high intensity interval training will help maximize your effort at blasting all the calories away. Challenge yourself!!

Fun & Fit

This class will incorporate fun ways to burn calories. From Caveman throws and agility competitions to relay races; let make sweating fun!

OVER EASY EXERCISES

This class has been especially designed for those who suffer from many ailments that attack the body. No registration needed. Instructor for this class is Beatriz Rodriguez.

YOGA

Do you want to develop a strong core, more flexibility, and improve your coordination and balance? Then yoga is just for you. Yoga is a conditioning routine that will strengthen your abdominals, hips, and lower back. It will also help you build muscular endurance in your legs. The blueprint for a stronger core and more flexibility is here in yoga.

YOUTH FITNESS

New and exciting class designed to increase fitness levels in youth. Youth ages 5-14 will learn basic fundamental bodyweight movements for strength building and cardiovascular endurance. Class is led by a Certified Personal Trainer.

ZUMBA

Do you want to have fun burning off the calories? Then this is the class for you! Dancing off the calories to the hottest Latin beats.

EXCLUSIVELY FOR FITNESS & PREMIER MEMBERS



PRIVATE
(1 on 1)

Receive undivided attention from one of Our Certified Personal Trainers.

1 SESSION	\$27
4 SESSIONS	\$110
8 SESSIONS	\$203
12 SESSIONS	\$265

SEMI-PRIVATE
(2-3 people)

Don't ditch your gym partner! Choose personal training sessions with friends.

4 SESSIONS	\$66
8 SESSIONS	\$124
12 SESSIONS	\$159
16 SESSIONS	\$176

Prices per person

YOU CAN HAVE RESULTS, OR YOU CAN HAVE EXCUSES. YOU CAN'T HAVE BOTH!

It's time to get fit and in shape! Choose from our Semi-Private Training and train with a friend, or select Private Training for a more personal approach. Training sessions are 45 minutes in duration and will consist of any combination of functional movements, cardiovascular exercises, resistance training and aquatic exercises.

MARGARET TRAVIS SENIOR CENTER



4855 TWEEDY BLVD.
(323) 357-9662

The Senior Center office will open January 10, 2022, with staff on site. For more information please call (323) 357-9662.

Holiday Closures:
 Winter Break.....December 24, 2021 - January 2, 2022
 Martin Luther King Jr. Day.....January 17, 2022
 President's Day.....February 21, 2022

Office Hours:
 Monday - Thursday.....8:00 am - 5:00 pm
 Friday.....8:00 am - 3:00 pm
 Saturday - Sunday.....Closed

H.S.A. SENIOR LUNCH PROGRAM
 Come enjoy a hot and hearty meal starting **January 10**, Monday - Friday, **space will be limited**, please plan to arrive between 9:30 - 10:30 am. For more information call Site Manager (323) 563-5353.

Suggested donation 60+ yrs.....\$2.25
 Fee for people under 60 yrs.....\$4.50

MEALS ON WHEELS - FOOD SERVICE
 For information on how to receive meals delivered to your home, please contact the Meals on Wheels organization at (562) 806-5400.

ACTIVITIES BEGIN WEEK OF JANUARY 10, 2022
COVID-19 REGULATIONS: FACE MASKS ARE REQUIRED AT ALL TIMES WHILE YOU ARE INSIDE THE FACILITY, LIMITED SPACE AVAILABLE FOR EACH ACTIVITY.

ACTIVITY	DAY	TIME
BINGO	MONDAY	1:00PM - 3:00PM
^THAI CHI	THURSDAY	10:00AM - 11:00AM
BLUE JAYS	FRIDAY	1:00PM - 3:00PM

36 Classes that are noted by ^ are currently not available due to County health regulations.

COMMUNITY EXCURSIONS

On-site & Online Trip Registration Begin: December 20, 2021

Registration is held at the Girls Club House office, Monday - Thursday from 8:30 am to 5:00 pm
ALL FEES ARE DUE AT THE TIME OF REGISTRATION

Please Note: All cancellations must be during our office business hours and there will be a \$10 administration fee per person. Refunds are only granted if spaces can be re-sold. All trips go, rain or shine, unless otherwise notified. Please arrive 10-15 minutes before scheduled departure and check-in at the office with trip escort. There is no grace period.

