

RESOLUTION NO. 7682

CITY OF SOUTH GATE  
LOS ANGELES COUNTY, CALIFORNIA

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF SOUTH GATE  
SUPPORTING SOUTH GATE'S PARTICIPATION IN THE  
*LET'S MOVE!* CITIES, TOWNS AND COUNTIES INITIATIVE

**WHEREAS**, since the 1970s, the nation's childhood obesity rates have quadrupled and are now at epidemic levels, with over 23 million American youth - nearly one in three - being overweight or obese; and

**WHEREAS**, in 2010, South Gate's obesity rate in students reached 51.3%, one of the highest in the State; and

**WHEREAS**, overweight and obese children are at higher risk than their healthy-weight peers for a variety of serious illnesses; and

**WHEREAS**, it is projected that over 30% of the boys and 20% of the girls born after 2000 will develop type two diabetes in their lifetimes; and

**WHEREAS**, the estimated annual health care costs of obesity-related illnesses in the U.S. is \$190 billion; and

**WHEREAS**, these costs are expected to rise significantly if today's obese children become tomorrow's obese adults; and

**WHEREAS**, *Let's Move!* Cities, Towns and Counties Initiative is a comprehensive initiative launched by First Lady Michelle Obama and dedicated to solving the challenge and long-term implications of childhood obesity; and

**WHEREAS**, local elected officials across the nation are stepping forward to help address the nation's childhood obesity epidemic by participating in the *Let's Move!* Cities, Towns and Counties Initiative;

**NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF SOUTH GATE DOES HEREBY RESOLVE AS FOLLOWS:**

**SECTION 1.** The City of South Gate does hereby support and endorse the mission of *Let's Move!* Cities, Towns and Counties Initiative and is committed to being a participant.

**SECTION 2.** The City Council hereby appoints Mayor Jorge Morales as the City's representative and lead official in matters related to the *Let's Move!* Cities, Towns and Counties Initiative.



**SECTION 3.** The City Council hereby authorizes the Mayor or his appointed representatives to enroll the City of South Gate in the *Let's Move!* Cities, Towns and Counties Initiative and to submit periodic progress reports as required.

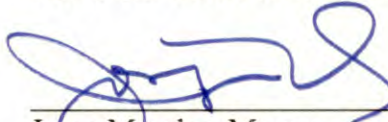
**SECTION 4.** The City Council hereby authorizes the Mayor and staff to lead efforts which, for the benefit of the community and residents, will advance the City's achievements as outlined by the five goals of the *Let's Move!* Cities, Towns and Counties Initiative; the five goals are as follows:

1. Start Early, Start Smart: Provide children in early care and education settings with a healthy start.
2. My Plate, Your Place: Display MyPlate in City-owned venues that serve food.
3. Smart Servings for Students: Increase participation in school breakfast and lunch programs.
4. Model Food Service: Adopt healthy food service guidelines at City owned venues that serve food.
5. Active Kids at Play: Take steps to promote physical activity.

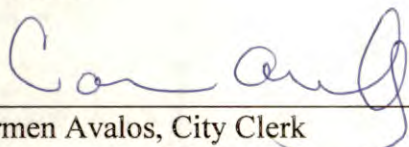
**SECTION 5.** The City Clerk shall certify to the adoption of this Resolution which shall be effective upon its adoption.

**PASSED, APPROVED and ADOPTED** this 8<sup>th</sup> day of **September, 2015.**

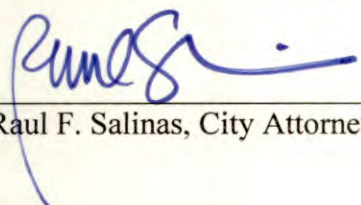
**CITY OF SOUTH GATE:**

  
\_\_\_\_\_  
Jorge Morales, Mayor

**ATTEST:**

  
\_\_\_\_\_  
Carmen Avalos, City Clerk  
(SEAL)

**APPROVED AS TO FORM:**

  
\_\_\_\_\_  
Raul F. Salinas, City Attorney

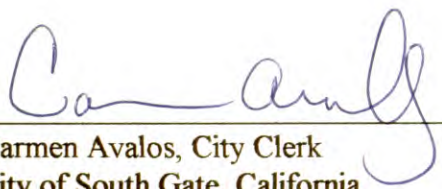
**RESOLUTION CERTIFICATION PAGE**

**STATE OF CALIFORNIA            )**  
**COUNTY OF LOS ANGELES    )     SS**  
**CITY OF SOUTH GATE         )**

I, Carmen Avalos, City Clerk of the City of South Gate, California, hereby certify that the whole number of Members of the City Council of said City is five; that Resolution No. 7682 was adopted by the City Council at their Regular Meeting held on September 11, 2015, by the following vote:

Ayes:            Council Members:    Morales, De Witt, Davila, Bernal and Hurtado  
Noes:            Council Members:    None  
Absent:          Council Members:    None  
Abstain:         Council Members:    None

Witness my hand and the seal of said City on September 10, 2015.

  
\_\_\_\_\_  
Carmen Avalos, City Clerk  
City of South Gate, California