RESOLUTION NO. 7682
CITY OF SOUTH GATE
LOS ANGELES COUNTY, CALIFORNIA

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF SOUTH GATE
SUPPORTING SOUTH GATE’S PARTICIPATION IN THE
LET’S MOVE! CITIES, TOWNS AND COUNTIES INITIATIVE

WHEREAS, since the 1970s, the nation’s childhood obesity rates have quadrupled and
are now at epidemic levels, with over 23 million American youth - nearly one in three - being
overweight or obese; and

WHEREAS, in 2010, South Gate’s obesity rate in students reached 51.3%, one of the
highest in the State; and

WHEREAS, overweight and obese children are at higher risk than their healthy-weight
peers for a variety of serious illnesses; and

WHEREAS, it is projected that over 30% of the boys and 20% of the girls born after
2000 will develop type two diabetes in their lifetimes; and

WHEREAS, the estimated annual health care costs of obesity-related illnesses in the
U.S. is $190 billion; and

WHEREAS, these costs are expected to rise significantly if today’s obese children
become tomorrow’s obese adults; and

WHEREAS, Let’s Move! Cities, Towns and Counties Initiative is a comprehensive
initiative launched by First Lady Michelle Obama and dedicated to solving the challenge and
long-term implications of childhood obesity; and

WHEREAS, local elected officials across the nation are stepping forward to help address
the nation's childhood obesity epidemic by participating in the Let's Move! Cities, Towns and
Counties Initiative;

NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF SOUTH GATE DOES
HEREBY RESOLVE AS FOLLOWS:

SECTION 1. The City of South Gate does hereby support and endorse the mission of Let's
Move! Cities, Towns and Counties Initiative and is committed to being a participant.

SECTION 2. The City Council hereby appoints Mayor Jorge Morales as the City’s
representative and lead official in matters related to the Let’s Move! Cities, Towns and Counties
Initiative.
SECTION 3. The City Council hereby authorizes the Mayor or his appointed representatives to enroll the City of South Gate in the Let's Move! Cities, Towns and Counties Initiative and to submit periodic progress reports as required.

SECTION 4. The City Council hereby authorizes the Mayor and staff to lead efforts which, for the benefit of the community and residents, will advance the City’s achievements as outlined by the five goals of the Let's Move! Cities, Towns and Counties Initiative; the five goals are as follows:

1. Start Early, Start Smart: Provide children in early care and education settings with a healthy start.
2. My Plate, Your Place: Display MyPlate in City-owned venues that serve food.
3. Smart Servings for Students: Increase participation in school breakfast and lunch programs.
4. Model Food Service: Adopt healthy food service guidelines at City owned venues that serve food.
5. Active Kids at Play: Take steps to promote physical activity.

SECTION 5. The City Clerk shall certify to the adoption of this Resolution which shall be effective upon its adoption.

PASSED, APPROVED and ADOPTED this 8th day of September, 2015.

CITY OF SOUTH GATE:

Jorge Morales, Mayor

ATTEST:

Carmen Avalos, City Clerk
(SEAL)

APPROVED AS TO FORM:

Raul F. Salinas, City Attorney
STATE OF CALIFORNIA
COUNTY OF LOS ANGELES
CITY OF SOUTH GATE

I, Carmen Avalos, City Clerk of the City of South Gate, California, hereby certify that the whole number of Members of the City Council of said City is five; that Resolution No. 7682 was adopted by the City Council at their Regular Meeting held on September 11, 2015, by the following vote:

Ayes: Council Members: Morales, De Witt, Davila, Bernal and Hurtado
Noes: Council Members: None
Absent: Council Members: None
Abstain: Council Members: None

Witness my hand and the seal of said City on September 10, 2015.

Carmen Avalos, City Clerk
City of South Gate, California