ALL DEPARTURES LEAVE FROM THE GIRLS CLUB HOUSE AS SCHEDULED (TRAFFIC/WEATHER PERMITTING).
NO REFUNDS FOR CANCELLATIONS OR "NO-SHOWS" THE DAY OF THE TRIP.

****FACE MASKS MUST BE WORN REGARDLESS OF VACCINATION STATUS****

FOR MORE INFORMATION PLEASE CONTACT THE MARGARET TRAVIS SENIOR CENTER AT (323) 357-9662 OR THE GIRLS CLUB HOUSE AT (323) 563-5447.



PAUMA CASINO - PAUMA VALLEY
 MUST BE 21 YEARS OF AGE OR OLDER. LUNCH IS ON YOUR OWN.
 Thursday, January 13.....Fee: \$20.00
 Departure: 7:00 am..... Return: 7:00 pm

SOLVANG - SOLVANG
 SHOPPING AND LUNCH ON YOUR OWN.
 Thursday, January 27.....Fee: \$20.00
 Departure: 7:00 am.....Return: 7:00 pm

PALA CASINO - PALA
 MUST BE 21 YEARS OF AGE OR OLDER. LUNCH IS ON YOUR OWN.
 Thursday, February 3.....Fee: \$20.00
 Departure: 7:00 am.....Return: 7:00 pm

PIRATES DINNER ADVENTURE - BUENA PARK
 DINNER & SHOW INCLUDED.
 Sunday, February 20.....Fee: \$50.00
 Departure: 1:00 pm.....Return: 5:00 pm

HARRAH'S CASINO - VALLEY CENTER
 MUST BE 21 YEARS OF AGE OR OLDER. LUNCH IS ON YOUR OWN.
 Thursday, March 10.....Fee: \$20.00
 Departure: 7:00 am.....Return: 7:00 pm

CABAZON OUTLETS - CABAZON
 SHOPPING AND LUNCH ON YOUR OWN.
 Friday, March 25.....Fee: \$10.00
 Departure: 9:00 am.....Return: 5:00 pm



PARKS & RECREATION ADMINISTRATION

OFFICE HOURS

Monday - Thursday.....7:30 am - 5:00 pm
 Friday - Sunday.....Closed

ROSE ARBOR RATES

This area can seat up to 110 guests for ceremonies. Set up for rose arbor is Chairs Only.
Fee.....\$179.00

The City of South Gate Parks and Recreation Department has two facilities for rental for special occasions or business trainings. All reservations are on a first come, first serve basis. **For information contact the Parks Administration office at (323) 563-5479 or visit our page at www.cityofsouthgate.org.**

ALCOHOLIC BEVERAGES ARE NOT ALLOWED in any of our facilities, and reservations must be made in person. All reception halls require a 4 hour minimum rental, payment of a refundable damage deposit, payment for an event monitor (if required), and payment of a set up fee (if required). All fees are subject to change without notice.

