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City of South Gate

Item No. 2

JUL 8 - 2020

CITY COUNCIL

CITY OF SOUTH GATE
OFFICE OF THE CITY MANAGER

8:20pm

AGENDA BILL

For the Regular Meeting of: July 14, 2020

Originating Department: Administration

Management Analyst:

Marina Urias
Marina R. Urias

City Manager:

Michael Flad
Michael Flad

SUBJECT: PROCLAMATION DECLARING JULY 2020 AS NATIONAL MINORITY MENTAL HEALTH AWARENESS MONTH

PURPOSE: Council Member Maria del Pilar Avalos added this item to the Agenda to declare July 2020 as National Minority Mental Health Awareness Month.

RECOMMENDED ACTION: Mayor Maria Davila will issue a Proclamation declaring July 2020 as National Minority Mental Health Awareness Month to encourage citizens to learn about mental health disorders, treatments and services.

FISCAL IMPACT: None.

ANALYSIS: None.

BACKGROUND: National Minority Mental Health Awareness month was established in 2008 to raise awareness to the unique struggles that underrepresented groups face in regard to mental illness in the United States. While the term 'minority' is traditionally associated with racial, ethnic, or cultural minorities within the U.S., many organizations have focused on expanding this term to include individuals from a wide range of marginalized and underserved communities. Mental health conditions do not discriminate based on race, color, gender or identity. Anyone can experience the challenges of mental illness regardless of their background.

Now more than ever, the mental health community must come together and show that no one is ever really alone. People with mental illness can recover with appropriate ongoing treatment and support. The City Council encourages citizens to learn the warning signs of mental illness, its conditions, treatments and services.

ATTACHMENT: Proclamation.

City of South Gate



From the Honorable
Mayor

PROCLAMATION

Declaring July 2020 as National Minority Mental Health Awareness Month

WHEREAS, each year since 2008, the month of July has been designated as National Minority Mental Health Awareness Month to raise awareness to the unique struggles that underrepresented groups face in regard to mental illness in the United States;

WHEREAS, while the term 'minority' is traditionally associated with racial, ethnic, or cultural minorities within the U.S., many organizations have focused on expanding this term to include individuals from a wide range of underserved communities who are often overlooked;

WHEREAS, mental health conditions do not discriminate based on race, color, gender or identity, and anyone can experience the challenges of mental illness regardless of their background;

WHEREAS, millions of people are affected by mental illness each year across the country, one in five adults will experience mental illness, one in 25 adults experience serious mental illness, and 17% of youth experience a mental health disorder;

WHEREAS, people with mental illness can recover with appropriate ongoing treatment and support.

NOW THEREFORE, be it proclaimed on this 14th day of July 2020 that I, **Maria Davila, Mayor of the City of South Gate,** on behalf of the City Council, do hereby proclaim the month of July 2020 as National Minority Mental Health Awareness Month to encourage citizens to learn the warning signs of mental illness, its conditions, treatments and services.

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Mayor Maria Davila