BANQUET ROOM RATES

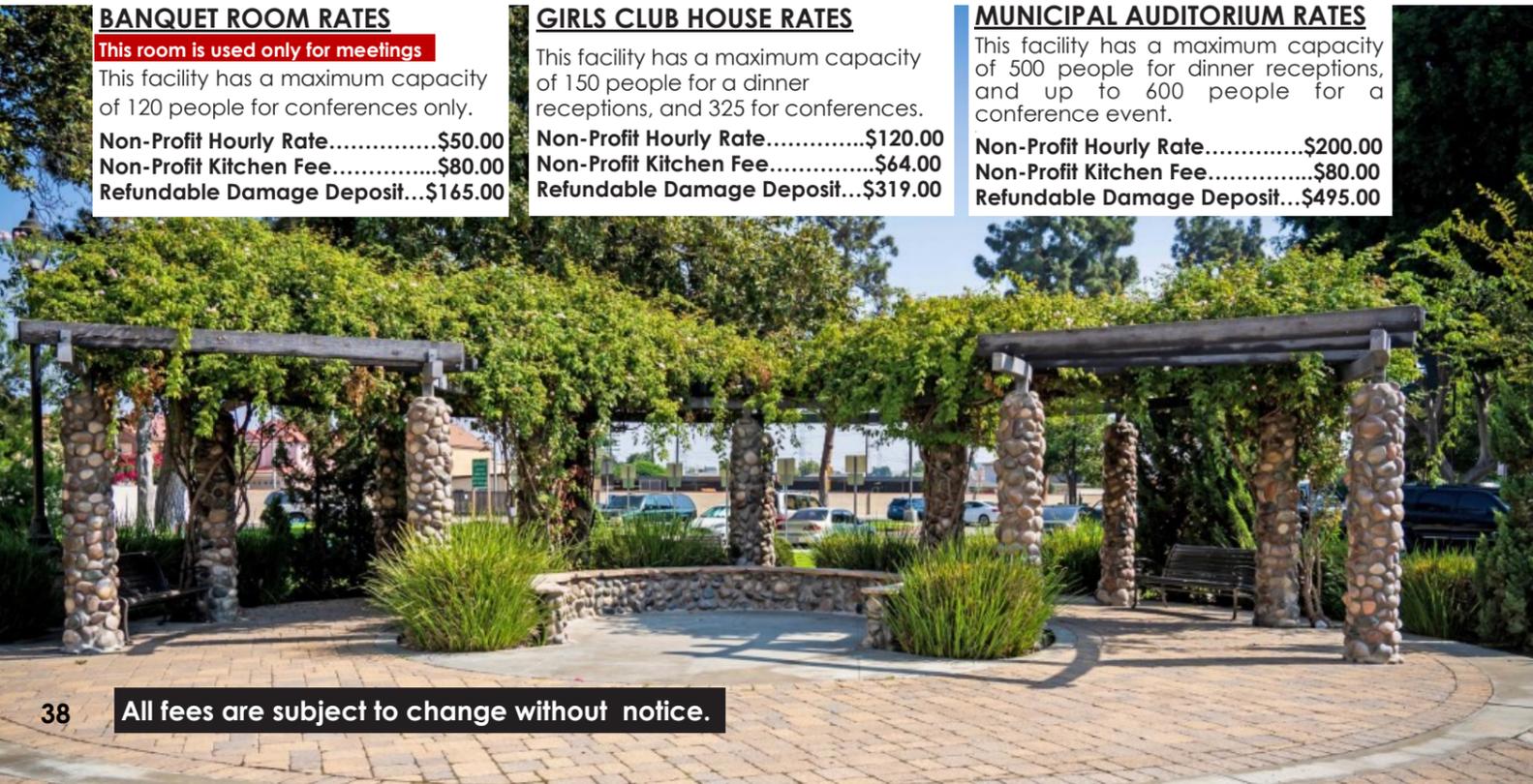
This room is used only for meetings
 This facility has a maximum capacity of 120 people for conferences only.
 Non-Profit Hourly Rate.....\$50.00
 Non-Profit Kitchen Fee.....\$80.00
 Refundable Damage Deposit...\$165.00

GIRLS CLUB HOUSE RATES

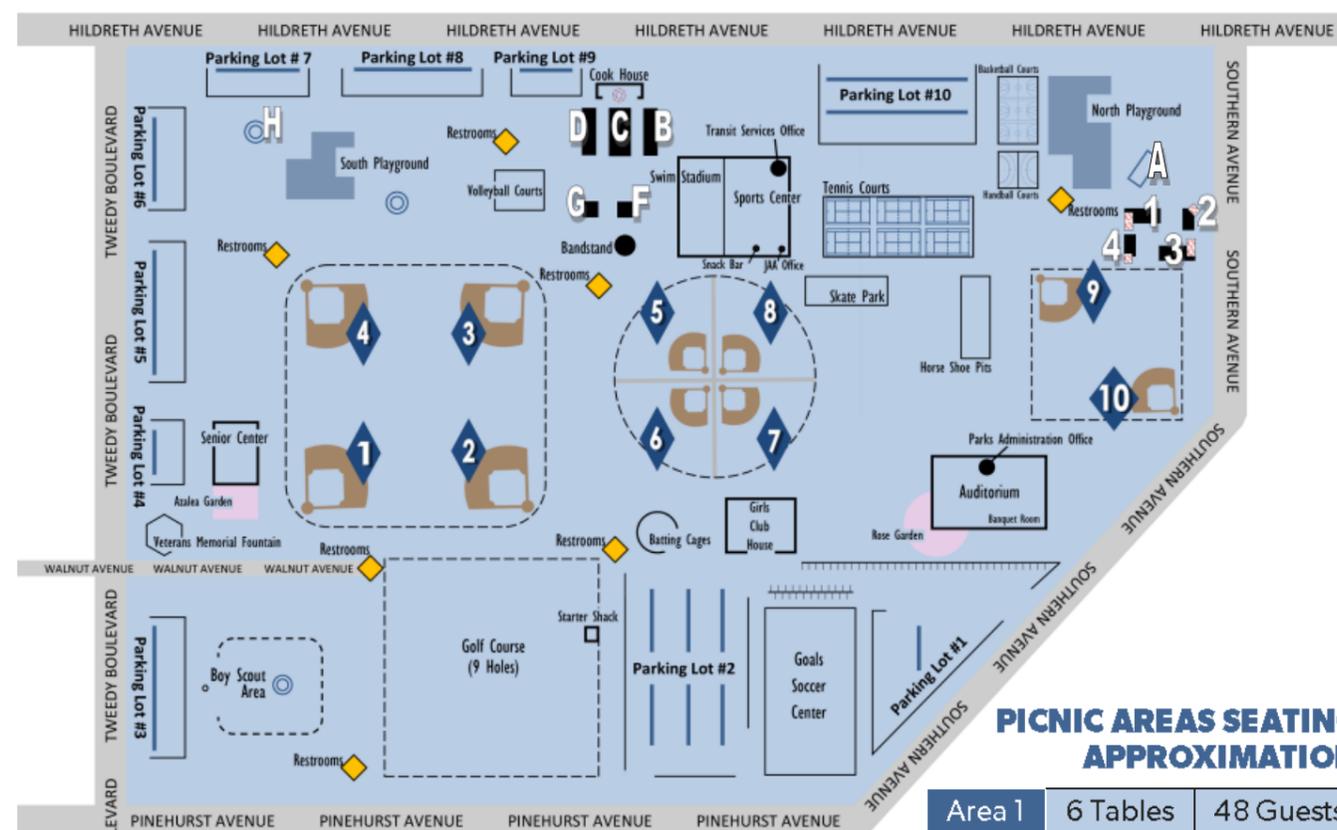
This facility has a maximum capacity of 150 people for a dinner receptions, and 325 for conferences.
 Non-Profit Hourly Rate.....\$120.00
 Non-Profit Kitchen Fee.....\$64.00
 Refundable Damage Deposit...\$319.00

MUNICIPAL AUDITORIUM RATES

This facility has a maximum capacity of 500 people for dinner receptions, and up to 600 people for a conference event.
 Non-Profit Hourly Rate.....\$200.00
 Non-Profit Kitchen Fee.....\$80.00
 Refundable Damage Deposit...\$495.00



All fees are subject to change without notice.



PICNIC AREAS SEATING APPROXIMATION

Area 1	6 Tables	48 Guests
Area 2	4 Tables	32 Guests
Area 3	6 Tables	48 Guests
Area 4	4 Tables	32 Guests
Area A	4 Tables	32 Guests
Area B	15 Tables	120 Guests
Area C	25 Tables	200 Guests
Area D	18 Tables	144 Guests
Area F	16 Tables	128 Guests
Area G	12 Tables	96 Guests
Area H	6 Tables	48 Guests

PICNIC AREA RESERVATION RATES

There are a total of ten picnic areas located throughout South Gate Park and one at Hollydale Regional Park available to the public to reserve. All reservations are on a first come first serve basis. Please contact our Parks Administration Office at (323) 563-5479 to check availability. All bookings must be made at least one week in advanced. Reservation fees are based on the amount of guests you will have in attendance. See group rates below. Contact the Administration Office for Commercial Rate information.

Non-Profit Group Permit Fees

(please contact our office for Commercial Rates):

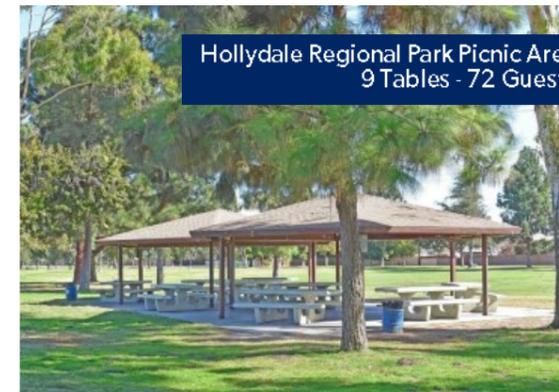
Group of 1-50.....	\$87.00
Group of 51-100.....	\$173.00
Group of 101-200.....	\$277.00
Group of 201-500.....	\$416.00
Group of 501+.....	\$831.00

BANDSTAND RATES

This fee will be based on your group size, see fees listed above.
 Refundable damage deposit..... \$165.00

COOK HOUSE RATE

Non-Profit Fee.....\$82.00
All fees are subject to change without notice.



Hollydale Regional Park Picnic Area
 9 Tables - 72 Guests

For Park Facility & Picnic Area Rentals contact the Park Administration Office at (323) 563-5479

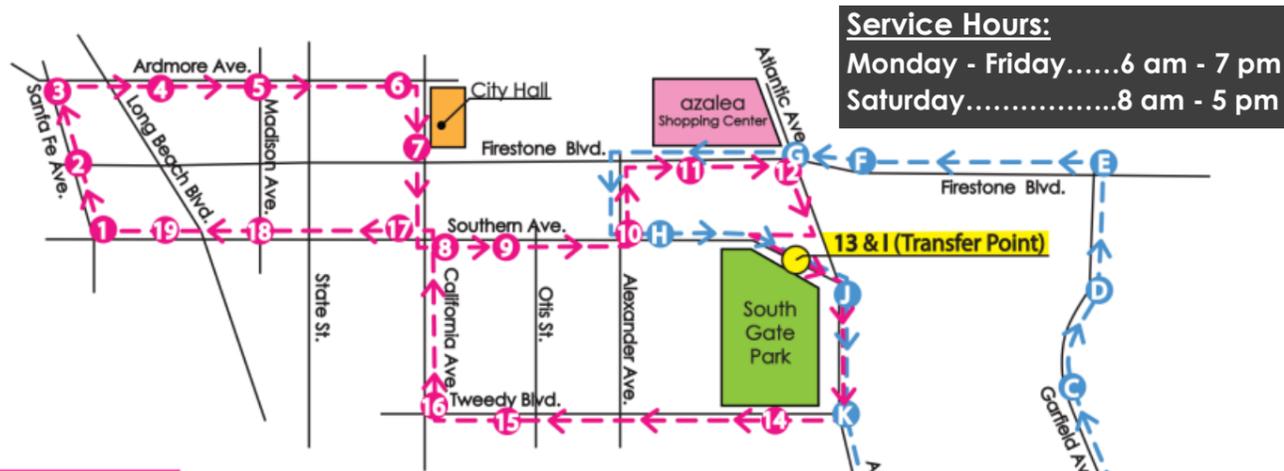
Baseball Field Rentals contact the Sports Center at (323) 563-5445
 Pool Rental information call the Patricia G. Mitchell Swim Stadium at (323) 563-5446
 Batting Cage usage information contact Goals Soccer Center at(323) 923-4650

THE GATE



(323) 563-5754 • 9520 HILDRETH AVE

GET AROUND TOWN EXPRESS



Service Hours:
 Monday - Friday.....6 am - 7 pm
 Saturday.....8 am - 5 pm

WESTSIDE ROUTE STOPS

- 1 Santa Fe @ Southern
- 2 Santa Fe @ Firestone
- 3 Santa Fe @ Ardmore
- 4 Ardmore @ Chestnut
- 5 Ardmore @ Madison
- 6 Ardmore @ Dearborn
- 7 California @ Firestone
- 8 Southern @ California
- 9 Southern @ San Vincente
- 10 Alexander @ Southern
- 11 Firestone @ Annetta
- 12 Atlantic @ Firestone
- 13 Southern @ South Gate Park
- 14 Tweedy @ Orange
- 15 Tweedy @ San Vincente
- 16 California @ Tweedy
- 17 Southern @ California
- 18 Southern @ Madison
- 19 Southern @ Stanford

EASTSIDE ROUTE STOPS

- A Garfield @ Main
- B Garfield @ Imperial
- C Garfield @ Karmont
- D Garfield @ Southern
- E Firestone @ Garfield
- F Firestone @ Rayo
- G Firestone @ Atlantic
- H Southern @ Hunt
- I Southern @ South Gate Park
- J Atlantic @ Southern
- K Atlantic @ Tweedy
- L Garfield @ Imperial
- M Garfield @ Gardendale
- N Main @ Garfield
- O Industrial @ Harding

Ride The GATE to work!
 Show your Employee I.D. and you ride for FREE!

Service Fees:
 50¢ per ride.
 Children 4 and under ride free.
 Transfers are available.
 Participants of our Phone-a-Ride program ride for free!

Service Provider is Global Paratransit, Inc.
 For route information, contact us at (323) 563-5754 or call them at (310) 715-7582.

TRANSPORTATION SERVICES

transit@sogate.org • 9520 Hildreth Avenue • (323) 563-5754

The City of South Gate offers an additional discount on TAP fares (Monthly Metro bus pass) to South Gate residents with Reduced Fare TAP cards.

Sales Hours

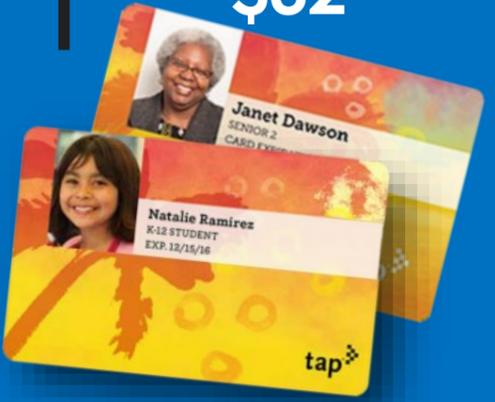
Monday - Friday.....12 - 6 PM
 Saturday - Sunday.....Closed

Senior/
 Disabled Tap
\$16

K-12
 Tap
\$17

College/
 Vocational Tap
\$32

South Gate residents must provide proof of residency at time of purchase (Utility bill, correspondence, report card, etc).



For more information contact Transit office at transit@sogate.org or call (323) 563-5754

Phone A Ride Service / Servicio de Phone A Ride

The City of South Gate offers its residents 62 years of age and older or who are permanently disabled a service that allows them to obtain transportation around the city for a minimal fee (there are exceptions to certain medical facilities outside the city). THIS SERVICE IS NOT PROVIDED FOR THOSE CAPABLE OF TRANSPORTING THEMSELVES OR FOR TRIPS TO AND FROM THEIR PLACE OF EMPLOYMENT OR SCHOOL.

Registration Information:

Registrant must present a valid I.D. and proof of residency (utility bill or mailed correspondence)
 Monday - Friday, 1 pm - 5:30 pm
 *No hand written documents accepted

Registration Fee.....\$10 per year
 Each trip.....\$1

La ciudad de South Gate ofrece a sus residentes de 62 años de edad o más o que están incapacitados, un servicio especial que los ayuda a obtener transportación dentro de la ciudad a un precio reducido. ESTE SERVICIO NO ESTA DISEÑADO PARA LOS QUE PUEDEN MOVILIZARSE POR SI MISMO, NI PARA VIAJAR A LUGAR DE EMPLEO O A LA ESCUELA.

Como Inscribirse:

Individuos registrándose deben presentar su I.D. vigente, y comprobante de domicilio (recibo de gas, luz, o agua)
 Lunes a Viernes de 1 pm a 5:30 pm
 *No aceptamos documentos escritos a mano.

Cuota de Inscripción.....\$10 por año
 Cada viaje.....\$1

PROGRAMAS DEPORTIVOS

9520 Hildreth Avenue • (323) 563-5445

▲ CLASES DE BALONCESTO PARA PEQUEÑOS \$47

Niños y Niñas 9 semanas
Estas clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre si para poner en practica lo aprendido.

5-6 años.....Lunes.....5:00 pm - 5:45 pm
7-8 años.....Lunes.....6:00 pm - 6:45 pm
9-12 años.....Lunes.....7:00 pm - 7:45 pm

▲ CLASES DE BEISBOL PARA PEQUEÑOS \$47

Niños y Niñas 9 semanas
Estas clases les enseñara a sus pequeños los fundamentos básico del deporte. Los estudiantes tendrán la oportunidad de jugar entre si para poner en practica lo aprendido.

MINI SLUGGERS Mommy/Daddy & Me (3 - 4 años)
Miércoles.....5:00 pm - 5:45 pm
LIL SLUGGERS (5 - 6 años)
Miércoles.....6:00 pm - 6:45 pm
SLUGGERS (7+ años)
Miércoles.....7:00 pm - 7:45 pm

▲ CLASES DE FUTBOL PARA PEQUEÑOS \$47

Niños y Niñas 9 semanas
Estas clases les enseñara a sus pequeños lo básico del deporte y podrán jugar entre si para poner en practica lo aprendido.

Soccer Skills Mommy/Daddy & Me (3 - 4 años)
Miércoles.....5:00 pm - 5:45 pm
Jueves.....5:00 pm - 5:45 pm

Soccer Rookie (5 - 6 años)
Miércoles.....6:00 pm - 6:45 pm
Jueves.....6:00 pm - 6:45 pm

Soccer Fundamentals (7 - 12 años)
Miércoles.....7:00 pm - 7:45 pm
Jueves.....7:00 pm - 7:45 pm

▲ CLASES DE MULTI-DEPORTES PARA PEQUEÑOS \$47

Niños y Niñas 9 semanas
Este programa de nueve semanas les enseñara a sus pequeños un deporte diferente cada tres semanas. Los deportes que se enseñaran serán baloncesto, futbol, y beisbol. Esta clase es para niñas/niños que tiene poco conocimiento de deportes.

3-4 años.....Jueves.....5:00 pm - 5:45 pm
5-6 años.....Jueves.....6:00 pm - 6:45 pm
7+ años.....Jueves.....7:00 pm - 7:45 pm

FIT CAMP FOR KIDS \$47

Niños y Niñas 9 semanas
Este clase esta diseñada para educar a la familia a como quemar calorías usando juegos para sus pequeños. También se les enseñara como leer los ingredientes nutritivos en los paquetes de comida para poder determinar opciones mas saludables para la familia.

Jueves.....5:00 pm - 6:00 pm
Sábado.....8:30 am - 9:30 am



▲ CLASES DE KARATE \$50 por mes

7+ años Lunes y Miércoles

Se ofrecen clases de Karate dos veces por semana para niños y adultos en el Senior Center. Karate ofrece la capacidad de desarrollar confianza, aptitud física, defensa personal y disciplina, junto con habilidades de competición y torneo. El instructor de estas clases será Juan Larios.

Para mas información sobre el horario de clases, por favor llame al Sports Center (323) 563-5445.

▲ CLASES DE TENIS \$65

7-18 años de edad 9 semanas

Se ofrecen clases de tenis para niños y adultos. Se requiere que traigan su propia raqueta de tenis y pelotas de tenis a cada clase. Por favor llame a nuestra oficina para obtener mas información sobre niveles y horarios.

Nivel 1.....Miércoles.....3:30 pm - 4:30 pm
Nivel 2.....Miércoles.....4:30 - 6:00 pm

▲ CLASES DE VOLEIBOL \$47

10-17 años de edad 9 semanas

Esta clases les enseñara como jugar este deporte divertido. Traigan sus amigos y aprendan juntos!

Clase para Principiante.....Martes.....5:00 pm - 5:45 pm
Clases de Nivel Avanzado.....Martes.....6:00 pm - 6:45 pm

PROGRAMAS RECREATIVOS

4940 Southern Avenue • (323) 563-5447

CLASES DE ARTE \$75

Niños y Niñas 9 semanas

Esta clase enseñara los fundamentos de dibujar, el sombreado y proporcionado. Habrá un cobro de \$10 en la primera clase para los materiales que se necesitaran para esta clase.

7-17 años.....Martes.....4:00 pm - 5:00 pm

▲ CLASES DE BAILE \$55

Niños y Niñas 9 semanas

Se ofrecen una variedad de clases de baile, para niños y niñas que desean aprender a bailar.

Baby Boogie (3-4 años)
Martes.....4:30 pm - 5:15 pm

Cheerleading - Principiantes (7-9 años)
Martes.....4:30 pm - 5:15 pm

Cheerleading - Clase Avanzada (10-12 años)
Martes.....5:30 pm - 6:15 pm

Hip Hop (6-8 años)
Jueves.....5:00 pm - 5:45 pm

Hip Hop (9-12 años)
Jueves.....6:00 pm - 6:45 pm

Hip Hop (13-17 años)
Jueves.....7:00 pm - 7:45 pm

Hip Hop - Clase Avanzada (13-17 años)
Lunes.....6:30 pm - 7:15 pm

Tap (6-12 años)
Martes.....6:00 pm - 6:45 pm

Tiny Tappers (3-5 años)
Martes.....5:30 pm - 6:00 pm

▲ CLASES DE FOLKCLORICO \$55

Niños y Niñas 9 semanas

Sus pequeños disfrutarán aprendiendo un baile tradicional de todas las regiones de México. Se aprenderá una rutina de baile durante la sesión de nueve semanas.

7-10 años.....Miércoles.....5:00 pm - 5:30 pm
7-10 años.....Miércoles.....5:30 pm - 6:00 pm

11-17 años.....Miércoles.....6:00 pm - 6:30 pm

▲ CLASES DE GIMNASIA \$55

Niños y Niñas 9 semanas

Su hijo aprenderá los conceptos básicos de gimnasia. Esta clase está diseñada para mejorar la coordinación de su hijo y enseñarle movimientos flexibles.

6-12 años.....Lunes.....5:30 pm - 6:15 pm

CLASES DE INSTRUMENTOS MUSICALES \$55

Se ofrecen clases de guitarra o piano para niños o adultos. Estos cursos enseñaran técnicas básicas y avanzadas. Durante las nueve semanas aprenderán a leer y tocar una canción. Para mas información sobre estas clases por favor llame al Girls Club House al (323) 563-5447.

Clases con el símbolo ▲ no están disponibles por restricciones puestas por el Condado de Los Ángeles .

CLASES DE ENTRENAMIENTO PARA PERROS \$60

Niños y Niñas 9 semanas

Esta clase enseñara los fundamentos de dibujar, el sombreado y proporcionado. Habrá un cobro de \$10 en la primera clase para los materiales que se necesitaran para esta clase.

7-17 años.....Martes.....4:00 pm - 5:00 pm

FASHION SKETCHING \$75

Niños y Niñas 9 semanas

Esta clase enseñara como desarrollar y ilustrar su propio estilo de moda usando el lápiz y marcadores. Habrá un cobro de \$10 en la primera clase para los materiales que se necesitaran para esta clase.

7-17 años.....Martes.....4:00 pm - 5:00 pm

H.O.W. COMEDORES COMPULSIVOS GRATIS

El programa de comedores compulsivos utiliza los principios del programa de doce pases utilizado por A.A. Para mas información sobre este programa por favor llame al Girls Club House al (323) 563-5447.
18+ años.....Lunes.....9:00 am - 11:00 am

GUIAS DE COVID-19 REFERENTE A ACTIVIDADES:
Todos los programas seguirán las guías de COVID-19 actuales del Condado de Los Angeles y del CDC

- Practique el distanciamiento social de al menos 6 pies en todo momento.
- Es posible que se requiera que los participantes usen una máscara facial adecuada que cubra la nariz y la boca en todo momento durante la práctica, el acondicionamiento, el juego y la competencia, incluso durante un esfuerzo intenso, según se tolere, para proteger la seguridad de todos los participantes. Esto se aplica a todos los adultos y a los niños de 2 años en adelante.
- Solo se permiten estudiantes / personal en el área de clases.
- Los baños dentro de nuestras instalaciones son SOLO para los participantes

* Tenga en cuenta que toda programación y ubicaciones están sujetos a cambios en cualquier momento según las guías de COVID-19.



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WINTER 2021

City News

Parks & Recreation
Guide

Holiday Hours for Parks & Recreation Facilities

CLOSED

DECEMBER 24 - JANUARY 2

Parks Administration Office
Girls Club House
Margaret Travis Senior Center
Patricia G. Mitchell Swim Stadium

Sports Center

CLOSED
DECEMBER 24, 25, 31 &
January 1

OPEN
December 27 - 30
8am - 8:45pm

Golf Course

CLOSED
DECEMBER 24, 25, 31 &
January 1

OPEN
December 26 - 30
8am - 4pm

Transit Office

CLOSED
DECEMBER 24, 25, 31 &
January 1

OPEN
December 27 - 30
12pm - 6pm



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